



THE VOLUNTEER



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134TH AIR REFUELING WING

JULY 2014

All Aboard!



Members of the 151st Air Refueling Squadron play a friendly game of ring toss aboard an F-2B 20-man life raft while conducting aircrew water survival training at Ft. Loudon Lake on June 7. Aircrew members are required to conduct survival training refresher every three years. (U.S. Air Force photo by Tech. Sgt. Jonathan Young, 134 ARW Public Affairs)



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Col. Mike Lindeman
Vice Commander

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Command
Chief Master Sergeant

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Col. Burl Lambert - Maintenance
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Sat 1400-1530

Please adhere to the scheduled times as staff will only be available during those hours

Customer Service Hours for

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Mon/Wed/Fri 0800-1100

UTA Sat 0800-1100

UTA Sun 0800-1100

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Clothing Issue:

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Fri - 0700-1100 & 1230 - 1600

UTA Weekends

Sat 0830 - 1100 & 1215 - 1530

Sun 0730 - 1100



Air National Guard photos by Master Sgt Kendra Owenby, 134 ARW Public Affairs

“The Mission of the 134th Air Refueling Wing is to project Global Reach and Global Power in the interest of our National Defense by providing vital Air Refueling and Airlift for rapid deployment, sustained combat operations and effective training as directed by the Secretary of Defense.”



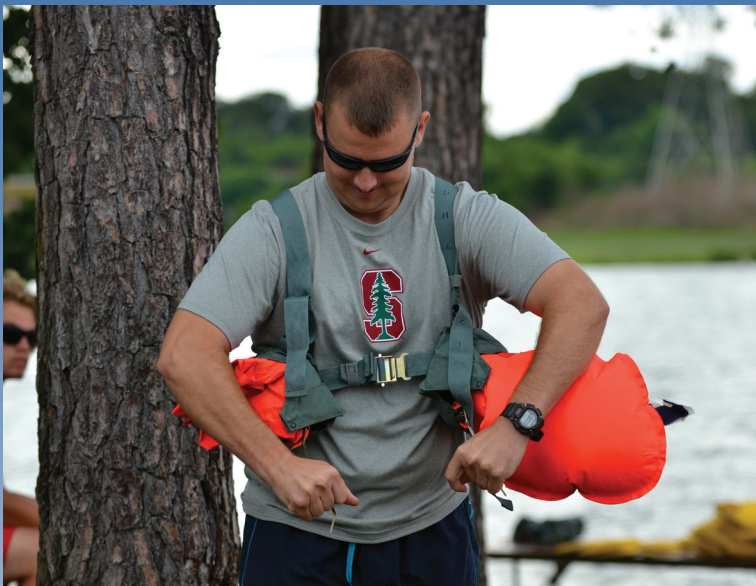
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Rescue Me!...

Members of the 151st Air Refueling Squadron participated in Aircrew Water Survival Training (WST) at Tellico Dam Recreation Area June 7 as part of Combat Mission Ready training. The training is held every three years, while practices of survival skills training is held more regularly. The training was facilitated by the incredibly talented Aircrew Flight Equipment staff of the

134th Operations Support Staff, whose ultimate responsibility is keeping the air crew safe. It is important that the air crews not only do the training but also maintain familiarity of the survival equipment. The day centered around water survival with flotation device and lifeboat skills with the F-2B 20-man life raft. Airmen also worked with navigation and emergency passenger operational system. Objectives included identifying pre/post ditching procedures, water landing procedures, and assessing survival situations in an open sea environment, determining evasion considerations during open sea survival and utilizing equipment maintained and issued by Aircrew Flight Equipment aboard 134th aircraft. (U. S. Air National Guard photos by Tech. Sgt. Jonathan Young, 134 ARW Public Affairs)





Medal of Honor recipient: This Belongs to Comrades

By Rik Stevens, The Associated Press, via Air Force Times



Ryan Pitts will wear the nation's highest award for combat valor, but the humble and soft-spoken Medal of Honor recipient who continued to fight after being wounded in one of Afghanistan's bloodiest battles insisted Thursday that the medal belongs to all of his comrades who fought and died that day.

