

VOL. 11 NO. 11

134TH AIR REFUELING WING

NOV 2011

Berlin Crisis: Remembering Past Accomplishments

By Tech. Sgt. Jack West, 134 ARW Public Affairs

More than 400 people attended a reunion dinner Oct. 22, at the Airport Hilton in Alcoa, Tenn., to commemorate the 50th anniversary of the Tennessee Air National Guard's 134th Fighter Group response

to the Berlin Crisis in 1961.

Members of the 134th Group, including the 151st Fighter Interceptor Squadron, deployed to Ramstein Air Base, Germany, and to other bases throughout Europe, mostly in France.

"These guys are special; they're a special bunch," said Brig. Gen. Don Johnson, the Tennessee Assistant Adjutant General, Air.

Members of the Group reported for

active duty on Nov. 1, 1961, in response to Russian Premier Nikita Khrushchev's attempt to force NATO out of West Berlin by sealing off ground access and supply routes.

In an address to the nation, President John F. Kennedy informed the American people that the Guard was being called in not to fight a war, but to prevent a war.

By Nov. 10, the first group of airmen was on

its way to Ramstein. The urgency of the situation dictated that no time be wasted. The decision was made to remove the wings and engines of the F-104A Starfighters, and to fly the aircraft and approximately

450 personnel to Ramstein AB, on C-124 and C-133 cargo aircraft.

In Germany, the 151st joined FIS together with the 197th FIS from the Arizona Air National Guard, to provide air defense for central Europe during the height of the crisis. While there, the 151st FIS set what was then a record for the most fighter hours flown in a month with 836

hours flown.
The Group returned to McGhee Tyson

ANGB, in July 1962, and was released from active duty in August 1962.

Several members of the current 134th Air Refueling Wing were present for the reunion. Among them was Senior Master Sgt. Michael Lonas, the Human Resource Advisor for the 134th ARW.

"My dad was a charter member of the unit, joining in November 1957," said Lonas. "He was activated



"Watch Over the Rhine", a painting by artist Ken Riley depicts the largest mass deployment of jets in the nations history as they scrambled over the skies of Europe. The prompt reaction of the Air and Army National Guard during the Berlin Air Crisis represented the greatest display of National Guard readiness in history. (National Guard Heritage Gallery)

(Berlin Crisis, Cont. On Page 3)



"The Mission of the 134th Air Refueling Wing is to project Global Reach and Global Power in the interest of our National Defense by providing vital Air Refueling and Airlift for rapid deployment, sustained combat operations and effective training as directed by the Secretary of Defense."

The Deadline for Article Submissions for the Dec Volunteer is Nov 24th

Customer Service
Hours for

Photo Lab Sat Drill 1300-1500 Customer Service Hours for

Security Forces: Mon/Wed/Fri 0800-1100 Sat 0830-1130

Sun 0830-1130

Customer Service
Hours for
Clothing Issue:
Sat 0830 -1100
1215 -1530
Sun 0830 -1430

Anti-Terrorism Force Protection Threat Levels Defined

IMMINENT

WARNS OF A CREDIBLE, SPECIFIC, & IMPENDING TERRORIST THREAT AGAINST THE U.S.

ELEVATED

WARNS OF A CREDIBLE TERRORIST THREAT AGAINST THE U.S.

CURRENT LEVELS:

FPCON ALPHA INFOCON 3

REPORT SUSPICIOUS ACTIVITY!

Call Extension 3274 or 911 - Your Call May Save Lives
THREAT LEVELS ARE SUBJECT TO CHANGE AT ANYTIME

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134th Air Refueling Wing Chain of Command

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Commander

Col Randall Gratz
Vice Commander

Chief Master Sgt. Steve Payne
Command
Chief Master Sergeant

Col Mike Lindeman
(Operations)
Col Burl Lambert
(Maintenance)
Col Cory Strobel
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(Support)

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Master Sgt Kendra Owenby
Public Affairs
Multimedia Manager

Tech Sgt Jack West **Public Affairs Journalist**

Tech Sgt David Knable Staff Sgt Scott Hollis Airman Basic Jackie Keeney Multimedia

Senior Airman Jennifer Griffis Knowledge Operations Management (Berlin Crisis, Cont. From Page 1)

with the Group when I was about 5 years old." Lonas said his father passed away in September, and he was there escorting his mother to the reunion.

heroes and legends," said Haston. "What you did 50 years ago was absolutely amazing."

