



TN AIR GUARD

# THE VOLUNTEER



*We will not tire We will not falter We will not fail*

VOL. 18 NO. 06

134TH AIR REFUELING WING

JUN 2018

## 134th ARW Welcomes New Mission Support Group Commander

By Staff Sgt. Teri Eicher, 134th ARW Public Affairs Specialist



Col. Thomas Cauthen, 134th ARW Commander, passes the Mission Support Group guidon to Lt. Col. Lisa Godsey, incoming MSG Commander. (U.S. Air National Guard photo by Tech. Sgt. Daniel Gagnon, 134th ARW Public Affairs Specialist)

Col. Russell Gaby relinquished command of the 134th Mission Support Group in preparation for his retirement, and Lt. Col. Lisa Godsey assumed command of MSG on May 5 at McGhee Tyson Air National Guard Base. Godsey moved to this position from her role as the 134th Medical Group deputy commander.

“On one hand you’re excited, change is exciting,” said Col. Thomas Cauthen, Wing commander of the 134th. “When somebody new comes in, what’s this new commander going to do?”

“It’s also a little bittersweet as we prepare to say goodbye to a very revered member of our Wing. A commander that’s respected not just in mission support but across the entire Wing.”

Addressing members of the mission support group, Gaby commented, “This is the best job I’ve ever had. You all made me look so good and I certainly did not deserve it, but I wanted to thank you.”

Godsey thanked her family and mentors for their support. “We talk a lot about today, ‘we’re here today,’ but it’s really not about today. It’s about tomorrow, and next year, and the next five years, and not where we are but where we’re going.”

Godsey concluded with, “I truly can’t express how sincerely humbled I am, and honored to be a part of the mission support group. Thank you for everything that you do, and thank you for allowing me to be a part of this outstanding group of professionals.”





# “Volunteers Supporting and Defending America”

## 134 ARW Chain of Command

Col Tommy Cauthen  
**Commander**

Col Lee Hartley  
**Vice Commander**

Chief Master Sgt  
Stanley Drozdowski  
**Command**  
**Chief Master Sergeant**

Col Bobby Underwood - OPS  
Col Jason Brock - MXS  
Lt Col Lisa Godsey - MSG  
Col Jeff King - MDG  
**Group Commanders**

Lt Col Gary L Taft  
**Wing Executive Officer**

## 134 ARW Editorial Staff

Lt Col Travers Hurst  
**Chief of Public Affairs**

2Lt Jonathon LaDue  
**Public Affairs Officer**

Senior Master Sgt  
Kendra Owenby  
**Public Affairs**  
**Superintendent**

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Tech Sgt Daniel Gagnon  
Staff Sgt Ben Mellon  
Staff Sgt Melissa Dearstone  
Airman Basic Kaylee Patterson  
**Photojournalists**

Staff Sgt Teri Eicher  
Staff Sgt Darby Arnold  
**Broadcast Journalists**



**Mission Statement:**  
Federal: Project Global Reach & Global Power in the interest of National Defense by providing world class personnel, vital Air Refueling & Airlift capabilities for contingency response & sustained combat operations  
State: Provide personnel and equipment to protect life & property during emergency response operations as directed by the Governor of Tennessee & the Adjutant General

### Public Affairs Photo Studio Customer Service Hours:

**Sat 1230-1500**

Please adhere to the scheduled service times as studio will only be manned during these hours

### Customer Service Hours for

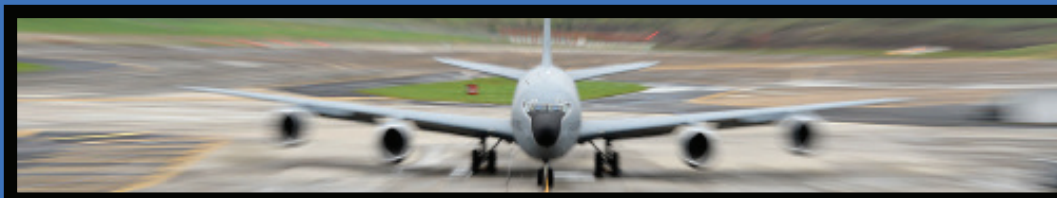
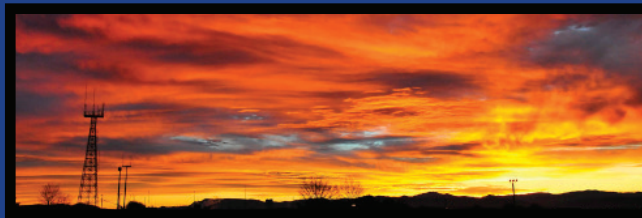
**Security Forces:**  
**Mon-Fri 0800-1100 & 1200-1600 (including off-Mondays)**

