



THE VOLUNTEER

Apr 2021

THE VOLUNTEER MAGAZINE IS
PUBLISHED MONTHLY BY:
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ABOUT THE VOLUNTEER
This magazine is an authorized publication for members of the U.S. military services. The content is edited, prepared, and provided by the McGhee Tyson ANG Base Public Affairs Office. The contents of THE VOLUNTEER are not necessarily the official views of, or endorsed by, the U.S. Government, DOD, or the Department of the Air Force. THE VOLUNTEER welcomes any articles and ideas that will help improve the content. If you have questions or comments, please contact Lt. Col. Travers Hurst, CCE/PAO at extension 336-3205, or travers.hurst@us.af.mil.

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Cover: A smoky start due to forest fires nearby gives way to a beautiful East Tennessee sunrise at McGhee Tyson ANG Base, April 6. (U.S. Air National Guard photo by Senior Master Sgt. Kendra M. Owenby)

This page:

‘Chaplain’s Cup’ image courtesy of Pixabay.com
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‘Air Force Thunderbirds’ photo courtesy of DVIDShub.net

April features



April is Month of the Military Child

Celebrating the little ones who sacrifice the most!



Recruiters earn top honors

Congratulations Tech. Sgts.
Britni Riffle & C.J. Vincent!



International Holocaust Remembrance Day, April 24th

Never Forget



JEM tours Ops & SFS

134th ARW Junior Enlisted Mentorship Program

Monthly columns



Rank Up!

Check out the new promotions for April!



Retirements

Blue skies to all our April retirees!



Chaplain’s Cup

Basic needs of the human soul



OPSEC

Don’t become an easy target!



Medical Schedule

April 134th MDG Medical Schedule



Social Media Links

Follow the 134th ARW @134_ARW & Facebook

APRIL

Month of the Military Child!



(U.S. Air National Guard photos by 134th Public Affairs)

Two Operation Blue Suit winners from McGhee Tyson ANG Base

By Staff Sgt. Darby Arnold, 134th ARW PA

Each year Air Force Recruiting celebrates and recognizes the most outstanding recruiters in their command as Operation Blue Suit winners. This time-honored tradition began in 1979 with the first group of recruiters who were recognized for surpassing all recruiting goals, displaying the highest leadership qualities, and having the most impact on their mission.

Now in its 42nd consecutive year, please help us congratulate Tech. Sgt. C.J. Vincent and Tech. Sgt. Britni Riffle on being named Operation Blue Suit winners!

Tech. Sgt. Vincent and Riffle were two out of the 18 total force Airmen selected. Out of those 18 winners, these two represent the 134th Air Refueling Wing as two of the only three Guardsmen that were selected!

"This is not a job we do solely by ourselves," stated Vincent. "At the 134th ARW, our base leadership takes care of our members. The wing is made up of 1,300 guardsmen that are passionate about what they do. That means we have 1,300 "recruiters" sharing their story on how they have the honor to serve this nation, state, and the communities we live in."

Congratulations again on this distinguished accomplishment and outstanding job!



(U.S. Air National Guard photo by Staff Sgt. Darby Arnold)

BE CAREFUL

WHAT YOU POST ONLINE.

DON'T BECOME AN EASY TARGET.



THINK OPSEC!



Internet-based social networking sites have created a revolution in social connectivity. However, con artists, criminals, and other dishonest actors are exploiting this capability for nefarious purposes.

Preventive Measures Include:

- Do not store any information you want to protect on any device that connects to the Internet.
- Always use high security settings on social networking sites, and be very limited in the personal information you share. Monitor what others are posting about you on their online discussions.
- Use anti-virus and firewall software. Keep them and your browser, and operating systems patched and updated.
- Change your passwords periodically, and do not reuse old passwords. Do not use the same password for more than one system or service.
- Do not post anything that might embarrass you later, or that you don't want strangers to know.
- Verify those you correspond with. It is easy for people to fake identities over the Internet.



Center for Development
of Security Excellence

CDSE

For more information on Social Networking Cybersecurity visit
<http://www.cdse.edu/toolkits/cybersecurity/socialmedia.html>

International Holocaust Remembrance Day, April 24th

Submitted by Master Sgt. Stephanie Justus, 134th Military Equal Opportunity

In 1933, nine million Jews lived in the countries of Europe that would be occupied by Nazi Germany during the war. The Holocaust was the systematic persecution and murder of approximately six million Jews by the Nazi regime and its collaborators. The Nazis also targeted:

Roma/Sinti or Gypsies, Black people, those with mental and physical disabilities, and Slavic people including Poles and Russians. Other groups were persecuted on political, ideological, and behavioral grounds, among them Communists, Socialists, Jehovah's Witnesses, and homosexuals. Holocaust is a word of Greek origin meaning "sacrifice by fire." Nazis believed they were "racially superior" and that Jews and others were a threat to the German community. By 1945, six million Jews were murdered during the Nazi genocide. This included two million children under the age of 15. In all, 11 million people from these groups were persecuted. Every generation must learn and apply the lessons of the Holocaust to prevent new horrors against humanity from occurring. On International Holocaust Remembrance Day, we acknowledge this dark stain on human history and vow to never let it happen again.