Haston went on to tell those gathered that the world, today, is in good shape because of what they did. He said the fall of the Berlin Wall was a direct result of what they did.

Speaking on the importance of the reunion and remembering what was done, Haston said, "It is extremely important that we keep our history, our lineage, and our heraldry alive."

Haston also said he wished every member of the current 134th had been able to attend the reunion to meet the men and women who contributed so much to what the unit is today.

Welcome Berlin Crisis Activation Reunion! Registration is ahead.

Tennessee Adjutant General, Maj. Gen. Terry M. "Max" Haston addressed those gathered by thanking them for what they did and reminding them how grateful he is today for what they did.

"It does my heart good to



(Air National Guard Photos by Tech. Sgt. Jack West, 134 ARW Public Affairs)

FINANCIAL MANAGEMENT

Submitted by Tech. Sgt. Joseph Wagner, 134 ARW Financial Management

DTS For All Members

Background

The Defense Travel System (DTS) is a fully-integrated, electronic, end-to-end travel management



system that automates temporary duty travel for military members. Partial implementation began in 2007 at McGhee Tyson with full-time technicians and AGRs using DTS for their travel authorizations (orders) and

vouchers. NGB has directed that effective 1 October 2011, ALL members must use DTS to process travel authorizations and vouchers. This includes all travel with the exception of formal school training and PCS travel, and includes home station training for those entitled to mileage and/or per diem.

Authorizations (a.k.a. Orders)

DTS was intended to allow travelers to generate their own official travel orders (called authorizations), make airline, rental car, and lodging reservations, and receive approvals before traveling. Unfortunately, since DTS was designed for the active duty component, a DTS travel authorization only authorizes travel entitlements. It does not create military pay entitlements. Consequently, we still must use AROWS orders to place members on active duty. Since the AROWS order is a pre-requisite for the DTS travel authorization, your orders clerk will generally be the POC for entering your travel reservations and itinerary into DTS. For AGRs and technician travel where no AROWS order is required, members will continue to initiate their own travel arrangements.

Vouchers

When a TDY is concluded, members will use DTS to generate travel vouchers and split disburse payment to the Government Travel Card or Controlled Spend Account. Receipts and all documentation are uploaded into the program, and the voucher approvals are routed electronically to the appointed personnel. This is all done through DTS. Experience shows us that most people need some help with the first couple of travel vouchers. We recommend that everyone have a copy of the "How to Create a Voucher" tri-fold to assist in this process. Also, each unit has a trained DTS expert (known as an ODTA) to assist in this process, and the Comptroller Flight is also available to answer questions as well.

Summary

There is no doubt that DTS will make the travel process more difficult, especially until we all get a little more proficient with the program. Mileage-only claims that could once be completed by signing the back of an AROWS order now require a cumbersome process that includes an AROWS order, DTS authorization, and DTS voucher. Unfortunately, the system has been mandated, and until the time when the system improves we will do our best in FM to make it as painless as possible.



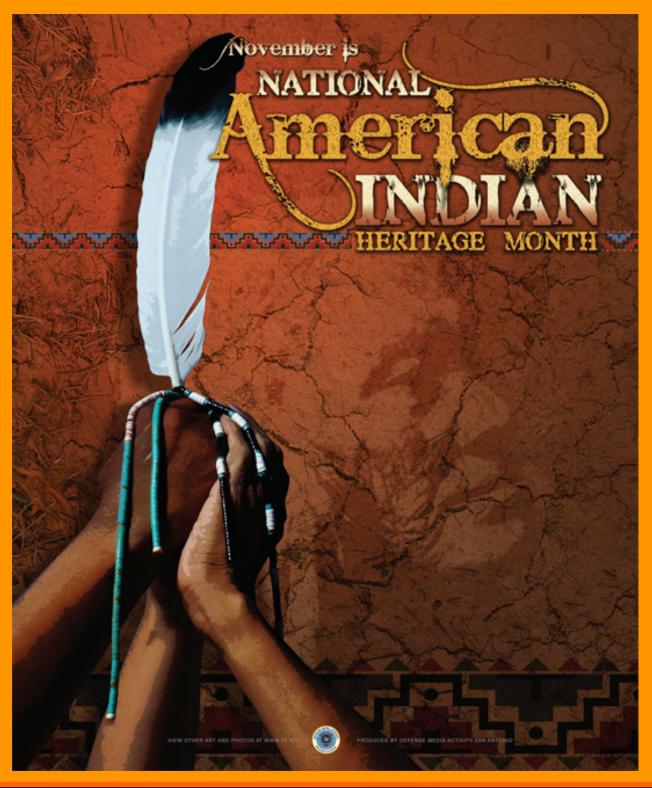
"ANGEL TREE"

