

Vol. 09 No. 09

134th Air Refueling Wing

SEPTEMBER 2009

AERIAL PORT ELEMENT CELEBRATES FIRST ANNIVERSARY

by Tech Sgt. Jack West, 134 Public Affairs

The 134th LRS Aerial Port Element recently celebrated their first anniversary. The element officially stood-up on Aug. 1, 2008. Resulting from an Air Force requirement for all tanker units to have a passenger terminal, the element now serves all passengers arriving and departing from military aircraft at McGhee Tyson ANGB.

Master Sgt. Jason Miller, NCOIC, leads a staff of twenty-five personnel with a wide range of experience. He has Airmen First Class working with him who have recently graduated from tech school, and he has Master Sergeants who gained expertise in the aerial port field on active duty. Almost every other rank in-between is represented with varying levels of experience.

Here at McGhee Tyson, the primary goal of unit members is passenger processing. They can normally be found preparing passenger manifests, showing passenger safety videos, and transporting passengers and their baggage to or from aircraft.

Element members recently had the opportunity to deploy to Spangdahlem Air Base, Germany for annual training. During their time in Germany, they were able to get training and perform duties they wouldn't normally be able to do at home station. Members worked in the different aerial port functions of cargo processing, passenger processing, and special handling. Tech Sgt. Darryl Combs enjoyed the opportunity to build a team. Being able to communicate with fellow team members "with a look in the eye or a thumbs up" to get the job done.

Several members commented they're doing the same jobs they've been doing for years, now their office has a different name. Before the Aerial Port Element stood up, personnel from Vehicle Operations and the Traffic Management Office handled the duties. Staff Sgt.



(Air National Guard photo by Tech. Sgt. Kendra Owenby)

Marcy Marriott, a transfer from TMO, couldn't pick "just one thing" she likes most about her new job. Now she's "learning more of the little details" that she didn't know before.

As the element ages, new duties are on the horizon. While multiple answers were given when members were asked to name their favorite part of the job, there was one unanimous answer for the worst part of the job, fleet servicing. The emptying of aircraft toilet systems among other things is currently done by Maintenance, but that job will slowly transition over to the Aerial Port Element. Fortunately, there are enough other duties members really enjoy doing to keep them excited about their jobs. Commonly referred to as the PAX terminal, the element is located in Building 100. Space Available information can be obtained at x-4403.

134th Air Refueling Wing Mission - To provide air operations and support in response to any call of the military command structure.



US Air Force Photo by Tech. Sgt. Kendra Owenby

Drill hours: Sat - 0800-1630 Sun - 0700-1530 Commander's Call 1400 Sunday

Customer Service Hours for Clothing Issue: Saturday 0830 - 1100 1215 - 1530 Sunday 0830 - 1430 Mandatory Finance Class for Student Flight

On Saturday 19th Sept, UTA, there will be a Finance Class in the Air Crew Briefing Room from 1300-1400. The instructor is Mr. John Ward. Student flight members **are required** to attend, all other personnel who are not playing a pivotal role in the UCI are welcome to attend.



VOLUNTEER

134TH AIR REFUELING WING EDITORIAL STAFF

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Capt. Gary L. Taft Chief of Public Affairs

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The VOLUNTEER welcomes articles and ideas that will improve the paper. If you have questions or comments, please contact Capt. Jaime Blanton CCE/PAO at extension 985-3205, fax at 985-3284 or jaime. blanton@ang.af.mil.

Deadline for submitting articles is November 5th

VOLUNTEER

September 2009

Future Cultural Leadership Council

Submitted by Senior Master Sgt. Michael Lona

Q. I have heard that McGhee Tyson will soon have a Cultural Leadership Council. Can you tell me what that is? A. Let me start by reading the CLC Vision and Mission Statement. The Vision is: To Transform McGhee Tyson ANG Base into a military community of unsurpassed excellence and unity. The Mission is: To be a catalyst in creating an inclusive culture in which our differences undergird our strengths. To champion personal development and produce high performance team members who continually raise the bar. To engage members at all levels and address issues which impact our quality of life and advance our quest to become and remain a world class organization.

Q. That is some impressive verbiage, but what does it really mean? A. Culture, in this context, is the beliefs, values, norms and behaviors that exist within our organization. Our culture influences what we do and why we do it. The culture creates the climate.

