



# THE VOLUNTEER



Vol. 10 No. 02

134th Air Refueling Wing

FEBRUARY 2010

## Security Forces Squadron Troops Deploy



Members of the 134 ARW Security Forces Squadron (above) form up for a final salute to their families prior to leaving for their deployment to Iraq in support of Operation Iraqi Freedom. The Security Forces troops (right) form a line to board a civilian aircraft that will transport them to an unnamed air base for a few more weeks of final training before leaving for their deployment to Iraq. (Air National Guard photos by Tech. Sgt. Jack West, 134 PA)

SFS Deploy (cont. on pg 3)

# 134th Air Refueling Wing

**Mission - To provide air operations and support in response to any call of the military command structure.**



US Air Force Photos by Tech. Sgt. Kendra Owenby

Customer Service  
Hours for

**Clothing Issue:**

Saturday

0830 -1100

1215 -1530

Sunday 0830 -1430

Customer Service  
Hours for

**SECURITY FORCES:**

Sat

0830-1130

Sun

0830-1130

## Anti-Terrorism Force Protection Threat Levels National Threat Levels for FEBRUARY 2010

**ELEVATED**

**SIGNIFICANT RISK OF TERRORIST ATTACKS**

**HIGH**

**HIGH RISK OF TERRORIST ATTACKS AGAINST  
THE TRANSPORTATION SECTOR**

**FPCON ALPHA**

**GENERAL THREAT OF TERRORIST ACTIVITY**

**INFOCON 3**

**NORMAL ACTIVITY**

**REPORT SUSPICIOUS ACTIVITY**

**CALL EXTENSION 3274 OR 911**

**YOUR CALL MAY SAVE LIVES**

**THREAT LEVELS ARE SUBJECT  
TO CHANGE AT ANYTIME**

## VOLUNTEER

### 134TH AIR REFUELING WING EDITORIAL STAFF

Col. Timothy T. Dearing  
**Commander**

Capt. Gary L. Taft  
**Chief of Public Affairs**

Capt. Jaime Blanton  
**Public Affairs Officer**

Tech. Sgt. Jack West  
**Journalist**

Tech. Sgt. Kendra Owenby

Tech. Sgt. David Knable

SrA Scott Hollis

**Multimedia Division**

Staff Sgt. Mark Finney  
**Knowledge Operations  
Management**

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The VOLUNTEER welcomes articles and ideas that will improve the paper. If you have questions or comments, please contact Capt. Jaime Blanton CCE/PAO at extension 985-3205, fax at 985-3284 or jaime.blanton@ang.af.mil.

**Article Submission  
Deadline for Feb  
Volunteer is  
Thurs, Feb 25th**



Members of the 134 ARW Security Forces Squadron say goodbye to their families, friends, and loved ones prior to leaving for their deployment to Iraq in support of Operation Iraqi Freedom. (Air National Guard photos by Tech. Sgt. Jack West, Tech. Sgt. David Knable, and SrA Scott Hollis, 134 PA/MM)

# Presidential Proclamation -- National African American History Month

Submitted by Senior Master Sgt. Michael Lonas, 134ARW Human Resource Advisor

## A PROCLAMATION

In the centuries since African Americans first arrived on our shores, they have known the bitterness of slavery and oppression, the hope of progress, and the triumph of the American Dream. African American history is an essential thread of the American narrative that traces our Nation's enduring struggle to perfect itself. Each February, we recognize African American History Month as a moment to reflect upon how far we have come as a Nation, and what challenges remain. This year's theme, "The History of Black Economic Empowerment," calls upon us to honor the African Americans who overcame injustice and inequality to achieve financial independence and the security of self empowerment that comes with it.

Nearly 100 years after the Civil War, African Americans still faced daunting challenges and indignities. Widespread racial prejudice inhibited their opportunities, and institutional discrimination such as black codes and Jim Crow laws denied them full citizenship rights. Despite these seemingly impossible barriers, pioneering African Americans blazed trails for themselves and their children. They became skilled workers and professionals. They purchased land, and a new generation of black entrepreneurs founded banks, educational institutions, newspapers, hospitals, and businesses of all kinds.

This month, we recognize the courage and tenacity of so many hard-working Americans whose legacies are woven into the fabric of our Nation. We are heirs to their extraordinary progress. Racial prejudice is no longer the steepest barrier to opportunity for most African Americans, yet substantial obstacles remain in the remnants of past discrimination. Structural inequalities -- from disparities in education and health care to the vicious cycle of poverty -- still pose enormous hurdles for black communities across America.

Overcoming today's challenges will require the same dedication and sense of urgency that enabled past generations of African Americans to rise above the injustices of their time. That is why my Administration is laying a new foundation for long-term economic growth that helps more than just a privileged few. We are working hard to give small businesses much-needed credit, to slash tax breaks for companies that ship jobs overseas, and to give those same breaks to companies that create jobs here at home. We are also reinvesting in our schools and making college more affordable, because a world class education is our country's best roadmap to prosperity.

These initiatives will expand opportunities for African Americans, and for all Americans, but parents and community leaders must also be partners in this effort. We must push our children to reach for the full measure of their potential, just as the innovators who succeeded in previous generations pushed their children to achieve something greater. In the volumes of black history, much remains unwritten. Let us add our own chapter, full of progress and ambition, so that our children's children will know that we, too, did our part to erase an unjust past and build a brighter future.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim February 2010 as National African American History Month. I call upon public officials, educators, librarians, and all the people of the United States to observe this month with appropriate programs, ceremonies, and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this first day of February, in the year of our Lord two thousand ten, and of the Independence of the United States of America the two hundred and thirty-fourth.

