



THE VOLUNTEER

June 2021

EDITORIAL

THE VOLUNTEER MAGAZINE
IS PUBLISHED MONTHLY BY:
134th ARW Public Affairs
134 Briscoe Dr
Louisville, TN 37777
(865) 336-3214

CHIEF OF PUBLIC AFFAIRS:
Lt. Col. Travers Hurst
PUBLIC AFFAIRS OFFICER:
Capt. Jonathon LaDue
PUBLIC AFFAIRS SUPERINTENDENT:
Senior Master Sgt. Kendra Owenby
PUBLIC AFFAIRS SPECIALISTS:
Master Sgt. Jonathan Young
Master Sgt. Daniel Gagnon
Tech. Sgt. Teri Eicher
Staff Sgt. Melissa Dearstone
Staff Sgt. Darby Arnold
Staff Sgt. Justin Lillard
Senior Airman Kaylee Patterson
ADMIN:
Airman 1st Class Sarah Costen
Airman 1st Class Christa Pellham

ABOUT THE VOLUNTEER
This magazine is an authorized publication for members of the U.S. military services. The content is edited, prepared, and provided by the McGhee Tyson ANG Base Public Affairs Office. The contents of THE VOLUNTEER are not necessarily the official views of, or endorsed by, the U.S. Government, DOD, or the Department of the Air Force. THE VOLUNTEER welcomes any articles and ideas that will help improve the content. If you have questions or comments, please contact Lt. Col. Travers Hurst, CCE/PAO at extension 336-3205, or travers.hurst@us.af.mil.

All imagery is produced by 134th ARW Public Affairs, is public domain, or otherwise specified.

Cover:
A KC-135R Stratotanker from the 134th Air Refueling Wing reflects early morning sunlight while awaiting the next flight. (U.S. Air National Guard photo by Master Sgt. Daniel Gagnon)

This page:
F-16 mid-air refueling image by Master Sgt. Daniel Gagnon

Body:
Chaplain's Cup' image courtesy of Pixabay.com
Medical images courtesy of Pixabay.com

Air Force Thunderbirds' photo courtesy of DVIDShub.net

Flags, Rocky Top DF Menu Page food photos, prescription drug photo & red blood cells photos courtesy of Pixabay.com



134th Air Refueling Wing

Volunteers

VISION

"Volunteer Ready"

FEDERAL MISSION

Support rapid global mobility & sustainment by providing world-class personnel, vital air refueling & airlift capabilities for contingency response & sustained combat operations

STATE MISSION

Provide personnel & equipment to protect life & property during emergency response operations as directed by the Governor of Tennessee & the Adjutant General

PRIORITIES

*Mission/Readiness Focused Activities
AFSC Focused Training
Developing Airmen
Saving Airmen's Time
Wrapped in a Culture of Safety*



PTSD Awareness Month

Not all scars are visible



Chief's Corner

Chief Master Sgt. Gary Ornduff



Hometown Heroes

Local kids camp hosts "hometown heroes" for the day



2020 Airmen of the Year

Volunteer Ready!

Columns



Chaplain's Cup

"Time marches on"



Want to refuel aircraft from above?

Position open for AFSC 1A0X1 Boom Operator



Rank Up!