Statistics show that a majority of ANG members who separate at their ETS (before they are eligible to retire) do so because they do not feel valued. That is a sad commentary on our culture. Some bases are worse than others and I personally believe we have a pretty good culture here at McGhee Tyson, thanks to the high caliber of our people. But we all know that there is always room for improvement. What I envision is assembling a group of members who possess a diversity of thought and talent who will come together quarterly for the sole purpose of focusing their energy on making MTAB a better place to work. Not a social club...not a political forum. A collection of smart people to help us assess our base culture so that we can face and understand our shortcomings and work toward productive solutions.

Q. With all of the ancillary training, commander's calls and other things that consume our weekends, why should we try to make the time for something like this? A. Because it is the smart thing to do. We are becoming a leaner force and are facing an even leaner future. We have to leverage all of our talent to accomplish our mission, and to leverage our talent, we first have to develop it and retain it. To retain it, we have to give folks a reason to stay. We can't afford to foster a culture where members feel excluded or not valued.

Q. How can the CLC influence our base culture? A. The goal of the CLC is to provide a forum through which our members can voice concerns, make suggestions and be a part of practical solutions. As an organization, we have our faults, but we also have many strengths. We want the CLC to be a uniting force in the face of cultural forces that have the potential to divide us. As the Wing Human Resource Advisor, part of my job is to engage our people on matters that affect our base culture. The Cultural Leadership Council will be one vehicle to help me do that.

Q. How can someone participate? A. Email or call me and tell me of your interest. I am starting with a blank slate and I'm not smart enough to do this on my own. I need a few core people to help me lay the foundation and then we will see where it goes. The demands on our time are great and the last thing we want is a meaningless, unproductive meeting. If we can't be relevant and efficient, then we will shut 'er down! We may even meet after the duty day ends in order to de-conflict with other requirements. It would take someone with commitment and real interest to meet on their own time. The most difficult thing is just getting started and we'll be doing that very soon...

Bluetooth Vulnerabilities

Bluejacking, bluesnarfing, and bluebugging are terms Bluetooth users should become familiar with. **Bluejacking** involves a malicious user sending unsolicited messages using their personal Bluetooth device. This is exactly like phishing e-mails that are sent over the Internet.

Bluesnarfing involves a malicious user gaining access to another's phone. The types of things that can be accessed include the calendar, contact list, emails and text messages, and some phones even allow access to pictures and videos. This happens when a user leaves their phone on "discoverable," which allows any other Bluetooth device to gain access to that user's phone. If a user sets their Bluetooth device to non-discoverable, then a user will not be as easily susceptible to Bluesnarfing.

Bluebugging is similar to Bluesnarfing, but adds an additional feature. Bluebugging entails the capability to listen to one's phone conversation. In essence, Bluebugging is a form of wireless wiretapping. The same defenses as Bluesnarfing can be used against Bluebugging.

AFI 33-100 section 3.4 covers the use of Personal Electronic Devices (PED) for official Air Force use. Despite the various advantages of these devices, users should be aware of the rules and regulations set forth by the AFI to determine what you can and cannot do. As far as a person's individual devices, being aware of your surroundings as well as securing your phone will increase personal information security.

Information Assurance POCs: MSgt Croegaert, ext 4925 or MSgt LaDue, ext 4936. Excerpts featured in "Cyber Threat Bulletin", 14 Aug, Issue 33

McGhee Tyson Members Place in State AG Combat Rifle and Pistol Match

by Staff Sgt. Mike Greene, 134th Aircrew Flight Equipment

The State AG Combat Rifle and Pistol match is a 2 day competition that is held once a year in Tullahoma Tenn. It is normally held in March or April but this year it was pushed back to 21-23 Aug due to unit deployments. The match is open to all Tennessee Army and Air Guard members both officer and enlisted. The rifle match kicks off first on Saturday and is usually a full day consisting of various stages and events. There are 300 yd prone, 200 yd kneeling and sitting, 100 yd standing and 25-75 yd quick fire reaction targets. Something new that was added this year was shooting 8" movers from 200 prone and 100 standing. All of these events are done using a standard M-16 or M4 service rifle using only iron sights.