Source and for additional information and facts go to: <https://deomi.org/SpecialObservance/SupportDOR.cfm>



(archive photo)

Sexual Assault Awareness Month

“BRAVE” (Be Resilient Aware Vigilant Engaged)

By Mr. Terrell Patrick, McGhee Tyson ANG Base Sexual Assault Response Coordinator

April is Sexual Assault Awareness and Prevention Month. This movement aims to raise awareness about sexual assault and the devastating effect it has, not only on the victim, but also our Wing's mission.

National Denim Day is a campaign within the month which raises awareness by encouraging people to wear jeans on a designated "Denim Day". This year that day is April 28.

Denim Day is observed in recognition of a case that involved sexual assault. It was first observed in the U.S. in 1999, but the origin of it dates back to 1992 in Italy, when an 18 year old girl participated in her first driving lesson, taught by a 45 year old male instructor. During the lesson, the girl was raped by the instructor. He was convicted of rape and sentenced. After an appeal, the Italian Supreme Court heard the case and overturned it, and the instructor was released.

In a statement by the Italian Chief Judge, he argued, "because the victim wore very, very tight jeans, she had to help him remove them, and by her removing the jeans it was no longer rape, but consensual sex."

Denim Day is significant in helping combat the 'erroneous and destructive attitudes and myths surrounding sexual assault. People around the world are encouraged to wear jeans on the annual "Denim Day" to symbolically show their support for the victim.

Sexual assault and rape is a crime. What a victim wears does not change that fact, nor does it matter whether or not the victim cooperated. Cooperation does not equal consent. Sexual assault is a tough reality, and one that we cannot allow to be minimized or dismissed.

By participating in Denim Day this April, everyone can show thier support and play a role in the prevention of sexual violence. We ask Airmen and civilians to make a social statement with their fashion and wear denim as a visible means of protest against misconceptions that surround sexual assault, and as a show of support for sexual assault survivors.



POC for Mr. Patrick:
(865)405-2828
terrell.patrick@us.af.mil



Easter Egg Hunt 2021





Promotions

Lieutenant Colonel

Justin Wilson 151 ARS

Captain

**Daniel Johnson 151 ARS
Alexander Matacia 151 ARS
Brittany Trentham 134 AMXS**

1st Lieutenant

**Michael O'Brien 134 OSS
Jonathan Perkins 119 COS**

Senior Master Sergeant

Steven Breeden 134 CES

Master Sergeant

**Ray Jones 134 AMXS
Peyton Oates 134 MXS
Steven Patty 134 MXS
Robert Branson 119 COS
Robert Gentry 119 COS**

Technical Sergeant

**Chad Bales 134 MOF
Mikayla Vican 134 MDG
Jessica Bowman 134 MDG
Shannon Vos 134 MDG
Benjamin Klar 134 SFS
Roxanna Suteufurman 151 ARS
Tyler Brown 134 SFS**

Staff Sergeant

**Samantha Strader 134 FSS
Eric Adams 134 CF
Travis Sexton 119 COS
Robert Curtis 134 MXS
Eric Kuyendall 241 EIS
Trevin Wright 134 CF
Holden Baker 134 SFS
William Heater 134 MXS
Alexander Holcombe 134 MXS
Kayla Paradis 119 COS**

Senior Airman

**Samantha Bailey 134 MXS
Samuel Parker 134 SFS
Spencer Tatham 134 SFS
Nash Scalf 134 AMXS
Daniel Miller 134 MXS**

Airman

**Brandon Veal 241 EIS
Nicholas Corbitt 119 COS**

Congratulations to all!

RETIREMENTS



Lt. Col. Jacob Thompson
CMSgt. Anthony "Goob" Russell

CONGRATULATIONS & BLUE SKIES!

B.A.S.I.C. Needs of the Human Soul

By Capt. Nathan Tarr

Each of us has been created with the same b.a.s.i.c. needs of the human soul. We each need:

- **Belonging**—each of us need to experience a “home,” a place we can go when we don’t have anywhere else, “family” that we can walk with so that we are not alone.
- **Acceptance**—each of us need to experience being known and received, especially in our weaknesses, faults, and failures. As guilt and shame are two of the most corrosive experiences our soul can endure, so forgiveness is one of the most powerfully positive.
- **Safety**—each of us need to experience relationships where we can let down our guard and rest in the confidence that betrayal and abuse will not find us there.
- **Interest**—each of us need to experience another having our best interest at heart, giving us the benefit of the doubt, refusing to take advantage of our weakness or ignorance, and preferring us better than themselves.
- **Count**—each of us need to experience being a valued and meaningful part of a significant work. Our daily, menial tasks need to be connected to an overarching purpose.

The importance of these five needs means that, to the degree that they are left unmet, relational anxiety can manifest as delinquency, deception, disrespect, premature separation, negative cognitions, or even suicidal ideations. It also means that, to the degree these five basic needs receive a satisfactory answer—either within the military family or in combination with the civilian community—they promote growth in each Airman as a healthy, resilient, respectful, proactive, mission-focused team player.

