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134th Air Refueling Wing

January 2009

## Santa Cops Aims to bring Cheer to Children of East Tennessee

By Staff Sgt. Lindsey Sarah Watson-Kirwin

For the ninth year running, Airmen made the procession through the bright halls of East Tennessee Children's Hospital on Dec. 6, 2008 to bestow holiday cheer and presents to patients, families and staff.

This noble endeavor was started in 1999 by Senior Master Sgt. Steve Payne and Master Sgt. Richard Parker. Santa Cops raised \$684.00 in the inaugural year and continued climbing each year thereafter. The amount raised in 2008 was an unprecedented- more than \$17,000.00! Master Sgt. Parker took over the reins of this massive project in 2007 due to Senior Master Sgt. Payne's move to Wing Staff.

The 134<sup>th</sup> Security Forces Squadron is the main force behind this project but receives a tremendous amount of support from other areas at McGhee Tyson. There were several retirees and other civilians that helped out during the mission in 2008.

Many members of McGhee Tyson ANGB not only supported Santa Cops by opening their hearts and wallets but, many also volunteered their time.

The night before the hospital visit, approximately 60 volunteers shopped for gifts. In fact, so many gifts were purchased the cash register crashed and all the gifts had to be rescanned. However, the volunteers took it all in stride knowing their efforts would be greatly appreciated.

The 134<sup>th</sup> Security Forces Squadron would like to thank some special volunteers who played an integral role in accomplishing the Santa Cops Mission: Mr. Paul Cording (FAA tower) played the role of Santa Claus, Staff Sgt. Berta Rider (SFS) was Mrs. Claus for the day, Staff Sgt. Gabriel Griffin (SFS) was Sponge Bob Square Pants and those serving as elves included- Tech. Sgt. Joseph Hungate(SFS), Tech. Sgt. Samantha LaRue(MSF), Amn. First Class Jessica Kreis (FM)and Amn. First Class Mydia Gibson (MDG).



Members of the 134 SFS along with Santa and Mrs. Claus, Spongebob Squarepants, and the elves take a moment for a group snapshot after spending the majority of the afternoon with the children at East Tennessee Children's Hospital distributing gifts on December 6th. (US Air Force photo by Staff Sgt. Lindsey Watson-Kirwin, 134 Public Affairs)

The characters noticed that the tone of the patients and their families alternated between somber and serious in the hallways to sunny and upbeat once they entered the rooms. The entire cast felt the tension and seriousness of the issues the patients were facing as they traversed the many rooms and hallways.

Each child visited had their own unique and touching story. The burden felt was worthwhile once smile came across the patients face. The excitement was shared by the families and staff of the hospital. The children's faces would begin to beam once they caught a glimpse of Santa and his entourage entering the room.

One child was particularly delighted seeing Santa and his elves. Once Santa entered the room Justin Brooks exclaimed "Oh boy!" Santa obviously knew what he was doing because Justin got all of his favorite things. His favorite show is Scooby Doo. He received not only a Scooby Doo ball, but also a Mystery Machine vehicle with Scooby Doo inside. Justin immediately said "Let's get him out!" and set about trying to get Scooby Doo out of the Mystery Machine. Three year old Justin also has a horse on his farm back home named Yoshi. When he was handed a stuffed horse, Justin quickly name it Yoshi. In fact, Justin loves his Yoshi so much that when you asked him the name of the horse he quickly replied, "Yoshi!!!"

Justin's parents, Britney and Billy, praised the hospital and the staff. Britney said "it's been our home for the past three years. Ever since Justin and his twin were born we have spent numerous days here at Children's Hospital. It's been great here." She greatly appreciated being a part of Santa Cops saying, "It was wonderful, it was awesome... He loves people coming in. He is a big people person."

Justin is just one of the many children who were helped by the Santa Cop's mission this year. No child was left without a gift. In fact, their family members were given gifts as well. Families received gift cards to local restaurants so they could get out for a meal. Security Force's student flight members carried bags containing contingency gifts for any unexpected patients and their families.

Even with all those gifts being passed out there was still a little money left over to let the spirit overflow into other areas at the hospital. The Child Life Department received a check for \$3000.00. The Child Life Department provides activities and supplies during the year to children staying at the hospital. Sara Sealine, a Child Life Specialist, accepted the check. She explained that her department helped heal the spirit of the children.