The combat shooting matches are not your typical day at the range of sitting in a fox hole shooting at bullseye and pop up targets. They are designed to keep the shooter moving and thinking quickly about what is going to happen next and how he will engage the target. You need to be able to read the winds and make quick changes to your elevation and windage as a lot of the time there are only seconds between your next engagement and you could be running down 100yds to meet it.

Plaques for 1st thru 3rd place team as well as 1st thru 3rd place High Individual are awarded. In order to compete as a team you must have four folks from the same branch, base or major command. Scores are calculated by combining the numbers from all the days events.

This year we had two individuals compete in the Rifle match. Staff Sgt. Mike Greene from the 151st Aircrew Flight Equipment shop and Senior Airman Zack Troup from Civil Engineering. Staff Sgt. Green was awarded 1st Place High Individual in the Combat Rifle match for Saturday but we were unable to place as a team since we only had the two members from McGhee Tyson present.

Sunday we were joined by two members from the 119th CACS, Lt. Col. Scott Willocks and Staff Sgt. Dan Gagnon. The Combat Pistol event consists of engaging targets anywhere from 15-25 meters in various shooting positions and styles using the

9mm Beretta service pistol. Most matches are very fast paced, that will at various intervals, have you change shooting positions and possibly a magazine during the course of fire. The matches are very precise and timed to the second. One course of fire will have you engage a total of four targets and must be fired two to the body and one to the head in four seconds or less for each target, miss the head shot and you lose the entire target. There is also a pistol pop up range that will have one maybe two pop up targets at various distances.

Sunday we were able to take 1st place in the Combat Pistol Shooting match as a team. Lt. Col. Scott Willocks who is also a Distinguished Pistol shooter and shoots on the All Guard Pistol Team took the award for 1st place High Shooter and Dan Gagnon took 2nd Place for High Shooter. Overall it was a great weekend as the four of us were able to walk away with a total of four awards. The AG match is also used to determine who will represent the state in the National Event know as the Winston P. Wilson Combat Shooting event held every year at Camp Robinson in Little Rock, Ark. The top eight shooters are taken and comprise an A and B team. Here you will find some of the best shooters not only from each state, but from the world. The match lasts five days and consists of both Rifle and Pistol events. This will be my third time to attend the WPW and each time it seems the shooters are more competitive and the events more challenging than the last, but what a great experience it is.

One final thought I would like to add about the State AG match. This program is not designed for only people who are expert at shooting the rifle or pistol. Anyone who enjoys shooting or simply wants to improve their skills and score can come out. There are so many people willing to teach and share ideas on what it takes to become a good shooter. This match also allows shooters to earn points for their distinguished Rifle and Pistol badge which is a permanent award recognized by both the Army and Air Force. Anyone interested in obtaining more information can contact Lt. Col. Willocks or Staff Sgt. Mike Greene.

State AG Combat Rifle and Pistol Match, Tullahoma, Tennessee

2009 Shooters from McGhee Tyson L-R are Lt. Col. Scott Willocks, Staff Sgt. Dan Gagnon, Senior Amn. Zack Troup, Staff Sgt. Mike Greene (unknown photographer)





Winston P. Wilson match 300 yards, 8 shots, 20 seconds prone position. (unknown photographer)

View from scope at 300 yards of previous fire. (unknown photographer)



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First Sergeant Position Open at 228th CBCS

There is a vacancy for the position of First Sergeant (Master Sergeant) at the 228th Combat Control Squadron. We are currently accepting applications for retraining and assignment to this duty. If you are interested in applying, and if you meet the minimum listed qualifications, please follow the instructions in the "How To Apply" section below.

Minimum Qualifications - Must be currently serving in the grade of Master Sgt., Tech. Sgt. may be selected if they are immediately promotable, and they must be promoted on or before the date of assignment to the UMD position of First Sergeant.

Selected candidates must sign the following statement: "I agree to attend the USAF First Sergeant Academy within 12 months of my assignment as First Sergeant. Failure to complete this requirement will result in my removal from the First Sergeant position and immediate demotion (if promoted as a result of assignment to this position.)"

-Must be highly motivated and capable of fulfilling the role of the First Sergeant as prescribed in AFI 36-2113, Chapter 1. Must have exceptional leadership and managerial skills.

-Must have ability to speak distinctly.

