



THE VOLUNTEER



Vol. 10 No. 09

134th Air Refueling Wing

SEPT 2010

SECURITY FORCES RETURN FROM IRAQ

By Tech. Sgt. Jack West, 134 ARW Public Affairs

Tears can speak volumes when words won't come. Such was the case August 8th when the 134th Security Forces Squadron returned from a more than six month deployment in support of Operation Iraqi Freedom.

after having spent the night in Baltimore, Maryland.

On that bitterly cold day in January, tears were shed and hugs were given followed by words of encouragement and hopes for a safe return. The loved ones gathered in front of the 134 CES

Fire Department watched their sons, daughters, wives, husbands, and friends board a commercial jet aircraft uncertain of what would happen over the coming months.

Waiting for the arrival of the aircraft, family members spoke of how the time "just drug on" while counting the days until their loved ones would be home. Children playing in the corner of the fire station equipment bays shouted "Yay!" when told the plane was about to land.

Once the plane had parked and Squadron Commander James Blanton had greeted Major General Terry M. Haston, the Adjutant General, it was



Many friends and family members burst into tears as they greeted the returning airmen in the same place they had watched them leave from in early January.

The returning troops arrived back at their departure point aboard a Nashville-based C-130 Hercules aircraft



SFS. (Cont. on Pg. 3)

The Mission of the 134th Air Refueling Wing is
 "to provide air operations and support in response
 to any call of the military command structure."



Photo by Tech. Sgt. Kendra M Owenby, 134 ARW Public Affairs

**Anti-Terrorism Force Protection Threat Levels
 National Threat Levels for SEPT 2010**

ELEVATED

SIGNIFICANT RISK OF TERRORIST ATTACKS

HIGH

**HIGH RISK OF TERRORIST ATTACKS AGAINST
 THE TRANSPORTATION SECTOR**

FPCON ALPHA

GENERAL THREAT OF TERRORIST ACTIVITY

INFOCON 3

NORMAL ACTIVITY

REPORT SUSPICIOUS ACTIVITY

CALL EXTENSION 3274 OR 911

YOUR CALL MAY SAVE LIVES

**THREAT LEVELS ARE SUBJECT
 TO CHANGE AT ANYTIME**

Customer Service
 Hours for

Photo Lab:

**Sat. Sept. 18th
 1300-1500**

Customer Service
 Hours for
SECURITY FORCES:

Sat
 0830-1130
 Sun
 0830-1130

Customer Service
 Hours for
Clothing Issue:

Sat
 0830 -1100
 1215 -1530
 Sun 0830 -1430

VOLUNTEER

**134TH AIR REFUELING WING
 EDITORIAL STAFF**

Col. Timothy T. Dearing
Commander

Capt. Gary L. Taft
Chief of Public Affairs

Capt. Joey Keith
Public Affairs Officer

Tech. Sgt. Jack West
Journalist

Tech. Sgt. Kendra Owenby
 Tech. Sgt. David Knable
 Sr. Amn. Scott Hollis
Multimedia Division

Staff Sgt. Mark Finney
**Knowledge Operations
 Management**

This newspaper is an authorized publication for members of the U.S. military services. The content is edited, prepared, and provided by the Public Affairs Office of McGhee Tyson ANG Base. The contents of the VOLUNTEER are not necessarily the official views of, or endorsed by the U.S. Government, DOD, or the Department of the Air Force.

The VOLUNTEER welcomes articles and ideas that will improve the paper. If you have questions or comments, please contact Capt. Joey Keith, CCE/PAO at extension 985-3205, fax at 985-3284 or Joseph.Keith@ang.af.mil.

**Article Submission
 Deadline for the
 Sept Volunteer is
 Wed. Sept 22nd**

SFS, (Cont. from Pg. 1)

time for the tears to flow.

Returning airmen slowly walked toward the crowd searching for their families. Some casually walked up while others ran into the waiting arms of loved ones not seen in more than half a year. Small children ran to their



returning parents with huge grins that let them know they were missed. The Patriot Guard riders stood tall proudly displaying American flags to welcome back the heroes and show their support.