June Promotions



Medical schedule

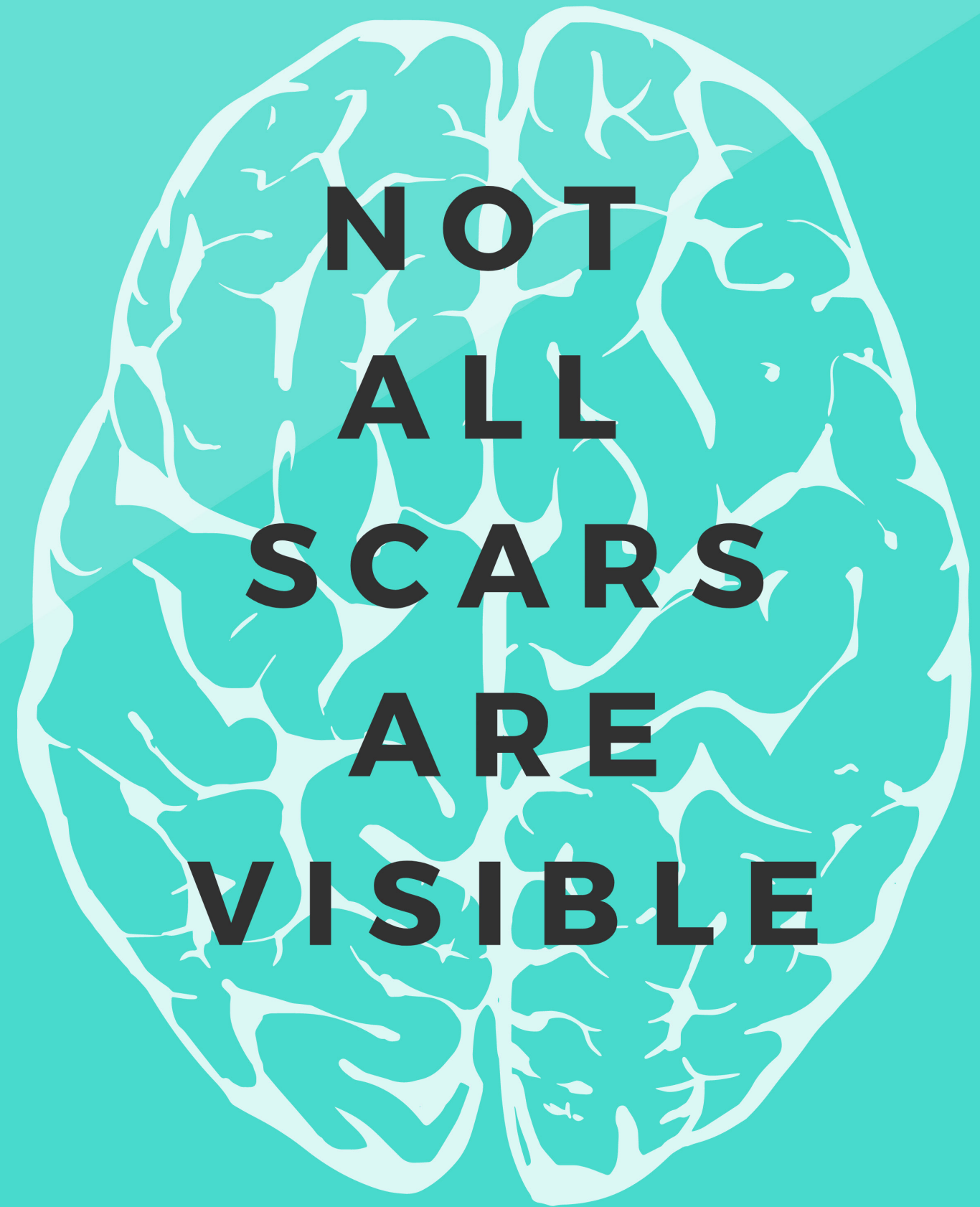
June 134th MDG Medical Schedule



Social media links

Follow the 134th ARW @134_ARW & Facebook

JUNE IS
POST-
TRAUMATIC
STRESS
DISORDER
AWARENESS
MONTH





The Chief's Corner

GET TO KNOW YOUR CHIEF

Featuring: Chief Master Sgt. Gary Ornduff

- 1) **Full name:** Gary Ornduff
- 2) **Nickname:** "Gary"
- 3) **Years in the military:** 34
- 4) **Favorite food:** Chicago deep dish pizza
- 5) **Pets:** One dog named "Hope"
- 6) **Hobby:** My dog!
- 7) **Originally from:** Kingsport, TN
- 8) **Favorite vacation spot:** Yellowstone National Park
- 9) **Best TDY Location I've ever been to:** Elmendorf AFB, Alaska
- 10) **Favorite movie:** Secondhand Lions
- 11) **One thing you would go back to tell your AB self:** Don't be so serious!
- 12) **Person(s) who influenced your military career most:** Lt. Col. Brian Austin, Col. Lisa Simmons, Lt. Col. David Barrett, Lt. Col. Kyle Brown, CMSgt Richard Bone and Senior Master Sgt. Jeff Bridget