-Must have a minimum physical profile PULHES 322221

-Must be financially stable.

-Must meet minimum weight and body fat standards and overall image must exceed minimum standards.

-Must have completed the NCO Academy either in residence or by correspondence prior to application.

-Must agree to serve no less than 3 years as a First Sergeant after completion of the First Sergeant Academy.

-Must pass Air Force Physical Fitness Test.

How to Apply:

Prepare the following documents:

-AF Form 1206, Nomination for Award. (Use this form to document your individual qualifications)

-Letter of Recommendation from your current unit Commander

-Current RIP

Submit your application to the 134 MSF/DPM (Chief Master Sgt. Linda Gibson) **no later than 04 Dec 09.** Qualified applicants will be scheduled to personally appear before a selection board. Candidates must wear the service dress uniform to meet the selection board.

If you have questions concerning the duties of a First Sergeant, please refer to AFI 36-2113. Questions relating to the selection board should be addressed to Chief Master Sgt. Jimmy Long, the Wing Command Chief Master Sergeant.



STOP AND SMELL THE ROSES

by Master Sgt. Lisa Miller, 134th Medical Squadron

A few months ago, I attended a Neighborhood Watch Program meeting near my home. I was interested in starting a Neighborhood Watch Program for my street and I knew that a few streets around me were in the process of doing the same thing. A bad element was settling in our neighborhood.

Crime Prevention Officer Randy Myers of the Oak Ridge PD is the NWP Team Lead for the city. He came out to this meeting I attended and spoke about all the various programs the NWP sponsors. He also gave us some tips and ideas for increased home safety. He then proceeded to tell us the type of information we would need for our NWP.

I took copious notes, went home, and put together a form in an Excel spreadsheet. I downloaded some National NWP newsletters and the OR NWP newsletters; had copies made at Staples and hit the street – going door to door recruiting neighbors.

My goal... Getting "every" neighbor to fill out this form and join the NWP for our street "within 2 hours" and be home in time to watch NCIS at 8pm. I have ten occupied houses on my street. There I was, all gung-ho and ready and raring to go. Full-steam ahead...

My husband said to me "Why are you in such a hurry." I explained to him that I wanted to get to everyone on the street by nightfall. He looked at me, said "be careful" and smiled. Just before I closed the front door I heard him say "that's what she thinks."

I was about to learn a valuable lesson...I forgot one important thing – It was summer time and that meant porch sitting, sweet tea, and cookies.... It took me four days to get the information on ten families. But I sure did learn a lot about the families on my street.

Two gentlemen in particular really stick out in my heart. Their names are Ernest and Jesse. Through porch sitting (which I find I really like) I found out that Ernest is a WWII Veteran who stormed the beaches of Normandy. He is frequently seen walking up and down our street getting his exercise. He can also tell you everything that is news on our street. He has a wife who is rarely seen outside the house. We met her for the first time about five months ago. Ernest is a very sweet man. He loved showing me around his house and yard-and loves to give advise on how to stop the deer from eating my flowers. He also keeps an eye out for our house when we're not there. He calls me Sarge. He can also tell me at any given time how many cars were visiting a suspicious house on our street.

The other gentleman is Jesse... You can find Jesse sitting on his porch every time you drive by. He is always out there, sitting, waving and smoking his cigars and smelling his roses as the wind carries their scent up to his porch. Through our talk, I found out that he was a retired custodian for a Catholic church, school, and rectory. For a few years he also worked in the lawn and garden section of Wal-Mart. I bet you're thinking okay... nothing too significant about that.

What I also found out about Jesse is that he was a Marine who was part of the second wave at Guadalcanal. And so the story goes...

I walked away from these two gentlemen that day with awe-inspired respect in my heart and a lump in my throat for what they had been through as young men.

Here I was living on a street with not just one but TWO WWII Veterans. I have committed to spending more time with these two guys. – I am very lucky and very honored to be sharing a street with these two quiet heroes.

The lesson I learned???? Take the time to stop and smell the roses and you might find the man who fought for that pleasure just two doors down...Have a successful drill weekend...!!!

Lisa Miller, Master Sgt. Superintendent, Nursing Services 134th MDG **PATRIOTISM IS**: Not forgetting the soldiers in your prayers... even after the war is long over.

