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134th Air Refueling Wing

Apr 2011

Col Cauthen to Assume Command of 134th Air Refueling Wing

By Capt. Joseph Keith, 134 ARW Public Affairs Officer

On April 5, 2011, a historic announcement was made at a Commanders Call in Spruance Hall. Col. Tim Dearing, Commander of the 134th Air Refueling Wing announced something that many had hoped would happen. Col. Dearing stood in front of the group and said, "the next commander for the 134 ARW will be...Col Tommy Cauthen." After thunderous applause broke out, the men and women of the 134 ARW got to take their first official look at the upcoming 10th wing commander of this highly decorated wing.

As many of you may already know, Col. Cauthen has been a long time member of this unit. A native of Jefferson County, Col. Cauthen joined the Tennessee Air National Guard in July 1984. He accepted a commission in December 1984 through the Air National Guard Academy of Military Science and earned his pilot wings from Reese Air Force Base, Texas in February 1986.

Throughout his career, he has been fortunate to hold numerous commander positions within the 134 ARW to include the Air Refueling Squadron, Maintenance Squadron, Maintenance Group, Vice Wing and soon to be Wing Commander. His dedication to the mission and the unit as a whole has contributed immensely to the stellar reputation and legacy that resides within the base.

"It will be an honor and privilege to serve as the 134 ARW Commander, said Col. Cauthen. Because my dad served in the 134th from 1958 until 1983 and I joined in 1984, this wing has been an important part of my life for the past 50 years."

Additionally, Col. Cauthen stated, "The 134th



has always been a premier unit and our recent selection for an unprecedented 12th Air Force Outstanding Unit Award proves it once again. To have grown up in this wing and now serve as the Commander is very humbling."

The official change of command ceremony is scheduled for June 4 on the base Parade Field. During that ceremony, Col. Cauthen will officially assume command of the wing. Please be sure to congratulate Col. Cauthen on his well deserved selection as the next wing commander.

VOLUNTEER

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The VOLUNTEER welcomes articles and ideas that will improve the paper. If you have questions or comments, please contact Capt. Joey Keith, CCE/PAO at extension 985-3205, fax at 985-3284 or joseph.keith@ang.af.mil.

**Article Submission
Deadline for the May
Volunteer is
May 5th**



Photo by Tech. Sgt. Kendra M Owenby, 134 ARW Public Affairs

“The Mission of the 134th Air Refueling Wing is to project Global Reach and Global Power in the interest of our National Defense by providing vital Air Refueling and Airlift for rapid deployment, sustained combat operations and effective training as directed by the Secretary of Defense.”

Anti-Terrorism Force Protection Threat Levels National Threat Levels for April 2011

ELEVATED

SIGNIFICANT RISK OF TERRORIST ATTACKS

HIGH

**HIGH RISK OF TERRORIST ATTACKS AGAINST
THE TRANSPORTATION SECTOR**

FPCON ALPHA

GENERAL THREAT OF TERRORIST ACTIVITY

INFOCON 3

ENHANCED READINESS

**REPORT SUSPICIOUS ACTIVITY
CALL EXTENSION 3274 OR 911
YOUR CALL MAY SAVE LIVES
THREAT LEVELS ARE SUBJECT
TO CHANGE AT ANYTIME**

Customer Service
Hours for
Photo Lab
Saturday Drill
1300-1500

Customer Service
Hours for
Security Forces:
Mon/Wed/Fri 0800-1100
Sat 0830-1130
Sun 0830-1130

Customer Service
Hours for
Clothing Issue:
Sat 0830 -1100
1215 -1530
Sun 0830 -1430

My Educational Journey: The Best Thing Since Sliced Bread?

By Lt. Col. Billy D. Pruett, MD, MC, SFS HQ AFMC/SGR

There was a guy at my high school who was a real know-it-all. Ever meet one of those? The kind of person you just can't teach anything? Some people call them punks; others say they're just immature and have some growing up to do. Well, right after our junior year, this



guy quits. He figures he's learned all high school has to teach him, and he's not coming back. What he really wants to do is join the Air Force.

