



THE VOLUNTEER

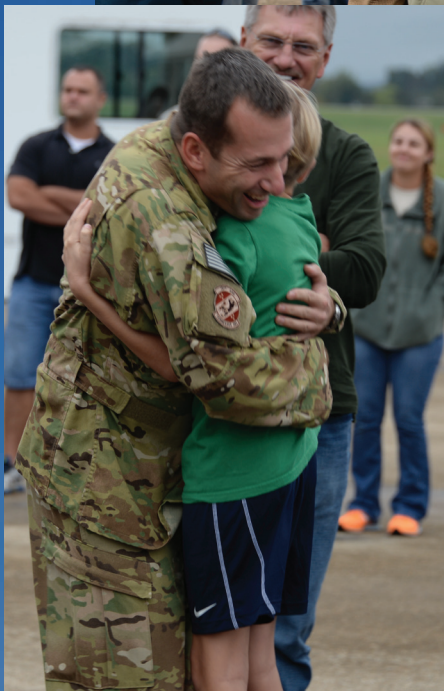


VOL. 15 NO. 11

134TH AIR REFUELING WING

NOV 2015

WELCOME HOME!



U.S. Air National Guard photos by Staff Sgt. Daniel Gagnon, 134 ARW Public Affairs



“Volunteers Supporting and Defending America”

134TH AIR REFUELING WING CHAIN OF COMMAND

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Commander

Col Mike Lindeman
Vice Commander

Chief Master Sgt Rich Parker
Command
Chief Master Sergeant

Col Bobby Underwood -
Operations

Col Burl Lambert - Maintenance

Col Russ Gaby - Support

Col Jeff King - Medical

Group Commanders

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Wing Executive Officer

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Air National Guard photos by Master Sgt Kendra Owenby, 134 ARW Public Affairs

Mission Statement:
Federal: Project Global Reach & Global Power in the interest of National Defense by providing world class personnel, vital Air Refueling & Airlift capabilities for contingency response & sustained combat operations
State: Provide personnel and equipment to protect life & property during emergency response operations as directed by the Governor of Tennessee & the Adjutant General

Public Affairs Photo Studio Customer Service Hours

Sat 1300-1500

Please adhere to the scheduled times as studio will only be manned during those hours

Customer Service Hours for

Security Forces:

Mon/Wed/Fri 0800-1100

UTA Sat 0800-1100

UTA Sun 0800-1100

Clothing Issue: Customer Service Hours

Mon-Thur CLOSED

Fri - 0700-1100 &

1230 - 1600

UTA Weekends

Sat 0830 - 1100 &

1215 - 1530

Sun 0730 - 1100

Customer Service Hours

Mobility (Bldg 264):