The McGhee Tyson Family Readiness Group is once again sponsoring our annual "Angel Tree" event. You have the opportunity to help a less fortunate child this holiday season by picking an "Angel" from the Angel Tree, located at the 134th Dining Facility. The Angel will identify whether the child is a boy or girl, their age and their wish. This year, please place the unwrapped gift in a "gift bag" and then place under the tree with the Angel attached. Please return all gifts by the Dec UTA so they can be distributed before Christmas. We hope you will share in the gift of giving.

HRA Minute

Submitted by Senior Master Sgt. Michael Lonas, 134 ARW Human Resource Advisor

Although the first "American Indian Day" was celebrated in May 1916 in New York, a month-long recognition of Native Americans did not happen until 1990. That year, President George H.W. Bush signed a joint congressional resolution designating November as National American Indian Heritage Month. Since then, the title has expanded to celebrate the heritage, history, art and traditions of American Indians and Alaska Natives.





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DCTORER 31 - NOVEMBER 2 2011

GAYLORD OPRYLAND RESORT & CONVENTION CENTER

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GUARDIANS OF FREEDOM.

TELL YOUR STORY







address the issues that airmen face currently (upper left). Command Chief Master
Sgt. Denise M. Jelinski-Hall, Senior Enlisted Leader, National Guard Bureau talks about the importance of telling the story of the Air National Guard
(upper right). Members of the 134 ARW who attended the 2011 Enlisted Leadership Symposium pause for a photo with wounded warrior and Purple
Heart recipient Staff Sgt. Russell Logan, a Security Forces member with the 164 AW, Tennessee Air National Guard. Staff Sgt. Logan lost his lower leg
during injuries he incurred from contact with a land mine while on patrol in Afghanistan. (Air National Guard photos by Master Sgt. Kendra M. Owenby,
134 ARW Public Affairs. Group photo below by Staff Sgt. Christina L. Conyers, 136 AW)

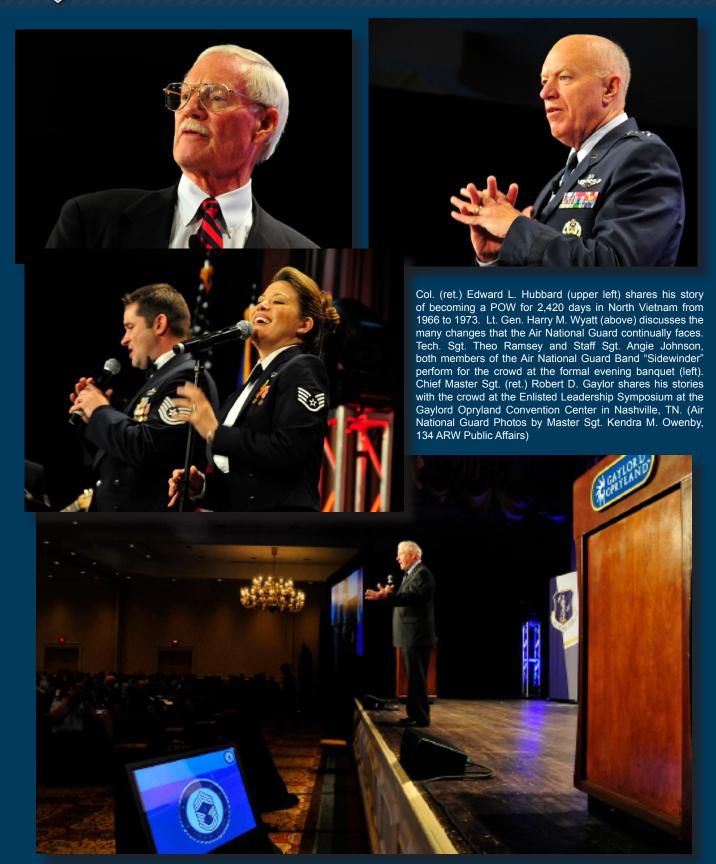




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FREEDOM Tell your story



Anti-Terrorism Protective Measures For Individuals & Family Members

Submitted by Terry L. Hickle, 134 ARW Anti-Terrorism Officer

At All Times

Vary Eating Establishments

Alternate shopping locations

Do not establish any sort of patterns!