So down he goes to the local recruiter, only to learn that he has to have at least a G.E.D. to enlist. In fact, the year this took place was the last one in which the Air Force would accept G.E.D.'s. Now our hero's no dummy. He's able to pass the G.E.D. exam. So certificate in hand, he trots back down to the recruiter and enlists.

Well, lo and behold, once he's in the Air Force proper, he discovers that an education is a bigger deal than he thought. It seems everyone who doesn't have a degree already is working on one. The Chief he works for -- a man he truly admires -- has a master's degree. What?!? Isn't it only officers who have college degrees?

Now our hero has to rethink his entire educational strategy. In the meantime, he's enlisted in a career field that has him averaging 6 months out of the year TDY. He's married. And besides all that, who has the money to pay for classes? No one's handing out scholarships to high school dropouts, even if they do have a G.E.D.

Then our not-so-wet-behind-the ears Airman learns about the Community College of the Air Force, which gives you credit for training you've already been provided by the Air Force. Not only that, but with the help of the Base Education Office he learns about CLEP and DANTES testing, as well as programs which will subsidize tuition costs for evening or on-line classes. Next thing you know, voila! He's earned an associate's degree from CCAF.

Now I know what you're thinking. Big deal! How does

that help? Well, a little further along in our story we find our reluctant scholar enrolling in a bachelor's degree program as a full-time student at one of his state's fine institutes for higher learning. This state university accepts practically all of his CCAF credits. In fact, they have a minor program which dovetails in very well with his CCAF degree. So, they essentially grant him the minor based on his CCAF credits. Wow!

But okay, I know some of you are still skeptical. Sure ... that's fine for a bachelor's degree at Podunk Land Grant University, but what about a graduate degree at a well-known school? How's Medical School at the University of Tennessee sound? Well, it sounded good enough for our protagonist, because that's exactly where he went next.

By now the truly skeptical among you are convinced that you've seen through my little ruse. You likely believe that this is a tale crafted from thin air by the Base Education Office staff, then spun by a senior officer, all to sell young Airmen on the fanciful notion that a CCAF degree is not a waste of time. You're not buying this Yugo, and you probably think that someone's Performance Report is riding on the number of enlisted troops I can sucker into signing up for CCAF.

And, you'd be wrong. The only suckers are the ones not taking advantage of this incredible benefit offered by the Air Force. The reason I know is because I'm the know-it-all hero from the story. I'm the one who didn't have enough sense to stay in high school, and slid in under the wire with my G.E.D. And guess what else? In June, I pin on O-6. High school drop-out, to E-1, to M.D., to O-6; and I doubt it would have been possible without the leg-up I received for CCAF.

So, best thing since sliced bread? Maybe, maybe not. But I'll tell you this: By earning my CCAF degree, I've certainly been able to put a lot of sliced bread on my family's table.



The Pruett family has a history in the medical field. Lt. Col. Billy Pruett is the father of Senior Airman Travis Pruett from the 134 ARW Medical Squadron. (Photographer unknown)

FINANCIAL LITERACY

By Tech. Sgt. Jack West, 134 ARW Public Affairs



It's ironic the recent U.S. Government near-shutdown happened in April. Designated by Congress in 2003, April is National Financial Literacy Month. Fortunately, the shutdown was avoided by the agreement to pass a budget funding the Government for the remainder of the fiscal year.

It's obvious to most that it's very difficult for the 535 members of the House and Senate to agree on which federal and non-federal agencies need funding and how much to give them. They are our representatives, sent to run the government so individual citizens don't have to deal with the day to day activities of running the country. All too often our representatives are more representative of the American people than we realize. Do you have a budget? How do you decide what to buy and how much you can afford to spend on it? Sometimes it's no easier for individuals, or families, to set up a budget to help guide them in spending their hard earned money than it is for the Government. Many people don't have a budget, and wouldn't know where to start to set one up. They know they make money, and they know they spend it. They're financially illiterate.