As you read over these descriptions, you will notice that our different personalities and backgrounds mean that several of these five needs feel more acute than others. But I hope you also notice that each of these questions can only be asked and answered in the context of relationship. This means that we have the opportunity to recognize these questions from those around us and respond in ways that foster a culture of stability, resiliency, and life.

What do you think? Which need is most on your mind these days? How might recognizing these b.a.s.i.c. needs help you be a good Wingman? Can you think of another need common to us as spiritual beings? Grab a chaplain if you want to chat. We would love to hear your ideas.



JEM tours Aircrew Life Support & Security Forces



(U.S. Air National Guard photos by Senior Airman Kaylee Patterson)



**STATE OF TENNESSEE
ACTIVE GUARD/RESERVE (AGR)
VACANCY ANNOUNCEMENT**



ACTIVE GUARD RESERVE (AGR) ANNOUNCEMENT A21-046

OPENING DATE: 5 APRIL 2021

CLOSING DATE: 19 April 2021

POSITION TITLE: PRODUCTION RECRUITER

UNIT: 134ARW / KNOXVILLE, TN

UMD GRADE: TSGT / E-6

MIN/MAX GRADE E-4 / E-6

REQUIRED AFSC: N/A

DUTY AFSC: 8R000

NUMBER OF POSITIONS: 1

POSITION NUMBER: 070678634

SECURITY CLEARANCE: SECRET

PULHES: 1-1-1-3-2-1

ASVAB REQUIREMENTS: G-24

Area(s) of Consideration: TENNESSEE AIR NATIONAL GUARD MEMBERS – STATEWIDE

Special Note: This FULL TIME MILITARY duty position vacancy in the Air National Guard is announced and will be filled under the provisions of Section 502(f), Title 32, and United States Code.

**For full vacancy announcement see basewide email or contact Master Sgt. Aaron Sawyer @ 865-336-3242*

134 ARW MEDICAL GROUP

SATURDAY - APR 10

0815-1030 HOURS	PHYSICAL HEALTH ASSESSMENTS (PHAs)/IMMUNIZATIONS
0830-0900 HOURS	FITNESS FOR DUTY EVALUATIONS
0830-1100 HOURS	DEPLOYMENT PROCESSING/ANAM TESTING
0830-1100 HOURS	QNFT TESTING
0930-1000 HOURS	PRIOR SERVICE INPROCESSING BRIEF (CC CONFERENCE ROOM)
1130-1230 HOURS	LUNCH
1300-1500 HOURS	IMMUNIZATIONS
1300-1500 HOURS	WAIVER/MEDCON/LOD APPS w /DOCs & PAs
1300-1500 HOURS	HEARING EXAMS/ANAM

SUNDAY - APR 11

0730-0800 HOURS FITNESS FOR DUTY EVALUATIONS

PLEASE ENSURE MILITARY MEMBERS REPORT ALL PRESCRIPTION MEDICATIONS THEY ARE TAKING TO THE 134MDG IMMEDIATELY!

NOTE 1: INDIVIDUALS REQUIRING LIPID TESTS MUST FAST FOR 14 HOURS PRIOR TO PHYSICAL EXAMINATION. FASTING IS NO FOOD, YOU SHOULD DRINK WATER AND TAKE ANY MEDICATION PRESCRIBED TO YOU.

NOTE 2: INDIVIDUALS ARE NOT TO CONSUME ANY ALCOHOL FOR AT LEAST 72 HOURS PRIOR TO PHYSICAL.

NOTE 3: IF YOU WEAR GLASSES YOU MUST BRING THEM WITH YOU FOR PHYSICAL. PLEASE DO NOT WEAR CONTACT LENS FOR EXAM.

NOTE 4: IF YOU ARE DEPLOYING, PLEASE CHECK WITH THE CLINIC WELL IN ADVANCE OF DEPARTURE DATE FOR IMMUNIZATION REQUIREMENTS.

NOTE 5: DNA TESTING WILL BE CONDUCTED FROM 0830-1100 HRS SAT. UTA. PLEASE HAVE YOUR PERSONNEL REPORT AT THE SCHEDULED TIME.

Top III



*Top III

will meet Sunday, 11 Apr.

Time: 1215

Location: Bldg 102
(CF Briefing Room)

Open to all E-7's and above!

JEAA MEETING



When: Sunday

Where: Bldg 102 briefing room

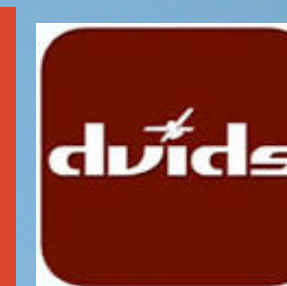
Time: 1300

All E-1's through E-6's
encouraged to attend!



FOLLOW US ON SOCIAL MEDIA!

Download the 134 ARW App - available on
the App store & Google Play



Click to visit each app or website

To view the official 134th ARW website
please go to: <https://www.134arw.af.ang.mil>

To view official DoD imagery/video/graphics
from the 134th ARW, go to DVIDS:
<https://www.dvidshub.net/unit/134arw>



134th AIR REFUELING WING
PUBLIC AFFAIRS 865-336-3214