### Clothing Issue: Customer Service Hours

**UTA Weekend**  
**0800-1100**  
**1230-1500**

### Customer Service Hours Mobility (Bldg 264):

Mon-Fri  
0700-1100 & 1230 - 1600  
UTA Weekends  
Sat 0830 - 1100 & 1215 - 1530  
Sun 0730 - 1100



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(U.S. Air National Guard photos by Senior Master Sgt. Kendra Owenby and Tech. Sgt. Daniel Gagnon, 134th ARW Public Affairs)



# 134th Members Bring Junior ROTC to Rural High School

By Staff Sgt. Teri Eicher, 134th ARW Public Affairs Specialist

When Jamie Sisson decided to start an Air Force Junior Reserve Officer Training Corps, or JROTC, program at Tellico Plains High School in Tellico Plains, Tennessee, he wasn't looking for a way to get more kids in the Air National Guard. Drawing on his personal experience in the Air Force, Sisson wanted to share the benefits of military training with students that otherwise might not consider the military as a career.



Sisson served four years active duty after he graduated high school. He eventually became a fire chief at the 134th Air Refueling Wing, where he worked with Airmen every day. JROTC members are not obligated to join the military, but they can receive numerous life skills from the program throughout their high school career and beyond.

"It's going to give them a little more confidence, respect, leadership skills, and teach them to be a better person all around," Sisson said.

Sisson spent the last year and a half petitioning the Monroe County School Board for authorization to proceed. After receiving approval from the school board, the application is currently with Air University. Air University rates all new applicants based on a number of factors, including the number of JROTC units in schools across the state, and the availability of facilities and support from the school. Student interest in the program, which includes elective classes and extra-curricular activities, is also an important consideration. Air University requires, at minimum, 10 percent enrollment.



Sisson and several members of the 134th ARW recently visited Tellico Plains High School to announce the JROTC program for the 2018-2019 school year. Sisson wanted to explain the program to the 400-plus students and give them the opportunity to ask questions of military members from different career fields. In a short presentation Sisson, Maj. Ryan Bailey, Master Sgt. Tony Berry, Staff Sgt. CJ Vincent, and Staff Sgt. John Romines highlighted the benefits of the JROTC program, as well as military career opportunities. With careers ranging from flight nurse to crew chief, the group demonstrated the diversity of jobs in the Air Force.

The volunteers were happy to chat with students and explain their roles in the mission of the Wing. All agreed that a JROTC program is a benefit for students regardless of whether or not they want to join the military.

"I think it helps reinforce values and to see various opportunities that these kids have to pave their own way in life," said Bailey.

134th ARW members engaged students in conversation and demonstrations, and dozens of students signed up to receive more information about the program. Sisson concluded it was a successful event and it achieved his goals for the visit.

"Since we're a rural community, I just wanted to give them a little more information about the military and how great of a life and career option it is," he said.



# FIT FOR FREEDOM



## *Fitness First!*

Sure you do it to look good;  
but exercise does so much more.

It improves your mood  
and boosts your energy.

It reduces stress and lowers  
the risk of disease.