For the returning airmen, it was more than a chance to get reacquainted with family and friends.

Walking off the

plane signaled the end of a mission well done and the time to settle back into the daily routines outside of the combat zone.

Some will return almost immediately to full-time positions at McGhee Tyson ANGB while others will take some time off before returning to their civilian jobs.

Photos by Tech. Sgt. David Knable, Tech. Sgt. Kendra Owenby, & Senior Amn. Scott Hollis, 134 ARW Public Affairs



WARRIOR SERVICE RECOGNIZED

By Tech. Sgt. Jack West, 134 ARW Public Affairs

In a ceremony titled "Hometown Heroes" members of the 134th Air Refueling Wing, the 119th Command and Control Squadron, and the 228th Combat Communications Squadron were recognized with their family members for their sacrifices and service August 7th and 8th.

More than 400 people received certificates and other mementoes to thank them for serving in a deployed setting, or in the case of the family members, giving up their time with their loved ones while the service members in their families were deployed.

Speaking to the families, Tennessee Adjutant General, Major General Terry M. "Max" Haston, said, "Our airmen and our soldiers cannot do what they do without you doing what you do."

The Hometown Heroes ceremonies were the first held at McGhee Tyson ANGB. Additional ceremonies are being planned to honor other service members and their families who have served and sacrificed who were not recognized in the initial ceremonies.



Master Sgt. Jack Atkins, 134 MDG, and his family are greeted by McGhee Tyson leadership as they cross the stage to accept his Hometown Heroes award. (Photo by Tech. Sgt. Jack West, 134 ARW Public Affairs)

119th CACS 60th Anniversary Celebrated

By Tech. Sgt. Jack West, 134 ARW Public Affairs

The 119th Command and Control Squadron celebrated its 60th anniversary of service to the United States on August 7. With five members of the squadron present who were present when the unit stood up in 1950, Col. David Evans, commander of the 119 CACS recognized those who have served in the unit over the years, and those who are serving today.

The anniversary celebration followed the recognition of the Hometown Heroes of the 119th. "This is a very special day, to know who you are, where you came from, and who has served," said Evans.

It is a tremendous honor to recognize warriors, to recognize the sacrifice of the families, and to recognize the history of excellence, added Evans. Tours of the 119th facility and lunch at the base track rounded out the day.

The unit originally stood up as the 119th Aircraft Warning and Control Squadron operating under the Tactical Air Command. In the mid-1990's the squadron transferred to the US Space Command becoming a direct reporting unit and changing its name to what is today the 119th Command and Control Squadron.



Col. David Evans, Commander of the 119th Command and Control Squadron, along with some of the retired members of the 119 CACS reveals the new 60th Anniversary Plaque that will hang on display at the unit. (Photo by Tech. Sgt. David Knable, 134 ARW Public Affairs)

Deployed Members Return to McGhee Tyson

Four KC135-R Stratotankers and approx. 110 airmen returned from Al Udeid AB, Qatar on Sept. 2nd, 3rd, and 4th just in time for the Labor Day weekend. They were deployed for 60 days as part of the Air Expeditionary Forces in support of Operation Iraqi Freedom. Congratulations guys on another successful deployment! Welcome Home. (photos by Tech. Sgt. Kendra Owenby & Senior Amn. Scott Hollis, 134 ARW Public Affairs)



Journey to new life: Blount family adopts siblings from Kazakhstan

By Robert Wilson, Knox News Sentinel

FRIENDSVILLE, TN - Kristina and Britt will be spending their Fourth of July with their new "semya." That's Russian

inal name) Beam. Everyone now calls him Britt, although his sister still sometimes reverts to his nickname of "Vova."