September HRA Minute

By Senior Master Sgt. Michael Lonas



As the youngest of America's five Services, our battle traditions are just a hundred years old. Nevertheless, we are heirs to a proud heritage. The Airman Warrior tradition was built by heroic visionaries and practitioners - such as Mitchell, Arnold, Chennault, Doolittle, LeMay, and Schriever - who charged us to believe in and advocate the value of air power for the Nation. They left us a spirit that fosters initiative, innovation, and forward thinking. They left us an institutional belief in leading by example and assuming the full measure of risk and responsibility. They left us a heritage of valor, honor, service and sacrifice. This legacy - the contrails they left behind - defines who we are, shapes what we do, and sets the vector for our future. We stand on the shoulders of giants.

Leveraging Diversity impacts the bottom-line!

C Retention

- Loyalty. It is not enough to have a great recruiting team. Recruiters recruit, Organizational culture retains!
- Airman Contributions
 - > Value our Airmen. They will, in return, buy into your mission.
- Airman Satisfaction
 - Satisfied Airmen are innovative! They produce quality and variety of ideas!

Whether in adversity or success, your attitude about your circumstances can empower you to move toward your goal and create new, innovative ideas. Let's make sure the efforts and innovations of all Airmen are welcomed and appreciated. Your nation demands no less.

SMSgt Mike Lonas

134ARW Human Resource Advisor Ext. 3329

RECRUITER'S CORNER

By The 134ARW Recruiting Office

Student Flight – Listen Up!

***Roll Call – Sunday at 1215 you will report to the Headquarters building. Sunday morning you will report to your unit for roll call. You must report to roll call in order to get paid.

*****Pre-BMT class** – **Sunday** of each drill at **1220**. This is a **mandatory** class **(as directed by Col. Dearing)** until you ship out to BMT. Any absence must be cleared through the recruiting office supervisor, Master Sgt. Bart Welch, ahead of time.

***In Processing Checklist - Saturday at 1300 of your first drill weekend you are required to report to the photo lab (in the headquarters building) to have your **portrait** taken. This is **mandatory** in order to complete your in processing checklist.

***Security Clearance Process – All new enlistees please ensure you have logged onto <u>www.</u> <u>opm.gov/e-gip</u>, to initiate your clearance. Once you have logged on, you have 60 DAYS to complete this. This is a mandatory item. Failure to complete on time will result in a counseling session with the Force Support Squadron Commander, Lt. Col. Beth Hill. Note: answer 'unknown' the first time and only the first time you answer the question 'place of birth.'

To Contact the Recruiters

Call DSN 266 or (865) 985-3257, 3242, 3262, 3258 or go to: <u>http://www.tnknox.ang.af.mil/Recruit-ing.htm</u>

134th Medical Squadron

CUSTOMER SERVICE HOURS: SATURDAY UTA

0815-1130 HOURS 0830-0850 HOURS 0830-1130 HOURS 0830-1130 HOURS 1130-1230 HOURS 1230-1400 HOURS

PHAs

FITNESS FOR DUTY EVALUATIONS IMMUNIZATIONS/NO YELLOW FEVER SHOTS QNFT TESTING (BEE OFFICE) LUNCH IMMUNIZATIONS FITNESS SCREENINGS

SUNDAY UTA

CLOSED FOR TRAINING

Flu Vaccine Documentation

We will need the following information if you receive your Flu vaccine from a civilian provider. Please mail, fax, or e-mail this form to MSgt Kristin Boyanton.

LAST NAME:

FIRST NAME: _____

LAST 4 SSN:

To be completed by Health Care Provider (HCP):

Date of Vaccination:

 \Box Flu Mist or \Box Injection: Right or Left Arm

Manufacturer:

Lot #: _____

Contact Number:

Printed Name of HCP

Signature of HCP

Please return completed form to the clinic and keep a copy for your personal records.

Fax: 865-985-4273 E-mail: <u>kristin.boyanton@ang.af.mil</u> Address: 134th MDG/SGPM, 420 Post Avenue, McGhee Tyson ANG Base, TN 37777

INFLUENZA UPDATE - H1N1 FREQUENTLY ASKED QUESTIONS

1. My kids (I) were exposed to swine flu. (updated 9/9/09)

• What should I do for my (self or kids)? Watch for signs of flu such as fever, cough and sore throat. Stay home if they develop. The time from exposure to becoming sick (incubation period) is about two days.