Mon-Fri

0700-1100 & 1230 - 1600

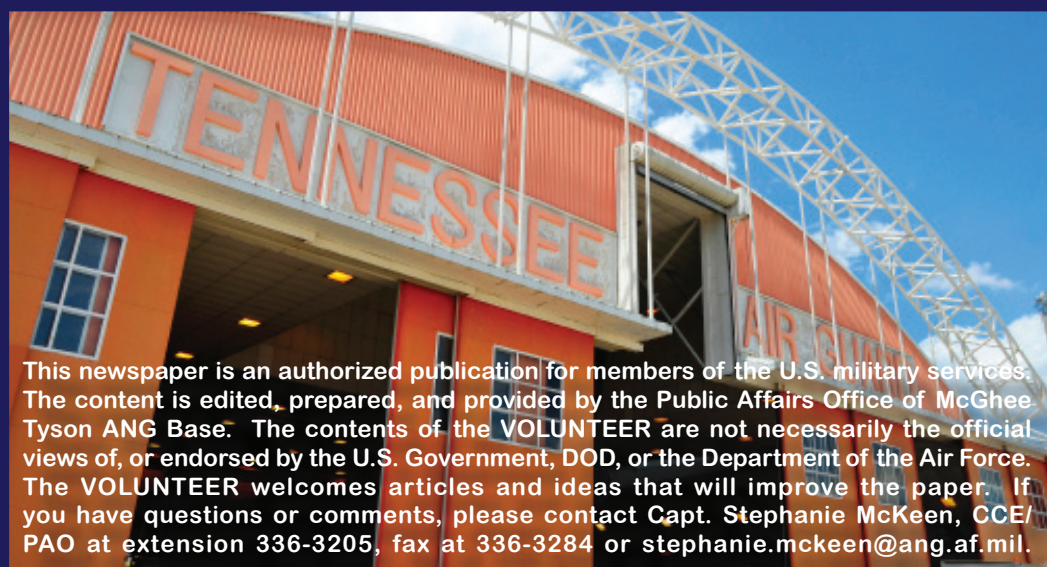
UTA Weekends

Sat 0830 - 1100 & 1215 - 1530

Sun 0730 - 1100



Photos by Master Sgt. Kendra M. Owenby, 134 ARW Public Affairs



This newspaper is an authorized publication for members of the U.S. military services. The content is edited, prepared, and provided by the Public Affairs Office of McGhee Tyson ANG Base. The contents of the VOLUNTEER are not necessarily the official views of, or endorsed by the U.S. Government, DOD, or the Department of the Air Force. The VOLUNTEER welcomes articles and ideas that will improve the paper. If you have questions or comments, please contact Capt. Stephanie McKeen, CCE/PAO at extension 336-3205, fax at 336-3284 or stephanie.mckeen@ang.af.mil.



COMMAND CHIEF'S CORNER

PLEASE UPDATE YOUR EDUCATION INFO

I wanted to take a minute and remind everyone to please update your education information. This is a two step process.

1. For CCAF credit you have to have the college send an official transcript directly from the college to CCAF.
2. To update your RIP you have to deliver a sealed, official transcript to the base education office. This can also be accomplished electronically.



Please take the time to accomplish this ASAP, your career progression could depend on it.



By Lt. Col. James Blanton, 134 ARW IG

The reality is that every family, regardless of where they live in East Tennessee and regardless of their socio-economic status, can become victims of human trafficking. Victims in East Tennessee predominately involve young girls that have issues with addiction. Other factors such as homelessness and/or sexual abuse also drastically increase the probability of becoming a victim. It may only take one event of a child unknowingly crossing paths with someone that can cause them with or without their knowledge to use highly addictive, illegal, drugs or psychologically manipulate them to lure them into the world of human trafficking.

Common tactics used by trafficker are "boyfriending/girlfriending," social media contact, drugging at social events, offers of money or opportunity too good to be true, targeting the child's vulnerabilities, threats, and kidnapping. Bethejam.org is a website operated by End Slavery Tennessee, a nonprofit organization that works to end slavery and to restore and advocate for the victims of human trafficking in Tennessee. This website is designed for parents, custodians of minors, and minors to teach awareness about human trafficking, tactics to prevent becoming a victim, and avenues to get help if you need it. I strongly encourage you, as parents and guardians of young children, to frequently discuss the dangers of drug abuse and the secondary effects that can occur such as not only becoming a slave to the addiction but a slave to another person.

If you suspect human trafficking in your area please contact your local law enforcement agency or the Tennessee Bureau of Investigation at 1800-TBI-FIND. Additionally, you may contact the National Human Trafficking Resource Center Hotline at 1-888-373-7888 or the Tennessee Human Trafficking Hot Line at 1-855-558-6484. If you have further questions about human trafficking or this article please contact Lt Col. James Blanton, 134 ARW CTIP Coordinator at 336-4444. Just as reminder, ensure that your TRAFFICKING IN PERSONS TFAT and those you supervise is current. TIPS TFAT training must be current prior to deployment (AFI 36-2921 3.12 & 3.14).

TAILGATING PARTY 2015

Nothing could put a dampener on the 2015 Tailgate Party at the 134th - not even the rain! Airmen simply moved it indoors to Wilson Hall and Wingman Hall for another successful year of food, fun, corn-hole and Family Feud! Thank you to all for a great turnout and camaraderie!



U.S. Air National Guard photos by Staff Sgts. Daniel Gagnon & Ben Mellon, 134 ARW Public Affairs



All Military Families!

November is Military Family Appreciation Month!

During November, we celebrate the exceptional service, strength, and sacrifice of our military families, whose commitment to our nation goes above and beyond the call of duty. To express “thanks,” the University of Tennessee Athletics Department invites military families to attend a Big Orange basketball OR football game during the week of Thanksgiving.