HOMETOWN HEROES

Members of the 134th Air Refueling Wing were invited recently to visit Camp Tipton, a local summer day-camp program, where they participated in “Hometown Heroes Week”. The young campers had the opportunity to interact with some of their own hometown heroes who serve in and around their community. These heroes included police, fire, military, and EMT’s. “It was an incredible experience to talk about the TN ANG and how it has impacted my life. The children absolutely loved learning about military equipment and vehicles. It was just a great opportunity to educate the campers on how we, as guardsman, actively serve our state and nation.” – Tech. Sgt. David Wethington, current volunteer at Camp Tipton. (U.S. Air National Guard photos by Staff Sgt. Darby Arnold, 134th Public Affairs)





**Operations Group– AFSC: 1A0X1 POSITION VACANCY
ANNOUNCEMENT** Location: 134th OG

MILITARY POSITION VACANCY (Non Prior Service/DRILL STATUS E1-E5)

OPENING DATE: 24 May 2021

CLOSING DATE: 20 Jul 2021

Major Duties:

1. Performs in-flight refueling aircrew duties. Checks forms for equipment status. Performs visual and operational check of air refueling and associated systems and equipment. Performs preflight, through-flight, and post-flight inspections. Accomplishes preflight and post-flight records and reports. Performs in-flight operational check of air refueling systems. Directs receiver aircraft into air refueling position. Operates in-flight air refueling controls and switches to safely affect contact between tanker and receiver aircraft. Monitors control panel for proper operation of equipment during air refueling, and advises receiver pilot of actions required to safely maintain position within the air-refueling envelope. Keeps tanker pilot informed as to progress of air refueling operations. Performs emergency operations and procedures as required for emergency off-load and on-load of fuel. Computes and completes aircraft weight and balance documentation. Visually monitors aircraft clearances (interior and exterior), identifies proximal threats to the aircraft and initiates corrective actions (aircraft scanning).
2. Receives and performs cargo/passenger load briefings and reviews load plan and cargo documentation. Accomplishes load planning of cargo/passenger loads if required. Supervises cargo/passenger loading and off-loading operations. Directs the placement of material handling equipment to accomplish cargo on/off loading operations. Ensures cargo/passengers are placed according to load plans. Determines cargo restraint requirements according to criteria and directs and checks the application of cargo restraint equipment. Checks cargo/passenger loads against manifests to ensure the proper airlifting of Hazardous Cargo.
3. Ensures availability of fleet service equipment and receives and stows in-flight meals. Accomplishes passenger briefings to include the use of emergency equipment, evacuation procedures, and border clearance requirements. Demonstrates the use of passenger emergency oxygen systems and life vests. Supervises passengers in-flight.

Performs other duties as assigned.

Required Application Documents: (Only send required Docs.)

1. **Resume** (Military and/or Civilian, SF171 not accepted)
2. **Letter of Intent** (why you feel you have the desire and skills to become a Boom Operator)
3. **Official College Transcript** (If Applicable)
4. **RIP or SURF**(print one from vMPF/Prior Service Only)
5. **Copy of current Physical Fitness Test History Report** (Prior Service Only)
6. **Copy of FEF** (current Enlisted Aviators Only)
7. **Letters of Recommendation** (2 minimum)

Mandatory Qualification Requirements for 1A0:

- Must be able to obtain a Top Secret Security Clearance
- Must be able to pass a Class III Flight Physical
- Minimum general ASVAB score of 55 or higher

To apply for the position, please scan all required documents into **ONE** PDF file and email to **SMSgt Tyler Ott** at **Tyler.Ott@us.af.mil**. You may also hand deliver or mail the application to Attn: SMSgt Tyler Ott, 132 Briscoe Dr, Louisville, TN 37777.

**Mission/Readiness Focused Activities
AFSC Focused Training
Developing Airmen
Saving Airmen's Time
Wrapped in a Culture of Safety**



**Are YOU
Volunteer Ready?**

The Chaplain's Cup: - Time marches on

By Maj. Seth Hammond, 134th ARW Chaplains Office

We hear it all the time:

- “Time flies when you’re having fun.”
- “Life is short.”
- “Time keeps ticking away.”
- “They (kids) grow up so fast.”

It seemed like time went by slowly when I was in middle and high school, but since I’ve graduated college, time has gone so quickly. Now that I’m a father of 4, a week can sometimes feel like a day. Periodically, I’ll ask myself, “Where has the time gone?”