The new Beam family includes Kristina, 8, (in red shirt in front) and Britt, 4, (wearing orange lanyard). The others, from left to right, are Glenn, LaRonda, Amy, 17, LeeAnn, 18, and Hannah, 12. Kristina and Britt were adopted from Kazakhstan in mid-June. (Photo by Michael Patrick, Knox News Sentinel)

Glenn Beam, 43, employed by the Tennessee National Guard, said he and his wife had looked at options for "expanding our family" and were drawn to international adoption. Glenn has three daughters from a previous marriage - LeeAnn, 18, Amy, 17, and Hannah, 12 - but he and LaRonda, 40, could not have any children together. Typically, they began looking at babies or children up to age 4. But after being told that children older than 4 almost inevitably face reaching adulthood in an orphanage and then being turned out into a sometimes uncaring world, the Beams readjusted their focus. They were introduced to many children, but it was Kristina and Britt who really touched their hearts. Some of the details of the children's past are murky, but they were apparently abandoned at some point and lived together on the streets, Kristina acting as a substitute mom for her little brother. By February 2009, they were in the orphanage, Glenn Beam said.

The Beams took a photo album with pictures of family members and their Friendsville home to Kazakhstan to show the children so they could see what their new world

for family. Kristina is 8, her brother, Britt, is 4, and it is hard to fathom the change these two youngsters have witnessed in the past month. Until mid-June they lived at an orphanage in Ust-Kamenogorsk, a struggling industrial city of 310,000 in Kazakhstan, a former Soviet Republic, which broke away from the Soviet Union in 1991. This holiday weekend the children are at the place they now call "nush dom" - "our home" - in Friendsville. Kristina and Britt were recently adopted by Glenn and LaRonda Beam after an exhaustive, halfway-around-the-world process involving paperwork for two countries and two trips by the parents to a place with few smiles between strangers, snow on the ground in April and not much in the way of environmental niceties. Kristina now has a new middle name, Mae, and last name, Beam. Britt is now Britton Vladimir (his orig-

inally adopted daughter, Kristina, 8, as Kristina's brother, Britt, 4, watches. Britt is sitting on his new sister Amy's lap in their new home in Friendsville. In mid-June the Beams adopted Britt and Kristina from Kazakhstan. (Photo by Michael Patrick, Knox News Sentinel)



LaRonda Beam gives a kiss to her newly adopted daughter, Kristina, 8, as Kristina's brother, Britt, 4, watches. Britt is sitting on his new sister Amy's lap in their new home in Friendsville. In mid-June the Beams adopted Britt and Kristina from Kazakhstan. (Photo by Michael Patrick, Knox News Sentinel)

New Life, (Cont. from Pg 6)

would look like and who was in it. It was from these pictures that they identified “nush dom.” The Beams brought Kristina and Britt to the U.S. on June 19, and Glenn Beam said that with all the paperwork in order, they became naturalized citizens as soon as their toes touched American soil. There is still a language barrier in the Beam home, but Kristina and Britt are rapidly learning English, with the help of interpreter Anna Crabtree, who visits often and helps bridge the gap. Britt will be attending Stepping Stones pre-kindergarten come fall. Kristina will be home-schooled for her first year, and then LaRonda Beam said she and her husband will re-evaluate whether she moves on to public schools. Kristina’s obstacles include learning a new alphabet and English words for simple things most 3-year-olds already know, such as colors, shapes and numbers. Language barrier or not, LaRonda Beam says she and her husband formed an instant and strong bond with the cheerful, blue-eyed brother and sister. And that bond has extended to Glenn Beam’s daughters, who are frequent visitors to the Friendsville home and lavish loving attention on the smaller children. As a family, the Beams, he said, do not

talk or deal with each other as “step-this or half-that.” They are all brothers, sisters, grandparents, aunts, uncles and cousins. Glenn Beam said that this is the first opportunity that Kristina has had to experience childhood, having been the primary caregiver for her brother for years. “We need to let her be a kid,” he said. Kristina seems shy around nonfamily Americans still, but she says her favorite aspect of her new life is “presents,” pizza and big stores. Glenn Beam says he and LaRonda intend to encourage Kristina and Britt to “maintain their heritage” as Kazakhstanis and want them to know where they came from. Typical Kazakhstanis, according to a CIA website, were ethnically a mix of Turkish and Mongol nomads. Russians entered the mix after the region was conquered in the 18th century and became a Soviet republic in 1936. But now, Kristina and Britt are Americans. And even if they do not entirely grasp the meaning of America’s most patriotic of holidays, they are spending it with members of their “semya.” All 310 million of them.