Tickets are free but *LIMITED*. You *MUST* register at one of the links below to attend:

Tuesday, November 24, 7pm – UT vs Army basketball, Thompson Boling Arena
(with half-time recognition for kids 8th grade and under!)

bigorangegivesthanks15.eventbrite.com

OR

Saturday, November 28 – UT vs Vanderbilt football, Neyland Stadium
(featuring Vols Senior Day)

www.jotform.us/form/52166755321151

Reserve your tickets today!





INFORMATION ASSURANCE

Information Assurance Awareness: Staying aware of cyber threats!



New Microchip-Enabled Credit Cards May Still Be Vulnerable

By October of this year, several U.S. banks have switched from the traditional magnetic strip credit and debit cards to cards containing a microchip, known as an EMV chip. These chips provide the cardholder with greater security and are less vulnerable to criminal activity. With that being said these new cards are NOT completely immune to fraud. When making a purchase at a retail store the chip transmits data between the merchant and the issuing bank with a special code that is unique to each individual transaction. However, if the store has not transitioned to these new card readers, then you are still able to use the magnetic strip still on the chip-enabled cards. Therefore you would still be subject to the same vulnerabilities as traditional cards. In addition the chip only works during in-store purchases. The chip cannot protect your information while making online or over the phone purchases. Furthermore, gas pumps aren't required to adopt new chip readers until 2017 so they can still remain vulnerable. Also if your card becomes lost or stolen, it can still be used until you cancel it. Be mindful of where and how you use your new cards if you have them. Continuously monitor your bank accounts and remain vigilant.

Submitted by Senior Airman Aaron Johnson, 134th Communications Flt

Why can email attachments be dangerous?

Some of the characteristics that make email attachments convenient and popular are also the ones that make them a common tool for attackers:

- Email is easily circulated - Forwarding email is so simple that viruses can quickly infect many machines. Most viruses don't even require users to forward the email—they scan a users' computer for email addresses and automatically send the infected message to all of the addresses they find. Attackers take advantage of the reality that most users will automatically trust and open any message that comes from someone they know.
- Email programs try to address all users' needs - Almost any type of file can be attached to an email message, so attackers have more freedom with the types of viruses they can send.
- Email programs offer many "user-friendly" features - Some email programs have the option to automatically download email attachments, which immediately exposes your computer to any viruses within the attachments.

What steps can you take to protect yourself and others?

- Be wary of unsolicited attachments, even from people you know - Just because an email message looks like it came from your mom, grandma, or boss doesn't mean that it did. Many viruses can "spoof" the return address, making it look like the message came from someone else. If you can, check with the person who supposedly sent the message to make sure it's legitimate before opening any attachments. This includes email messages that appear to be from your ISP or software vendor and claim to include patches or anti-virus software. ISPs and software vendors do not send patches or software in email.
- Trust your instincts - If an email or email attachment seems suspicious, don't open it, even if your anti-virus software indicates that the message is clean. Attackers are constantly releasing new viruses, and the anti-virus software might not have the signature. At the very least, contact the person who supposedly sent the message to make sure it's legitimate before you open the attachment. However, especially in the case of forwards, even messages sent by a legitimate sender might contain a virus. If something about the email or the attachment makes you uncomfortable, there may be a good reason. Don't let your curiosity put your computer at risk.

Information Assurance POCs:
Master Sgt. Jennings (865)336-4924
Tech. Sgt. Huskey (865)336-4936
SrA Aaron Johnson (865)336-4925



MEDICAL SCHEDULE

SATURDAY UTA

- 0830-0850 HOURS** **FITNESS FOR DUTY EVALUATIONS**
- 0930-1000 HOURS** **NEW ACCESSION ORIENTATION (MDG TRAINING ROOM)**
- 0830-1130 HOURS** **IMMUNIZATIONS/FLU SHOTS**
- 0830-1130 HOURS** **QNFT TESTING**
- 0900-1100 HOURS** **DEPLOYMENT PROCESSING/ANAM TESTING**
- 1000-1100 HOURS** **FITNESS TESTING EVALS (MACLELLAN/BLYTHE)**
- 1130-1230 HOURS** **LUNCH**
- 1230-1400 HOURS** **WAIVER/MEDCON/LOD APPS W /DOCS & PAS**
- 1230-1430 HOURS** **BEE RSVS/EPAC/QUSI TRAINING**
- 1300-1430 HOURS** **DEPLOYMENT PROCESSING/ANAM TESTING**
- 1300-1400 HOURS** **BALLISTIC EYEWEAR FOR DEPLOYERS (OPTOMETRY)**
- 1300-1430 HOURS** **IMMUNIZATIONS/FLU SHOTS**
- 1300-1400 HOURS** **DEPLOYMENT HEALTH ASSESSMENTS (WILLIAMS)**

