



***McGhee Tyson ANG Base, TN
Airman & Family Readiness Program Newsletter
January 2011***



Base personnel, families & members from the local Air Force Sergeant's Association provided gifts to 120 Blount Co Foster Children during our annual "Angel Tree" event.

(Above & Below)
Family Program members at our base Children's Christmas party, 5 Dec 2010.





On Saturday, 4 Dec 2010, 17 spouses boarded a KC-135R aircraft for a morning of mid-air refueling. After being welcomed by Col Tim Dearing, 134th Wing Commander, they listened intently to the required safety briefings. The spouses then proceeded to their assigned aircraft and took off to rendezvous with and refuel a C-17 cargo aircraft.

The base Airman & Family Readiness Program Office coordinates the Spouse Orientation Flights for base military spouses.



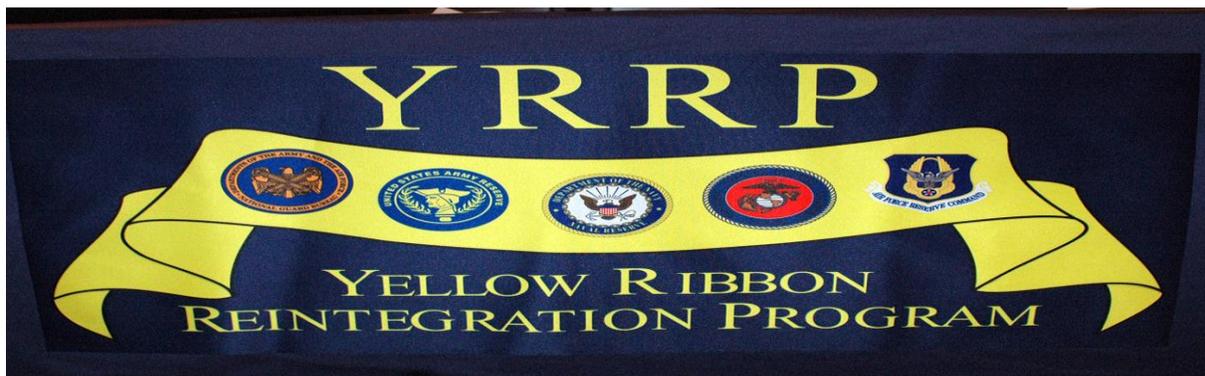
(Fall Display- 2010)

The McGhee Tyson Family Readiness Group (FRG) represents the

134th ARW, 119th CCS, 228th CBCS, 572nd AF Band

and the

Training and Education Center (TEC).



194 Service & Family members from the 134th ARW and the 118th AW in Nashville attended our second Yellow Ribbon Reintegration event at the Park Vista hotel in Gatlinburg, TN 24-26 Sep 2010.



Coming Soon to a Location Near You!

Families are the bedrock of support for Service members, before, during, and after a deployment. Often, family members and close friends may notice changes in a military member, or problems they are encountering, or just general difficulty reintegrating even before the Service member themselves notices or admits that they need help. The family is often the Service member's biggest advocate and the biggest champion towards getting the help they need, the help they deserve, and the help they have earned.

For these reasons, families are an integral part of the Yellow Ribbon Reintegration Program (YRRP). Family members can assist their Service member by helping them to identify what services or benefits may be most appropriate for them and encouraging Service members to take advantage of these resources. Additionally, some benefits may be directly available to family members, including participation in the unit family readiness group, financial counseling, marriage or relationship counseling, and others.

The legislatively mandated Yellow Ribbon program provides information, services, referrals and proactive outreach programs to Service members of the National Guard and Reserves and their Families through all phases of the deployment cycle.

The intent of the program is to prepare National Guard and Reserve members and their Families for the deployment, sustain their Families during the deployment and reintegrate the Service members with their Families, communities and employers upon re-deployment or release from active duty.

All National Guard and Reserve Components are required to hold Yellow Ribbon events and activities. Attendance at YRRP events is mandatory for National Guard personnel deploying for 90 days or more.

On Saturday and Sunday, 22-23 Jan 2011, a 134th ARW sponsored Reintegration Event is scheduled to be held in Gatlinburg TN for Service Members and Families. Childcare will be provided. Topics will include Tricare, VA benefits, Vet Center Services, Military OneSource, ESGR, and Transition Assistance. Military Family Life, Personal Financial, and Psychological Health Counselors will lead breakouts on Stress and Anger Management, Substance Abuse, and Readjusting after Deployment.

For more information, please contact Steve Latham or TSgt Bobby Edington in the Airman & Family Readiness Center at (865) 985-3107 or 985-3143.

-STRONG BONDS (PARENTING) EVENT-

Is scheduled to be held in Gatlinburg, TN beginning Friday evening, February 18th and ending on Sunday morning the 20th. Children are welcomed to attend and some of the programming will include them - this is a family event. For the portion of the time that does not include children, certified child care will be available. We have room for 30 families and it is a first-come-first-served basis. While it is planned for the 134th/TEC it is open to any member of the National Guard. To sign up, go to the Strong Bonds website at www.strongbonds.org and please contact Sra Nisha Hurst at (865) 985-3487.



Military OneSource *Financial Counseling*

Military OneSource offers short-term, solution-focused financial counseling. Twelve financial counseling sessions are available at no cost to active duty, Guard and Reserve members (regardless of activation status) and their families, as well as deployed Department of Defense civilians and their families.



Types of Services Provided

- Money Management & Budgeting
- Credit Management
- Debt Management
- Dealing with Debt Collectors
- Housing Issues (purchase of home & foreclosures)

Financial Counseling is available in-person and over-the-phone. In-person financial counseling is available at most CONUS locations through Military OneSource, in partnership with the National Foundation for Credit Counseling (NFCC).

Military OneSource will:

- Arrange for you to meet face-to-face with a financial consultant in your community in order for you to receive the in-person service at no cost.
- Provide you with a financial service team who are all Accredited Financial Counselors (AFC).

Military OneSource is available 24/7. You name it. We can help.

1-800-342-9647 Overseas: xx-800-3429-6477 (find access codes online) www.MilitaryOneSource.com

Visit the McGhee Tyson Family Program website at www.134arw.af.mil