BARACK OBAMA

# MAINTENANCE MINUTE

By Master Sgt Dennis Newroth



With the capability of carrying over 200,000 pounds of fuel, there is no surprise that 50 year old airplanes have the tendency to spring a few leaks. Repairing these leaks takes numerous personnel and lots of time and preparation. Whether it is a major fuel leak or a minor fuel leak, there are all kinds of safety precautions that have to be in place before the actual work can be done. Entry into the hangar has to be controlled, proper protective equipment (PPE) has to be available, and of course, qualified individuals to complete the task. I recently sat down with some experts that have over 80 years combined experience in the 134<sup>th</sup> Maintenance Group Fuel Shop to find out more about this process. I asked them to walk me through the lengthy process of entering a fuel tank. Here is the condensed version.

First step is the Crew Chiefs and POL drain the fuel out of the appropriate tank. The aircraft is then brought to the fuel cell hangar and preparation begins. The Fuel Shop organizes a 3-man crew to begin the preparation. One person will enter the tank, one will be the entrant attendant, and the other will be a runner. The person entering the tank must don their proper protective equipment (PPE) which consists of Gortex coveralls, booties, gloves, and a breathing air machine. A constant purging of the tank is started and it continues until the job is complete. This consists of a constant air flow through the tank to reduce the amount of fumes inside the tank. The Lethal Explosive Level (LEL) and Oxygen levels in the tank are then constantly measured to determine whether or not it is safe to enter the tank. Entry to the hangar is controlled and warning signs are displayed around the aircraft so that unauthorized personnel do not enter into the controlled area. These precautions are vital prior to entering the tank. Once it is deemed safe to enter the tank, the entrant attendant stays at the entry point and constantly monitors the LEL and Oxygen levels. The attendant continuously communicates with the individual inside the tank to ensure their safety. The runner is responsible for gathering any additional tools or equipment that might be needed inside the tank.

Although this was a brief overview of the process of entering a fuel tank, you can see it takes a lot of time, preparation, and training. MSgt Bobby "Little Man" Halcomb spearheads the 3 full-time technicians and 14 Traditional Guardsmen that make up the 134<sup>th</sup> Fuel Shop. Their expertise and proficiency greatly contributes to the success of the 134<sup>th</sup> Maintenance Group.



## Chapter 1: History & Heritage - An Air National Guard is Born

The National Guard traces its origins nearly 370 years back to Dec. 13, 1636 when four Massachusetts Army National Guard units were formed.

In the English colonies the militia's mission was to defend the settlements in case of attack. Each militiaman was required to drill several times a month and to provide his own arms and equipment. Soon colonial authorities began to use the militia to augment regular troops in campaigns against the French.

During the Revolutionary War that began at Lexington and Concord on April 19, 1775, more than 164,000 militiamen served under command of the former Virginia militia Col. George Washington. Without the militia, American independence could not have been won.

After the war, the Militia Act of 1792 organized companies, regiments, and brigades in the states under command of an Adjutant General. These units grew in strength to 25,000 by 1804. The term "National Guard" was first used by a New York militia unit in 1824 as a tribute to Gen. Marquis de Lafayette, who had commanded the Paris militia unit "Garde Nationale."

In 1815, a group of backwoods sharpshooters under the command of Gen. Andrew Jackson defeated British regulars during the Battle of New Orleans. In April 1861 President Abraham Lincoln called upon the militia to form the bulk of the union army during the start of the Civil War.

In 1868, nearly 165,000 National Guard troops volunteered for duty in the Spanish American War. During this conflict, Col. Teddy Roosevelt led a group of National Guardsmen named the "Rough Riders" on a successful assault on San Juan Hill in Puerto Rico.

The National Guard further evolved in 1903 when the Militia Act allowed the federal government to establish a more direct and active role in training, equipping, and organizing the National Guard. The Guard's involvement in aviation began in 1911 when New York's 1st Company Signal Corps became the first National Guard unit to get an airplane off the ground. Soon, Guardsmen in Missouri and California established flying units of their own. But it was not until 1915 that the National Guard's first aviation unit, the 1st Aero Company of New York, came into being.

In June 1916 the National Defense Act was passed which essentially created the modern National Guard. The Guard was used during World War I, with more than 139,000 called to duty. After the numbers windled but in August 1940 President Roosevelt ordered the National Guard of the United States into active service doubling the strength of the active Army. During WWII National Guard units participated in 34 separate campaigns

in Europe and the Pacific, including the D-day landing at Normandy beach with units and members highly decorated. With the end of the War in 1945, the Guard took on "dual status" and mission.

The birth of the Air National Guard was June 30, 1946 when the 120th Fighter Squadron was reorganized. In 1947, a new reserve component was created called the Air National Guard. The Air National Guard called up 45,000 members during the Korean War, comprising 80 percent of the force.

During the Berlin crisis when that German city was cut off from supply lines and hundreds of thousands faced starvation, the Air National Guard was called up to support the massive airlift of food and supplies. During the Vietnam War, there were very limited call-ups of the Air National Guard but the Guard did some voluntary airlift missions to Southeast Asia. Guard units were also activated for the USS Pueblo Crisis in 1968 and saw limited duty in stabilizing Korea.

The 1970s ushered in the era of volunteer military service and the "Total Force" policy when the Army and Air National Guard became an integral part of day-to-day military operations and received more modern equipment. Older aircraft were phased out and the Guard was equipped with the KC-135, C-130, A7, and A-10 aircraft. Modernization continued in the 1980s with weapons systems such as the F-15 and F-16 as well as strategic airlift missions with the C-5 and C-141 aircraft.

Also in the 1980s the Guard began to take on the role of drug interdiction and participated in Operation Just Cause in Panama. In August 1990 when Iraq invaded Kuwait, Saudi Arabia asked for protection and the Air National Guard was activated for what was to be named Operation Desert Shield. In most cases, Guard units were the first to arrive in Persian Gulf locations such as Saudi Arabia, Dubai, and the United Arab Emirates. Initially much of the Guard involvement was done on a volunteer basis with personnel rotating in and out of the CENTAF area of responsibility.