Pitts, now a 28-year-old married father of one, will receive the medal next month at the White House.

The citation says Pitts fought off enemy fighters on July 13, 2008, in Wanat, Afghanistan. Despite losing blood from wounds in both legs and an arm, he continued to fire at about 200 Taliban fighters and guided air strikes that helped repel the attack. He also used a tactic known as "cooking off" grenades, pulling the pin and holding it longer than usual so the enemy couldn't throw it back.

Pitts, who was raised in Mont Vernon and now lives in Nashua, started Thursday's remarks at the National Guard Headquarters in Concord by reading the names of the nine members of his platoon, who died in the attack.

"While it is an honor to have been nominated for the award, it is not mine alone," he said. "The honor belongs to every man who fought at Vehicle Patrol Base Kahler, especially to those who made the ultimate

sacrifice that allowed the rest of us to return home. I have an absolute responsibility to tell our story, because there are nine men who cannot and it is their names you should know."

They are: Sergio Abad, Jonathan Ayers, Jason Bogar, Jonathan Brostrom, Israel Garcia, Jason Hovater, Matthew Phillips, Pruitt Rainey and Gunnar Zwilling.

"I take comfort somehow in the pain of that loss, because it reminds me that they meant something to me and I never want to forget that and I appreciate the sacrifice they made for us," he said.

Pitts recalled the moment Garcia died.

"There wasn't really anything we could do for him other than for me to give him the guarantee that I would come home and tell his wife and mother that he loved them and that he was thinking of them in his last moments," he said.

Pitts kept his word.

He will become the ninth living recipient of the medal for actions in Iraq or Afghanistan and has heard from two of the others about life after receiving the honor, a prospect he wasn't happy about when he first learned his actions were being reviewed.

"I never felt that I deserved it but since then, I've accepted the fact that this isn't mine," he said. "It belongs to everybody who was there that day because we did it together."

He maintains he hasn't changed because of the medal.

"I think the biggest thing that has changed is I know I've been given a gift and I think I have an appreciation of life that I probably didn't have before," he said. "I know now that I'm going to live my life for those who aren't here because I owe it to them."

Pitts, who has fully recuperated from his injuries and is in business development at a software firm, was accompanied Thursday by his wife, Amy. His face brightened when asked about life since the battle, clearly happy about his upcoming second wedding anniversary and their 1-year-old son, Lucas.

When he someday tells the boy about what happened in Afghanistan, he said, "I don't want to tell him about my experiences. I want to tell him about the other guys."

He added: "I want him to know he's here because of their actions. It's the only reason he's here because a lot of those guys saved my life."

How would he feel if Lucas joined the service? Proud, but it's his path to choose, Pitts said.

The military "was the greatest thing I've ever done in my life," he said. "It was the honor of my lifetime to serve with those guys and I would do it all over again."

CHIEFS' COUNCIL SCHOLARSHIP



The Chiefs' Council Scholarship is designed to provide financial assistance to enlisted Air National Guard members who are continuing their education after high school. The scholarship is made possible through Chiefs' Council projects. The amount of the scholarship and the number of scholarships offered is dependent on the success of our projects, and will vary from year to year.

ELIGIBILITY REQUIREMENTS:

1. Applicants must be an enlisted member in good standing of the 134ARW, 119CACS, or the 572 AF Band.
2. Applicants must be either currently enrolled or contemplating enrollment in a post-secondary educational institution (college, university, business, trade or vocational school) for the academic term for which the scholarship is awarded. Attendance may be either full or part time.
3. Prior recipients are eligible to apply again. However, applicants cannot be awarded a Chief's Council scholarship in consecutive years.

APPLICATION PROCEDURES:

Applicants must complete the Chiefs' Council Scholarship Application form and attach the following documents:

1. A copy of the high school transcript for applicants who have never attended post-secondary education, or a copy of a college or other academic transcript.
2. A current CCAF progress report or degree (if applicable).
3. A letter from your First Sergeant stating the applicant is in good standing in the Tennessee Air National Guard.
4. A personal letter to the scholarship selection committee which will address the applicant's financial need, accomplishments, involvement in activities, academic or educational goals, career goals to include both civilian and military career plans for at least 1 year from the date of application, and any other pertinent information.

