



THE VOLUNTEER

February 2021

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ABOUT THE VOLUNTEER
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Cover: A colorful early January sky makes a dramatic backdrop for a F-104 Starfighter aircraft on static display in the McGhee Tyson ANG Base Air Park. (U.S. Air National Guard photo by Senior Master Sgt. Kendra M. Owenby)

This page:
'Cup' courtesy of Pexels.com
Medical images courtesy of Pixabay.com

"Volunteer Ready" (U.S. Air National Guard photos by Senior Master Sgt. Kendra M. Owenby)

'JEAA' and 'Chief's coin on flag' (U.S. Air National Guard photos by Tech. Sgt. Teri Eicher)

'Air Force Thunderbirds' photo courtesy of DVIDShub.net

COVID 19 Vaccine posters (U.S. Air National Guard photos by Senior Master. Sgt. Kendra M. Owenby)

February features



African American History Month

A Celebration of Achievements!



COVID 19 Vaccinations

"I'm getting vaccinated for..."



DoD Pays Tribute!

To the African-American men & women who not only forever changed the course of history, but also defined the United States Military



"Volunteer Ready"

134th ARW brings home Tennessee Army National Guard Soldiers from recent deployment to Washington, D.C.

Monthly columns



Rank Up

Check out the new promotions!



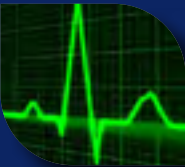
The Chaplain's Cup

1st Lt. Chris Hodge - Resolutions



OPSEC

Not all heroes wear combat boots



Medical Schedule

February 134th MDG Medical Schedule



Social Media Links

Follow the 134th ARW @134_ARW

February is African-American/Black History Month

Contributed by Master Sgt. Stephanie Justus, 134th Military Equal Opportunity



A Tuskegee Airman crew poses in front of a B-25. <https://www.military.com/history/black-history-month-overview.html>

The observance of African American /Black History Month was established by Public Law 99-244. This observance runs through the month of February and celebrates the contributions of African Americans to our nation. The annual celebration of achievements by Black Americans is associated with Dr. Carter G. Woodson. In 1915, Dr. Woodson founded the Association for the Study of Negro Life and History, now called the Association for the Study of African American Life and History. In 1926, Dr. Woodson initiated the celebration of Negro History Week, which encompassed the birthdays of Frederick Douglass and Abraham Lincoln. The celebration was expanded to a month in 1976. Since 1976, every U.S. President has officially designated the month of February as Black History Month. Other countries around the world, including Canada and the United Kingdom, also devote a month to celebrating black history.

Visit <https://www.deomi.org/human-relations/special-observances.cfm> or contact the 134th Equal Opportunity office at 865-336-3222.

I'm getting
vaccinated for... my children



#TNINTHISTOGETHER



"Volunteer Ready"



EQUAL OPPORTUNITY SPECIALIST- AFSC: 3F4X1

Duty Location: 134th HQ Building

POSITION VACANCY ANNOUNCEMENT

Opening Date: 1 Jan 2020 – Closing Date 10 Feb 2020

MILITARY POSITION VACANCY (DRILL STATUS)

The 134th Wing Equal Opportunity Office is currently seeking a motivated individual to train in the fast paced and highly visible career field of Equal Opportunity. Min Rank: SSgt - Promotion Eligible: MSgt.

Equal Opportunity Mission Statement:

Assists commanders at all levels to proactively engage all Airmen in the pursuit of equal opportunity by fostering and supporting equal opportunity policy, the Air Force Core Values, and The Airman's Creed through day-to-day actions and through implementation of various EO programs (e.g. complaint program, human relations program, climate assessment program, ADR program- including conflict consulting, affirmative employment program, and special emphasis program). Educates and trains all Airmen to make workplace professionalism a top priority and to take proactive steps to prevent, correct and eliminate unlawful discriminatory behavior.

1. **Letter of Recommendation from your current Commander.**
2. **Personal letter describing reason for interest in retraining into the EO Career Field and commitment to attend all regularly scheduled UTAs.**
3. **Attach a Resume that includes your military information.**
4. **Current Records Review RIP.**
6. **Copy of Last Physical Fitness Test**
7. **Min ASVAB Scores: Admin 41 & General 44**

Note: UIFs are disqualifiers.

Mandatory Training: 6 weeks Equal Opportunity Advisor Reserve Component Course, Patrick AFB, FL. To apply for the position, please scan all required documents into one PDF file and email to stephanie.justus@us.af.mil or travers.hurst@us.af.mil. You can also hand deliver or mail the application to MSgt Stephanie Justus or Lt Col Travers Hurst, 134 Briscoe Dr, Louisville, TN 37777.

The Chaplain's Cup

By 1st Lt. Chris Hodge, 134th ARW Chaplain Corps

How are your 2021 New Year's resolutions going? Yeah, mine are ancient history too. Truth be told, I don't make many resolutions these days. The reason I don't partake in the fun is partially because of my track record. The statistics are almost comical – the overwhelming majority of resolutions don't make it to February. But for me it's mostly because I don't like being reminded of things I've already failed at.

I know my wife wants me to be healthier. Apparently she'd like me to live a long time. And sooner or later the Air Force will officially care about my waist size again. This keeps me running occasionally, but if I'm not seriously invested in my overall health then I'll only do the minimum. And it's only a matter of time before I fail again, and again.

I'm not knocking a good goal. I love finishing something I start. Maybe I'm still reeling from 2020 but the start of a new year just doesn't do it for me. I've failed a ton thus far in life and something tells me I'm not done. Thankfully one of the coolest things about the gospel is that my long list of failures only strengthens my understanding of God's goodness to me. That's not a license to fail recklessly, but rather an invitation to rest in what God already resolved to do for me – and succeeded!