Avoid crowded areas

Be especially alert exiting bars

Know how to use the local phone system and carry "telephone change."

Know emergency phone numbers for police, ambulance, and hospital.

Know location of the US Embassy and other safe locations where you can find refuge or assistance.

Bomb Incidents

Be suspicious of objects found around the house, office, or auto.

Check mail and packages for:

Unusual odors

Too much wrapping

Bulges, bumps, or odd shapes

No return or unfamiliar return address

Incorrect spelling or poor typing

Items sent "registered" or marked "personal"

Protruding wires or strings

Unusually light or heavy packages

Isolate suspect letters or packages. Do not immerse them in water. Doing so may cause them to explode.

Clear the area immediately

Notify your chain of command

At the Airport Terminal

Use concealed bag tags

Spend as little time as possible in airports

Pass through the airport security checks quickly. Once through security, proceed to a lounge or other open area away from baggage lockers. If possible, keep your back against a wall.

Remain alert. Be a "people watcher."

At Hotels

Do not give room number to strangers Choose an inside hotel room Sleep away from street side windows Leave lights on when room is vacant Pull curtains closed Arrange knock signals

Answer telephone "hello."

Lock before you exit.

If confronted, have a plan of action

Keep your room key in your possession at all times.



REMEMBER: REMAIN ALERT AND KEEP A LOW PROFILE!!!

Terry L. Hickle, 134 ARW Anti-Terrorism Officer

Comm: 865-985-3206 DSN: 266-3206

terry.hickle@ang.af.mil

New Air Guard Members



SrA Chad Bales 134 MXS



A1C Kevin Crigger 134 CES



A1C Willie Graham 134 MXS



A1C Louis Guilebeaux 134 MXS



A1C Chris Hardwick **134 CES**



A1C Aaron Johnson 134 CF



A1C Kayla Jolley **134 MXS**





A1C Jonathan Sutton 134 MXS



A1C Isaiah Maylott 134 CF

RECRUITER'S CORNER

Submitted by the 134 ARW Recruiting Office



Student Flight - Listen Up!

***Roll Call – Sunday at 1215 you will report to the Headquarters building. Sunday morning you will report to your unit for roll call. You must report to roll call in order to get paid.

***Pre-BMT class - Sunday of each drill at 1220. This is a mandatory class (as directed by Col. Cauthen) until you ship out to BMT. Any absence must be cleared through the recruiting office supervisor, Master Sgt. Bart Welch, ahead of time.

***In Processing Checklist - Saturday at 1300 of your first drill weekend you are required to report to the photo lab (in the headquarters building) to have your portrait taken. This is **mandatory** in order to complete your in processing checklist.

***Security Clearance Process – All new enlistees please ensure you have logged onto www.opm.gov/e-gip, to initiate your clearance. Once you have logged on, you have 60 DAYS to complete this. This is a mandatory item. Failure to complete on time will result in a counseling session with the Force Support Squadron Commander, Maj. Robin Celatka. Note: answer 'unknown' the first time and only the first time you answer the question 'place of birth.'

To Contact the Recruiters: Call DSN 266 or (865) 985-3257, 3242, 3262, 3258 or go to: http://www.134arw.ang. af.mil/careers/index.asp

ANNOUNCEMENT OF VACANCY

MILITARY DRILL-STATUS OFFICER

POSITION: LOGISTICS READINESS OFFICER OPENING DATE: 1 NOV 2011

AFSC: **O21R3** GRADE: **2LT THRU MAJ**

UNIT: 134TH LOGISTICS READINESS SQUADRON (KNOXVILLE) CLOSING DATE: 4 DEC 2011

1. GENERAL REQUIREMENTS AND PROCEDURES:

<u>Open to Members of the TENNESSEE NATIONAL GUARD Only</u>: Enlisted personnel and commissioned officers in the grade of Major or below (Active or Reserve) may apply if qualified for commission as follows:

- NON-COMMISSIONED APPLICANT AGE: Due to the length of administrative processing involved in the commissioning process, applicants must be selected by age 34 and be no more than age 35 at the time of commissioning (graduation from the Academy of Military Science) as an ANG Officer. Age waivers will be considered for prior service applicants, age 35 to 39, if waiver requirements are met. Call Lt Col Russ Gaby at (865) 985-3323/DSN 266-3323 for eligibility clarification.
- MEDICAL REQUIREMENTS: Applicants must pass an Appointment ANG/AF Commissioning Physical.
- AIR FORCE OFFICER QUALIFYING TEST (AFOQT): Applicants must have taken the AFOQT and qualify with a minimum score of <u>Verbal -15</u>; <u>Quantitative -10</u>.
- **EDUCATION:** Applicants require as a minimum a Bachelor's Degree from an educational institute listed in the current Accredited Institutions of Post Secondary Education. For entry into this specialty, undergraduate academic specialization in logistics management, economics, management, business administration, computer science, information management systems, finance, accounting, petroleum engineering, chemical engineering or industrial management is desirable.
- SPECIALTY QUALIFICATIONS: Knowledge of how logistics processes integrate in the spectrum of operational, deployment and sustainment environments is desirable. The major logistics processes include distribution, material management and contingency operations. This officer will direct and manage distribution management, material management, contingency operations, fuels management, air cargo operations and vehicle management. This person will also oversee plans and programs of logistical support for wartime requirements.
- LETTER OF AGREEMENT: Applicants must submit a letter of agreement to attend within one year of commissioning any initial formal technical training as listed in the Remarks section.

2. HOW TO APPLY:

Each officer application package submitted will consist of the following (but not all requested documents apply to all applicants):

- Cover letter (State for which job(s) you are applying for.)
- Air Force Officer Qualifying Test (AFOQT) scores It is your responsibility to take the test and include the test results with your package.
- Officer Applicant Formal Training Agreement (Agreement to attend any formal technical training required.) (see attch 1)
- DD Fm 214 (Certificate of Release or Discharge from Active Duty) if applicable
- **Resume** must reflect your experience and qualifications (to include civilian and military employment history) with detailed coverage of duties and responsibilities that relate to the job you are applying for. List both personal and professional references (include reliable phone numbers). Do not state, "References available upon request".
- Record Review RIP/Personnel Information RIP
- Letters of Recommendation (It is optional to include letters of recommendation)

3. REMARKS:

Training Requirements:

- Non-prior commissioned officer selectee: Must attend the Academy of Military Science (AMS).
- Selectee must successfully complete the Logistics Readiness Officer course at Lackland AFB, TX for the duration of approximately 10 weeks

Submit officer package(s) to: Lt Col Russ Gaby 134th LRS, 240 Briscoe Drive, McGhee Tyson ANGB TN 37777

It is your responsibility to complete and return the above requested document(s) <u>NLT 1200 hrs on 4 DEC 2011</u>. Your package will only consist of the requested documents. Keep your application simple. An incomplete application package could make the difference in the officer selection process.

EMAIL

Submitted by Master Sgt. Carolyn LaDue, 134 CF



Understanding Mobile Apps

http://onguardonline.gov/ articles/0018-understandingmobile-apps

Shopping Online

http://onguardonline.gov/articles/0020-shopping-online

Tips to Avoiding Scams

http://onguardonline.gov/ topics/avoid-scams

Information
Assurance POCs:
MSgt LaDue, ext. 4936 or
MSgt Benson, ext. 4925

Email has radically affected how we communicate, allowing not only the transmutation of data, but text files, digital photos, and audio and video files from one computer to another. The vital flow of information once sent by mail, courier or fax is now communicated via email.

Within the military, email has been divided into two classes: Organizational (Automated Message Handling System - AMHS) and Simple Mail Transfer Protocol (SMTP). The difference? Organizational messaging requires a message release authority, is directive in nature, commits resources, makes formal requests, or provides a command position. Most people only use SMTP messaging, "user email address". These messages do not commit or direct an organization.

It is important to follow policy when sending emails, as poor practices have the ability to directly impact traffic, possibly overloading the system. The ability to send email to all base personnel is limited to a select few in order to avert such an overload. Sending out images or large documents can also result in system failure. For this reason base personnel are instructed to store items of this nature on the Wing Shared drive and provide a link to the location in the email.

Sending emails to distribution lists often streamlines processes; however, there are occasions where caution must be exercised. When sending Privacy Act information or "For Official Use Only", distribution lists should NOT be utilized. Everyone who is a member of the distribution list may not have the need to know, so it is important to enter each recipients email address individually in these cases.