SELECTION CRITERIA:

The award of this scholarship will be based on:

1. Meeting requirements for entrance in the educational institution of the applicant's choice.
2. Demonstrated leadership in home, school, church, community and military activities.
3. Demonstrated financial need in order to begin or continue a program of study.
4. Educational and life goals.

The scholarship is for \$500. Applications will be accepted beginning 1 August 2014 and must be submitted by 30 October 2014. The winners will be notified/presented during December UTA. Application forms are available from any Chief or your unit First Sergeant. Turn in completed application packages to any Chief.



RECRUITER'S CORNER

Submitted by the 134 ARW Recruiting Office

Student Flight – Listen Up!

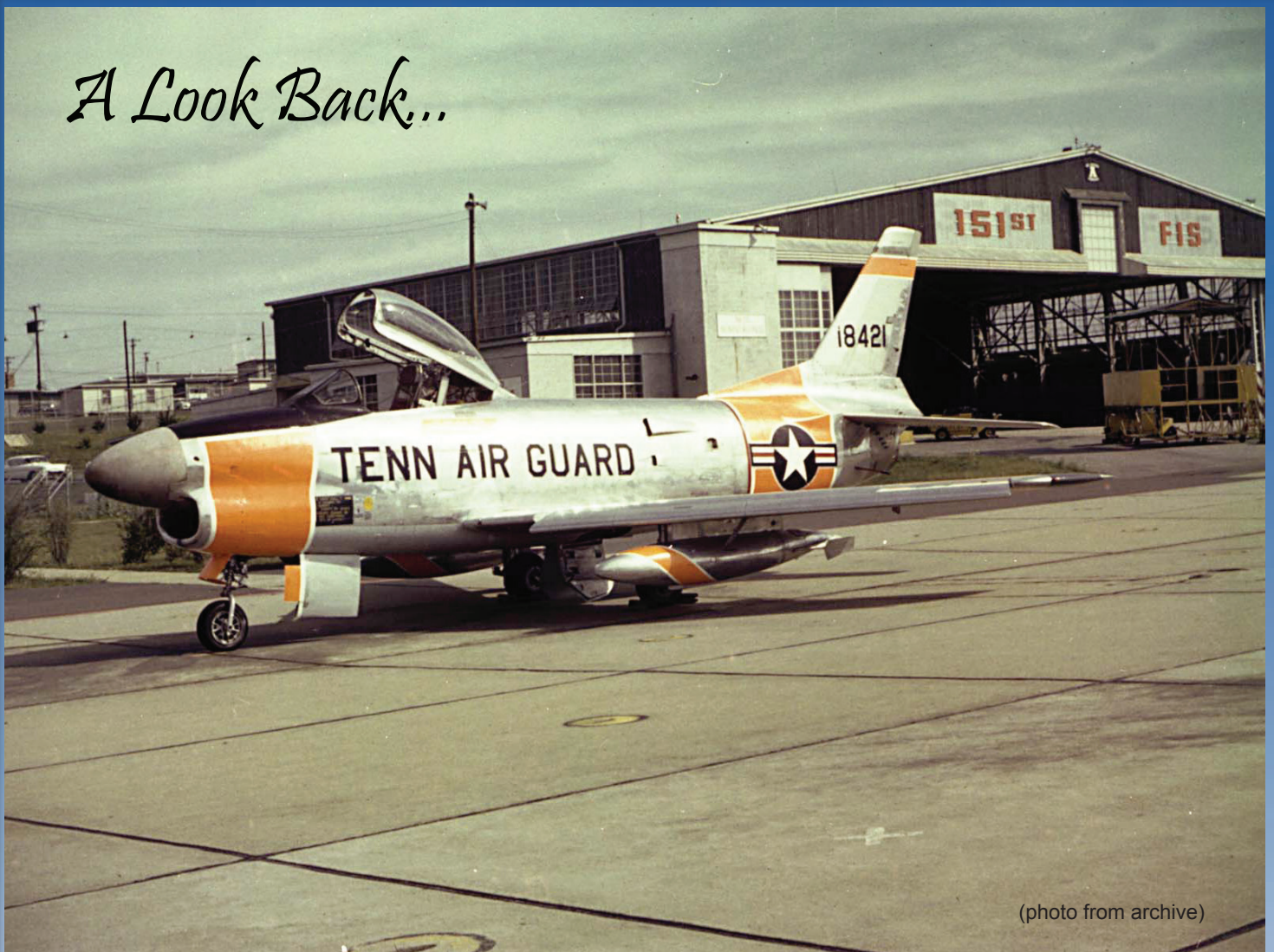
*****Pre-BMT class** – You will report to the FSS breakroom in the Headquarters building for roll call on **SATURDAY** of each drill at **1300**. This is a **mandatory** class (as directed by Col. Cauthen) until you ship out to BMT. You must report to roll call in order to get paid. Any absence must be cleared prior to roll-call through the recruiting office supervisor, Master Sgt. Curtis LaRue.