SUNDAY UTA

CLOSED FOR TRAINING WITH EXCEPTION OF FOLLOWING TIMES:

- 0830-0850 HOURS** **FITNESS FOR DUTY EVALUATIONS**
- 1130-1230 HOURS** **LUNCH**
- 1230-1330 HOURS** **IMMUNIZATIONS/FLU SHOTS**



U.S. Air National Guard photo by Staff Sgt. Ben Mellon, 134 ARW Public Affairs

PLEASE REMEMBER TO REPORT ALL MEDICATIONS THAT YOU ARE TAKING TO THE MED GROUP IMMEDIATELY!!!

NOTE 1: INDIVIDUALS REQUIRING LIPID TESTS MUST FAST FOR 14 HOURS PRIOR TO PHYSICAL EXAMINATION.

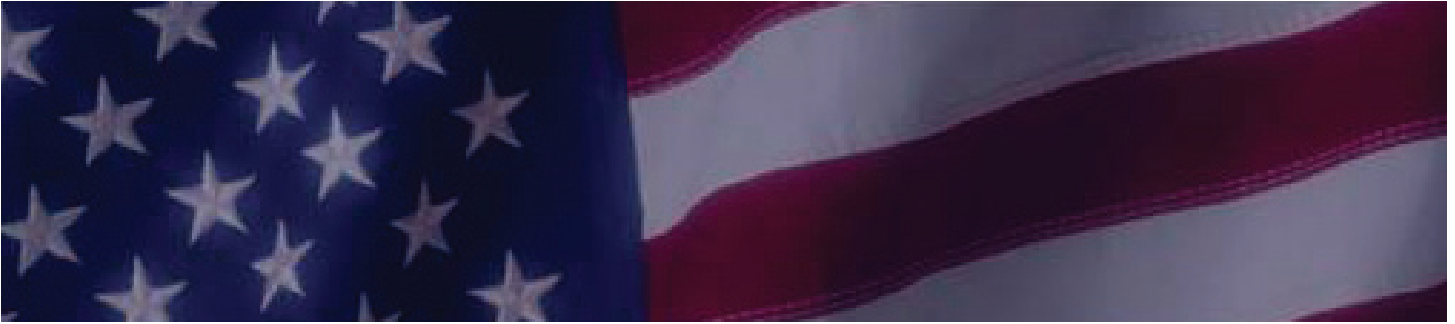
NOTE 2: INDIVIDUALS ARE NOT TO CONSUME ANY ALCOHOL FOR AT LEAST 72 HOURS PRIOR TO PHYSICAL EXAMINATION.

NOTE 3: IF YOU WEAR GLASSES YOU MUST BRING THEM WITH YOU FOR PHYSICAL. PLEASE DO NOT WEAR CONTACT LENSES FOR EXAM.

NOTE 4: IF YOU ARE DEPLOYING, PLEASE CHECK WITH THE CLINIC WELL IN ADVANCE OF DEPARTURE DATE FOR IMMUNIZATION REQUIREMENTS.

NOTE 5: DNA TESTING IS CONDUCTED FROM 0830 - 1100 HOURS OF SATURDAY UTA. PLEASE HAVE YOUR PERSONNEL REPORT AT SCHEDULED TIME.

Ensure to Update SGLI and vREDs Regularly



Submitted by Tech. Sgt. Chris Ayers, 134 ARW FSS

The FSS would like to remind our military members about the importance of updating their SGLI and vREDs. We understand that SGLI and vRED on the surface appear not as important as all the other requirements and tasks placed on you during a drill weekend, but the truth is once it becomes important it is often too late and your benefits may go to someone you did not intend. If at any time you have any questions or concerns please do not hesitate to contact myself or anyone else in personnel regarding these two very important programs.