The Merriam-Webster dictionary defines literacy as being educated or cultured. As Americans, most of us have been educated to a twelfth-grade level or higher. On one hand, we've learned to read and write. We've learned our state and national history. Most of us have taken more math classes than we've ever really wanted to. In general, we're considered literate. On the other hand, most of us have had little training, if any, to know how to manage our finances. We're financially illiterate.

The on-going housing crisis is a good example of the financial illiteracy of many Americans. As President Obama pointed out at the height of the crisis, the majority of people who have had their houses foreclosed on knew they couldn't afford to buy their houses when they initially bought them. They were living outside of their financial means, but at the time, that was okay. The housing industry appeared to be growing by leaps and bounds, and everything was going their way. Then the recession hit, and the housing bubble burst. Factories shut down. People lost their jobs. Home values plummeted. Many people could no longer afford their monthly payments. Others suddenly found themselves owing more on their houses than what they were worth. Those who tried to sell couldn't get anywhere near what they owed on the houses, and realized they might still owe the bank tens to hundreds of thousands of dollars for a house they no longer owned.

We all know there is a lot more to managing our finances wisely than knowing if we can afford to buy a certain house. Not only do we have to meet our monthly obligations such as the car payment, the water and sewer, the electric bill, and our cellphone bill, but we also need to put some money into our savings account in case of an emergency, plan for our retirement with a 401(k) or an Individual Retirement Account, and put some money aside to send our kids to

college, among other things.

As military members, we have to manage how we use our Controlled Spend Account cards, how much Service Group Life Insurance we have, how many deductions we claim on our Form W-4, and any contributions we may want to make to the Thrift Savings Plan.

Here at McGhee Tyson ANGB, there are two primary places we can go to receive financial management assistance. You can visit the Force Support Squadron Personnel section located in building 134, or you can visit the Airman & Family Readiness Center located in building 92 in the parking lot of the Base Exchange.

The Force Support Squadron Personnel section can help you with starting and stopping and changing many of the deductions that come out of your military pay. They can help you with items such as your SGLI and establishing or changing your Form W-4 which determines how much tax is taken out of your check based on the number of deductions you claim. The Personnel section can be reached at 985-3255. The Airman & Family Readiness Center is a great source of financial literacy training. They have pamphlets and DVDs related to budgeting and money management. They highly suggest visiting www.Militaryonesource.com. The Airman & Family Readiness Center can be reached at 985-3107 or email Steve Latham at stephen.latham.1@ang.af.mil.

Another source of help available to military members is the ETMA Credit Union. They offer credit counseling to federal employees and members of the National Guard (Army and Air) serving in East Tennessee, and their family members. See the form included in this issue of The Volunteer. For more information about the credit union, go to www.etmafcu.coop.

While most of the sites listed below are not officially endorsed by the United States Air Force or the Air National Guard, they provide good places to start gaining knowledge towards becoming more financially literate:

www.daveramsey.com
www.crown.org
www.edwardjones.com
www.schwab.com
www.suzeorman.com
www.tsp.gov
www.financialliteracymonth.com
www.ftc.gov/opa/2011/04/financeliteracy.shtm

Additionally, check with your local bank or credit union. They may have some great suggestions to help you get started on the road to financial literacy.

Would you rather be headed toward retirement knowing you've managed your money well and knowing you're taken care of, or would you prefer to take your chances? Most of us would prefer to know that we're taken care of. Today is a great day to start learning how to manage your finances and becoming more financially literate.

“CreditAbility: Build a Strong Credit History”

Submitted by Tech. Sgt. Jack West, 134 ARW Public Affairs

When It Comes to Your Credit, Do You Know the Score? It pays to have good credit. How? The difference between getting a loan with a low interest rate vs. getting a loan with a high interest rate could mean thousands of extra dollars in interest payments over the life of the loan.