*****In-processing checklist - Saturday** at 1230 of your first drill weekend you are required to report to the Public Affairs/Multimedia Photo Studio (in the headquarters building) to have your **portrait** taken. This photo is **mandatory** in order to complete your in-processing checklist.

*****Security Clearance Process** - All new enlistees please ensure you have logged onto www.opm.gov/e-quip, to initiate your clearance. Once you have logged on, you have **60 DAYS** to complete this. This is a **mandatory** item. **Failure to complete on time will result in a counseling session with the Force Support Squadron Commander, Lt. Col. Dean Thiele.** Note: answer 'unknown' the first time and only the first time you answer the question 'place of birth.'

To Contact the Recruiters: Call DSN 266 or (865) 336-3242, 3257, 3258, or 3262; or go to: <http://www.134arw.ang.af.mil/careers/index.asp>

A Look Back...



(photo from archive)



INFORMATION ASSURANCE

Information Assurance Awareness: Staying informed of current risks

Submitted by Tech. Sgt. Adam Huskey, 134th Communications Flt



Why the USAF uses BitLocker encryption on mobile devices

Approximately 60% of all computers sold today are portable computers. An old truism of computer security is that if an attacker has physical access to a computer, that attacker has access to all the data on that computer. This truism, combined with the prevalence of portable computers in organizational environments, makes life more challenging for today's IT security professional. Fifteen years ago, it was unusual for someone to take his or her work computer out of the office in the evening. Today many workers expect to have to take their computer with them when they leave for the day.

The problem this poses for IT security professionals is that laptop computers are more easily lost or stolen than desktop computers. Laptop computers can contain tens of gigabytes of organizational data. Tens of gigabytes that may end up in the hands of an unauthorized third party if that laptop computer is left at an airport security checkpoint or is stolen from a bag while the worker is commuting on public transport.

Read more here:

<http://windowsitpro.com/blog/top-reasons-use-bitlocker-and-bitlocker->

Critical Vulnerability for Android 4.3 and Earlier Versions

A team of researchers discovered a critical vulnerability in Google's Android app store. The critical vulnerability affects almost everyone that is not running the most updated version of Google Android, i.e. Android version 4.4 also known as KitKat. IBM researchers, Jason Nieh a professor of computer science at Columbia Engineering and Nicolas Viennot, a Ph.D. candidate released this vulnerability publically nine months after informing the Android security team due to a slow implementation of a patch. Researchers have not seen this vulnerability being exploited in the wild.

Most Android application developers store their secret keys in their app's code. These secret keys contain username and password information and if successfully exploited, this vulnerability could control a device allowing an attacker possible access to the user's services such as Amazon and Facebook.

"Google Play has more than one million apps and over 50 billion app downloads, but no one reviews what gets put into Google Play, anyone can get a \$25 account and upload whatever they want. Very little is known about what's there at an aggregate level," says Nieh.