In December 1990 the Guard was officially mobilized with personnel deployed for an indefinite period of time. In January 1991, Operation Desert Storm was launched which featured an air campaign to soften enemy positions in Kuwait. The Air National Guard played a key role in the success of this effort with thousands of troops activated to deploy or support the effort at home. A ground offensive followed with the enemy routed in a matter of days.

The Air National Guard entered an era of "adding value to America" by developing programs to assist challenged youth such as Challenge, STARBASE, and youth conservation groups. The Guard sponsored drug demand reduction efforts in many communities and assisted law enforcement agencies in seizure of illegal drugs. The Guard continued to play a major role in the state missions of disaster relief and assistance and life saving.

The Air National Guard participated in Joint Endeavor/Joint Forge to augment NATO peacekeeping efforts in Bosnia. With the

concept and deployment of the Air Expeditionary Force, the Air National Guard became even more involved as a total force partner with members and equipment rotating in and out of bases in various overseas theaters of operation. Air National Guard units participated in the air war over Kosovo during Operation Allied Force and helped maintain the no fly zones over Northern and Southern Iraq as well as other real world contingencies around the globe.

Sept. 11, 2001 brought a new meaning to the concept of homeland defense. In the immediate wake of the attack on the World Trade Center and the Pentagon, Air National Guard members were mobilized to secure the areas, rush in supplies and assist in search and recovery.

Within days, President George W. Bush had authorized Army and Air National Guard troops to augment security at our nations airports. Thousands of Guardsmen were mobilized to support Operation Noble Eagle, (homeland defense), and Enduring Freedom, (the global war on terrorism). Air National Guard members were also instrumental in Operation Iraqi Freedom.

**The complete ANG Enlisted Airman Handbook can be found on the Air Force Portal at <https://www.my.af.mil/gcss-af/USAF/ep/contentView.do?contentType=EDITORIAL&contentId=c6925EC1AAE360FB5E044080020E329A9&programId=t6925EC3146D20FB5E044080020E329A9&eBook=true>**

## RECENT PROMOTIONS

IN THE LAST 60 DAYS

NAME	PROMOTED TO	DOR
<b>134 AIR REFUELING WG FFMN80</b>		
RICKER, BRIAN CHRISTOPHE	TSG	22-Jan-10
<b>134 OPERATIONS SUPPORT FT FFKFD0</b>		
STROUD, CHARLES RICHARD	CMS	15-Jan-10
<b>151 AIR REFUELING SQ FFMN9</b>		
BRANDENBURG, MELVIN CHARLES II	TSG	01-Jan-10
ESLINGER, MONICA ANN	TSG	22-Jan-10
<b>134 MAINTENANCE SQ FFMPC0</b>		
BERNEY, CHRISTOPHER LEE	TSG	22-Jan-10
BOSHEARS, MICHAEL TRAVIS	SRA	15-Jan-10
KEATHLEY, TIMOTHY WARREN	SRA	01-Jan-10
MILLS, BRIAN WAYNE	SSG	01-Jan-10
MORAN, JOSEPH ANTHONY	SRA	01-Jan-10
POLLARD, JOHN THOMAS	SRA	15-Jan-10
SANDERS, DONALD STEVEN	TSG	01-Jan-10
SIDSWORTH, JASON MICHAEL	TSG	01-Jan-10
<b>134 FORCE SUPPORT SQ FFMPD0</b>		
LALE, CAMERON SCOTT	SRA	01-Jan-10
PARRIS, JASON ALON	TSG	01-Jan-10
<b>134 STUDENT FT FF4M30</b>		
HOWELL, MICHAEL DOUGLAS	A1C	21-Jan-10
LINDQUIST, BRIANA LEIGH	A1C	12-Jan-10
PARR, MICHAEL WILSON	A1C	08-Jan-10
ROBERSON, TANNER RUSSEL	A1C	13-Jan-10
ROSS, LENARD HUGHIE JR	SSG	11-Jan-10
<b>134 LOGISTICS READINESS SQ FF2B00</b>		
SEICKS, WILLIAM BERNARD	TSG	22-Jan-10
<b>134 SECURITY FORCES SQ FFXPD0</b>		
MYERS, MARK ANDREW	SRA	01-Jan-10
RIDER, BERTHA WRIGHT	TSG	01-Jan-10
<b>119 COMMAND/CONTROL SQ FFMPH0</b>		
HUFFSTETLER, HERBERT NELSON JR	SMS	22-Jan-10



**Name:** Technical Sergeant Larry Joe Lilley

**Age:** 48

**Hometown:** Greeneville, Tennessee

**Organization & Duty Title:** 134th Security Forces, SFA/  
GTG

**Time in Service:** 21 yrs (RET) as of 8 Feb 2010

**Best Part of Your Job:** The flexibility and diversity of the people within the United States military and being a part of the “best” Security Forces Squadron in the world!

**Best Air Force Memory:** My first date with the love of my life, twenty-eight years ago, we sat snuggled at the base of an old stone lighthouse, overlooking the northern Atlantic Ocean in Iceland.

**Favorite Place:** Home, with family and friends

**Favorite Music:** Lady Gaga, Gwen Stefanie, Led Zeppelin, Alice in Chains and New Found Road

**Favorite Food:** Anything Italian and hot, hot mexican food!

**Favorite Hobby:** Fishing with my wife

**Career Goals:** With my retirement just around the corner I will say that I am very proud to have served as a member of the 134th Security Forces Squadron. It has been an honor to be given a second chance in my military career in the guard over the last ten years. I thank all of those that I have had contact with on base, it made my position effective and mission essential.