Updating Beneficiary Designations for Servicemembers' Group Life Insurance and Veterans' Group Life Insurance:

If you had a recent life event such as a change in marital status, the addition of a child or the death of a loved one, now is the time to review your beneficiary designations for Servicemembers' Group Life Insurance (SGLI), Veterans' Group Life Insurance (VGLI) and VA Insurance policies. This is the best way to ensure your life insurance benefit is paid to the person of your choice.

Keeping your beneficiary information up to date is vital. Failure may result in your benefits going to a former spouse, deceased parent's estate, your estate, or no one. It could also result in payment delays at a time when a loved one needs the money. For example, if the listed beneficiaries are children from a first marriage, children from a current marriage may contest the claim if they believe they have more recent documents proving they should be the beneficiaries. No one may be paid until it is determined who is legally entitled to the money.

It is important to review your beneficiaries at least once a year. Make this review at the same time you receive the reminder email to review your vRED, DD Form 93. Remember, you have the legal right to name or change any beneficiary at any time.

If you would like to update your SGLI beneficiaries please come see the customer service section of the FSS located behind the ID card section.

Virtual Record of Emergency Data (vRED):

The Virtual Record of Emergency Data (vRED) satisfies the requirement of the DD Form 93, and is the official source document required by law for you to provide the Air Force with emergency contact information in the event you become a casualty and for designating beneficiaries for certain benefits in the event of your death. It is your responsibility to keep this information

current, and completion of this program is mandatory. If any of the information changes, the vRED should be updated as soon as possible. Delays in next of kin notification are most often associated with incomplete or outdated information. vRED is located on the Virtual Military Personnel Flight (vMPF) at: <https://w20.afpc.randolph.af.mil/AFPCSecureNet20/PKI/AppRedir.aspx?appID=5>



MEDICAL MINUTE

By Capt. Jennifer King, 134th Medical Group

As the holiday season approaches, I'm already hearing about avoiding the seasonal weight gain. For me, the weight comes on in early fall, leaving me focusing less on "how do I not gain it" and more on "how do I get it off without feeling like I missed all the good stuff?" Having had the past 5 years to hone my "indulge while staying on plan" methods, I thought it might help those who are looking to avoid gaining. My 5 methods include being picky, portion control, choosing smart, sharing and saving for another day.

Sweets. Oh, glorious sweets! As I've mentioned before, there are only certain sweets that are worth it for me (brownies!) and for holidays its kiffles (homemade), the Kroger brand Christmas cookies (shaped like bells and wreaths and covered in colored sugar) and pecan pie. Not just any pecan pie, Danas pecan pie. Thus, for sweets, I employ the picky, save for later and sharing tactics. I don't bother with any other cookies besides those two types and I share them. The kiffles get baked and immediately portioned out into gift bags, a single bag for eating now and the rest into the freezer. The Kroger cookies get taken to parties where I can only get my mitts on a few and I completely ignore all pecan pie but Danas. If you only eat the sweets that you actually crush on all year, it'll knock out the other 90% and you'll still feel the splurge.

Special holiday meals. I really, REALLY LOVE Thanksgiving Dinner. It's my favorite meal of the whole year, but only if made by myself or my Mom. Thus, all other Thanksgiving meals are treated like a normal meal. Pay attention to normal portions, smart choices (plain green beans over green bean casserole, since it won't be right anyway) and no seconds. My Thanksgiving meal is relished slowly with family and laughter, then I immediately fill a second plate while no longer hungry and put it in the fridge for later. The rest is portioned into one or two servings for each family member and then layered in freezing containers (google Thanksgiving Casserole...I swear its better than it sounds) and saved for later. That way, I get to enjoy it several more times throughout the year without foundering myself for the whole next week, which I will do otherwise.

Alcohol. Party drinks. Hot Toddlies. Mulled cider. It's everywhere and it's tasty, but it's also high calorie and lowers inhibitions, making us more likely to eat the entire Thanksgiving buffet. This is one for employing the picky, as well as the portion control. Taste a small bit of Uncle whoevers famous mulled cider and if it isn't good, don't drink it. Save the drink or two for what you really like. Portion control is obvious on this one. Too much is too much and can lead to disastrous results in your personal life and career if you drink and drive.