"We've been working closely with Google, Amazon, Facebook and other service providers to identify and notify customers at risk, and make the Google play store a safer place," says Viennot. "Google is now using our techniques to proactively scan apps for these problems to prevent this from happening again in the future." Nieh added that developers are already receiving notifications from Google to fix their apps and remove the secret keys.

Currently Google is pushing out Android KitKat 4.4.4 to several mobile Nexus devices, including Nexus 4, 5, 7, and 10. So if you haven't updated your OS, this might be a good time to do it. Users can check to see if the update is available for their device by accessing Settings > About Phone > System Updates.

624th Operations Center, Intelligence Surveillance & Reconnaissance
Division: Cyber Threat Bulletin

Read Here: <https://www.my.af.mil/gcss-af/USAF/AFP40/d/sA1FBF31D23C34A850123C9CE6173015B/Files/Cyber%20Threat%20Bulletin.pdf>

Information Assurance POCs:
Master Sgt. Jennings (865)336-4924
Tech. Sgt. Huskey (865)336-4936



MEDICAL SCHEDULE

SATURDAY UTA

0815-1130 HOURS

0830-0850 HOURS

0830-0930 HOURS

0830-1130 HOURS

0830-1130 HOURS

0900-1100 HOURS

1000-1100 HOURS

1130-1230 HOURS

1230-1430 HOURS

1300-1430 HOURS

1300-1400 HOURS

JULY/AUGUST PHAS

FITNESS FOR DUTY EVALUATIONS

NEW ACCESSION ORIENTATION (MDG TRAINING ROOM)

IMMUNIZATIONS

QNFT TESTING

ALL DEPLOYMENT PROCESSING/ANAM TESTING

FITNESS TESTING EVALS

LUNCH

SCHEDULED WAIVER/MEDCON/LOD APPOINTMENTS

IMMUNIZATIONS

DEPLOYMENT HEALTH ASSESSMENTS

SUNDAY UTA

CLOSED FOR TRAINING WITH EXCEPTION OF FOLLOWING TIMES:

0830-0850 HOURS

FITNESS FOR DUTY EVALUATIONS

1230-1330 HOURS

IMMUNIZATIONS



U.S. Air National Guard photo by Staff Sgt. Ben Mellon, 134 ARW Public Affairs

PLEASE REMEMBER TO REPORT ALL MEDICATIONS THAT YOU ARE TAKING TO THE MED GROUP ASAP!!!

NOTE 1: INDIVIDUALS REQUIRING LIPID TESTS MUST FAST FOR 14 HOURS PRIOR TO PHYSICAL EXAMINATION.

NOTE 2: INDIVIDUALS ARE NOT TO CONSUME ANY ALCOHOL FOR AT LEAST 72 HOURS PRIOR TO PHYSICAL EXAMINATION.

NOTE 3: IF YOU WEAR GLASSES YOU MUST BRING THEM WITH YOU FOR PHYSICAL. PLEASE DO NOT WEAR CONTACT LENSES FOR EXAM.

NOTE 4: IF YOU ARE DEPLOYING, PLEASE CHECK WITH THE CLINIC WELL IN ADVANCE OF DEPARTURE DATE FOR IMMUNIZATION REQUIREMENTS.

NOTE 5: DNA TESTING IS CONDUCTED FROM 0830 - 1100 HOURS OF SATURDAY UTA. PLEASE HAVE YOUR PERSONNEL REPORT AT SCHEDULED TIME.



MEDICAL MINUTE

By Capt. Jennifer King, 134th Medical Group

Last month, I mentioned that we would be determining our "Life Purpose" in an attempt to structure our lives so that they are more meaningful, and thus, less stressful to us. I asked that we each spend a few minutes thinking about what our Life Purpose might be and defined it as follows. "Life Purpose can be thought of many ways, from spiritual, to philosophical, to a specific lifetime goal. It is how we think of ourselves, what we want to accomplish, leave behind and be remembered for. It can be as specific as "invent ____" or "become a ____" or as broad as "learn to really love" or "find balance" or "take care of the poor and hurting". It can be all about you or all about others or one specific other. It really comes down to, "When I'm on my death bed, what will matter to me?" Recognizing that this could all sound a bit flighty and pointless, I ask you to bear with me. This step really is important to achieving a lower stress level, as it determines the value we place on each portion of our daily lives. Without knowing the value of task and commitments, we won't know where to direct our energies.