There are occasions where emails may be subject to requests under the Freedom of Information Act (FOIA), litigation, and court orders. It is very important that proper steps be taken to file email messages IAW the AF Records Disposition Schedule. Individual users are responsible for ensuring the emails are properly filed for access and retrieval. Find out more detailed information about electronically filing emails from your unit Functional Area Records Manager.

All government communication systems are subject to monitoring, so knowing what does not constitute official use can keep one out of trouble. Some prohibited acts are:

- Distributing copyrighted materials without consent
- * Sending or receiving electronic messages for commercial or personal financial gain
- * Intentionally or unlawfully misrepresenting your identity or affiliation
- * Sending harassing, intimidating, abusive, or offensive material to, or about others

Email is extremely helpful in completing a myriad of tasks related to the mission. For additional and more detailed information regarding policy on messaging check AFI 33-119, AF Messaging (http://www.e-publishing.af.mil/shared/media/epubs/AFI33-119.pdf).



Family Program Children's Christmas Party

The McGhee Tyson Family Program will be having our annual Children's Christmas Party at 1:00 pm on Sunday, 4 Dec 2011 at the AIM Facility, bldg 401 (base chapel). Please bring your child out for snacks, songs, arts & crafts, and to get their picture made with Santa. For more information, please contact the Airman & Family Program Office at ext 3107 or 3143. RSVPs not required but appreciated.



Kid's "Lock-In" at McGhee Tyson 18-19 Nov



The McGhee Tyson Family Readiness Group (FRG) and TN Operation Military Kids (OMK) will sponsor a Youth Lock-In, 18/19 Nov 2011 for the dependents (ages 5-12) of military personnel assigned to McGhee Tyson ANG Base. For more information or to sign up, please contact the Airman & Family Readiness Program Office at (865) 985-3107 or 985-3143 by 7 Nov 2011. Space is limited!

Medical Minute

By Capt. Jennifer King, 134 MDG

I love the fall! The slight chill in the evening, the gorgeously colored foliage and Octoberfest... what's not to love?! Unfortunately, fall is also typically when cold and flu season swings into action. Studies show that we Americans suffer 1 billion colds per year (3-4 per adult and 6 per child). That's a lot of runny noses, coughs, body aches and general misery!

Modern medicine has spent a lot of time and money searching for a cure for colds and flu. While a curative treatment still eludes us, we have learned quite a lot about how the over 200 viruses that cause them spread. Most are picked up through contact with infected surfaces...be it the hand of a sick person we shook at work or the surfaces that they touched (viruses can survive on a surface for up to 24 hours). Once we touch our eyes or nose (transferring the virus particles into an entrance to our body), it's a quick trip to our nasal passages where they take up residence and begin multiplying. Thus, keeping our fingers out of our eyes and nose goes a long way towards protecting ourselves. As far as the flu goes, the most effective prevention is provided for you free of charge by your friendly Medical Group...yep, you guessed it...the flu vaccine! Vaccination prevents 50-70% of infections depending on the accuracy of our prediction of the main causative strains for the



year. As far as the most effective "non-needle" prevention, its good old hand washing. Hand sanitizer is useful in a pinch, but is less effective than soap and water, dries out your skin and can be dangerous if ingested by children (who apparently enjoy the fruity scents and colors). When washing, make sure you use soap, lather beneath nails and between fingers and rinse well.

Beyond preventing the entry of viruses into our body via practicing good hygiene, we can also take steps to assist our body in killing the invading viruses prior to their causing symptoms. Moderate exercise (think exertion equal to fast walking for 45 minutes) 4-5 days a week reduces the risk of contracting a cold or flu by up to one third. Getting enough sleep (preferably 8 hours a night, but at least 7) is very effective in keeping our immune system running strong, as is eating a healthy diet high in antioxidants. Surprisingly enough, even our moods affect our ability to ward off germs. Research shows that individuals who tend to be happy, lively and calm catch fewer colds than those who are depressed, anxious or hostile.

Should you still find yourself sniffling despite taking these precautions, what's the best way to recover quickly? Rest, rest, lots of fluids and more rest. There are some over the counter cold preparations that help with the discomforts that come with the cold and flu, but not of them "cure" the illness. Antibiotics are rarely needed in the treatment of colds and when they are used, it is typically to treat a subsequent infection (sinus infection or ear infection secondary to congestion). If your cold hangs on for more than 5 or 6 days or you just keep getting worse, it's probably time to see your primary care provider. Otherwise, chicken soup goes a long way towards comfort and time should find you feeling a lot better. This fall, remember to wash your hands, keep your fingers out of your eyes and nose and may you all have a healthy, happy and blessed season!