GOLFING FOR A CURE

The McGhee Tyson ANGB Golf League recently raised and donated \$775 for the Susan G. Komen Breast Cancer Foundation. Working in concert with Lambert Acres Golf Club Manager Nick Berrong, who had donated a free round of golf to the cause, golf league members held a “closest to the pin” competition. People who donated to the cause were given a pink ribbon.

Golf league members raised \$375 which was matched and then exceeded by Lambert Acres for the total of \$775. The money was donated in the name of Stacy Barker, a breast cancer survivor and the wife of Staff Sgt. Billy Barker, a traffic management specialist for the 134 LRS.

Golf league members want to express their sincere thanks to the Lambert Acres Golf Club, and especially to Nick Berrong, for participating with them to raise money for this worthy cause. The golf league normally plays every other Monday at Lambert Acres which is located at 3402 Tuckaleechee Pike, one half-mile off U.S. Hwy 321 in south Maryville. For more information about the league, contact Chief Master Sgt. Rob McCormack, at extension 3315.



Amy M. Dunaway, a representative for the Susan G. Komen Foundation, receives a check for the amount of \$775.00 from Stacy Barker, a breast cancer survivor. Pictured also are Billy Barker (Stacy’s husband), Golf League Commissioner Chief Master Sgt. Rob McCormack, Master Sgt. Mary Myers, and Chief Master Sgt. Linda Gibson. (photo by Tech. Sgt. Kendra Owenby, 134 ARW Public Affairs)

134 ARW SAFETY ZONE



“We’ve Upped Our Safety Standards, So Up Yours Too!”

Below you will find a copy of the Air National Guard Driving Guide. Please take a minute to review it, remember it, and put it to use. Remember safety first - always. The mission will not get done without you. The POCs for the 134 ARW Safety office are Lt. Col. Gary Smith, Senior Master Sgt. Michael Smeltzer, and Master Sgt. Larry Harper.

Safe Driving And Riding Quick Tips:

- Everyone wear a seat belt or proper PPE!
- Pay attention.
- Don't drive or ride "under the influence."
- Don't drive or ride drowsy/fatigued.
- Consider weather/road conditions.
- Obey traffic rules.
- Maintain your vehicle or motorcycle.
- In traffic, always have an escape route in mind and maintain situational awareness.
- Use the 2-second rule to keep a safe distance from the vehicles in front of you.
- Slow down if you have a tailgater — increase your own following distance.
- Scan the path 12-15 seconds ahead of you — don't just focus on the space immediately ahead of your vehicle or motorcycle.
- Exercise increased caution anytime you have a limited field of vision.
- Be especially vigilant in construction zones and around emergency scenes, as other drivers and riders may be distracted and not properly focused on their driving.
- Slow down when around erratic or dangerous drivers and riders. Reduce speed when conditions warrant it — it is not safe to drive or ride at the posted speed limit in all situations.
- Be wary of drivers and riders with out-of-state plates, as they may not be familiar with the area, and may be confused or distracted.
- Look out for drivers backing up into the road from a driveway or parking lot — these drivers may have a limited field of vision.
- Anticipate the worst moves that drivers and riders around you could make, and know how to safely react to each move.
- Try to stay out of blind spots of others.
- Do not let your emotions dominate your driving — don't be aggressive or drive and ride angry.