With time comes a lot of successes and a lot of failures. One of my favorites quotes is from John Maxwell. He says, “Yesterday ended last night.” When it comes to our past, we either build ourselves up or we beat ourselves up. We can look back at all our achievements and think we’re better than we are. When we reflect too much on the glory days, we have trouble moving forward in life. We can also look back at our mistakes and beat ourselves up. When we hold onto our failures, we let go of future accomplishments.

Today is a new day. The beautiful message of Christianity is that no accomplishment we make can be bigger than God and no failure we make is unforgiven. Because of this truth, we should all take a deep breath and not be stressed out. Nothing comes to a surprise to God. God’s got this!

As we all journey through life, remember a few things...



(photo courtesy of Pixabay.com)

1. Life Comes in Seasons

In Chapter 3 of the Book of Ecclesiastes, the author begins by saying, “There is a time for everything, and a season for every activity under heaven (Ecclesiastes 3:1).” One of the best advices I’ve ever heard came from a friend who reminded me that life comes in seasons. I was going through a difficult time in my life, and he encouraged me to remember that this was a season I was going through, but it was just a season. COVID-19 has been an extremely difficult season, but we must remember it is a season we are in. We don’t know how long seasons will go, but we do know according to the Bible, that there will be times to weep and times to laugh.

2. Make the Most of Every Opportunity for God & Others

We don’t know what will happen tomorrow. Because life is short, we should make the most of every opportunity (Ephesians 5:15-17) and live life for God’s glory (Colossians 3:17). As we wake up each day, we ask God, “How can I serve you and others today?” We can serve God as we work by bringing Him glory using our God-given gifts. We can serve others by addressing the needs that come up.

3. Pause

You know the saying, “Stop and smell the roses.” We need to take time to pause during the week. Take a look at God’s beauty around you. Take some time to thank God for your family & friends. Take a moment and reflect on how God has provided for you.

One of my struggles is I tend to plan ahead and am constantly anticipating the future. If I’m so busy looking forward, I will eventually start looking back and regret always looking to what was next. I don’t want to reach age 75 and realize I spent most of my time planning and looking ahead. We’ve all heard it said that “We might not get tomorrow.” Because this statement is true, we need to embrace today and take life one day at a time.



Promotions

Master Sergeant

Curtis Cooper 119 COS
Adam Huskey 134 CF
Mary Banach 134 MOF
Cameron Lale 134 MXG

Technical Sergeant

James Brannon 572 Band
Jill Kennedy 134 CES
Matthew Petersen 134 CES
Jeremy Overturf 241 EIS

Staff Sergeant

Kaitlin Zanoni 119 COS
Sean Pharris 119 COS
Tyler Frye 119 COS
Jacob Higdon 134 MXS
Taylor Shultz 134 CES
Joseph Bennett 241 EIS

Senior Airman

William Purdy 134 LRS
Davari Reeder 134 MXS
Hannah Lombard 134 MDG
Elijah Lawson 134 MXS
Blake Mills 134 MXS
Logan Settles 134 SFS

Airman First Class

Jesse Farley 134 FSS
Elizabeth Hall 134 MSG
Charles DeFranco 134 OSS
Carter Andrews 119 COS

Airman

Christian Ellard 134 CES
Ian Perdue 134 CES

**** Congratulations to all! ****



Free Concert

Fri, Jul 2
6:30 pm

Celebration of the 4th
World's Fair Park
Performance Lawn
Knoxville, TN

For more info on the event go to:

<https://www.visitknoxville.com/event/celebration-of-the-4th/17831/>

Find Us on Facebook!

[Facebook.com/AirNationalGuardBandoftheSouth](https://www.facebook.com/AirNationalGuardBandoftheSouth)



The Chaplain Challenge (TCC)

Purpose

To create and foster supportive relationships with the goal of improving overall fitness and test results.

Relationships

Meeting regularly can be an approach for the Chaplains group to engage with airmen. Airmen can become more acquainted with the Chaplains group in an informal manner. Opportunities for ministry can arise that will allow us to serve those in need.

Fitness

On the last hour on Sunday UTA, members will be encouraged to attend at the track with supervisor approval. Workouts will focus on PT requirements (running, push-ups, and sit-ups).