**Good advice to all:** A senior NCO once told me, “If you prepare for the opportunity before it presents itself you will always succeed.”

**Comment From Supervisor:**

“Tech. Sgt. Lilley has been a vital part of the 134th Security Forces Squadron Administration section. He has been a liaison between the 134th SFS and the 134th MDG, 134th FSS and 134th FM. Tech. Sgt. Lilley has also been vital in his support of the Commander Support Staff in assisting the 1st Sgt. in his absence. He has literally been the squadron’s Go to Guy (GTG) for all administrative support. Tech. Sgt. Lilley’s outstanding professional skill, leadership and vast experience have resulted in major contributions of the mission of the 134th Security Forces Squadron.”

-- Tech. Sgt. Peter G. Wooden, SFTR Superintendent





## New Kids on the Block

## Junior Enlisted Advisory Assoc.



AIC Michael Parr,  
134th CES

The Junior Enlisted Advisory Association will be meeting in Bldg 134 in the headquarters conference room on drill

Saturdays from 2:30 p.m. to 3:30 p.m.  
All E-1's through E-6's are encouraged to attend!



## Recruiter's Corner

By The 134ARW Recruiting Office

### Student Flight – Listen Up!

\*\*\***Roll Call – Sunday** at 1215 you will report to the Headquarters building. Sunday morning you will report to your unit for roll call. You must report to roll call in order to get paid.

### \*\*\*Pre-BMT class – Sunday

 of each drill at 1220.

This is a **mandatory** class (as directed by Col. Dearing) until you ship out to BMT. Any absence must be cleared through the recruiting office supervisor, Master Sgt. Bart Welch, ahead of time.

\*\*\***In Processing Checklist - Saturday** at 1300 of your first drill weekend you are required to report to the photo lab (in the headquarters building) to have your **portrait** taken. This is **mandatory** in order to complete your in processing checklist.

\*\*\***Security Clearance Process** – All new enlistees please ensure you have logged onto [www.opm.gov/e-gip](http://www.opm.gov/e-gip), to initiate your clearance. Once you have logged on, you have 60 DAYS to complete this. This is a **mandatory** item. **Failure to complete on time will result in a counseling session with the Force Support Squadron Commander, Lt. Col. Beth Hill.** Note: answer 'unknown' the first time and only the first time you answer the question 'place of birth.'

### To Contact the Recruiters

Call DSN 266 or (865) 985-3257, 3242, 3262, 3258 or go to: <http://www.tnknox.ang.af.mil/Recruiting.htm>



# MEDICAL GROUP

## CUSTOMER SERVICE HOURS:

### SATURDAY UTA

0730-0800 HOURS ROLL CALL

0800-0830 HOURS OVERDUE SEASONAL FLU SHOTS

0815-1130 HOURS PHAs

0830-0850 HOURS FITNESS FOR DUTY EVALUATIONS

0830-1130 HOURS IMMUNIZATIONS/NO YELLOW FEVER SHOTS

0830-1130 HOURS QNFT TESTING (BEE OFFICE)

1130-1230 HOURS LUNCH

1300-1400 HOURS IMMUNIZATIONS/NO YELLOW FEVER SHOTS

### SUNDAY UTA

CLOSED FOR TRAINING

0700-1700 HOURS ANAM TESTING (TEC BLDG 402, RM 113/115) POC  
MASTER SGT. ATKINS

1300-1400 HOURS IMMUNIZATIONS/NO YELLOW FEVER SHOTS



**THE 134 MDG IS LOOKING FOR A TRAINED DENTAL ASSISTANT/ DENTAL HYGIENIST. IF YOU ARE INTERESTED OR KNOW SOMEONE WHO IS, PLEASE CALL MAJ LISA GODSEY AT #4274.**

## Fetal Protection Program Information

Submitted by Master Sgt. Kristin Boyanton, Public Health

In accordance with ANGI 40-104 Pregnancy of Air National Guard Personnel, ALL Air National Guard members must report a confirmed pregnancy at the earliest possible time to allow her unit to accurately report operational and readiness capability, and to assess the members work environment for potential hazards. IAW ANGI 40-104, if the member wishes to perform UTA's on base after the beginning of the 34th week of pregnancy (possible, but not recommended) she and her obstetrical provider must co-sign a SF 600 overprint provided by Public Health. The members private OB provider should list any additional restrictions on this form; this "post-34th week" SF 600 overprint is turned into the Medical Group for review and approval by a credentialed provider.

No matter what shop you are in, it is important that you report your pregnancy to your supervisor and Public Health as soon as it is confirmed.

Each pregnancy must be verified with written confirmation from the member's primary OB provider to Public Health. The documentation must include the anticipated date of delivery. Public Health can be reached at x4289.

## McGhee Tyson Family Program Office Offers Class

Submitted by Steve Latham, Family Readiness



The McGhee Tyson Family Program Office will be sponsoring a class, "Coping with Deployments", for the families of our deployed military members. This class is designed for the military family and provides hands-on tools to help families cope with deployments. It is also open to the deploying service member when taken with their family.

**WHAT IS IT?** A course developed by the American Red Cross specifically to address the stress and strain of deployments on family members of those in the military. The Red Cross worked closely with subject matter experts from all branches of the service (Army, Navy Air Force and Marines), as well as National Guard and Reserve components, to compliment what is in their courses for service members.

**WHO TEACHES THIS COURSE?** The course is taught by actively licensed Red Cross mental health professionals who have been specifically trained to teach this course.

**WHEN?** Saturday, 20 Feb 10 (1-3:30pm)

**WHERE?** McGhee Tyson ANG Base (bldg/room TBA).

Seats are limited so please register by calling Steve Latham at (865) 985-3107 as soon as possible, but NLT 9 Feb 10.