Fast Grabs. Between our families, jobs, parties, shopping, cooking, cleaning, etc, this time of year is ripe for fast food grabs. This is where choosing smart comes into play. I try to always have some type of healthy grab in my bag, such as fruit, nuts, boiled egg, whole food energy bar, etc (something high in protein with some healthy carbs to keep me going). When we do stop somewhere, I have my favorites that are relatively healthy. The lettuce and roast beef wrap at Jimmy Johns is great and the chicken baked potato from Petros with no butter and the queso on the side is very filling.

Overall, the holidays are a time for enjoyment, so don't nix all treats. Just be smart about which treats and how much to indulge in. Keep the activity level up and it should all balance out.



ANNOUNCEMENT OF VACANCY

MILITARY DRILL-STATUS OFFICER

POSITION: PUBLIC AFFAIRS OFFICER
AFSC: 35P GRADE: 2LT THRU MAJ
UNIT: 134TH AIR REFUELING WING (KNOXVILLE)

OPENING DATE: 05 NOV 2015
CLOSING DATE: 01 DEC 2015
12:00 HOURS

1. GENERAL REQUIREMENTS AND PROCEDURES:

Open to Members of the TENNESSEE NATIONAL GUARD Only: Enlisted personnel and commissioned officers in the grade of Major or below (Active or Reserve) may apply if qualified for commission as follows:

- **NON-COMMISSIONED APPLICANT AGE:** Due to the length of administrative processing involved in the commissioning process, applicants must be selected by age 34 and be no more than age 35 at the time of commissioning (graduation from the Academy of Military Science) as an ANG Officer. Age waivers will be considered for prior service applicants, age 35 to 39, if waiver requirements are met. Call Maj Jaime Blanton at (865) 985-3251/DSN 266-3251 for eligibility clarification.
- **MEDICAL REQUIREMENTS:** Applicants must pass an Appointment ANG/AF Commissioning Physical.
- **AIR FORCE OFFICER QUALIFYING TEST (AFOQT):** Applicants must have taken the AFOQT and qualify with a minimum score of **Verbal - 15; Quantitative - 10.**
- **EDUCATION:** Applicants require as a minimum a Bachelor's Degree from an educational institute listed in the current Accredited Institutions of Post Secondary Education. For entry into this AFSC, an undergraduate academic specialization in human resource management, business administration, sociology, psychology, public administration, mathematics, industrial engineering technology, management engineering, systems management, computer science, management, organizational development, behavioral science, operations research, education, hospitality, restaurant and hotel management, recreation, fitness, finance or accounting is desirable.
- **SPECIALTY QUALIFICATIONS:** Knowledge is mandatory of: missions, roles, functions, organizational structures, relationships, operational planning objectives, policies, customs and courtesies, and history of the Air Force; oral, written, and visual communication concepts and principles; traditional and emerging methods and techniques of disseminating information; basic communication theory; legal and ethical considerations surrounding the practice of communication; communication research and analysis; and joint expeditionary operating environments.

2. HOW TO APPLY:

Each officer application package submitted will consist of the following (*but not all requested documents apply to all applicants*):

- **Cover letter** (State for which job you are applying for.)
- **Air Force Officer Qualifying Test (AFOQT) scores** It is your responsibility to take the test and include the test results with your package.
- **Officer Applicant Formal Training Agreement** (Agreement to attend any formal technical training required.) (see **attch 1**)
- **DD Fm 214 (Certificate of Release or Discharge from Active Duty)** if applicable
- **Resume** must reflect your experience and qualifications (to include civilian and military employment history) with detailed coverage of duties and responsibilities that relate to the job you are applying for. List both personal and professional references (include reliable phone numbers). Do not state, "References available upon request".
- **Record Review RIP/Personnel Information RIP**
- **Letters of Recommendation** (It is optional to include letters of recommendation)

3. REMARKS:

Training Requirements:

- Non-prior commissioned officer selectee: Must attend the Academy of Military Science (AMS), for the duration of 6 weeks.
- Selectee must successfully complete the Force Support Officer course at Keesler AFB, MS for the duration of approximately 10 weeks

Submit officer package(s) to: Maj Jaime Blanton 134FSS, 134 Briscoe Drive, McGhee Tyson ANGB TN 37777

*It is your responsibility to complete and return the above requested document(s) **NLT 1200 hrs on 01 Dec 2015**. Your package will only consist of the requested documents. Keep your application simple. An incomplete application package could make the difference in the officer selection process.*

**OFFICER APPLICANT
FORMAL TRAINING AGREEMENT**

I _____, (Print First, MI, Last Name)

agree to attend within one year (pending availability of school quotas) of commissioning (or assignment if prior commissioned officer) any initial formal technical training required. To include any additional formal training as required for entry and award of specialty. I further understand my application would be considered incomplete without this letter.