The day spent at Children's Hospital was enjoyed by all of the participants. They are already looking forward to the journey back in 2009.



From top to bottom: MSgt Richard Parker waits to check out after shopping for toys. Bags line the floor of the local Wal-Mart after volunteers shopped for toys for the children. A small child is mesmerized at the sight of her new toy that Santa has brought to her. (US Air Force photos by 1Lt. Jaime Blanton and Staff Sgt. Lindsey-Watson Kirwin, 134 Public Affairs)

# 134th Air Refueling Wing

**Mission - To provide air operations and support in response to any call of the military command structure.**



## Commanders Call Schedule

*No Commander's call this drill*

**Personnel Customer Service Hours:**  
**Saturday**  
**0830 - 1100**  
**1200-1500**

**Photo Lab Customer Service Hour:**  
**Saturday**  
**1300-1400**

*\*Must have two forms of ID with you*

**Customer Service Hours for Individual Issue (clothing):**  
**Saturday**  
 0830 - 1100  
 1215 - 1530  
**Sunday**  
 0730 - 1100

**Customer Service Hours for Security Forces:**  
**Sat/Sun**  
 0800-1100

## VOLUNTEER

### 134TH AIR REFUELING WING EDITORIAL STAFF

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**Commander**

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**Chief of Public Affairs**

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**Multimedia Division**

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The VOLUNTEER welcomes articles and ideas that will improve the paper. If you have questions or comments, please contact 1st Lt Jaime Blanton CCE/PAO at extension 985-3205, fax at 985-3284 or jaime.blanton@ang.af.mil.

**Deadline for submitting articles is Jan 30th.**

## Junior Enlisted Advisory Association

The JEAA will be meeting in the headquarters conference room on Saturday, 10 Jan. at 1500.

All E-1 thru E-6 are encouraged to attend.

## Laura Bryna visits her McGhee Tyson ANGB family

By Capt. Gary Taft

Nashville CMA recording artist Laura Bryna visited McGhee Tyson ANGB to attend the annual Wing Christmas party and visit with the Air Guardsmen she proudly salutes in her hit Billboard single "Hometown Heroes."

Members of the 134 ARW along with friends and family, gathered at the McGhee Tyson Armed Forces Club for several hours of good food, karaoke, and dancing, and were treated to a special viewing of the promotional videos used nation-wide in Laura Bryna's support campaign for the Air National Guard. After the videos Laura spoke to the audience and conveyed her heart-felt gratitude to all the men and women who serve their country and wanted to especially thank the people of McGhee Tyson ANGB for being so supportive of her visits to the base.

Laura stayed and enjoyed dinner with the Wing and even joined in for a few rounds of karaoke. She spent the rest of her evening signing autographs and taking pictures. Just as Laura Bryna was thankful to all the guardsmen, the members of the 134 ARW were thankful to Laura for driving from Nashville for no other reason than to spend time with the guard family at McGhee Tyson.



Country Singer Laura Bryna, proud sponsor of the Air National Guard, signs autographs for ANG members on base. (US Air Force photo by TSgt Kendra M Owenby)

## 134 ARW Legal Office Position Opening

The 134 ARW Legal Office is looking for qualified individuals to be paralegals.

Responsibilities of a paralegal include the preparation of documents such as powers of attorney, wills and contracts. Good English grammar and composition skills are required for this position.

Minimum Qualifications:

- 5-skill level or higher in any AFSC
- Minimum typing speed: 25 wpm
- Attend 3 level 6-week paralegal technical school at Maxwell AFB, AL
- Familiarity with Microsoft Office
- An ability to handle an array of sensitive issues
- No previous convictions by courts-martial; punishment under the provisions of Article 15, UCMJ, or convictions by a civilian court except for minor traffic violations and similar infractions.



For specific information regarding opportunities in the Legal career field, please contact the 134 ARW Legal Office at 985-3116. The deadline for submission of resumes is 28 February 2008.

## Air Force Officer Qualifying Test Opportunity

The Air Force Officer Qualifying Test (AFOQT) will be given here on 16 January. We have three remaining seats available. Please contact TSgt Nicholson at ext. 3255 or [rebecca.nicholson@ang.af.mil](mailto:rebecca.nicholson@ang.af.mil) if you are interested in signing up to take the test or if you need more information.