Your credit score is based on how you use credit, and it's a number you can control. Unfortunately, many people don't understand the long-term consequences of their day-to-day financial decisions.

Building a strong credit history means more than getting approved for a credit card. It means paying all bills on time, keeping a lid on how much you owe to other people, responsible credit use over a long period of time, and having a healthy mix of credit over time. Your credit history—good or bad—follows you throughout your lifetime and has a significant impact on your family's well-being and overall bottom line.

Since financial problems can affect security clearances and could have harmful effects on the careers of ANG personnel, the McGhee Tyson

Community Action Information Board (CAIB) identified this concern in the base community action plan. In an effort to improve individual and unit readiness by equipping our members to better manage their personal finances, the CAIB has coordinated with ETMA Federal Credit Union to provide free credit reviews. The CreditAbility analysis from ETMA provides customized analysis that is tailored to the needs of each individual. Whether you are just beginning your financial life, have gotten side-tracked along the way, or just want to make sure you are on the right track, a professional credit review by ETMA makes good financial sense.

To obtain your free credit report, analysis, and CreditAbility handout, visit www.etmafcu.coop and complete the request form. You can drop the completed form by 1828 Airbase Rd or fax to 865-970-0064, and an ETMA representative will complete a no cost summary of tips to improve your credit score

This service is provided free of charge with no obligation.



CreditAbility: Build a Strong Credit History

Sign-up Sheet Date: _____

Name: _____ Contact Phone: _____

Address: _____

Social Sec. # _____ Date of Birth: _____

Signature: _____ By signing , I authorize ETMA FCU to order my credit report from Equifax.

I am interested in learning more about: (circle as many as apply)

My Credit score, Delinquent Accounts, Available Credit, Building Credit, Refinancing Existing Loans, Buying a Home, and

_____ (fill in the blank)

COMMAND CHIEF MASTER SGT. VACANCY

There will soon be a vacancy for the position of Command Chief Master Sergeant for the 134th ARW. Applications are now being accepted for assignment to this duty. Follow the instructions in the "How to Apply" section below if you are interested in submitting an application. You must meet the minimum qualifications.

Minimum Qualifications

- Currently be serving in the grade of Chief Master Sgt. with the eligibility to complete minimum three year assignment
- Must be highly motivated and capable of fulfilling the role of CCM as prescribed in ANGI 36-2109
- Have strong leadership and managerial skills
- Meet Fitness Standards and project the proper military image
- Computer Skills required
- Assignment length is normally 3-4 years or at the discretion of the Wing CC
- Possess good communication skills
- Possess the ability to establish a close rapport with the following groups: commanders, senior officers, chiefs, first sergeants, unit career advisors, managers of offices responsible for recruiting, retention, training, serve (ESGR). Establish effective communications by: unit visits, phone calls, attending commander calls, joining deployments, being involved in official functions (unit retirements, promotions and awards ceremonies), attending special events and social functions.
- It is essential the Command Chief Master Sergeant be available and very flexible in order to attend required conferences around the country as well as selection boards both at the wing and state headquarters. This also includes support of TEC graduations and special functions.



How to Apply

Prepare the following documents:

- AF Form 1206, Nomination for Award. (Use this form to document your individual qualifications)
- Current RIP
- Submit copy of most recent Fitness Test
- Letters of Recommendation from current Unit Commander or others

Submit your application to 134 FSS/DPM, Chief Master Sergeant Linda Gibson no Later than 13 May 2011 (Friday prior to May drill).

Qualified applicants will be contacted as to the time and place of the Selection Board. Candidates must wear the service dress uniform to meet the selection board. ANGI 36-2109 was revised effective 2 June 2010. In that revision a change was made that precludes SMSgt applicants to the CCM position.

If you have questions concerning the duties of the Command Chief Master Sergeant, please refer to AFI/ANGI 36-2109. Questions relating to the selection board should be addressed to Chief Master Sgt. Long at extension 3229.