*So fit exercise in  
and stay...*

**FIT FOR FREEDOM!**







**Exercise, Exercise, Exercise...**

(U.S. Air National Guard photos by Senior Master Sgt. Kendra M. Owenby, 134th ARW Public Affairs Superintendent)





# 134th ARW APP



Directory

Stay Connected

Read the Volunteer

Fitness Calculator

Job Postings

AF Guidebook

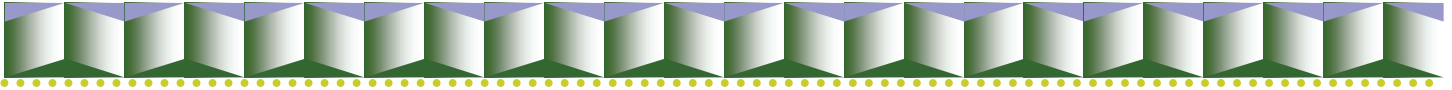
Announcements

Event Calendar

Links



# PRIVACY ACT OF 1974



Base Privacy Manager: TSgt Regina E. Trivette  
Phone: (865) 336-4981

## Privacy Act Policy Complaints and Violations

A privacy complaint is an allegation that an agency or its employees violated a specific provision of the Privacy Act of 1974, as amended regarding to the maintenance, amendment, or dissemination of personal information in a SOR. A privacy violation occurs when an agency or individual knowingly or willfully fails to comply with provisions of the Privacy Act.

Privacy Act complaints and violations must be submitted in written form to the servicing privacy manager.

**Penalties for Violation.** An individual may file a civil law suit against the AF for failing to comply with the Privacy Act. In addition to specific remedial actions, civil remedies include payment of damages, court costs, attorney fees in some cases against an AF employee.

Reference: AFI 33-332

### Unsure what information to release or not release?

Ask your Unit Privacy Act Monitor for a copy of the 134ARW Visual Aid 33-332b, *Disclosing Records to Third Parties*.



**Submit a Complaint**

**Anyone discovering a Personally Identifiable Information (PII) Breach must report it directly to the Unit Privacy Monitor (UPM). The UPM should then report the breach to the Base Privacy Manager, TSgt Regina Trivette at [regina.e.trivette.mil@mail.mil](mailto:regina.e.trivette.mil@mail.mil) or DSN 266-4981.**

### Unit PRIVACY ACT Monitors

119th	Benita Connatser Phillip Rainey
241	Troy Constant Timothy Strickland
572	Robert Chance Lori Reeves
ARW	Sarah Pritchard Coy Williams
CE	Kim Bowers Cheerful Wolfenbarger Jill Kennedy
CF	Michael Bean Natalie Daniel
FSS	Jordan Welch Janice Bridget
LRS	Lauren Lloyd Victoria McNalley
MDC	Jennifer Fortenberry Marlene Newroth Jeremy France
MSG	Matthew King Lauren Lloyd
MXG	Dana Presnell Mark Myers
OLTN	Gary Upchurch Robert Krahn
OG	Johnathan Perkins Crystal Crump Deana Owens
SFS	Johnathan Dyer Dakota Ray



# 134 ARW Civil Engineer Squadron First Sergeant Vacancy

There is a vacancy at this time for the position of First Sergeant (Master Sergeant) at the 134 ARW Civil Engineering Squadron. We are currently accepting applications for retraining and assignments to this duty. If you are interested in applying for this position and if you meet the minimum listed requirements, please follow the instructions in the "How to Apply" section below.

Minimum requirements:

- Must be currently serving in the grade of Master Sergeant, Technical Sergeants may be selected if they are immediately promotable, and they must be promoted on or before the date of assignment to the UMD position of First Sergeant.
- As a condition of promotion under the retraining program, the member must sign the following statement; "I agree to attend the FSA within 12 months of my assignment as first sergeant and remain in the position for a minimum of 3 years. Failure to complete this requirement will result in my removal from the first sergeant position and immediate demotion."
- Must speak distinctly and without speech impediments.
- Candidates must have a minimum physical profile of PULHES 333231
- Must be financially stable.
- Must have demonstrated exceptional leadership and managerial skills.
- The applicant's physical appearance and military image in all uniform combinations must meet the highest standards expected only of the most dedicated professional SNCO. - Must meet Air Force standard of good physical health and meet or exceed Air Force physical fitness standards IAW AFI 36-2905.
- For initial application, the member must have scored 80 or above on last two fitness tests, or 90 or above on most recent fitness test, no failure on any portion within the last 12 months or exemptions from any component.