# **In-Residence NCO Academy Not Possible? - Enroll in Satellite NCO Academy**

McGhee Tyson is preparing to offer a Satellite NCO Academy course with the home station phase Mar. 3- May 21 and finishing with the in-residence phase May 26- June 10. If you are an eligible E-6 and want to attend this course of academic instruction, then this school is for you.

**HERE'S WHAT WE NEED TO GET THIS SATELLITE COURSE OFF THE GROUND:** a minimum of eight students up to a maximum of 15 students, and your commitment for 12 weeks to attend this course. Contact your immediate supervisor or First Sergeant to sign up for the Satellite NCO Academy School. You must be registered with the Base Education and Training Office for this course no later than 3 February 2009

## **WHAT IS THE SATELLITE NCO ACADEMY (SatNCOA)?**

The Satellite EPME Program is an alternative means of attending the NCO Academy. It is NOT a replacement of the "in-residence" schools. It was specifically designed for those NCOs (ANG and Reserve traditional, AGR, Technicians, and active duty) who cannot attend the six-week, "in-residence" NCO Academy for whatever reason, but still want the education and experience of an "in-residence" training. The NCOs attending the SatNCOA receive the same curriculum as those attending the in-resident schools, including the same writing, speaking, and testing requirements. They are subject to the exact same standards of academics, physical fitness, discipline, and professionalism as the in-resident students. The graduating SatNCOA students receive the same 10 college credit hours from CCAF and "in-residence" credit on their personnel records. The difference between the Satellite schools and the in-resident schools is in the instructional delivery. The majority of the curriculum is taught by a pair of EPME Satellite Instructors via live satellite TV. A certified Site Facilitator follows up on the satellite instruction to ensure the students reach the appropriate level of learning.

## **HOW DOES THE SATELLITE PROGRAM WORK?**

The Satellite program works on the distance-learning concept. In other words, the students are taught by trained, certified EPME Instructors but are not physically located with this instructor in a traditional classroom setting. These EPME Instructors teach the lessons via live satellite TV with 2-way audio and 1-way video. The 2-way audio enables the on-camera instructor to interact with the students by both asking the students questions and answering any questions the students may have. This interaction between the on-camera instructor and the students has shown to be critical to the learning environment. A certified Site Facilitator then leads the students in a guided discussion of the lesson material to ensure the students reach the established learning objectives. The delivery of the curriculum is divided into two separate phases. During the "home station" phase of the school, the NCOA students attend class 4 hours per night, 2 nights per week, for 11 weeks. The 2 week "in-residence" phase of the school is taught at McGhee Tyson ANGB, TN or at the home station (on a case by case basis) where the remainder of the curriculum is delivered. The class itself consists of a maximum of 10 (minimum of 5) sites (home stations) with a maximum of 15 (minimum of 8) students per site. Each class is taught within the local time zone to ensure the live TV interaction with the students.

## **STUDENT SELECTION:**

All Satellite NCOA students must meet the exact same selection requirements as an in-residence student, to include: time in grade, maintain fitness standards, skill level, time in service, etc. Students must be willing to commit themselves to the program for a total of 12 weeks at home station, with the final two-week in-residence phase at McGhee Tyson ANGB. Contact the McGhee Tyson ANG Base Lead Site Facilitators if you are interested in joining the SatNCOA cadre at your unit, or call one of the Satellite staff members for more information.

### **McGhee Tyson ANG Base Lead Site Facilitators:**

Chief Master Sgt. Jim Quagliana 985-4387  
[james.quagliana@ang.af.mil](mailto:james.quagliana@ang.af.mil)

Senior Master Sgt. Mike Smeltzer 985-3218  
[michael.smeltzer@ang.af.mil](mailto:michael.smeltzer@ang.af.mil)

Master Sgt. Charmone Newell 985-3202  
[Charmone.Newell@tnknox.ang.af.mil](mailto:Charmone.Newell@tnknox.ang.af.mil)