# VOLUNTEER PHOTO SUBMISSIONS

PLEASE CONTACT 1LT JAIME BLANTON, PUBLIC AFFAIRS OFFICE  
OR TSQGT KENDRA OWENBY, MULTIMEDIA TO SUBMIT YOUR PHOTOS

## “SNIPER”



Staff Sgt. Mark Finney and Master Sgt. Todd Reed demonstrate sniper tactics while training off duty. (Photo by Garrett Bledsoe, Civ)

## ETMA Federal Credit Union Donates to Honor Air Knoxville



East Tennessee Military Association (ETMA) Federal Credit Union; Rick Mikels & Gina Patty, presented a Four Thousand Dollar donation to Mr. Eddie Mannis, Chairman for Honor Air Knoxville. This organization raises funds to send World War II Veterans to view the memorial located in Washington D.C. All proceeds are from sales of the "American Treasures" Cookbook. Thanks to everyone for their support. Cookbooks are still available for purchase at ETMA. (Photo by Tammie Smelzter)



## INFORMATION SECURITY

### SECURITY ALERT:

“Fake antivirus software programs, rogue security software, or scareware are all different names for programs that appear to be antivirus software while they are actually malware. In most cases they are disguised viruses, Trojans, or a scam to sell a bogus product. Fake antivirus might report an infection even when your computer is in perfect running condition. It might also fail to report malware when your computer is actually infected. Other times, upon download rogue security software installs malware onto the victim host. Usually, the fake security alerts are generated by malware. The malware takes control of the system. This infection can be caused by anything from an email, pop-up, or malicious site.”

Information Assurance POCs:

MSgt LaDue, ext 4936

MSgt Benson, ext 4925.

Recommended Reading “Cyber Threat Bulletin” accessed via the AF Portal main page under *Air Force Announcements*.

### What CBT do I take for network access?

Whether meeting the requirements for gaining access to the network or responding to the annual prompt for refresher training, the Computer Based Training (CBT) is the same. All users must complete the DOD Information Assurance CBT.

The DOD Information Assurance CBT is located on the ADLS - Adv Distributed Learning Service (ADLS) web site, which is accessible through the AF Portal.

The Information Protection CBT is still part of the Total Force Awareness Training, but it is now an ancillary requirement tracked by unit training managers. Members should not use this CBT to meet requirements for network access.

It is not necessary to forward your certificate of completion to the Information Assurance (IA) office unless the account has expired. The IA office runs a report directly from ADLS each Friday and updates all user accounts for both the NIPRNet and SIPRNet.

Instructions for completing the DOD IA CBT has been posted on the 134<sup>th</sup> Communications Flight Communities of Practice (COP) at: <https://afkm.wpafb.af.mil/ASPs/docman/DOCMain.asp?Tab=0&FolderID=AN-SC-00-96-12-8&Filter=AN-SC-00-96>

### Beware of Google Doodle

“The traditional Google logo, has a special theme, design, or artwork; it is referred to as a “Google Doodle.” Clicking on the Doodle initiates a Google search for the pictured subject’s associated words or people. While the artwork makes the traditional Google page a little more interesting, it also makes the search results a little more dangerous. Recent reports indicate that hackers are exploiting Google Doodle in order to take advantage of the Doodle’s subjects and spread malware.”

Read more about this and the fake antivirus at: <https://www.my.af.mil/gcss-af/USAF/AFP40/d/s6925EC133A7A0FB5E044080020E329A9/Files/Cyber%20Threat%20Bulletin%2018%20December%202009.pdf>

## County Clerk Accepts Passport Applications

Submitted by Master Sgt. Erik Clendenen, Human Resources

The County Clerk’s Office is accepting U.S. passport applications, Blount County Clerk Roy Crawford Jr. said Monday. The clerk’s office will accept applications from 8 a.m. to 4 p.m. Monday through Friday at the courthouse location only. Space is too limited at the Foothills Mall location to accommodate the passport service, Crawford said. To get a passport, applicants are required to appear in person at the courthouse with a certified birth certificate (no photocopies accepted), valid driver license or state identification and two official passport photographs. Crawford said his office does not have the equipment to take the photographs, but photos can be made at the Maryville office of AAA East Tennessee, travel agencies, some drug stores and other Blount County locations. If an applicant’s name differs from the name on the birth certificate, the applicant must produce documentation to explain that. For example, a woman who changed her name after getting married would need to bring a marriage license. Two checks or money orders are required with a passport book application for people age 16 and older: A \$75 check to the Department of State (\$60 for applicants under 16) and a \$25 check to the Blount County Clerk. A passport card (as opposed to a book) can be used to facilitate entry into the U.S. when arriving from Canada, Mexico, the Caribbean or Bermuda. A passport card carries the same rights and privileges as a passport book for those destinations when traveling by land or sea, but the card is not valid for air travel. The cost of the card is \$20 to the Department of State (\$10 for under age 16) and \$25 to the Blount County Clerk. All children under 16, even newborns, must have their own passport, must appear in person with the application and must have proof of U.S. citizenship, such as a certified birth certificate.

# The National Guard Marathon Program

Is Seeking Air and Army National Guard Athletes!



Each May, hundreds of Air and Army National Guard athletes compete at the Lincoln/National Guard Marathon to attempt to earn a coveted position on the prestigious “All Guard Marathon Team.”

The All Guard Marathon Team proudly represents the Air and Army National Guard at several major running events across the nation and has proven to be an outstanding recruiting and retention tool!

If you are a member of the Air or Army National Guard, and have exceptional athletic ability in the sport of long distance running, discover if you have what it takes to earn a position on the National Guard’s elite “All Guard Marathon Team.”