If You Are In An Accident:

- 1. Determine the extent of driver and passenger injuries.** If there are any injuries at all, call for medical assistance. Do not move any injured parties unless they are in further danger by leaving them where they are.
 - 2. Call the police.** They will advise you whether it's required to remove the crashed vehicles from moving traffic. They will send an investigating officer who will take statements from the drivers and passengers involved.
 - 3. Talk to other drivers and passengers of any vehicles involved in the accident.** Get their names, phone numbers, addresses, drivers' license numbers, license plate numbers and basic insurance information.
 - 4. Take pictures of the accident scene if you have a digital camera or a camera on your cell phone.** It will be helpful, especially if the vehicles need to be moved away from the accident scene.
 - 5. Do not accept blame or apologize for anything at the accident scene.** You may cause legal problems later. Let the police sort it out.
 - 6. Talk to witnesses.** Get their names, phone numbers and addresses if possible. Do not threaten a witness if he or she is hesitant to talk to you.
 - 7. Inform your Insurance Company as soon as you can after the accident.** Cooperate with your insurance company and tell them the truth about what happened and the extent of your injuries. Lying to an insurance company can get you into serious trouble.
- NEVER leave the accident scene. Leaving the scene of an accident, particularly if someone is injured or killed, can lead to criminal charges and fines. However, if you are hit by another car in a deserted area, use caution in stopping and getting out of your vehicle. Instead, drive to the nearest police station to report the accident.

Roadside Assistance Information

To report any roadside emergency, dial 911 or dial your state local highway emergency number. Fill in your local highway emergency number for future use: _____.



For additional information, contact your local Air National Guard Ground Safety Office.



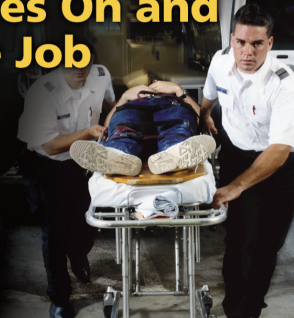
Direct any comments on this brochure to: ngb.seg@ang.af.mil
This information is provided to you by the National Guard Safety Directorate.

©2010 Clement Communications, Incorporated. All rights reserved. Printed in the U.S.A.

CM0228_0610B

ANG Driving Guide

Arrive Alive — Striving for ZERO Fatalities On and Off the Job



Human Trafficking in the Military

Submitted by Lt. Col. Sandra Grice, 134 ARW JAG

A 27-year-old Army sergeant from Joint Base Lewis-McChord in Washington state has pleaded guilty in federal court to sex trafficking of a child and attempted sex trafficking of a child.

Prosecutors say Sterling Hospedales set up one juvenile in a Lakewood apartment to work as a prostitute and had a second juvenile flown in from Wyoming to do the same.

Prosecutors agreed to seek a sentence of 10 to 15 years in prison, but he could get life. The Army is dishonorably discharging him.

Lakewood police began the investigation in April 2009, when officers found out about a juvenile runaway from Seattle who was posting Craigslist ads that said she was a prostitute. The federal Innocence Lost Task Force then found that juvenile and a second girl.

Maintenance Officer Vacancy

There is a vacancy announcement for a traditional maintenance officer position with the 134 ARW Maintenance Group.

Resumes should be sent to Col. Randall Gratz, (134MXG/CC) in bldg 111. More



information will be given at a later time for interviews. The interviews will take place no earlier than November. For more information on this position contact Col. Randall Gratz at extension 3476.

FACEBOOK - THINK BEFORE YOU POST

Submitted by Master Sgt. Carolyn LaDue, 134 CF



Social networking is a great tool for staying connected to friends and family; however there is a tradeoff between safeguarding privacy and enjoying the benefits. How much information you provide is equal to how much risk you accept. When information about you or associated with you is shared publically, it can foster spam or even malicious behavior. Risks associated with sharing too much information include:

- Operations security violations
- Identity theft
- Home break-ins/theft
- Email viruses
- Solicitors/spam

Facebook is designed for sharing information, which is basically broken into three categories: information that is public – anyone can see it; information that we want only friends and family to have access to; and then there is information that should not be shared at all as it pertains to OPSEC. Therefore, it is extremely important you learn how to protect your privacy on Facebook. A Facebook Step-by-Step guide has been placed at: <file:///X:/CF/SCXS41-Word Processing Files/IAO> for your convenience. This guide walks you through the steps of configuring the recommended privacy settings on Facebook.

