



***McGhee Tyson ANG Base, TN  
Family Program Newsletter  
November 2009***



The McGhee Tyson Family Readiness Group (FRG) represents the 134<sup>th</sup> ARW, 119<sup>th</sup> CCS, 228<sup>th</sup> CBCS, 572<sup>nd</sup> AF Band and the Training and Education Center (TEC).

On Saturday, 19 Sep 2009, (9) spouses boarded a KC-135R aircraft for a morning of mid-air refueling. After being welcomed by Col Tim Dearing, Base Commander, they listened intently to the required safety briefings. The spouses then proceeded to their assigned aircraft and took off to rendezvous with, and refuel a C-17 cargo aircraft.

The base Family Program Office coordinates the Spouse Orientation Flights for base military spouses that have never participated in the Spouse Flight Program.

**-Commissary On-Site Sale Coming To Knoxville-**

Take advantage of spectacular savings on popular grocery items at the commissary on-site sale November 6-8 at the Army Aviation Facility on McGhee Tyson ANG Base. Bring military ID to enter. Cash, checks, major credit cards are accepted- no debit cards.

**-Upcoming Events-**

Nov/Dec 09- Base "Angel Tree"

Nov/Dec- Food Collection Drive for "Second Harvest Food Bank"

6/8 Nov- Commissary Case Lot Sale

5 Dec- Base Christmas Party

6 Dec- Children's Christmas Party

## “ANGEL TREE”

The McGhee Tyson Family Readiness Group is once again sponsoring our annual “Angel Tree” event. You have the opportunity to help a less fortunate child this holiday season by picking an “Angel” from the Angel Tree, located at the 134<sup>th</sup> Dining Facility. The Angel will identify whether the child is a boy or girl, their age and their wish. This year, please place the gift in a “gift bag” and then place under the tree with the Angel attached. Please return all gifts by the Dec UTA so they can be distributed before Christmas. We hope you will share in the gift of giving.



## \*Quality of Life Classes\*

Our Family Program Office periodically provides QOL classes to our military and family members. Classes that we have conducted in the past include: - CPR on Children & Infants; - Rape Aggression Defense; - Legal Issues for the Military Family; - Car Care & Maintenance; and Babysitting for teenagers. If there are any classes that you would like to have conducted or repeated, please contact the Family Program Office at (865) 985-3107 and we will try to provide them.

## Family Readiness Group Children's Christmas Party



The McGhee Tyson Family Readiness Group will be sponsoring our annual Children's Christmas Party at 1:00pm on Sunday, 6 Dec 09 at the AIM, bldg 401 (base chapel). Please bring your child out for snacks, songs, arts & crafts, and get their picture made with Santa. All families are encouraged to attend the lighting of the base Christmas Tree following the party! Please **RSVP**, for planning purposes, to the Family Program Office at ext 3107.



### Golden Corral's 9th Annual Military Appreciation Monday Dinner-

Will be held on Monday, November 16, 2009, from 5 to 9 pm in all Golden Corral restaurants nationwide.

The free dinner meal is a special "thank you tribute" to any person who has ever served in the United States Military. If you are a veteran, retired, currently serving, in the National Guard or Reserves, you are invited to join us for Golden Corral's Military Appreciation Monday dinner.



**REAL FOOD.  
REAL FUN.  
REAL CLOSE.**



Applebee's is again saluting Vets on Veteran's Day, 11 Nov 09.



## **HOW TO UTILIZE THE AMERICAN RED CROSS DURING FAMILY EMERGENCIES WHILE A NATIONAL GUARD OR RESERVE MEMBER IS ABSENT-**

If your guard member is away from home due to military duty and you need to get in touch with them during an emergency, the American Red Cross (ARC) needs specific information in order to verify the situation. This verified information is then relayed to the appropriate military command. At that point, it is up to the military whether or not the member returns home. Please keep in mind that requesting a military member's presence home is for emergency purposes only. If the situation is not urgent and other help is available to assist you, use those resources to get through the emergency. Make sure you have your local Red Cross chapter or station phone number readily available before any emergency arises. Also make sure a trusted friend or neighbor has the information, including the information about the reservist listed in the box below.

**Families will need to have the member's social security number, rank, unit assigned, military address, commander or first sergeant names, unit phone numbers, and TDY/deployment location.**



## **HELP US HELP SECOND HARVEST FOODBANK OF EAST TENNESSEE**

### **Mission:**

To eliminate hunger in our 18 county service area by providing food, services and education to address the nutritional needs of all people at-risk of hunger.

Each month Second Harvest filled an average of 155,000 requests for food assistance. That's up 28% from last year. Second Harvest continues to grow to meet the demands of those struggling with hunger in East Tennessee.



A member of



**-Food Collection Barrels are located at the 134<sup>th</sup> HQs bldg and the Base Exchange-**

Children from Shay Grindstaff's fourth grade class at Union Grove elementary school write letters to deployed McGhee Tyson members.

Sep. 9, 2009

Dear Service Member,

Hi my name is Lauren. What is your name?

I am 9 turning 10. I have 3 puppies.

Do you have any animals? What is your name? What do you like

to do when you don't have to work?

I've got 2 sisters and 2 brothers.

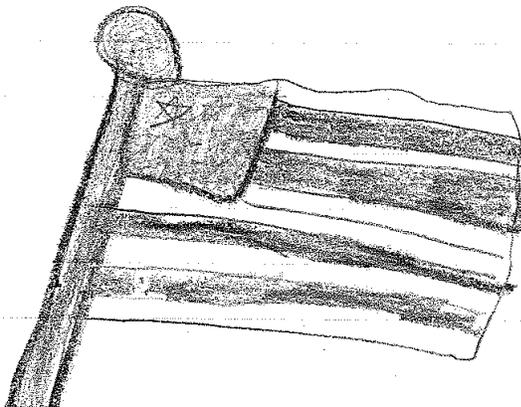
Do you have any brother or sisters?

Are you a boy or a girl? I am

a little girl. Where do you live? Tennessee,

Florida, Mississippi. Where do you live?

Union Grove  
Elementary  
Mrs Grindstaff 4th  
Grade Class 0908014  
Grey Ridge rd  
Friendsville, TN 37737



Your Little  
Friend  
Lauren

## -Family Readiness Group Mission-

To improve the quality of life and enhance mission readiness by assisting the military family. This assistance will include; providing information, education & training to family members and empowering the family to handle their personal affairs in times such as deployment, separation and hardship!