Furthermore, I understand that to be considered qualified for award of the AFSC, I must meet all of the mandatory qualifications of the specialty and have shown skill level qualification in all task of the position in which assigned. It is my responsibility to develop professionally and keep informed of specialty knowledge and proficiency standards.

(Signature of Applicant)
Signed)

(Date



Inspector General, Complaints Resolution (IGQ)

Know Your Rights! ...What are Reprisal, Restriction, and Protected Communications?

Know your rights regarding the reporting of violations of policy, regulation, and law to the appropriate officials.

According to AFI 90-301 (Inspector General, Complaints Resolution), **REPRISAL** is the taking or threatening to take an unfavorable personnel action or withholding or threatening to withhold a favorable personnel action on a military member for making or preparing to make a protected communication. **RESTRICTION** is the preventing or attempting to prevent members of the Armed Forces from making or preparing to make lawful communications to Members of Congress and/or an IG.

A **PROTECTED COMMUNICATION** is a communication in which a member of the Armed Forces communicates information that the member reasonably believes evidences a violation of law or regulation, including a law or regulation prohibiting sexual harassment or unlawful discrimination, gross mismanagement, a gross waste of funds or other resources, an abuse of authority, or a substantial and specific danger to public health or safety, when such communication is made to any of the following (this list is not all inclusive):

Who Can Take a Protected Communication?

- Member of Congress or a member of their staff.
- An inspector general or a member of the inspector general's investigative staff.
- Personnel assigned to DoD audit, inspection (to included Wing Inspection Team Members), investigation, or law enforcement organizations, equal opportunity, safety, and family advocacy.
- Any person in the member's chain of command.
- The Chief Master Sergeant of the Air Force, Command Chiefs, Group/Squadron Superintendents, and First Sergeants.

(NOTE: this list is not all inclusive and the circumstances of each case will determine if there is a PC)

If you have further questions regarding your rights, the Whistleblower Protection Act (10 USC §§ 1034), or if you have a need to speak with an IG regarding a matter, contact Lt Col James Blanton, 134 ARW/IGQ at (865) 336-4444 (IGIG) or at james.blanton@ang.af.mil. IG complaints can also be filed via AF Form 102. The 134 ARW/IGQ office is located in Bldg 263, Rm 119.



Training Exercise Prompts Call for More Emergency Awareness

By John Parker, Tinker AFB, Ok., Submitted by Master Sgt. Steve Breeden, 134 ARW Emergency Management

When an emergency strikes, knowing what emergency managers' instructions mean can literally and suddenly become words to live by.

That's why Col. Michael Green, commander of the 72nd Mission Support Group, wants Tinker Air Force Base personnel and families to brush up and clearly understand what the official emergency terminology means before any possible crisis unfolds.

During emergency training exercises last August, Colonel Green discovered there was still some confusion out there, even among Tinker personnel who knew an active shooter scenario was going to happen.

"I heard people using terminology that was confusing to the audience and confusing to them," the 21-year Security Forces veteran said. "Some folks were saying 'lockdown' and some folks were saying 'shelter-in-place' and those mean two different things."

With an active shooter incident, sheltering in place - which is one of several official emergency procedures - could be disastrous.

"You don't want to be sheltering in place or having folks think they're sheltering in place because there's a toxic chemical outside the window when in fact there's a guy with a gun around the corner," Colonel Green said. "That's a very different scenario."

The instruction to shelter-in-place applies only to a possible airborne hazardous chemical or biological agent release. Every Tinker building has a designated and posted area for the facility's occupants to shelter-in-place together and seal off windows and other air sources with plastic.

Colonel Green said doing this in an active shooter incident would be "collecting all targets in one location" and highly dangerous.

Lockdown, meanwhile, is an instruction to lock all external doors and stay away from windows and exterior walls due to an active shooter threat somewhere on base.

"It's important to not only know how to recognize the threat and the signals you're going to get from the wing or the command post, but to know what you're going to do," Colonel Green said.