### **TEC Satellite Enlisted PME Staff:**

Senior Master Sgt. Tim Kumes DSN 266-3522  
Director of Education, NCOA  
[timothy.kumes@ang.af.mil](mailto:timothy.kumes@ang.af.mil)

Tech. Sgt. David Hixenbaugh DSN 266-3489  
PME Instructor, Sat NCOA  
[david.hixenbaugh@ang.af.mil](mailto:david.hixenbaugh@ang.af.mil)

Master Sgt. Francis Linardo DSN 266-3533  
Senior PME Instructor, Sat NCOA  
[francis.linardo@ang.af.mil](mailto:francis.linardo@ang.af.mil)

Tech Sgt. Bonnie McGuffin DSN 266-3558  
PME Instructor, Sat NCOA  
[bonnie.mcgufln@ang.af.mil](mailto:bonnie.mcgufln@ang.af.mil)

## Children's Christmas Party a Big Hit

The McGhee Tyson Family Readiness Group sponsored our third annual Children's Christmas Party on Sunday, 7 Dec 08 at the McGhee Tyson Armed Forces Club. Approximately 50 base children attended to sing songs and get their picture made with Santa. They also made arts & crafts and enjoyed cookies and snacks. With the help of Santa's helpers, they made Christmas Banners and Holiday Food Baskets that were shipped to our base military members deployed overseas. If you would like to help with future Family Program events, please contact Steve Latham in the Family Program Office at ext 3107.



## Volunteers Making a Difference for Blount County

Base personnel and their families again showed their volunteer spirit by participating in our annual "Angel Tree" event sponsored by the McGhee Tyson Family Program Office. Dining hall personnel decorated the tree with ornaments and Angels. (Names were provided by the Blount County Dept of Children's Services. There has been tremendous interest and participation by base personnel since we began this project approximately 10 years ago. This year, 130 children's names were on the tree and they all received one or more gifts. Thanks to all those who participated, Christmas morning was a little bit brighter for these children.



# 134 ARW SAFETY ZONE



## New Year's Resolution: **Safety**

We must all live by the motto — “What you have done is not as important as what you are about to do.” The future is what drives us ... and the opportunities seized and accomplishments made good are the measures of our success. For us to remain successful all of us here at McGhee Tyson must practice the following:

- We must care about the lives of working men and women in this outfit.
- We must know the value of safety and health.
- We must possess the ambition to make a difference.

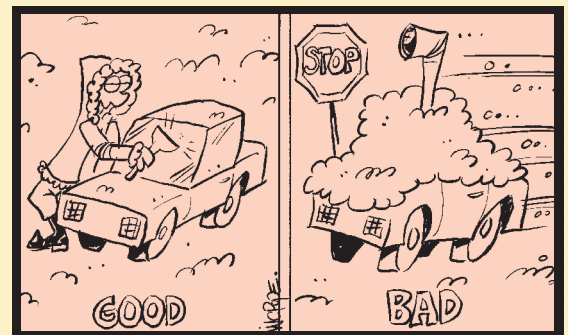


**Your 134 ARW Safety Team** - from left to right: Senior Master Sgt. Michael Smeltzer, Lt. Col. Gary Smith, and Master Sgt. Larry Harper (US Air Force photo by TSgt David Knable)

Saving lives and preventing injuries and illnesses has to be part of the way we do business in the upcoming year and in all the years to follow. We must refresh and renew our own commitment to the value of safety and health, and to show that commitment so that everyone believes the goal of preventing mishaps is attainable. We need to document and underscore the truth that protecting people on and off the job is in everyone's best interest — our nation, our unit, our fellow workers, and our families. It's all integrated... it's all related... it's all important to our way of life.

When our members stay whole and healthy, we experience:

- increased productivity
- lowered costs for replacements
- higher morale
- better employee relations
- reduced turnover



Let's all strive to begin the new year with a renewed enthusiasm for not only our personal safety and health but for the safety and health of all our co-workers. If each of you can prevent just one injury, by showing you care, by watching out for unsafe acts or conditions, and mentoring our newer members we will make a difference in how we accomplish our mission.