• Do they (I) need to be tested? No. Even if you develop symptoms, you probably do not need to be tested unless you become severely ill.

2. (School inquiry), we have a confirmed case of swine flu. (9/9/09)

• Should we send a letter out to all parents? No

• What other precautions should we take? Routine cleaning and routine infection control measures such as making hand sanitizers available to ALL students and faculty, making tissues and trash cans available, encouraging ill students and faculty to stay home.

3. What are the signs/symptoms of swine flu? Fever and cough, headache, runny nose, sore throat, body aches.

4. When should I seek medical care? (9/9/09)

• Use the same judgment you would use during a typical flu season.

• Do not seek medical care if you are not ill or have mild symptoms for which you would not ordinarily seek medical care.

• If you have more severe symptoms such as increased shortness of breathe, are unable to keep liquids down, or are feeling more seriously ill, call your health care provider to discuss your symptoms and if you need to be evaluated.

• Also, if you are pregnant or have a chronic medical condition you may want to consult with your provider.

• If the following flu-like symptoms are mild, medical attention is not typically required.

o Runny nose or nasal stuffiness

o Low-grade fever for less than 3 days

o Mild headache

o Body aches

o Mild stomach upset

5. Where can I go to get tested? (9/9/2009)

• Most people do not need to be tested -- only the very ill need to be tested.

• Your local public health department cannot test for H1N1.

• The rapid in-office test does not accurately detect H1N1, so it should not be used to rule in or rule out H1N1. Some commercial labs can test for H1N1, your doctor will know if the lab they use can do this, but results take a week to come back and by then you will probably be better.

• Schools, day cares and employers should consider NOT requiring a test or note to allow someone to return for two reasons:

o This will over burden medical providers.

o There is no quick test to rule out H1N1.

6. Should I wear a mask? (9/9/09)

• Facemasks (surgical masks) may prevent the wearer from coughing on others, and may protect the nose and mouth of the wearer from contact with other people's coughs. They do not offer complete protection because they do not fit tightly to the face, allowing very small air particles to leak in around the edge of the mask.

• Public Health officials recommends the following people use facemasks:

o Sick people if they must be near others at home, or if they must leave the home (such as for an appointment with a health care provider).

o Caregivers of a person ill with influenza – when the caregiver leaves the home. This is to prevent spreading flu to others in case the caregiver is in the early stages of infection.

• When using facemasks:

o Change masks when they become moist

o Do not leave masks dangling around the neck

o Throw away used masks

(Influenza cont. on pg 12)

(Influenza cont.)

o After touching or throwing away a used mask, wash hands or use alcohol sanitizer Whenever possible, do not rely on the use of facemasks or respirators alone to provide respiratory protection against novel influenza virus infection. The best way to prevent exposure to influenza is to avoid contact with ill people. Other steps include avoiding crowded settings and washing your hands frequently.

7. When will vaccine be available for swine flu? (9/9/09)

- Vaccine is currently being produced by five different manufacturers and testing is under way.
- We expect to begin receiving vaccine sometime in October.
- The first shipments will be small and designated for health care workers and emergency responders.
- It is expected that vaccine supply will quickly increase and vaccine eventually will be available through
- the usual flu vaccine sources, such as doctor's offices, pharmacies and health departments.

8. (School inquiry), what is the recommendation for closure due to absenteeism? (9/9/09)

- School dismissal is a school decision made in consultation with public health.
- Schools should use the same guidelines they always use during flu season when making decisions about dismissal.
- The recommended length of time to remain closed is a minimum of five days. If a decision to dismiss school is made all extracurricular activities, including sports, should be canceled.
- If a school is dismissed, school officials will need to go to the Centers for Disease Control and Prevention (CDC) school dismissal site and complete the online form. This is so the CDC and the
- Department of Education can track school dismissal.

http://www.cdc.gov/h1n1flu/schools/dismissal_form/dismissal_form.htm

9. Why are they not closing the schools with so many children out sick? (9/9/09)

• School dismissal is a Knox County school system decision made in consultation with public health. Two of the primary considerations when making this decision are:

- o Is student and/or teacher absenteeism at a point where it severely impacts student learning?
- o Will closing school reduce the amount of disease in the community?
- School closures are never taken lightly and the wellbeing of students, staff and parents is a priority in making these decisions.