"We can't get to the point where we're just ignoring those things. We've got to pay attention and have some idea where you're going to go if something happens."

The 134th ARW has two types of shelters

Shelter-In-Place

This means to move to the buildings designated SIP area and begin taping up plastic around the doors windows and vents to prevent outside contaminants from coming inside.

Storm Shelter

This is where you go for extreme weather. It is a designated room/stairs of the building that offers the best protection for that area.



KNOW WHO TO CALL!

OPSEC

Capt. Shawn Poche
(865) 336-4151

Combatting Trafficking in Persons & Wing Inspector General

Lt. Col. James Blanton
(865) 336-4444

Sexual Assault Response Coordinator

Capt. Stephanie McKeen
(865) 336-3277

Alt. SARC/TN Join Force Headquarters

MAJ. Scott Villeneuve
(615) 347-9372
DoD Safe Hotline: 1-877-995-5247

Director of Psychological Health

Stephanie Senogles
(865) 201-8129



RECRUITER'S CORNER

Submitted by the 134 ARW Recruiting Office

Student Flight – Listen Up!

*****Pre-BMT class** – You will report to the FSS breakroom in the Headquarters building for roll call on **SATURDAY** of each drill at **1300**. This is a **mandatory** class (as directed by Col. Cauthen) until you ship out to BMT. You must report to roll call in order to get paid. Any absence must be cleared prior to roll-call through the recruiting office supervisor, Master Sgt. Curtis LaRue.

*****In-processing checklist - Saturday** at **1230** of your first drill weekend you are required to report to the Public Affairs/Multimedia Photo Studio (in the headquarters building) to have your **portrait** taken. This photo is **mandatory** in order to complete your in-processing checklist.

*****Security Clearance Process** - All new enlistees please ensure you have logged onto www.opm.gov/e-quip, to initiate your clearance. Once you have logged on, you have **60 DAYS** to complete this. This is a **mandatory** item. **Failure to complete on time will result in a counseling session with the Force Support Squadron Commander, Lt. Col. Dean Thiele.** Note: answer 'unknown' the first time and only the first time you answer the question 'place of birth.'

To Contact the Recruiters: Call DSN 266 or (865) 336-3242, 3257, 3258, or 3262; or go to: <http://www.134arw.af.mil/careers/index.asp>



AROUND BASE



Psychological Health Program



Wing Director of Psychological Health

*Available to Support You
Professional Consultation & Referral
Services are Free
Dedicated to the Wing
Confidential*



The Air National Guard's support of wartime efforts is stronger than ever before. You are asked to do more with less. It can take a toll on you and your loved ones.

Contact Me Today!

Stephanie Senogles, LCSW
Office Location: Medical Group Bldg, 420

865.201.8129 mobile
Stephanie.f.senogles.civ@mail.mil



ROCKY TOP DINING FACILITY

Saturday:

Sunday:

Fiesta Fish
BBQ Chicken
Hamburgers/Hot Dogs
Brown Rice
Breaded Squash
Broccoli
Mashed Potatoes
Tomato Soup
Assorted Breads/Drinks
Yogurt

Turkey
Pit Ham
Mashed Potatoes
Corn Bread Dressing
Carrots
Green Beans
Chicken Noodle Soup
Assorted Breads
Assorted Drinks
Yogurt

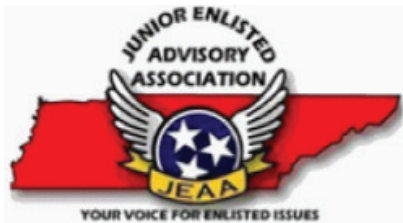
Follow the 134 ARW on Social Media

Keep up with your fellow Airmen and their 134th Air Refueling Wing stories, photos and videos by checking out our FACEBOOK page and web site:

www.facebook.com/134ARW
www.134arw.ang.af.mil

Contact Public Affairs to become a UPAR today! (Unit PA Representative)
Submit your articles, photos or videos to Public Affairs to help share your Air Guard story!

JEAA



The Junior Enlisted Advisory Association welcomes all junior enlisted members to join the group. All E-1s through E-6s are encouraged to attend. The JEAA meeting will be in the FSS breakroom room on Saturday at 1430. Hope to see you all there!



Air National Guard photos by Master Sgt Kendra Owenby, 134 ARW Public Affairs