# VA Announces Changes to Servicemembers' Group Life Insurance

## *Traumatic Injury Protection Program Expands Benefits*

The Department of Veterans Affairs announced some severely injured military personnel and veterans will be eligible for improvements to the Servicemembers' Group Life Insurance Traumatic Injury Protection Program, known as TSGLI. "TSGLI was created to relieve some of the financial burdens on injured military personnel and their families," said Secretary of Veterans Affairs Dr. James B. Peake. "We believe these enhancements to the TSGLI program have made a good program even better." VA recently completed a comprehensive review of the program, as it marked its first year in operation, to consider whether the program was meeting its intended purpose, whether new injuries or losses should be added, and whether improvements could be made in how the program is administered. As a result of this review, VA has increased the number of injuries covered as well as liberalized the criteria of other injuries. New injuries covered include the partial amputation of a hand or foot and the degree of injuries based on severe burns. Another important change to the TSGLI program is the payment of a \$25,000 benefit to service members hospitalized for 15 consecutive days as a result of a traumatic injury. This allows payments to begin earlier and financial help to be provided more quickly. Changes to benefits are retroactive to October 7, 2001, the beginning of Operation Enduring Freedom, consistent with the original legislation creating TSGLI. The TSGLI program is designed to provide severely injured service members and their families with short-term financial assistance. Service members who sustained certain severe injuries are entitled to payments ranging between \$25,000 and \$100,000.

TSGLI was designed to offset the expenses a service member's parents or spouse often incur when they move to be with their loved one during long and difficult treatment and rehabilitation periods, frequently causing family members to leave their jobs and homes for extended periods. Since the program began in 2005, over \$309 million in TSGLI benefits has been paid to injured members and their families. Veterans whose claims for TSGLI benefits were previously disallowed are being contacted if it appears their loss is now eligible for payment due to these changes. Service members or veterans who sustained severe traumatic injuries are encouraged to check the VA Insurance website at [www.insurance.va.gov](http://www.insurance.va.gov) for eligibility criteria and contact information.

The Web site contains a link to the TSGLI application form, more information about the changes to the TSGLI benefit, and a complete copy of the latest review of the program. For additional information about VA benefits, contact VA's toll-free number at 1-800-827-1000.

## Medical Group Customer Service Hours

### **SATURDAY UTA**

0815-1100 HOURS	PHAs
0830-0850 HOURS	FITNESS FOR DUTY EVALUATIONS
0830-1100 HOURS	IMMUNIZATIONS/NO YELLOW FEVER SHOTS
0830-1100 HOURS	QNFT TESTING (BEE OFFICE)
0900-1100 HOURS	REDEPLOYMENT PROCESSING

### **SUNDAY UTA**

0700-0745 HOURS	ROLL CALL/NATO BRIEFING
0800-0820 HOURS	FITNESS FOR DUTY EVALUATIONS
0900-1100 HOURS	REDEPLOYMENT PROCESSING
1230-1300 HOURS	YELLOW FEVER SHOTS
1300-1330 HOURS	IMMUNIZATIONS







**Name:** Amy Cornett

**Hometown:** Born and raised right here in Blount County

**Military Service:** 8 Years

**Favorite part/memory of being in the military:** Free travel, learning the diversity of the world, and most of all, the endless discovery of lasting friendships.

**Civilian job prior to enlistment:** From January 2001-May 2004, I was active duty Air force as a Weapons Troop (bomb loader). On 31 January 2003, I was deployed for 90 days in support of Operation Enduring Freedom. It was quite a life changing event since being a weapons troop, you don't always get to do your "real job" unless you are in a wartime environment. After taking advantage of the Palace Chase program, I transferred from active duty in May 2004 to the 119th CACS as a traditional Information Manager. When my husband, James, returned from Afghanistan in April 2005 to his home station at Wheeler Army Airfield, Hawaii, I then transferred to Hickam AFB. A year went by and James was called to deploy to Iraq. I decided to move home and actually transferred back to the 119th in May 2006. Now here I am in Supply!!



**Current AFSC:** I am a Knowledge Operations Manager (A.K.A. Information Manager) here in Supply. The day-to-day tasking can range from general administrative work to technical computer applications. Not to mention all of the additional duties!

**Hobbies:** I absolutely love to sleep. Since I have two children, Brayden will be 3 in January and Levi who is 8 weeks, sleep is pretty much non-existent. But more than anything, I love being with my children. They truly grow up too fast!