It's an amazingly freeing thing, trusting in that. So maybe I'm not so anti-resolution after all. Thank goodness God believes in resolutions any time of the year. When He tells us "My grace is sufficient for you, for my power is made perfect in weakness," God means for us to let our failures lead us to trusting in Him more. That's something we should all resolve to do.



(Photo courtesy of pexels images)

OBSERVANCE



CULTURAL
AWARENESS



BLACK HISTORY MONTH



FACTS

The Department of Defense (DoD) is commemorating the 75th Anniversary of World War II by recognizing the contributions and sacrifices made by Service members as well as those who served on the home front.

During the anniversary, we pay tribute to those Americans who undauntedly and courageously contributed to the defense of our nation.

Often overlooked are the valiant efforts of African Americans. African Americans played an immeasurable role in the United States' Armed Forces during World War II, serving bravely and with distinction from the initial attack on Pearl Harbor to the last days of the Pacific campaign. Although the United States Armed Forces weren't officially segregated until 1948, WWII laid the foundation for post-war integration of the military.

Over 2.5 million African-American men registered for the draft, and Black women volunteered in large numbers. While serving in the Army, Army Air Forces, Navy, Marine Corps, Coast Guard, and War Department they served with distinction, made valuable contributions to the war effort, and earned well-deserved praise and commendations for their struggles and sacrifices.

This month, the DoD pays tribute to the African American men and women who not only forever changed the course of history but also redefined the United States military.

"Our debt to the heroic men and valiant women in the service of our country can never be repaid. They have earned our undying gratitude. America will never forget their sacrifices." – President Harry S. Truman

I'm getting
vaccinated for...
my family



#TNINTHISTOGETHER



Promotions

Master Sergeant

Josh Lloyd

LRS

Staff Sergeant

**Steven Williamson
Justin Walker**

**LRS
MXS**

Airman First Class

Sarah Costen

ARW

Technical Sergeant

Corey Palmer

LRS

Senior Airman

Brian Childs

AMXS

Congratulations to all!

Did you hear that?!

MTANG Base
Easter Egg Hunt
March 27th!
Eggs! Candy!
Prizes!



Save the date!

134 ARW MEDICAL GROUP

SATURDAY - FEB 6

0800-1115 HOURS	IMMUNIZATIONS
0815-1115 HOURS	PHYSICAL HEALTH ASSESSMENTS (PHAs)
0830-0900 HOURS	FITNESS FOR DUTY EVALUATIONS
0830-1030 HOURS	DEPLOYMENT PROCESSING/ANAM TESTING
0830-1030 HOURS	QNFT TESTING
0930-1000 HOURS	PRIOR SERVICE INPROCESSING BRIEF (CC CONFERENCE ROOM)
1130-1230 HOURS	LUNCH
1300-1500 HOURS	IMMUNIZATIONS
1300-1500 HOURS	WAIVER/MEDCON/LOD APPS w /DOCs & PAs
1300-1500 HOURS	HEARING EXAMS/ANAM
1300-1500 HOURS	HEARING EXAMS/ANAM
1300-1700 HOURS	WAIVER/MEDCON/LOD APPS w /DOCs & PAs
1300-1500 HOURS	HEARING EXAMS/ANAM

SUNDAY - FEB 7

0730-0800 HOURS FITNESS FOR DUTY EVALUATIONS

PLEASE ENSURE MILITARY MEMBERS REPORT ALL PRESCRIPTION MEDICATIONS THEY ARE TAKING TO THE 134MDG IMMEDIATELY!

NOTE 1: INDIVIDUALS REQUIRING LIPID TESTS MUST FAST FOR 14 HOURS PRIOR TO PHYSICAL EXAMINATION. FASTING IS NO FOOD, YOU SHOULD DRINK WATER AND TAKE ANY MEDICATION PRESCRIBED TO YOU.

NOTE 2: INDIVIDUALS ARE NOT TO CONSUME ANY ALCOHOL FOR AT LEAST 72 HOURS PRIOR TO PHYSICAL.

NOTE 3: IF YOU WEAR GLASSES YOU MUST BRING THEM WITH YOU FOR PHYSICAL. PLEASE DO NOT WEAR CONTACT LENS FOR EXAM.

NOTE 4: IF YOU ARE DEPLOYING, PLEASE CHECK WITH THE CLINIC WELL IN ADVANCE OF DEPARTURE DATE FOR IMMUNIZATION REQUIREMENTS.

NOTE 5: DNA TESTING WILL BE CONDUCTED FROM 0830-1100 HRS SAT. UTA. PLEASE HAVE YOUR PERSONNEL REPORT AT THE SCHEDULED TIME.

Not all Heroes

wear Combat Boots



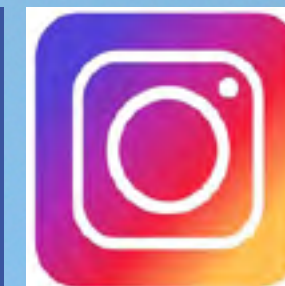
OPSEC

... It's everyone's responsibility!



FOLLOW US ON SOCIAL MEDIA!

Download the 134 ARW App - available on
the App store & Google Play



Click to visit each app or website

To view the official 134th ARW website
please go to: <https://www.134arw.af.ang.mil>

To view official DoD imagery/video/graphics
from the 134th ARW, go to DVIDS:
<https://www.dvidshub.net/unit/134arw>



134th AIR REFUELING WING
PUBLIC AFFAIRS 865-336-3214