For instance, what it is that makes something like getting out in nature so vitally important to one person's ability to have a good day and yet, it may be highly annoying and even stressing to the next person? Why do some people seem to not need much interaction with others because they know that they were placed on earth to solve a certain problem while others are completely fulfilled leaving their mark solely on the hearts and minds of their loved ones? It's because they each know their purpose and rarely, if ever, will any two people have the exact same purpose. My hope is that in determining our purpose in life, we will be able to accurately sift responsibilities that are not supporting that purpose out of our schedule, freeing up time for those things that do.

The next "big ticket item" I would like you to think about is your preferred life "style". Typically, when our society discusses lifestyle, they are referring to either materialistic or romantic details. My use of this term is geared more towards what type of pattern do you want your life to move to? For some of us, our life style preference will be dictated by our purpose (ie - a war fighter will probably be busy while a monk will probably be calm). The rest of us will fall somewhere in between. Which appeals to you more? A life that stays busy with adventure, activities and demands (constant stimulation, learning, exploring, etc) or slow, calm days with lots of quiet times and few demands (peace, introspection, rest, etc)? Think about what you would do if you had unlimited money and time and this should give you a pretty good idea of your preference. If you'd book an extreme adventure tour of the most exciting physical feats in the world, you're probably energized by activity. If you'd rather snuggle into a hammock with a warm breeze and a good book, a peaceful life is likely your route.

Once you have identified both your life purpose and your preferred life style, it will be relatively easy to see which demands fit into your preferred life and which are getting in the way. Next month, we will look at how to use the two decisions above to evaluate each opportunity (or responsibility) that comes our way and determine if they are helping or hurting us in living the life we want. Hopefully, by the end of this process, we will each have at least a generalized road map to help us structure our lives to keep the stress to as much a minimum as possible.

ANTI-TERRORISM - SUSPICIOUS VEHICLE INDICATORS

Submitted by Chief Master Sgt. Terry Hickle (Ret.), 134 ARW Anti-Terrorism Officer

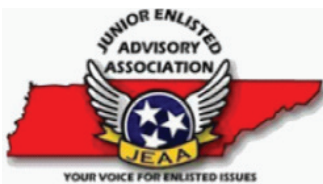
1. Rental vehicles/trailers parked near a facility, parked at or near the loading dock, or located in the parking lot without prior notification.
2. Appears to be overloaded or has any substance leaking from it.
3. Is parked illegally or parked at an unusual location.
4. Appears to be abandoned (e.g., inspection sticker expired or missing, registration plate expired or missing, etc.).
5. Vehicle passing by key area/areas multiple times (e.g. possible surveillance).

**IF YOU SEE SOMETHING / SAY SOMETHING
CALL 911 or 865-336-3091**



AROUND BASE

JEAA



The Junior Enlisted Advisory Association welcomes all junior enlisted members to join the group. All E-1s through E-6s are encouraged to attend. The JEAA meeting will be in the FSS break room on Saturday at 1400. Bring the most new members and win a prize! Hope to you all there!



ROCKY TOP DINING FACILITY

Saturday:

Beef Fajitas
Ginger Pork
Steamed Rice
Refried Beans
Calico Corn
Brussels Sprouts
Gravy
Tomato Soup

Sunday:

Blackened Catfish
Oven Fried Chicken
Fried Potatoes & Onions
Hoppin' John
Corn Pudding
Greens
Gumbo

2014 Medal of Honor Convention

"Valor consists in the power of self-recovery, so that a man cannot have his flank turned, cannot be out-generalled, but put him where you will, he stands."

Ralph Waldo Emerson • Author



Knoxville

September 10 -13, 2014

East Tennessee is an area steeped in the traditions of military service and respect for our veterans.

For more information go to:

www.mohknoxville.com/2014-convention/