Opening in Logistics Plans

There is a position open in the LOGISTICS Plans Office. The 2G0X1 AFSC is a challenging career encompassing a wide variety of duties and responsibilities. Potential candidates can expect to assist in deployment and redeployment planning. They will help manage War Reserve Material and coordinate support agreements within the Department of Defense as well as other governmental agencies. They will train and evaluate squadron Unit Deployment Managers (UDMs) and work in the deployment control center during deployment operations. Interested? For further information contact CPT Matthew Bailey ext.3363 or SMS John Light ext. 3365.

YRRP Employment Assistance Workshop 19-21 April

There will be a YRRP Employment Assistance Workshop 19-21 April 2011 at McGhee Tyson Air National Guard Base. The training will be conducted at the Armed Forces Club, 207 Briscoe Dr.

1. Course Purpose: Employment Assistance Workshop (EAW) is to provide unemployed Soldiers and unemployed spouses Job-search Assistance.

2. Course Description: Participants will learn how to write effective resumes and cover letters, proper interviewing techniques and current methods for a successful job-search. The training will be conducted by professional trained facilitators.

3. Location and Dates: The training will be conducted at the McGhee Tyson Air Force facility, Base Club, 207 Briscoe Dr, Knoxville Area, Louisville, TN, 37777.

4. Eligible Attendees and Funding: Any Army or Air National Guard soldier/airman that demobilized in FY10/11 (1 OCT 09 - to present) is authorized Active Duty. Members of the Air National Guard who were mobilized 90 or more consecutive days in FY 10 to present are authorized Active Duty orders subject to availability of Yellow Ribbon Special Training Days. Travel and Per Diem is authorized for soldiers whose HOR is fifty (50) miles or more from the training location. Rosters of anyone wanting to attend MUST be sent to Joe Thomas NLT 13 April 2011. Mr. Thomas will approve the request and Orders will be issued and Payment of Pay & Allowance will be processed by NGTN-PER-FP. POC for Family Programs is SSG Paula M. Tacker.

MSCs may allow soldiers that did not demobilize in FY10/11 to attend. These airmen/soldiers may attend in IDT/ATP status. All Travel for these soldiers must be funded by the MSC. Send a roster of these airmen/soldiers to Joe Thomas to reserve a seat. Airmen/soldiers that are still on Title 10, Soldiers whose MSCs will not fund the training, and spouses may attend this training at no cost to the government. Send your request to Joe Thomas to reserve a seat.

5. There will not be any daycare available. Children are not permitted at this training.
6. Attire for this workshop is civilian clothing.
7. Personal laptop computers are welcome.
8. POC is Joe Thomas at 615-313-0752 or email: joseph.c.thomas2@us.army.mil or SSG Paula M Tacker at 615-313-0684 or email: paula.tacker@us.army.mil

Annual Base Easter Egg Hunt

134 ARW Family Readiness would like to invite all to the Annual Easter Egg Hunt!

WHEN- Saturday, 16 Apr 2011

TIME- OMK Activities, 1:00pm (Egg Hunt begins at 2:00pm)

WHERE- Base Track - For All Base Children (Civilian & Military) Ages 1-4 and 5-10

Happy
Easter

Come out and bring your baskets and cameras!!!

Please have Military ID ready to show at the Main Gate

****The McGhee Tyson Family Readiness Group****



Removable Media Protection

Submitted by Master Sgt. Carolyn LaDue, 134 CF



Applicable Labels

SF 706 – Top Secret Label
SF 707 – Secret Label
SF 708 – Confidential
SF 710 – Unclassified
SF 711 – Data Descriptor Label

AF AFVA 33-276
Privacy Act Label

References

AFI 31-401, Information Security Program Management
AFI 33-100, User Responsibilities and Guidance for Information Systems
AFI 33-332, Privacy Act Program
AFSSI 8502, Organizational Computer Security
AFI 33-332, 134 ARW Sup, 134 ARW Guidance Memo 1

Removable media refers to storage media that can be removed from the computer without powering the computer off. Types of removable media include:

- Optical discs (DVDs, CDs)
- Memory cards (CompactFlash card, memory stick)
- Floppy Disks / zip disks
- Magnetic tapes

Some removable media may also refer to storage devices, when they are used to transport or store data. These include USB flash drives and external hard disk drives.