Sample workout 1

5 minute beginning stretch

Repeat 6x:

1 lap around the track

1 minute break

1 minute push-ups (max out)

30 second break

1 minute sit-ups (max out)

1 minute break

5 minute ending stretch

Sample workout 2

Jog from the track, to the back gate,
and back to the track.

Sample workout 3

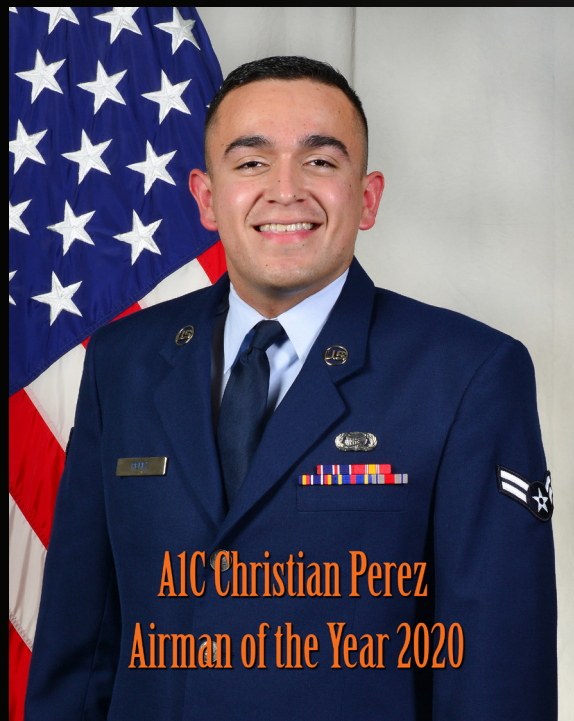
Mock PT test

1.5 miles

1 minute push-up

1 minute sit-up

VOLUNTEER READY!