• The Knox County Schools and the Knox County Health Department communicate regularly on this important matter and will take action as is appropriate.

10. I am pregnant and my children have been exposed to swine flu what should I do? (9/9/09)

Watch for signs of flu (fever, cough, runny nose, and sore throat) in your children and keep them home if they develop symptoms. ONLY IF your children develop flu symptoms, consult with your obstetrician about possibly taking post exposure Tamiflu antiviral medication.

11. I/my family will be traveling and/or flying soon. (9/9/09)

• What should we do? Go ahead and travel. Make sure to take hand sanitizer or sanitizer wipes with you. Consider not traveling if you develop symptoms of the flu (fever, cough, runny nose, sore throat, body aches). Avoid sick persons.

• Should we take Tamiflu with us, just in case? No, even if you become ill, most people will not require treatment.

12. What guidelines should be used to decide if an event/game should be canceled? (9/9/09)

• If so many participants are ill that you don't have enough players to field a team, or there just won't be enough people well enough to hold the event, you should consider cancellation.

- Organized athletics need to decide how to handle game cancellation due to illness on only one team.
- Athletes who are ill should not attend practice or games, even as a spectator.

13. Can I get the H1N1 vaccine if I already think I had H1N1? YES. There is no harm in getting

the flu shot if you think or know you have had H1N1 flu.



Enjoy the summer! But watch out for "B's"!!!! Avoid the swarm!! Call Safety 985-3218/4239

Exercise Caution with the 2010 Census Workers

Submitted by Terry Hickle, Anti-Terrorism Officer

Be cautious about giving information to census workers. With the U.S. Census process beginning, the Better Business Bureau (BBB) advises people to be cooperative, but cautious, so as not to become a victim of fraud or identity theft. The first phase of the 2010 U.S. Census is under way, as workers have begun verifying the addresses of households across the country. Eventually, more than 140,000 U.S. Census workers will count every person in the United States and will gather information about every person living at each address including name, age, gender, race, and other relevant data. The big question is - how do you tell the difference between a U.S. Census worker and a con artist? BBB offers the following advice: If a U.S. Census worker knocks on your door, they will have a badge, a handheld device, a Census Bureau canvas bag, and a confidentiality notice. Ask to see their identification and their badge before answering their questions. However, you should never invite anyone you do not know into your home. Census workers are currently only knocking on doors to verify address information. Do not give your Social Security number, credit card or banking information to anyone, even if they claim they need it for the U.S. Census. While the Census Bureau might ask for basic financial information, such as a salary range, it will not ask for Social Security, bank account, or credit card numbers nor will employees solicit donations. Eventually, Census workers may contact you by telephone, mail, or in person at home. However, they will not contact you by Email, so be on the lookout for Email scams impersonating the Census. Never click on a link or open any attachments in an Email that are supposedly from the U.S. Census Bureau. For more advice on avoiding identity theft and fraud, visit www.bbb.org.

TEC raises \$1,500 for Second Harvest Food Bank

By Master Sgt. Mavi Smith, I.G. Brown Air National Guard Training and Education Center

NATIONAL McGHEE TYSON AIR GUARD BASE. Tenn. -Servicemembers from The I.G. Brown Air National Guard Training and Education Center presented a check for \$1,500 to the Second Harvest Food Bank of East Tennessee at its distribution center in Knoxville on Sept. 9.

The Training and Education Center raised the funds at their 2009 Clod Classic golf tournament which was held at Lambert Acres Golf Club in Maryville on Aug. 7.

The Clod Classic is an annual event that brings the staff and friends of the Training and Education Center together for a day of fun in support of a worthy cause.

"Giving back to the community is at the heart of what we do as Guardsmen," said Col. Richard B. Howard, commander of the Training and Education Center. "This year's event was a resounding success thanks to the many contributors and players who donated time and money for the Second Harvest Food Bank."

More than 72 golfers, many of who had a military connection, competed in this year's tournament. They included Training and Education Center staff members from the enlisted professional military education, commander's action group, transformative education and television branches as well as members of the 134th Air Refueling Group. Also in attendance were special friends such as musical performing artist program sites, rehabilitation centers and many others.