Proper safeguards must be employed to protect the data contained on removable media devices. Each device must be marked / labeled according to the requirements for the highest level of information ever contained on the media using applicable information security guidance found in AFI 31-401, Information Security Program Management and AFI 33-332, Privacy Act Program.

Removable media containing High Impact PII cannot be removed from the protected workspace without approval from the wing commander. Approved devices containing High Impact PII information must be encrypted. What is High Impact PII? High Impact is defined as “organizational (e.g., unit or office), program or project level compilation of electronic records containing PII on 500 or more individuals stored on a single device or accessible through a single application or service, whether or not the compilation is subject to The Privacy Act. Also, any compilation of electronic records containing PII on less than 500 individuals identified by the Information or Data Owner as requiring additional protection measures.” For more details on High Impact PII, refer to AFI 33-100, User Responsibilities and Guidance for Information Systems.

Removable media containing Non-High Impact PII or Controlled Unclassified Information (CUI) shall not be removed from protected workplaces unless approved by the unit commander and signed in and out with a supervising official. CUI is information to which distribution limitations have been applied.

Removable media, although very useful, poses unique risks. Opportunities for exploitation by a foe abound. Therefore, protecting information that is stored on any portable device is vital. Have questions? Please contact your unit Information Assurance Officer (IAO) or the wing Information Assurance office.

**Information Assurance POCs:
MSgt LaDue, ext. 4936 or MSgt Benson, ext. 4925**

NEW GUARD MEMBERS



SSgt Chris Ayers
134th FSS



SSgt Christopher Reynier
134th MXS

RECRUITER'S CORNER

Submitted by the 134 ARW Recruiting Office



Student Flight – Listen Up!

*****Roll Call – Sunday at 1215** you will report to the Headquarters building. Sunday morning you will report to your unit for roll call. You must report to roll call in order to get paid.

*****Pre-BMT class – Sunday** of each drill at **1220**. This is a **mandatory** class (**as directed by Col. Dearing**) until you ship out to BMT. Any absence must be cleared through the recruiting office supervisor, Master Sgt. Bart Welch, ahead of time.

*****In Processing Checklist - Saturday at 1300** of your first drill weekend you are required to report to the photo lab (in the headquarters building) to have your **portrait** taken. This is **mandatory** in order to complete your in processing checklist.

*****Security Clearance Process – All new enlistees** please ensure you have logged onto www.opm.gov/e-gip, to initiate your clearance. Once you have logged on, you have **60 DAYS** to complete this. This is a **mandatory** item. **Failure to complete on time will result in a counseling session with the Force Support Squadron Commander, Maj. Robin Celatka.** Note: answer 'unknown' the first time and only the first time you answer the question 'place of birth.'

To Contact the Recruiters Call DSN 266 or (865) 985-3257, 3242, 3262, 3258 or go to: <http://www.tnknox.ang.af.mil/Recruiting.htm>

UNDERGRADUATE PILOT TRAINEES SOUGHT

The 151st Air Refueling Squadron will be convening a selection board for fiscal year 2011. The announcement will run from 14 Apr to 18 May 2011. The board will interview in June 2011 with date to be announced.

The following criteria must be met to be considered for an Undergraduate Pilot Training position:

- Age 28 or younger
- Completed the AFOQT and TBAS test
- Able to pass a Class I Flying Physical
- Eligible to obtain a Top Secret security clearance
- A Bachelor's degree completed by Dec 2011
- Previous flying experience preferred
- Able to commit approximately 2 years for training



Selectees must agree to live within 50 miles of McGhee Tyson ANGB upon completion of formal training and throughout their career.