Information that could compromise OPSEC should never be shared outside of secure channels. It is very important to THINK BEFORE YOU POST. For example, before posting your pictures taken on your last deployment, did you check for indicators in the background or reflective services? Did you check filenames and file tags for sensitive data (your name, organization or other details)? Download a complete safety checklist on OPSEC and Social Networking Sites from: <file:///X:/CF/SCXS41-Word Processing Files/IAO>.

More than ever we must be vigilant in protecting information, both personal and professional. There are adversaries who will exploit information gathered from social networking sites. To combat this threat stay informed, employ all measures designed to protect information and always practice OPSEC.

More Info on Privacy

<http://www.facebook.com/#1/privacy/explanation.php>
<http://www.facebook.com/fbprivacy>

Guide to On-line Social Networking for Military Families: http://www.militaryonesource.com/portals/0/asp/material_getpdf.ashx?MaterialID=16113&MaterialTypeID=16&NoCookieCTI=1

Alternatives

TroopTube: The ability to connect with family while deployed is crucial for emotional care and morale. Troop Tube is a site provided through Military 1 Source - <http://www.trooptube.tv/>. It allows military families to stay connected no matter the distance. Content can be created by troops and their families.

Information

Assurance POCs:
MSgt LaDue, ext 4936
MSgt Benson, ext 4925

NEW GUARD MEMBERS



SrA Kelly Davis
134 SFS



A1C Zachary Davis
134 FSS



A1C David Lenahan
119 CACS



A1C Jacob Neeley
134 CES



SSgt Megan Reilly
134 MDG

RECRUITER'S CORNER

Submitted by the 134 ARW Recruiting Office

Student Flight – Listen Up!

*****Roll Call – Sunday** at **1215** you will report to the Headquarters building. Sunday morning you will report to your unit for roll call. You must report to roll call in order to get paid.

*****Pre-BMT class – Sunday** of each drill at **1220**. This is a **mandatory** class (**as directed by Col. Dearing**) until you ship out to BMT. Any absence must be cleared through the recruiting office supervisor, Master Sgt. Bart Welch, ahead of time.

*****In Processing Checklist - Saturday** at **1300** of your first drill weekend you are required to report to the photo lab (in the headquarters building) to have your **portrait** taken. This is **mandatory** in order to complete your in processing checklist.

*****Security Clearance Process** – All new enlistees please ensure you have logged onto www.opm.gov/e-gip, to initiate your clearance. Once you have logged on, you have **60 DAYS** to complete this. This is a **mandatory** item. **Failure to complete on time will result in a counseling session with the Force Support Squadron Commander, Maj. Robin Celatka.** Note: answer 'unknown' the first time and only the first time you answer the question 'place of birth.'

To Contact the Recruiters Call DSN 266 or (865) 985-3257, 3242, 3262, 3258 or go to: <http://www.tnknox.af.mil/Recruiting.htm>



MEDICAL GROUP



SATURDAY UTA

0815-1130 HOURS

0830-0850 HOURS

0830-1130 HOURS

0830-1130 HOURS

1130-1230 HOURS

1300-1400 HOURS

PHAS

FITNESS FOR DUTY EVALUATIONS

IMMUNIZATIONS

QNFT TESTING (BEE OFFICE)

LUNCH

IMMUNIZATIONS

SUNDAY UTA

CLOSED FOR TRAINING

1300-1400 HOURS

IMMUNIZATIONS



NOTE 1: INDIVIDUALS REQUIRING LIPID TESTS MUST FAST FOR 14 HOURS PRIOR TO PHYSICAL EXAMINATION.

NOTE 2: INDIVIDUALS ARE NOT TO CONSUME ANY ALCOHOL FOR AT LEAST 72 HOURS PRIOR TO PHYSICAL EXAMINATION.