MEDICAL GROUP SCHEDULE



SATURDAY UTA

0815-1130 HOURS PHAS 0815-1030 HOURS SHOT TEAMS

0830-0850 HOURS FITNESS FOR DUTY EVALUATIONS

0830-1130 HOURS IMMUNIZATIONS

0830-1130 HOURS QNFT TESTING (BEE OFFICE)

0900-1100 HOURS ALL DEPLOYMENT PROCESSING/ANAM TESTING

1000-1030 HOURS NEW ACCESSION ORIENTATION (TRAINING ROOM)

1130-1230 HOURS LUNCH

1300-1430 HOURS BALLISTIC EYEWEAR 1300-1400 HOURS IMMUNIZATIONS

1300-1330 HOURS FITNESS TESTING EVALS



0845-0900 HOURS FITNESS FOR DUTY EVALUATIONS

0900-1100 HOURS ALL DEPLOYMENT PROCESSING/ANAM TESTING

1300-1400 HOURS IMMUNIZATIONS

NOTE 1: INDIVIDUALS REQUIRING LIPID TESTS MUST FAST FOR 14 HOURS PRIOR TO PHYSICAL EXAMINATION.

NOTE 2: INDIVIDUALS ARE NOT TO CONSUME ANY ALCOHOL FOR AT LEAST 72 HOURS PRIOR TO PHYSICAL EXAMINATION.

NOTE 3: IF YOU WEAR GLASSES YOU MUST BRING THEM WITH YOU FOR PHYSICAL. PLEASE DO NOT WEAR CONTACT LENS FOR EXAM.

NOTE 4: IF YOU ARE DEPLOYING, PLEASE CHECK WITH THE CLINIC WELL IN ADVANCE OF DEPARTURE DATE FOR IMMUNIZATION REQUIREMENTS.

NOTE 5: DNA TESTING IS CONDUCTED FROM 0830 - 1100 HOURS OF SATURDAY UTA. PLEASE HAVE YOUR PERSONNEL REPORT AT SCHEDULED TIME.

PROMOTIONS

RUAL SWANSON (151 ARS) -LT COL RONDELL HARLEY (119 CACS) -MA.I WILLIAM BURDICK (572 BAND) -MSGT KEVIN FRAZIER (134 CES) -MSGT TSGT FREDDIE FRANKLIN (134 LRS) -GEOFFREY LOSO (119 CACS) -TSGT ANDREW DROLLMAN (134 FSS) -SSGT PAUL KIM (134 FSS) -SSGT SSGT AARON KIMBERLIN (134 CES) -KIMBERLY ROELOFS (119 CACS) - SSGT KYLE AXLEY (119 CACS) -SRA ZACHARY GOOD (134 SFS) -SRA AMANDA JOHNSON (134 AMS) -SRA SRA BENJAMIN KIZER (134 LRS) -BRENT LEACH (134 FSS) -SRA JACLYN MONCIER (134 FSS) -SRA JOHN ROMINES (134 CES) -SRA

What's For Lunch?

Saturday:

MAIN LINE:
FRIED FISH
BEEF BALL STROGNOFF
NOODLES
MASHED POTATOES
BROWN GRAVY
FRIED CAULIFLOWER

GREEN PEAS BEEF GRAVY ASSORTED BREADS SALAD BAR ASSSORTED DRINKS

FRESH FRUITS ICE CREAM CREAM OF TOMATO SOUP

SHORT ORDER LINE: FRIED BOLOGNA SANDWICHES

GRILLED CHEESE SANDWICHES

FRIES BAKED BEANS CHIPS

Sunday:

BOTH LINES WILL BE THE SAME - NO SHORT ORDER

TURKEY DRESSING GRAVY HONEY GLAZED HAM SWEET POTAO CASSAROLE MASHED POTATOES GREEN BEANS CORN CASSAROLE DINNER ROLLS FRESH FRUIT PUMPKIN PIE APPLE COBBLER PEACH COBBLER PECAN PIE MAC NUT COOKIES SALAD BAR DRINK BAR ICE CREAM CORN CHOWDER SOUP