Prospective candidates are asked to follow the guidelines on the Pilot Vacancy Announcement. Please EMAIL TSgt Curtis LaRue for an electronic copy of the Vacancy Announcement. Curtis. LaRue@ang.af.mil

Submit your package no later than 18 May 2011.

Mail or turn in your package to MSgt Bart Welch at (865) 985-3262 or TSgt Curtis LaRue (865) 985-3242.

Att: MSgt Bart Welch
134 Briscoe Drive
McGhee Tyson ANG Base, Tn 37777-6401

Huck's Highway Hints

By Tech. Sgt. Randy Huckleby, Chaplain Assistant



A lot of drivers really don't give much thought to what they should be carrying in their vehicles (i.e. paperwork, registrations, etc.)...until they see blue lights behind them. Unfortunately, by this time it may be too late to worry about it. Here are a few good things to remember when traveling Tennessee's Highways. The laws state that every driver on the road must have within their possession these three items:

- 1. Driver's License** - must be valid.
- 2. Proof of Insurance** - this must reflect the current date.
- 3. Current Registration** - this registration must be up to date and match the license plate on the vehicle.

Your driver's license should be on your person when driving. Keep the proof of insurance and current registration in a location in your vehicle where you will be able to reach them easily if needed. This will be beneficial to you as well as to the law enforcement officers that are trying to keep you legal and safe on Tennessee's highways.



MEDICAL GROUP



SATURDAY UTA

0830-0850 HOURS
0900-1100 HOURS
0830-1130 HOURS
1300-1400 HOURS

FITNESS FOR DUTY EVALUATIONS
DENTAL EXAMS
QNFT TESTING (BEE OFFICE)
ANAM TESTING

SUNDAY UTA

0830-0850 HOURS
1300-1330 HOURS
1300-1400 HOURS

FITNESS FOR DUTY EVALUATIONS
YELLOW FEVER SHOTS
IMMUNIZATIONS



CLINIC IS CLOSED FOR TRAINING EXCEPT FOR SCHEDULE ITEMS LISTED ABOVE.

NOTE 1: INDIVIDUALS REQUIRING LIPID TESTS MUST FAST FOR 14 HOURS PRIOR TO PHYSICAL EXAMINATION.

NOTE 2: INDIVIDUALS ARE NOT TO CONSUME ANY ALCOHOL FOR AT LEAST 72 HOURS PRIOR TO PHYSICAL EXAMINATION.

NOTE 3: IF YOU WEAR GLASSES YOU MUST BRING THEM WITH YOU FOR PHYSICAL. PLEASE DO NOT WEAR CONTACT LENS FOR EXAM.

NOTE 4: IF YOU ARE DEPLOYING, PLEASE CHECK WITH THE CLINIC WELL IN ADVANCE OF DEPARTURE DATE FOR IMMUNIZATION REQUIREMENTS.

NOTE 5: DNA TESTING IS CONDUCTED FROM 0830 - 1100 HOURS OF SATURDAY UTA. PLEASE HAVE YOUR PERSONNEL REPORT AT SCHEDULED TIME.

Around Base

What's For Lunch?

Saturday:

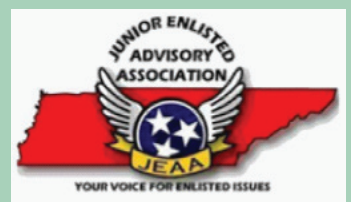
CRISPY BAKED CHICKEN
BEEF PORCUPINES
MASHED POTATOES
STEAMED RICE
ASPARAGUS
CARROTS
GRAVY
SOUP
SHORT ORDER

Sunday:

PIZZA
CHICKEN PARMESAN
PARSLEY BUTTERED POTATOES
FRIED RICE
GREEN BEANS
BREADED CAULIFLOWER
GRAVY
SOUP
SHORT ORDER

JEAA

The Junior Enlisted Advisory Association



will be meeting in Bldg 134 in the headquarters conference room on drill Saturdays from 14:30 p.m. to 15:30. All E-1's through E-6's are encouraged to attend!