NOTE 3: IF YOU WEAR GLASSES YOU MUST BRING THEM WITH YOU FOR PHYSICAL. PLEASE DO NOT WEAR CONTACT LENS FOR EXAM.

NOTE 4: IF YOU ARE DEPLOYING, PLEASE CHECK WITH THE CLINIC WELL IN ADVANCE OF DEPARTURE DATE FOR IMMUNIZATION REQUIREMENTS.

NOTE 5: DNA TESTING WILL BE CONDUCTED FROM 0830 - 1130 HOURS SATURDAY UTA. PLEASE HAVE YOUR PERSONNEL REPORT AT THE SCHEDULED TIME.

TRICARE Retired Reserve Launches

For the first time, members of the Retired Reserve who are not yet age 60, the so-called "gray area" retirees, can purchase TRICARE health coverage for themselves and their eligible family members with the Sept. 1, 2010 launch of TRICARE Retired Reserve (TRR).

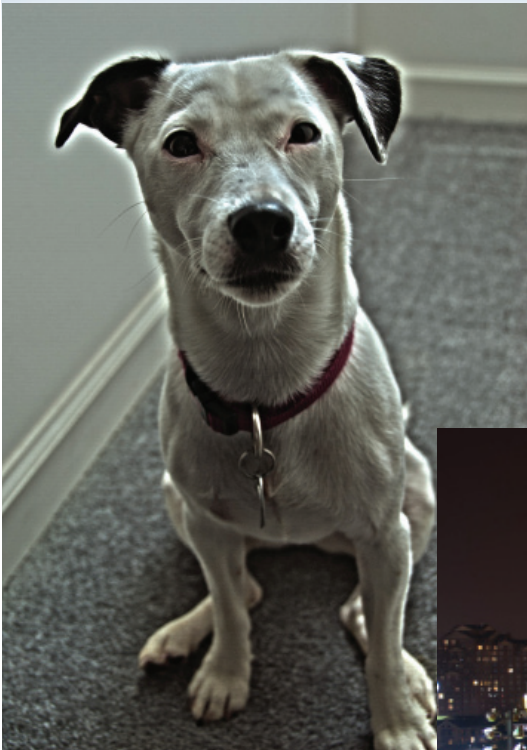
"This new program offers a health coverage opportunity for "gray area" Guardsmen and Reservists who served America honorably, setting a proud example for today's forces," said Rear Adm. Christine Hunter, deputy director of the TRICARE Management Activity. "TRICARE Retired Reserve will provide an outstanding health benefit."

Retired Reservists may qualify to purchase TRR coverage if they are under the age of 60 and are not eligible for, or enrolled in, the Federal Employees Health Benefits (FEHB) program. They must also be members of the Retired Reserve of a Reserve component and qualified for non-regular retirement. For instructions on how to qualify for and purchase TRR go to www.tricare.mil/trr.



VOLUNTEER PHOTO SUBMISSIONS

Please contact Capt Joseph Keith, Public Affairs Officer or Tech. Sgt. Kendra Owenby, Multimedia NGOIC to submit your photos



HDR PHOTOGRAPHY



High Dynamic Range Photography (HDR) is accomplished by “bracketing” the camera (shooting several exposures of a subject) and compiling the layers of exposures. This procedure gives the photograph more depth and more detail with less shadows than seen with the human eye.



Photos by Senior Amn Scott Hollis, 134 ARW Public Affairs

Yellow Ribbon Reintegration Program

Submitted by Steve Latham, 134 ARW Family Readiness

Families are the bedrock of support for Service members, before, during, and after a deployment. Often, family members and close friends may notice changes in a military member, or problems they are encountering, or just general difficulty reintegrating even before the Service member themselves notices or admits that they need help. The family is often the Service member's biggest advocate and the biggest champion towards getting the help they need, the help they deserve, and the help they have earned. For these reasons, families are an integral part of the Yellow Ribbon Reintegration Program (YRRP). Family members can assist their Service member by helping them to identify what services or benefits may be most appropriate for them and encouraging Service members to take advantage of these resources. Additionally, some benefits may be directly available to family members, including participation in the unit family readiness group, financial counseling, marriage or relationship counseling, and others.