*For More Information,*

*Please Contact:*

MAJ Holly Payne

TN Army & Air Marathon Coordinator

3041 Sidco Drive

Nashville, TN 37204

(615) 313-3030

holly.payne@us.army.mil

WARRIOR...CITIZEN...RUNNER  
WARRIOR...CITIZEN...RUNNER



DEPARTMENTS OF THE ARMY AND THE AIR FORCE  
**JOINT FORCE HEADQUARTERS**  
TENNESSEE NATIONAL GUARD  
HOUSTON BARRACKS, P.O. BOX 41502  
NASHVILLE, TENNESSEE 37204-1502

JFHQ-CSB

29 January 2010

MEMORANDUM FOR Army and Air National Guard Runners

SUBJECT: 2010 Lincoln/National Guard Marathon and Recruiting and Retention Workshop

1. Nebraska will host a Recruiting and Retention Workshop for Marathoners in conjunction with the Lincoln/National Guard Marathon. **The dates of the workshop are April 30-May 3 2010.** The host hotel will be the Embassy Suites, 1040 P Street, Lincoln, NE 68508.
2. **NGB Funding Authorizations:** Currently each state is tentatively authorized four (4) runners at NGB's expense. Historically, not every state sends the maximum amount authorized.

These four (4) quotas may be Army/Air runners from participating states. One of the four quotas is reserved for a new runner, (a new runner is defined as an individual that has not participated in the Recruiting Workshop in the last two years).

There is also a chance to fund a "Rookie" participant, defined as one who has not run a marathon, but is physically capable to complete a marathon. This is the State Coordinators discretion whether the individual is capable of completing this.

This will make the quota five (5) if the rookie is utilized.

Funding from NGB for Air Guard personnel was received this year. There are limited funds for Air Guard AGR personnel. Air Guard submissions are handled on a case by case basis according to timeliness of submission, qualifying times, etc. Once the ANG NGB funding is depleted, additional Air Guard personnel may attend at state or individual expense, if approved.

Additional National Guard runners may attend at the state's expense (if approved) or at the individual's expense. Those attending at NGB's expense must meet the qualification criteria (see the qualifications attachment of this e-mail). Half marathon times will not be accepted. State coordinators must indicate on the team rosters the qualifying event for each runner, to include their times. State coordinators may be required to furnish proof of qualification.

3. **Race Entries:** Entries will be submitted online through the Lincoln Track Club's website at [www.lincolnrun.org](http://www.lincolnrun.org). National Guard runners will receive a \$15.00 discount when registering online. In order to receive this discount each runner must enter a coupon code in the designated portion of the online entry form. The coupon code that will enable National Guard runners to receive the \$15.00 discount for the full marathon will be **NG10** (zero, not the letter O). Runners who fail to enter this code will NOT receive the \$15.00 discount, so please ensure that you follow these instructions! Your online entry will be the only entry submitted by runners this year. Entries may not be submitted directly to the National Guard Marathon Coordinator! Ensure that you register early as the race capacity was reached early last year and there are no guarantees that exceptions can be made for those who miss the cut off! Please keep in mind that runners who cancel after registering for this race will NOT be reimbursed their entry fees by the Lincoln Track Club as they have in previous years.

You will receive your race number based on estimated finishing time. There will be no separate bib colors for military this year. This is a Lincoln Track Club change for this year due to the large group of runners that is expected to attend.

Guard Runners (Cont. on pg 14)

4. **Team Structure:** State Teams will consist of at least 3 runners but no more than 5 runners per team. If a State provides additional funding for excess runners to attend this race, more than one team per State is authorized.
5. **Awards:** Information regarding National Guard awards for this event will be put out at a later time. National Guard runners are eligible for all awards through the Lincoln Track Club.
6. **Over 40 Physicals:** Army and Air National Guard runners over 40 years old must have a valid over 40 physical screening.
7. **Room Reservations:** National Guard runners will be staying at the **Embassy Suites Hotel, 1040 P Street, Lincoln, NE 68508. Phone: 402-474-1111.** After Team Rosters are received and a rooming roster is submitted to the Embassy Suites Hotel by the NGB Marathon Coordinator, State Marathon Coordinators will then be contacted to let them know when their runners can begin calling in their credit card numbers to the hotel to guarantee their already reserved rooms. If a runner cancels, it will be their responsibility to contact the hotel and cancel their room reservation. No shows who do not cancel their reservation will have their credit card billed by the hotel and the individual will be responsible for paying the amount that they are billed with no reimbursement from the National Guard. This hotel has a 24 hour cancellation policy. All cancellations must be made prior to 24 hours of the check in date to avoid a monetary penalty.

Rates are as follows:

Single-\$119 with \$70 reimbursed (current per diem)

Double (with teammate)-\$139 (fully reimbursed to each member)

8. **Recruiting/Retention Workshop:** The workshop will be held on 30 April and 1 May 2010 at the Embassy Suites Hotel. The practical exercise (marathon) will take place on 2 May 2010. The workshop classes that are to be held on 30 April and 1 May 2010 are mandatory for all National Guard race participants who are funded with NGB or State funding.

**\*ALL NGB AND STATE FUNDED RUNNERS MUST ARRIVE IN LINCOLN ON FRIDAY, 30 April 2010!**

Try to schedule your teams to arrive in Lincoln as early as possible on Friday, 30 April 2010.

9. **Roll Call of the States:** The National Guard will host a social/roll call of the states on 1 May 2010 at 1830 hours at the Embassy Suites Hotel. There will be guest speakers, race announcements, and the always entertaining introduction of the states. The National Guard will not be hosting a pasta dinner. The Lincoln Track Club offers a very good free pasta dinner for all runners and their families.

10. **Team Captains:** There will be a troubleshooting table set up in the registration area for each state to make any required changes to include team changes. **All changes must be made prior to 1000 hrs, Saturday, 1 May 2010.** Team captains are required to verify that all the data for their team is correct, and to arrange times for their team's photo shoot with the National Guard Public Affairs representatives.