James Rogers, whose song "I Guard America" was adopted as the official theme song for National Guard in 1997, and WBIR TV anchorman John Becker, who produces "Service and Sacrifice," a series focused on the lives and challenges of East Tennessee veterans.

Special thanks went to the East Tennessee Military Association Federal Credit Union, Eagle Distributing Company and Master Sgt. Sam Daugherty, the event coordinator and a member of the Transformative Education branch. for their contributions in making this vear's tournament a success.

With the bulk purchasing power of 3 meals per dollar, the \$1,500 raised will allow the Second Harvest Food Bank to purchase 4,500 meals for those in need.

Second Harvest Food Bank of East Tennessee is part of a national network of food banks called Feeding America. Second Harvest of East Tennessee serves 18 counties in East Tennessee, delivering food as far west as Crossville and as far East at Gatlinburg. Second Harvest distributes food to roughly 140,000 hungry people every month through a network of Partner Agencies throughout East Tennessee. These agencies are non-profit organizations dedicated to feeding the hungry and include church pantries, shelters, group homes, local kitchens, after-school

ETMA Federal Credit Union Offers Opportunity to Renew Tags

ETMA will give ANG members the opportunity to renew vehicle tags during Sept UTA for Blount County residents ONLY. A member of the clerk's office will be available 19 Sep 09, from 1000-1400. Due to parking and manpower restrictions please try to come between specified times below:

A-F 1000-1100 G-L 1100-1200 M-R 1200-1300 S-Z 1300-1400 ETMA Federal Credit Union 1828 Air Base Road Louisville, Tn 37777 (865) 970-7283 or (865) 970-2263

ETMA is holding a drawing at 2:00 on Saturday during the Tag Renewal Day. Open to members and non-members. Do not have to be present at the drawing to win. Register between 10 and 2 on Saturday at ETMA. 2 tickets - UT vs Ohio Sept 26 - Go Vols!



You do not have to be a member of ETMA but an ETMA representative will be available to review services



Antiterrorism Force Protection Threat Levels **National Threat Levels for September 2009**

FI FVATED SIGNIFICANT RISK OF TERRORIST ATTACKS

HIGH

HIGH RISK OF TERRORIST ATTACKS AGAINST THE TRANSPORTATION SECTOR

FPCON ALPHA GENERAL THREAT OF TERRORIST ACTIVITY

> **INFOCON 3** NORMAL ACTIVITY

REPORT SUSPICIOUS ACTIVITY CALL EXTENSION 3274 OR 911 YOUR CALL MAY SAVE LIVES

THREAT LEVELS ARE SUBJECT **TO CHANGE AT ANYTIME**



The Junior Enlisted Advisory Association will be meeting in Bldg 134 in the headquarters conference room on drill Saturdays from 2:30 p.m. to 3:30 p.m. All E-1's through E-6's are encouraged to attend!

SEPTEMBER LUNCH MENU

Saturday

HERBED & LEMON BAKED FISH ROAST PORK MASHED POTATOES PEA & PEPPER RICE GREEN BEANS CAVLIFLOWER GRAVY SOUP ASST FRUITS & BREADS YOGURT SHORT ORDER

Sunday

CHOP STEAK **GRILLED CHICKEN BREAST** SCALLOPED POTATOES STEAMED RICE BROCCOLI CORN JALEPENO CORNBREAD GRAVY SOUP ASST FRUITS & BREADS YOGURT SHORT ORDER

Toons



September Promotions

MAJOR Amie W Lonas, 134 ARW

CHIEF MASTER SERGEANT Phillip H Rainey, 119 CACS

SENIOR MASTER SERGEANT Timothy E Brown, 134 CES

TECHNICAL SERGEANT Willie J Brown Jr. 134 SFS Sanita K Freeman, 134 ARW Richard H Waters, 119 CACS

STAFF SERGEANT

Mark D Connatser, 134 CF Jonathon A Hance, 134 CES Joshua D Johnson, 134 MXS Jesse H Rollins, 134 CF Joshua L Standifer, 134 CES

SENIOR AIRMAN

Donald L Knight III, 119 CACS Kimberly R Roelofs, 119 CACS