**If you could have lunch with one famous/infamous person, who would it be?** My husband and I have been together for four years this November and I can count on one hand how many times the two of us have had lunch together. It's hard to make time for each other when you have kids and both parents work full time! I'd truly love to be able to sit down and just "chat" with my husband for once.

**If you had to describe yourself using three words, it would be...** Laughter, Love, and Dedication

**Supervisor:** Lt Col Russ Gaby / CMSgt James Harbin

# New Kids on the Block



A1C Beth Vanover  
119 CACS



A1C Broughton Greene  
134 CES



A1C Daniel Smith  
119 CACS



A1C David Green  
119 CACS



A1C Marcus Vanover  
119 CACS



A1C Michael Webb  
134 MXG



A1C William Oakes  
119 CACS



AMN Amanda Cooper  
119 CACS



CAPT Melissa Postlewait  
119 CACS



MAJ Rual Swanson  
134 MDG



MSGT Catherine Elson  
134 MDG



MSgt Wendy Tharpe  
134 MDG



SRA Andrew Schneider  
134 LRS



SRA Jonathan Craig  
119 CACS



SSGT Scott Mason  
134 CES



SSGT William Flemming  
119 CACS



TSGT Sarah Seelbinder  
134 MDG



TSGT Shanamarie Harville  
134 MDG



# Recruiter's Corner

By The 134ARW Recruiting Office

## Student Flight – Listen Up!

- **Roll Call – Sunday at 1215** you will report to the Headquarters building. Saturday, and Sunday morning you will report to your unit for roll call. You must report to roll call in order to get paid.
- **Pre-BMT class – Sunday of each drill at 1220.** This is a **mandatory** class (as directed by Col. Dearing) until you ship out to BMT. Any absence must be cleared through the recruiting office supervisor, Master Sgt. Bart Welch, ahead of time.
- **In Processing Checklist - Saturday at 0900** of your first drill weekend you are required to report to the photo lab (in the headquarters building) to have your **portrait** taken. This is **mandatory** in order to complete your in processing checklist.
- **Security Clearance Process** – All new enlistees please ensure you have logged onto [www.opm.gov/e-gip](http://www.opm.gov/e-gip), to initiate your clearance. Once you have logged on, you have **60 DAYS** to complete this. This is a **mandatory** item. **Failure to complete on time will result in a counseling session with the Mission Support Flight Commander, Lt. Col. Steve Keeney.** Note: answer 'unknown' the first time and only the first time you answer the question 'place of birth.'

## To Contact the Recruiters

Call DSN 266 or (865) 985-3257, 3242, 3262, 3258 or go to: <http://www.tnknnox.ang.af.mil/Recruiting.htm>

## FINAL 2 WEEKS FOR 2009 SECRETARY OF DEFENSE

### EMPLOYER SUPPORT FREEDOM AWARD NOMINATIONS

By Beth Sherman, ESGR Public Affairs



The beginning of the new year marks the final days for Tenn. National Guard and Reserve members and their families to nominate supportive employers for the 2009 Secretary of Defense Employer Support Freedom Award. With 47 nominations from Tenn. already submitted, Employer Support of the Guard and Reserve, a Department of Defense agency, continues to encourage nominations of employers who have gone above and beyond in their support of military employees. Nominations will be accepted at [www.FreedomAward.mil](http://www.FreedomAward.mil) through **Jan. 19, 2009**. The Secretary of Defense Employer Support Freedom Award is the highest recognition given by the U.S. Government to employers for their outstanding support of their employees who serve in the National Guard and Reserve.

Fifteen recipients from across the nation will be selected, representing small employers, large employers and public sector employers. The 2009 recipients will be announced in the spring and honored in Washington, D.C. at the 14th annual Secretary of Defense Employer Support Freedom Award ceremony Sept. 17. The Freedom Award

was instituted in 1996 under the auspices of the National Committee for Employer Support of the Guard and Reserve to recognize exceptional support from the employer community.

ESGR is a Department of Defense agency established in 1972. Its mission is to gain and maintain employer support for Guard and Reserve service by recognizing outstanding support, increasing awareness of the law and resolving conflicts through mediation.

For questions regarding the Freedom Award nomination process, please visit [www.FreedomAward.mil](http://www.FreedomAward.mil) or contact Beth Sherman, ESGR Public Affairs, at 703-380-9717.