11. **Flight Information:** Runners will fly into Lincoln or Omaha, NE. In some cases flights to Omaha are significantly less expensive than those flying to Lincoln. We may allow a rental vehicle for groups of runners flying to Omaha... We would like to keep teams limited to one vehicle if possible. **ALL OMAHA ARRIVALS WITH RENTAL VEHICLE MUST BE APPROVED BY THE NGB MARATHON COORDINATOR PRIOR TO BOOKING THESE FLIGHTS!**

Transportation will be available from the Omaha airport to Lincoln.

12. For all questions, contact MAJ Holly I. Payne at (615) 313-3030 or DSN 683-3030, or email [holly.payne@usarmy.mil](mailto:holly.payne@usarmy.mil).

///SIGNED///

HOLLY I PAYNE

MAJ, LG, TNARNG

State NGB Marathon Coordinator

# Recruiting/Retention Workshop

## NGB Marathon Program Time Trials for Marathoners

### 30 April-2 May 2010, Lincoln, Nebraska

### National Guard Marathon Qualifications

Each participant **must meet** the qualifications stated below to attend the Recruiting/Retention Workshop for Marathoners at NGB expense. One of the four quotas is reserved for a new runner (a new runner is defined as an individual that has not participated in the Recruiting/Retention Workshop in the last two years). The intent is to ensure that participants are the best qualified to project a strong image as Recruiter's Aids. They will only be successful as Recruiter's Aids in the running community if they are perceived to be successful runners themselves. Further, it is to stress the role that physical fitness plays in the National Guard as they interact with potential applicants in conjunction with the State FTUS Recruiting/Retention force.

**Qualifications must be within 18 months prior to the Lincoln/National Guard Marathon! Finish times must be equal to or faster than the qualifying times listed below! State coordinators may be required to furnish proof of qualification.**

RUNNER TYPE	MARATHON TIME	MILE PACE
Open	4 hours , 00 minutes (Men under age 40)	9:09
Masters	4 hours, 15 minutes (Men age 40 and over)	9:43
Women	4 hours, 30 minutes (All ages)	10:31

## Come Support the ANG at the ICE BEARS game February 13<sup>th</sup>!!!!!!



It is weenie dog race night! Our very own SMSgt Doug Brown will be entering his dogs Lucy and Oscar!

**Our newest members of the ANG will be participating in a mass enlistment right on the ice before the game!**

Discount tickets will be available to all TENN ANG members and their families starting at \$8! Contact Michael Keeney at 525-7825 by 3pm Game day to reserve your seats!

**Come out and support your Tennessee Air National Guard!**

February 13<sup>th</sup> 2010

Knoxville Civic Coliseum

Knoxville Ice Bears vs. Huntsville Havoc

7:30 Puck Drop



# Report Suspicious Behavior and Activity

## **SURVEILLANCE**

Are you aware of anyone recording or monitoring activities, taking notes, using cameras, maps, binoculars, etc., near a key facility?

## **TESTS OF SECURITY**

Are you aware of any attempts to penetrate or test physical security or procedures at a key facility?

## **DEPLOYING ASSETS**

Have you observed abandoned vehicles, stockpiling of suspicious materials, or persons being deployed near a key facility?

## **ACQUIRING SUPPLIES**

Are you aware of anyone attempting to improperly acquire explosives, weapons, ammunitions, dangerous chemicals, uniforms, badges, flight manuals, access cards, or identification for a key facility or to legally obtain items under suspicious circumstances that could be used in a terrorist act?

## **SUSPICIOUS PERSONS**

Are you aware of anyone who does not appear to belong in the workplace, neighborhood, business establishment, or near a key facility?

## **DRY RUNS**

Have you observed any behavior that appears to be preparation for terrorist activity, such as mapping out routes, playing out scenarios with other people, monitoring key facilities, timing traffic lights or traffic flow, or other suspicious activities?

## **SUSPICIOUS QUESTIONING**

Are you aware of anyone attempting to gain information in person, by phone, mail, e-mail, etc., regarding a key facility or its personnel?



Call 911 if there is an emergency or immediate threat.  
 Call the nearest Joint Terrorism Task Force (JTTF)  
 to report suspicious activity or behavior (see below).  
 Submit information electronically at <https://tips.fbi.gov>



Albany (518) 465-7151  
 Albuquerque (505) 888-1300  
 Anchorage (907) 376-4441  
 Atlanta (404) 479-8000  
 Baltimore (410) 365-8000  
 Birmingham (205) 324-6166  
 Boston (617) 742-1111  
 Buffalo (716) 814-7800  
 Charlotte (704) 377-6100  
 Chicago (312) 431-1333  
 Cincinnati (513) 431-4310

Cleveland (216) 331-1400  
 Columbia (803) 551-6100  
 Dallas (972) 359-5100  
 Denver (303) 624-7171  
 Detroit (313) 965-2311  
 El Paso (915) 831-5000  
 Honolulu (808) 544-4300  
 Houston (713) 693-5000  
 Indianapolis (317) 439-3000  
 Jackson (601) 948-1000  
 Jacksonville (904) 721-1111

Kansas City (816) 512-6100  
 Knoxville (865) 544-3753  
 Las Vegas (702) 381-1181  
 Little Rock (501) 221-8100  
 Los Angeles (310) 477-6561  
 Louisville (502) 583-3943  
 Memphis (901) 747-4300  
 Miami (305) 644-9101  
 Milwaukee (414) 376-4604  
 Minneapolis (612) 376-1000  
 Mobile (251) 486-0474

