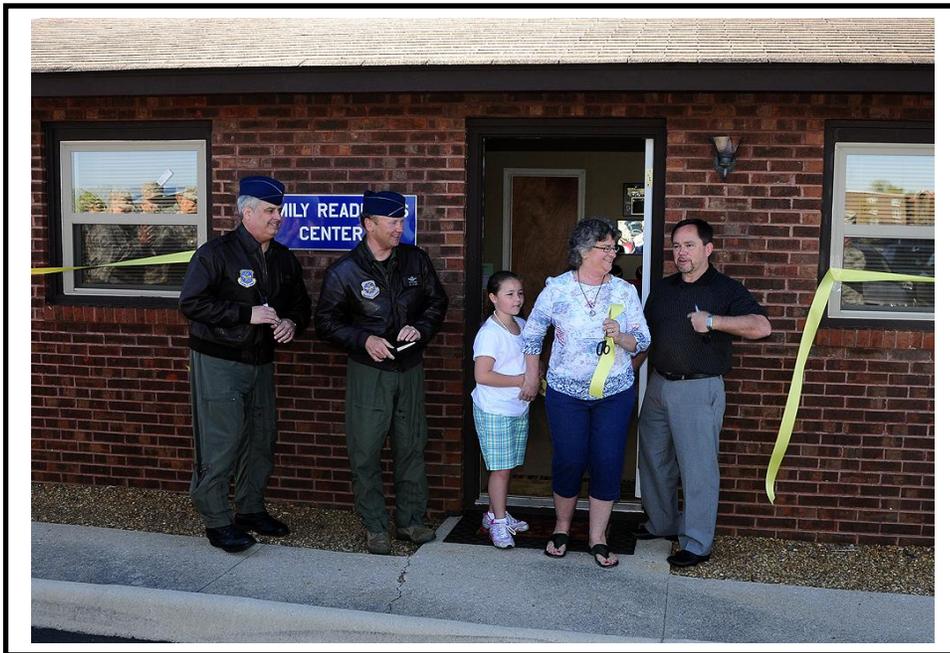




*McGhee Tyson ANG Base, TN
Family Program Newsletter
May 2010*



The McGhee Tyson Family Readiness Group (FRG) represents the 134th ARW, 119th CCS, 228th CBCS, 572nd AF Band and the Training and Education Center (TEC).



New Name- New Facility!

The Airman & Family Readiness Center, formerly known as Family Support had its official ribbon cutting and dedication during the April UTA. Volunteers and unit members toured the newly renovated facility located between the BX and Base Operations. The new resource center provides space for briefings, meetings & room for volunteers to work on special projects. Stop by and see us!



Coming Soon to a Location Near You!

Families are the bedrock of support for Service members, before, during, and after a deployment. Often, family members and close friends may notice changes in a military member, or problems they are encountering, or just general difficulty reintegrating even before the Service member themselves notices or admits that they need help. The family is often the Service member's biggest advocate and the biggest champion towards getting the help they need, the help they deserve, and the help they have earned.

For these reasons, families are an integral part of the Yellow Ribbon Reintegration Program (YRRP). Family members can assist their Service member by helping them to identify what services or benefits may be most appropriate for them and encouraging Service members to take advantage of these resources. Additionally, some benefits may be directly available to family members, including participation in the unit family readiness group, financial counseling, marriage or relationship counseling, and others.

The legislatively mandated Yellow Ribbon program provides information, services, referrals and proactive outreach programs to Service members of the National Guard and Reserves and their Families through all phases of the deployment cycle.

The intent of the program is to prepare National Guard and Reserve members and their Families for the deployment, sustain their Families during the deployment and reintegrate the Service members with their Families, communities and employers upon re-deployment or release from active duty.

All National Guard and Reserve Components are required to hold Yellow Ribbon events and activities. Attendance at YRRP events is mandatory for National Guard personnel deploying for 90 days or more. Also, Air National Guard personnel that have been deployed for 90 cumulative days or more in a FY are required to attend YRRP reintegration events.

On Saturday and Sunday, 10-11 July 2010, a 134th ARW sponsored Reintegration Event is scheduled to be held in Gatlinburg TN, at the Park Vista Hotel, for Service Members and Families. Childcare will be provided. Topics will include Tricare, VA benefits, Vet

Center Services, Military OneSource, ESGR, and Transition Assistance. Military Family Life, Personal Financial, and Psychological Health Counselors will lead breakouts on Stress and Anger Management, Substance Abuse, and Readjusting after Deployment. To register for the event, please go to www.jointssupportservices.org and click on "Events." You can locate the event in "calendar view" for July 9-11. Please register by Wednesday, June 09 2010. After that date, rooms blocked for this event will be released back to the hotel. Event Point of Contact is Mr. Joseph Thomas joseph.c.thomas2@ng.army.mil. For additional information, you may contact Steve Latham in the Airman & Family Readiness Center at (865) 985-3107 or at Stephen.latham.1@ang.af.mil.



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224 Hamilton Crossings Dr
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Is offering

Military Appreciation Monday

25% off your bill

Every Monday in May

(A portion will go to help fund the McGhee Tyson Family Readiness Group)

Every Friday is

“Family Readiness Friday”

Those in uniform or with a valid Military ID card (includes retirees)

will receive

10% off your bill
which goes to help fund the McGhee Tyson Family Readiness Group.

-Family Readiness Program Mission-

To improve the quality of life and enhance readiness by assisting the military family. This assistance will include; providing information, education & training to family members and empowering the family to handle their personal affairs in times such as deployment, separation and hardship!