Note: No current PT exemptions; except deployment and/or pregnancy. Deployed members will have a current complete assessment prior to attending the FSA.

- The member must have a current fitness assessment valid through the graduation date of the in-residence portion of the FSA, and it must be a complete assessment with all components with the overall score meeting minimum standards as outlined in paragraph 3.2.13.1.
- ANG members must immediately enroll in the correspondence course upon selection for first sergeant duty (if not currently enrolled/complete), and must complete the course within 12 months after attending the FSA.
- Must possess a Community College of the Air Force degree. ANG members who do not already possess a CCAF must complete this degree within 18 months of completing the FSA. (FYI Future changes to the AFI, during application process, to read Associates Degree from an accredited college or higher degree).
- Must possess a 7 or 9-skill level awarded AFSC. Must not be projected to reach 6 years of non-performance in the awarded AFSC during the initial 3 year tenure as a first sergeant.

How to Apply:

Prepare the following documents:

- AF Form 1206, Nomination for Award. (Use this form to document your individual qualifications)
- Current RIP
- Fitness Scores (See criteria above)

Submit your application to the 134th Command Chief, Chief Master Sgt. Stan Drozdowski no later than Sat., July 15th, 2018 by 1500. Qualified applicants will be scheduled to personally appear before a selection board and must wear the service dress uniform. The selection board will be scheduled during August UTA. If you have any questions concerning the duties of a First Sergeant, please refer to AFI 36-2113. Questions relating to the selection board should be addressed to Chief Master Sgt. Stan Drozdowski.





Col. Russ Gaby, former B-52 Stratofortress navigator and 134th Air Refueling Wing Mission Support Group commander, recently flew on his "fini-flight" (final flight) with the 151st Air Refueling Squadron, McGhee Tyson ANG Base. To make it an even more memorable milestone, his son, Capt. Cody Gaby, 151st ARS KC-135R Stratotanker pilot, had the honor of flying the aircraft. During his retirement ceremony on May 10 Col. Gaby stated, "I just want to say thanks to everybody, to the people that have gotten me here, to where I am today. Hopefully I've been able to give back a bit of that. You're all great Americans and I am proud to have served with you." (U.S. Air National Guard photo by Senior Master Sgt. Kendra M. Owenby, 134th ARW Public Affairs Superintendent)

INTERESTED IN JOINING THE 134<sup>TH</sup> HONOR GUARD? PLEASE CALL SMSGT BILL HARNESS AT 336-3438 OR SSGT CHAD DAVIS AT 336-4961





# RECRUITER'S CORNER

Submitted by the 134 ARW Recruiting Office

## **Student Flight – Listen Up!**

\*\*\***Pre-BMT class** – You will report to the FSS breakroom in the Headquarters building for roll call on **SATURDAY** of each drill at **1245**. This is a **mandatory** class (as directed by Col. Cauthen) until you ship out to BMT. You must report to roll call in order to get paid. Any absence must be cleared prior to rollcall through the recruiting office supervisor, Master Sgt. Aaron Sawyer.

\*\*\***In-processing checklist - Saturday** at **1230** of your first drill weekend you are required to report to the Public Affairs/Multimedia Photo Studio (in the headquarters building) to have your **portrait** taken. This photo is **mandatory** in order to complete your in-processing checklist.

\*\*\***Security Clearance Process** - All new enlistees please ensure you have logged onto [www.opm.gov/e-quip](http://www.opm.gov/e-quip), to initiate your clearance. Once you have logged on, you have **30 DAYS** to complete this. This is a **mandatory** item. **Failure to complete on time will result in a counseling session with the Force Support Squadron Commander, Maj Jaime Blanton.**

**To Contact the Recruiters:** Call DSN 266 or (865) 336-3242, 3257, 3258, or 3262; or go to: <http://www.134arw.ang.af.mil/careers/index.asp>



(U. S. Air National Guard photos by Senior Master Sgt. Kendra Owenby and Tech. Sgt. Daniel Gagnon, 134th ARW Public Affairs)





# MEDICAL MINUTE

By Maj. Jennifer King, 134th Medical Group



(Photo by Senior Master Sgt. Kendra M. Owenby, 134th ARW Public Affairs Superintendent)

It's summer time, baby! Can you tell I'm excited for some warm days? I just love the longer daylight, outdoor activities and general lack of shivering. You know what I don't love? The bugs! Stinging, biting, itching, blood sucking, bothersome little critters drive me crazy, so let's talk insect safety.