Newark (973) 793-3000  
 New Haven (203) 777-6311  
 New Orleans (504) 814-3100  
 New York City (212) 384-1000  
 Norfolk (757) 455-0100  
 Oklahoma City (405) 190-7770  
 Omaha (402) 481-8600  
 Philadelphia (215) 418-4000  
 Phoenix (602) 379-1111  
 Pittsburgh (412) 432-4100  
 Portland (503) 234-4101

Richmond (804) 361-1044  
 Sacramento (916) 481-9110  
 Salt Lake City (801) 579-1400  
 San Antonio (214) 335-6741  
 San Diego (619) 541-1155  
 San Francisco (415) 553-7400  
 San Jose (415) 714-6000  
 Seattle (206) 522-0460  
 Springfield, IL (217) 522-9675  
 St. Louis (314) 333-4004  
 Tampa (813) 251-1000  
 Washington, DC (202) 178-2800  
www.dhs.gov

To download this poster, visit [www.US-CERT.gov](http://www.US-CERT.gov)

# NEW PT PROGRAM TO BEGIN JULY 1



The Air Force Fitness Program goal is to motivate Airmen to participate in a year-round physical conditioning program that emphasizes total fitness, to include proper aerobic conditioning, strength and flexibility training, and healthy eating. Health benefits from an active lifestyle will increase productivity, optimize health, and decrease absenteeism while maintaining a higher level of readiness.

## Scoring

Members will receive age and gender-specific composite scores based on the following maximum component scores: 60 points for aerobic, 20 points for body composition, 10 points for pushups and 10 points for sit-ups.

Those with duty limiting conditions prohibiting them from performing one or more components of the fitness assessment will have a composite score calculated on the assessed components; however, they will only receive an overall "Pass" or "Fail" rating.

Member must achieve a minimum of 75 adjusted points, based on points available, and meet minimum component standards.

## Fitness Assessment

The Air Force uses an overall composite fitness score and minimum scores per component based on aerobic fitness, body composition and muscular fitness components to determine an overall fitness. The assessment components are comprised of:

- Body composition evaluated by abdominal circumference measurements
- Aerobic component evaluated by the 1.5-mile timed run
- Muscular fitness component evaluated by the number of pushups and sit-ups completed within one minute

Members not medically cleared to complete the 1.5-mile run will be assessed through an alternative aerobic test consisting of a 1.0-mile walk as determined by the Medical Group/Private Doctor unless otherwise exempted.

All components of the fitness assessment must be completed within a three-hour window on the same day.

The body composition assessment, to include height, weight and abdominal circumference measurements, is performed by fitness assessment cell staff and must be the first component assessed. The abdominal circumference is used to obtain the body composition component score instead of the Body Mass Index. Height and weight are not factored into the composite score.

The muscular fitness components, including pushups and sit-ups, may be accomplished before or after the 1.5-mile run (or 1-mile walk test for eligible members). There is a minimum three-minute rest period between components.

Assessments will be conducted by a certified unit fitness program manager or physical training leader.

## Frequently Asked Questions

1. How often will Air National Guard members take the Fitness Assessment?

Answer: Once a year.

2. When will the new Fitness Program be effective?

Answer: July 1, 2010.

3. I am due my Fitness Assessment before July 1. How does this new policy apply to me? Air National Guard Airmen: will fitness test 12 months after their last calendar year 2009 test date. Those who require a Fitness Assessment between Jan. 1, 2010 and June 30, 2010 will be assessed under current requirements/scoring as defined in Air National Guard Instruction 10-248. Effective July 1, 2010 all ANG members due assessment will test under the new Air Force Instruction.

4. Will there be new commander guidance on administrative actions for failed fitness tests?

Answer: Yes. Commanders will now be allowed to take administrative action for first time failures if they feel it's warranted. Commander are given an available options table in the Air Force fitness instruction to provide clear guidance and focus on recommended actions based on the number of failed tests.

5. How will other personnel actions be affected by a member's fitness category?

Answer: Officers and enlisted members will be required to have a passing, current fitness score to be selected for or attend professional military education. All members must have a current fitness test in order to deploy. There are other restrictions regarding retraining, reenlistment eligibility and assignment eligibility that could be impacted by a failed fitness score, especially if such a score results in a referral OPR or EPR. The appropriate Air Force instructions will be updated to reflect the impact fitness results have on these personnel programs.

6. What if I have a profile that prevents me from doing one or more components of the test?

Answer: Effective July 1, 2010, The Air Force will no longer use the STEP test as alternate aerobic tests. Instead, members who cannot run based on a profile will perform a 1-mile walk that will determine VO2 max capability. Also, if an Airman is exempt from any component, they will only be categorized as "pass" based on an adjusted composite score of 75 or higher or "fail" based on an adjusted composite score below 75

For further information please go to [www.afpc.randolph.af.mil/affitnessprogram/index.asp](http://www.afpc.randolph.af.mil/affitnessprogram/index.asp)





**McGhee Tyson ANGB  
Environmental Management  
System Awareness**

**ENVIRONMENTAL MANAGEMENT OFFICE CONTACTS**

Capt. David Barrett: (865) 985-4256

Mr. Keith Grayson: (865) 985-4020



**Environmentally Safe**

**Compliant**

**Aware**



**FEBRUARY  
LUNCH MENU**

**Saturday**

*ROAST BEEF  
LEMON BAKED FISH  
STEAMED RICE  
CARROTS  
MASHED POTATOES  
GREEN BEANS  
GRAVY  
SOUP  
SHORT ORDER*

**Sunday**

*CHICKEN CORDON BLEU  
PORK CHOPS W/  
MUSHROOM GRAVY  
FRIED RICE  
OVEN BROWNED POTATOES  
PEAS  
STEAMED SQUASH  
GRAVY  
SOUP  
SHORT ORDER*

**TOONS**

**DOWNSIZING HITS THE K-9 PATROL**

ATTACK!  
I SAID  
**ATTACK!!!**



Kurt Melander © 1999