# VOLUNTEER PHOTO SUBMISSIONS

PLEASE CONTACT 1LT JAIME BLANTON, PUBLIC AFFAIRS OFFICE  
OR TSQGT KENDRA OWENBY, MULTIMEDIA TO SUBMIT YOUR PHOTOS



## *Scenes from Yokohata, Japan*

Photos by: Staff Sgt. John Rode





The Base Environmental Department is looking for volunteers to participate in a local electronics recycling event on:

**Saturday, Jan. 24**

**Chilhowee Park**

8 a.m. - 4 p.m.

Snow, Rain or Shine

Volunteers will be asked to participate for a period of 4 hours with multiple opportunities throughout the day to choose from. They will be assisting citizens by transporting recycled materials to storage areas. This is a great opportunity to support our local communities! Please contact Capt. David Barrett at 985-4256 if you are interested in participating in this event!

**Drive through, drop off, leave.** That's how easy it is.

This one day free eCycle event collects old computers, laptops, parts, peripherals, and a few other electronic items. ***All of these items have hazardous materials and should not be disposed of with your regular garbage.*** This event provides the community with the opportunity to properly recycle these items.

### **Acceptable Items**

Computer equipment such as: PC systems, CPUs, monitors, mice, keyboards, printers, scanners, laptops, modems, hard drives, speakers, power cords, cables, phones, powers strips, desktop copiers, fax machines, small TVs (no consoles) and cell phones.

### **Unacceptable Items**

Microwaves, electronics containing hazardous chemicals such as lab equipment, small refrigerators (contain freon), small stoves, small appliances, cardboard, scrap metal, aluminum cans, or newspapers.

### **Involved Charities**

There are no fees being charged to drop off equipment, but monetary donations will gladly be accepted and will benefit Goodwill Industries and the Optimist Club of West Knoxville.

### **Why Recycle?**

Computer monitors and televisions are hazardous because they contain significant amounts of lead. Printed circuit boards contain hazardous metals such as lead, chromium, cadmium and mercury, with significant variation depending on the board. Mercury-containing components like switches and relays are found in some electronic and electrical products. PCBs may be found in televisions and computers made before the early 1980s. The OEA encourages residents to take advantage of local recycling opportunities. Recycling old electronic equipment keeps hazardous materials out of waste and makes it possible to recover resources. Recyclers typically disassemble units, salvage reusable parts, and send materials to final processors.

# JANUARY UTA LUNCH MENU

## Saturday

CHINESE 5 SPICE CHICKEN  
 BAKED FISH  
 GRAVY  
 VEGETABLE STIR FRY  
 BOSTON BAKED BEANS  
 KIDNEY BEAN SALAD  
 FRUIT SALAD  
 BROWN RICE PILAF  
 PARLSEY BUTTERED POTATOES  
 ASST FRUITS & BREADS  
 YOGURT  
 SOUP  
 SHORT ORDER



## Sunday

STIR FRY BEEF & BROCCOLI  
 CHICKEN NUGGETS  
 GRAVY  
 CORN ON THE COB  
 GREEN BEANS  
 COUNTRY STYLE TOMATO SALAD  
 GERMAN COLE SLAW  
 RICE PILAF  
 BAKED POTATOES  
 ASST FRUITS & BREADS  
 YOGURT  
 SOUP  
 SHORT ORDER



## Antiterrorism Force Protection Threat Levels National Threat Levels for November 2008

### ELEVATED

Significant Risk of Terrorist Attacks

### HIGH

High Risk of Terrorist Attacks Against  
 the Transportation Sector

### FPCON ALPHA

General Threat of Terrorist Activity

### INFOCON 5

Normal Activity

### REPORT SUSPICIOUS ACTIVITY

Call Extension 3274 or 911

**Your Call May Save Lives**  
 THREAT LEVELS ARE SUBJECT  
 TO CHANGE AT ANYTIME

## PROMOTIONS

### Major

Joshua S Bell

### Senior Master Sergeant

Sharon L Cooper

### Master Sergeant

Jason C Miller

### Technical Sergeant

Leo B Davis



**Scenes  
from  
Santa Cop  
2008**