**Ticks** – Unfortunately, we are seeing more tick bites this year and gradually rising numbers of transmission of tick borne illnesses over the years. Lyme Disease (typical bullseye rash), Rocky Mountain Spotted Fever (spotty rash) and localized skin infection (which can happen with any type of bite) are all effectively treated with antibiotics. However, the antibiotics must be started as soon as possible to avoid serious, possibly permanent or life threatening complications. Also, if the tick has a white spot on it (Lone Star Tick), there is a very small risk of developing a reaction to red meat that can be life threatening, so pay attention during your next burger. As concerns ticks, the best way to protect oneself from bites is to avoid overgrown areas, wear long sleeves and pants and be vigilant about checking every inch of yourself and loved ones, each and every night after any time spent outside. Once a tick is found, the most reliable method of removal is to grasp it as close to the skin as possible with a pair of fine tweezers and gently pull out, applying steady force, without jerking or twisting. The goal is to remove the entire tick without squeezing its contents back into your skin. Then, use a magnifying glass to ensure you have the whole tick, including the head and mouth parts. Wash the area with soap and water and keep it clean until healed, watching for the rashes mentioned above, fever or malaise.

**Mosquitos** – Same protective measures as above, though OFF/DEET works quite well on mosquitos. Especially important is ensuring there is no standing water around where you are outside. Ditches, buckets of water, etc, attract mosquitos. There is also benefit in planting citronella around any sitting areas. Once bitten, wash with soap and water and use a burn spray or Benadryl cream for itching. Monitor for secondary infection and if swelling/heat/pain occur, see your doctor.

**Stings – Allergic** - First and foremost, be aware of anyone around you who is allergic to stings and make sure they and yourself know how to administer their epi-pen, as this is life-saving. Adding 25-50mg of over the counter Benadryl provides additional benefit, but does NOT replace the need for epinephrine. Also, if you ever administer an epi-pen, the patient MUST be taken to the ER immediately, even if they feel better. Some reactions rebound once the epinephrine wears off and require a second dose, or even an overnight epi drip, which you will not have, but the ER will.

**Stings – Non-Allergic** - As long as the victim is not allergic and requiring epinephrine, applying a paste made of meat tenderizer and water neutralizes the acid and brings quick relief. Make sure the stinger is out first, scraping across the wound with a credit card. Then apply the paste and reapply about every 5-10 minutes until symptoms are gone (I've never had to reapply more than once). Monitor for signs of secondary infection. \*\*\* If at any point in this process, the victim develops hives, swelling of tongue/lips/face or throat, difficulty breathing or vomiting, refer to steps taken for sting allergies. If no epi-pen is available, Benadryl is helpful, but only if readily available to be grabbed and taken on the way to the ER (or while calling 911 if the reaction comes on quick enough). Do NOT delay medical attention more than a moment to find Benadryl. \*\*\*

**Fire Ants** – Other than being aware of and avoiding their nests, fire ant bite care is the same as stings care (both allergic and non-allergic, as I have admitted a patient to the ICU for fire ant stings). There are also products to treat fire ant hills.