A1C Christian Perez
Airman of the Year 2020



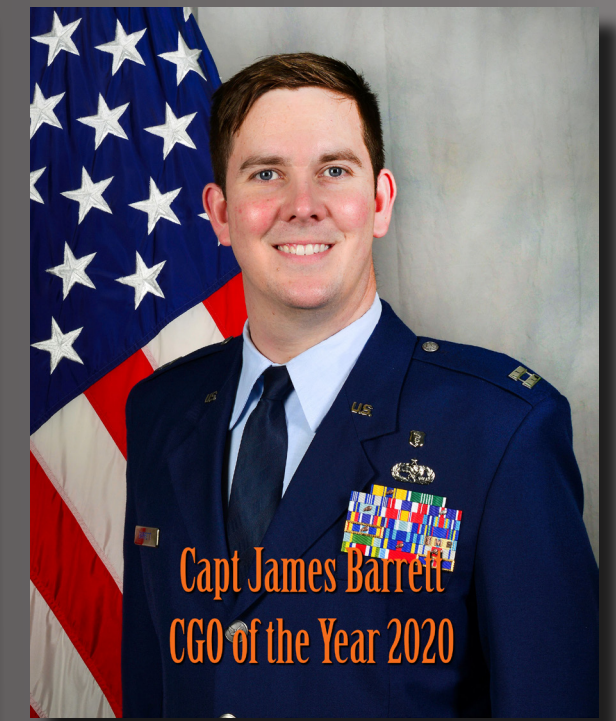
TSgt Clint Charles
NCO of the Year 2020



MSgt Matthew Finrock
SNCO of the Year 2020



1st Sgt Chris Henry
1st Sgt of the Year 2020



Capt James Barrett
CGO of the Year 2020

2020 Airmen of the Year!

134 ARW MEDICAL GROUP

SATURDAY - JUN 26

0815-1030 HOURS PHYSICAL HEALTH ASSESSMENTS (PHAs)/IMMUNIZATIONS

0830-0900 HOURS FITNESS FOR DUTY EVALUATIONS

0830-1100 HOURS DEPLOYMENT PROCESSING/ANAM TESTING

0830-1100 HOURS QNFT TESTING

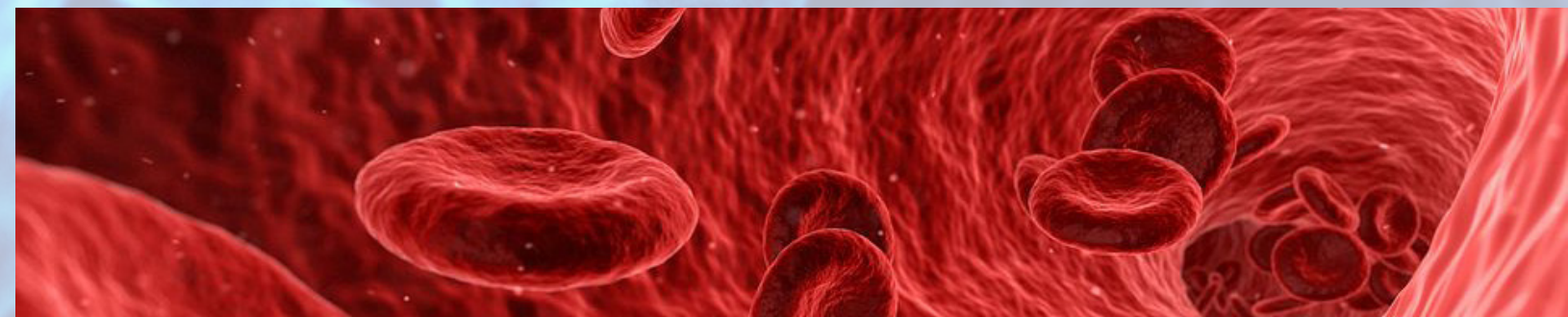
0930-1000 HOURS PRIOR SERVICE INPROCESSING BRIEF (CC CONF RM)

1130-1230 HOURS LUNCH

1300-1500 HOURS IMMUNIZATIONS

1300-1500 HOURS WAIVER/MEDCON/LOD APPS w /DOCs & PAs

1300-1500 HOURS HEARING EXAMS/ANAM



SUNDAY - JUN 27

0730-0800 HOURS FITNESS FOR DUTY EVALUATIONS

0800-1000 HOURS COVID VACCINATION (Clinic Bldg 420)

PLEASE ENSURE MILITARY MEMBERS REPORT ALL PRESCRIPTION MEDICATIONS THEY ARE TAKING TO THE 134MDG IMMEDIATELY!

NOTE 1: INDIVIDUALS REQUIRING LIPID TESTS MUST FAST FOR 14 HOURS PRIOR TO PHYSICAL EXAMINATION. FASTING IS NO FOOD, YOU SHOULD DRINK WATER AND TAKE ANY MEDICATION PRESCRIBED TO YOU.

NOTE 2: INDIVIDUALS ARE NOT TO CONSUME ANY ALCOHOL FOR AT LEAST 72 HOURS PRIOR TO PHYSICAL.

NOTE 3: IF YOU WEAR GLASSES YOU MUST BRING THEM WITH YOU FOR PHYSICAL. PLEASE DO NOT WEAR CONTACT LENS FOR EXAM.

NOTE 4: IF YOU ARE DEPLOYING, PLEASE CHECK WITH THE CLINIC WELL IN ADVANCE OF DEPARTURE DATE FOR IMMUNIZATION REQUIREMENTS.

NOTE 5: DNA TESTING WILL BE CONDUCTED FROM 0830-1100 HRS SAT. UTA. PLEASE HAVE YOUR PERSONNEL REPORT AT THE SCHEDULED TIME.

TOP III



There will be no Top III meeting this month

JEAA MEETING

Time & Location ~ TBA
All E-1's through E-6's
encouraged to attend!



REMINDER!!

AIR FORCE PT RETURNS TO NORMAL
SCHEDULE ON JUL 01 - STAY ON TRACK!





134TH AIR REFUELING WING PUBLIC AFFAIRS

865-336-3214

To view official DoD imagery/video/graphics from the
134th Air Refueling Wing go to DVIDS:
<https://www.dvidshub.net/unit/134ARW>



134th ARW website - www.134arw.ang.af.mil

Follow us on social media!



134th ARW App - available on the App Store & Google Play



ROCKY TOP

DINING FACILITY MENU

Saturday Jun 26

Meatloaf
Grilled Chicken
Mashed Potatoes
Green Beans
Dinner Roll

Sunday Jun 27

Spaghetti
Pork Tenderloin
Broccoli
Carrots
Dinner Roll