The legislatively mandated Yellow Ribbon program provides information, services, referrals and proactive outreach programs to Service members of the National Guard and Reserves and their Families through all phases of the deployment cycle. The intent of the program is to prepare National Guard and Reserve members and their Families for the deployment, sustain their Families during the deployment and reintegrate the Service members with their Families, communities and employers upon re-deployment or release from active duty. All National Guard and Reserve Components are required to hold Yellow Ribbon events and activities. Attendance at YRRP events is mandatory for National Guard personnel deploying for 90 days or more.

On Saturday and Sunday, 25-26 Sep 2010, a 134th ARW sponsored Reintegration Event is scheduled to be held at the Park Vista hotel in Gatlinburg, TN for Service Members and Families. Childcare will be provided. Topics will include Tricare, VA benefits, Vet Center Services, Military OneSource, ESGR, and Transition Assistance. Military Family Life, Personal Financial, and Psychological Health Counselors will lead breakouts on Stress and Anger Management, Substance Abuse, and Readjusting after Deployment.

For hotel and registration information, please contact Steve Latham in the Airman & Family Readiness Center at (865) 985-3107 or at Stephen.Latham.1@ang.af.mil.

Brothers Sweep 1st Place at the Georgia ANG Bass Fishing Tournament



Brothers Staff Sgt. John R. and Tech. Sgt. Kevin Knouff took top honors at the 15th Annual ANG Bass Tournament held on Lake Sinclair in Milledgeville, Georgia on April 28th and 29th of this year. The tournament was hosted by the 116th Air Control Wing, Georgia Air National Guard.

The tournament was a two-day event with the two brothers sitting in 22nd place on the first day. Staff Sgt. John R. Knouff explained their experience. "We didn't give up though the second day we hit it pretty hard but we were only pulling in little two pounders. At around 10:30 I caught our first big one which was 6.56 lbs which brought our hopes way up. We had a feeling we would actually be in the money for the first time but never would have thought we would have won it all!"

The duo wasn't aware right away that they had made first place because they were one of the first teams to bring in their catch. "We didn't know right away 'cause there were 59 other boats to weigh in so it was a waiting game", the younger brother said. The waiting paid off for them though with a first place trophy and fish tales for years to come.

What's For Lunch?

Saturday:

CHICKEN BREAST PARMESAN
HAM STEAK
STEAMED RICE
AUGRATIN POTATOES
GREEN BEANS
CORN
GRAVY
SOUP
ASST FRUITS & BREADS
YOGURT
SHORT ORDER

Sunday:

BEEF PORCUPINES
HERBED & LEMON BAKED FISH
MASHED POTATOES
MACARONI & CHEESE
ASPARAGUS
CORN
GRAVY
SOUP
ASST FRUITS & BREADS
YOGURT
SHORT ORDER

It's Football Time in Tennessee!!!

Get your McGhee Tyson ANGB Football T-shirt at the Armed Forces Club for only \$10!!! We also have our popular "Tanker Town" tees as well. Show your pride in the Big Orange and McGhee Tyson in one of our comfortable 100% cotton tees today!



Junior Enlisted Advisory Association



The Junior Enlisted Advisory Association will be meeting in Bldg 134 in the headquarters conference room on drill Saturdays from 2:30 p.m. to 3:30 p.m. All E-1's through E-6's are encouraged to attend!

PROMOTIONS



Senior Airman

Fredrick Shaefnocker 134 MXS
Audrey Burross 134 FSS
Stephen Davis 119 CACS



Staff Sergeant

Justin Gooden 134 CES
John Templeton 134 CES
David Blevins 134 CES
Andrew Schneider 134 LRS
Andrew Monson 119 CACS
Michael Williams 119 CACS
Chad Colvin 119 CACS



Master Sergeant

Venus Julien 134 CF

Air Force Toons