# MEDICAL SCHEDULE

## SATURDAY UTA

0815-1130 HOURS	PHYSICAL HEALTH ASSESSMENTS (PHAs)
0830-0850 HOURS	FITNESS FOR DUTY EVALUATIONS
0930-1000 HOURS	NEW ACCESSION ORIENTATION (MDG TRAINING ROOM)
0830-1130 HOURS	IMMUNIZATIONS
0830-1130 HOURS	QNFT TESTING
0830-1100 HOURS	DEPLOYMENT PROCESSING/ANAM TESTING
0900-1000 HOURS	DEPLOYER OUT-PROCESSING (CONFERENCE ROOM)
1000-1100 HOURS	FITNESS TESTING EVALS
1130-1230 HOURS	LUNCH
1230-1400 HOURS	WAIVER/MEDCON/LOD APPS w /DOCs & Pas
1300-1400 HOURS	BALLISTIC EYEWEAR for DEPLOYERS (OPTOMETRY)
1300-1430 HOURS	IMMUNIZATIONS
1300-1500 HOURS	HEARING EXAMS/ANAM

Mental Health Assessments (MHAs) will be scheduled by appointment time

## SUNDAY UTA

**CLOSED FOR TRAINING W/EXCEPTION OF FOLLOWING TIMES:**

0830-0850 HOURS	FITNESS FOR DUTY EVALUATIONS
1230-1330 HOURS	IMMUNIZATIONS

\*\* CONTACT 134th MDG AT 336-4277 TO MAKE ARRANGEMENTS TO BE SEEN OUTSIDE OF THESE TIME FRAMES



**PLEASE REMEMBER TO REPORT ALL MEDICATIONS THAT YOU ARE TAKING TO THE MED GROUP IMMEDIATELY!!!**

**NOTE 1:** INDIVIDUALS REQUIRING LIPID TESTS MUST FAST FOR 14 HOURS PRIOR TO PHYSICAL EXAMINATION.

**NOTE 2:** INDIVIDUALS ARE NOT TO CONSUME ANY ALCOHOL FOR AT LEAST 72 HOURS PRIOR TO PHYSICAL EXAMINATION.

**NOTE 3:** IF YOU WEAR GLASSES YOU MUST BRING THEM WITH YOU FOR PHYSICAL. PLEASE DO NOT WEAR CONTACT LENSES FOR EXAM.

**NOTE 4:** IF YOU ARE DEPLOYING, PLEASE CHECK WITH THE CLINIC WELL IN ADVANCE OF DEPARTURE DATE FOR IMMUNIZATION REQUIREMENTS.

**NOTE 5:** DNA TESTING IS CONDUCTED FROM 0830 - 1100 HOURS OF SATURDAY UTA. PLEASE HAVE YOUR PERSONNEL REPORT AT SCHEDULED TIME.





# AROUND BASE

## Follow the 134th Air Refueling Wing on Social Media!

Follow McGhee Tyson ANG Base & the 134th Air Refueling Wing on social media! Check out our stories, photos, videos, graphics and current news at the 134th ARW website, DVIDS (Defense Video Imagery Distribution System), the 134 ARW Facebook page, and the quarterly Volunteer State Guard Magazine distributed by Tennessee National Guard Joint Force Headquarters! And now check us out on the brand new 134th Air Refueling Wing App! Find us on the App store!

[www.facebook.com/134ARW](http://www.facebook.com/134ARW)

[www.134arw.ang.af.mil](http://www.134arw.ang.af.mil)

<https://www.dvidshub.net/>

<http://www.tnmilitary.org/volstate-guard-magazine.html>



(U. S. Air National Guard photo by Senior Master Sgt. Kendra Owenby, 134th ARW Public Affairs Superintendent)

## REMEMBER YOUR OPSEC!



**ENEMY EARS** are listening



**Meeting: Sun, June 3rd**

**Time: 1330**

**Place: EOC (bldg. 102)**



## ROCKY TOP DINING FACILITY

### Sat:

Cod  
Pork Loin  
Brown Rice  
Potato Wedges  
Yellow Squash  
Brussels  
Fried Apples  
Gravy/Sauce

### Sun:

Beef Bulgogi  
Orange Chicken  
Veg Fried Rice  
Low Main Noodles  
Vegetable Stir-Fry  
Cabbage  
Sauteed Mushrooms  
Eggrolls  
Sweet & Sour Sauce

## JEAA



The Junior Enlisted Advisory Association welcomes all junior enlisted members to join the group. All E-1s through E-6s are encouraged to attend. JEAA meeting times/locations are announced at Sat. roll calls. Hope to see you all there!