



# THE VOLUNTEER

October 2020



## EDITORIAL

THE VOLUNTEER MAGAZINE IS  
PUBLISHED MONTHLY BY:

134th ARW Public Affairs  
134 Briscoe Dr  
Louisville, TN 37777  
(865) 336-3214

### CHIEF OF PUBLIC AFFAIRS:

Lt. Col. Travers Hurst

### PUBLIC AFFAIRS OFFICER:

1st Lt. Jonathon LaDue

### PUBLIC AFFAIRS SUPERINTENDENT:

Senior Master Sgt. Kendra Owenby

### PUBLIC AFFAIRS SPECIALISTS:

Master Sgt. Jonathan Young

Master Sgt. Daniel Gagnon

Tech. Sgt. Teri Eicher

Staff Sgt. Melissa Dearstone

Staff Sgt. Darby Arnold

Staff Sgt. Treven Cannon

Staff Sgt. Justin Lillard

Senior Airman Kaylee Patterson

### ADMIN:

Airman 1st Class Christa Pelham

Airman Sarah Costen

### ABOUT THE VOLUNTEER

This magazine is an authorized publication for members of the U.S. military services. The content is edited, prepared, and provided by the McGhee Tyson ANG Base Public Affairs Office. The contents of THE VOLUNTEER are not necessarily the official views of, or endorsed by, the U.S. Government, DOD, or the Department of the Air Force.

THE VOLUNTEER welcomes any articles and ideas that will help improve the content. If you have questions or comments, please contact Lt. Col. Travers Hurst, CCE/PAO at extension 336-3205, or [travers.e.hurst.mil@ang.af.mil](mailto:travers.e.hurst.mil@ang.af.mil).

All imagery is produced by 134th ARW Public Affairs, is public domain, or otherwise specified.

Cover: A KC-135R Stratotanker sits in front of the hangar at McGhee Tyson ANG Base, TN. (U.S. Air National Guard photo by Staff Sgt. Treven Cannon)

This page:

'Cup' courtesy of Pexels.com

Medical images courtesy of Pixabay.com

'Hangar Progress' (U.S. Air National Guard photo by Senior Master Sgt. Kendra Owenby)

'Chief's coin on flag' (U.S. Air National Guard photo by Tech. Sgt. Teri Eicher)

'Air Force Thunderbirds' and OPSEC photos courtesy of DVIDShub.net

'Resiliency Group' (U.S. Air National Guard photo by Master. Sgt. Daniel Gagnon)

# October feature stories



## Hangar Progress - One Year Mark!

The final steel beam was put in place on the new aircraft hangar one year to the start date of construction.



## Dedication for "Griff"

Armory dedicated to late 134th SFS member, Master Sgt. Gabriel Griffin



## Resiliency Team

A resource to help you better know your resiliency team!



## JEAA update

Meeting this Sunday, time for a new council, and scholarship applications due!

# Monthly columns



## Rank Up

October promotions are in!



## The Chaplain's Cup

Capt. Seth Hammond - Swimming in the waters of COVID19.



## The Chief's Corner

Get to know this month's Chief: Chief Master Sgt. Kevin Trostle



## Medical Schedule

October 134th MDG Medical Schedule



## OPSEC

Tips for how to protect your important data



## Top III Meeting

Top III Meeting will be held at the Air Park  
Sunday @ 1230



## Social Media Links

Follow the 134th ARW @134\_ARW



# 134th ARW New Hangar Project Marks One Year Progress with Last Beam Installation

By Senior Master Sgt. Kendra M. Owenby, 134th Public Affairs

A one-year milestone was reached on the new aircraft hangar at McGhee Tyson Air National Guard Base on Wed., Sept. 23. The final steel beam was set into place at the pinnacle of the building as several members of the 134th looked on.

Col. Ron Selvidge, acting 134th Air Refueling Wing Commander, spoke briefly to the Airmen during the short ceremony. He reiterated the importance of the milestone and how having the new hangar would shape the future of the wing.

"Thank you all for coming out to witness this great moment in time for the base. This is a day that you can look back on years down the road as you see the progress and completed hangar," said Col. Ron Selvidge.

In a standing tradition, members were invited to sign the beam prior to its placement and then given the opportunity to observe as it was lifted into place.

"We hadn't planned it this way, but the fact that today is the one-year mark of the construction project makes it even more special," stated 134th Civil Engineer Squadron Commander, Lt. Col. Brian Austin.

Once complete, the 57,400 square foot hangar will house aircraft maintenance and corrosion control for the unit's KC-135 Stratotanker refueling aircraft. The new facility will also have the capability to support the new U.S. Air Force's KC-46 Pegasus refueling aircraft.



U.S. Air National Guard photos by Senior Master Sgt. Kendra M. Owenby, 134th Public Affairs



## Dedication Ceremony for 134th SFS Gabriel “Griff” Griffin

On Sat., Oct 10, 2020, the 134th Security Forces Squadron will hold an Armory Dedication Ceremony to honor Master Sgt. Gabriel “Griff” Griffin. This is an outside event and there is plenty of room for distancing, so all who can attend are invited. The ceremony will begin at noon and will last about 30 minutes.

*Ten-codes have been used in law enforcement since the 1940's. For law enforcement agencies across the country, the code "10-4," means "OK," "understood," or "affirmative", but on Oct. 4 2019, "10-4" took on a new meaning for the 134th Security Forces Squadron with the unexpected passing of one of our own, Master Sgt. Gabriel Griffin, affectionately known to all as "Griff".*

*"Griff was my friend, brother, and one bad-ass defender. His love for his country and his fellow defenders was evident through his actions, in and out of uniform. He was the type of man that would drop everything if someone needed his help. He would call you just to see how you and your family were doing if he hadn't talked to you in a while. Griff had the ability to make us smile during the toughest situations, and he always knew the perfect thing to say to break an awkward moment. But beyond the jokester we all loved, there was a quiet professional. He led by example and always from the front! He will forever be missed and his legacy will live on within all the lives that he has touched."*

*-Senior Master Sgt. Joey Hungate, 134th SFS*







# Promotions

## *1st Lieutenant*

Garland Mahan	MXS
James Spearman	MXS
Mollie Eason	119 COS

## *Senior Master Sergeant*

Jerry Spry	CES
------------	-----

## *Master Sergeant*

Travis Pruett	OG
Daniel Gagnon	ARW
Brian Trent	OSS

## *Technical Sergeant*

David Wethington	FSS
Leslie Wilson	MDG

## *Staff Sergeant*

Jessica Good	LRS
Walker Gordon	ARW

## *Senior Airman*

Kevin White	FSS
Jonathan Thursten	BAND

## *Airman*

Abigail Wade	ARW
John Nelson	119 COS
Blaine Moyers	119 COS



# 134TH ARW RESILIENCY TEAM

*Wing Chaplains, Director of Psychological Health,  
Sexual Assault Response Coordinator & Airman Family Readiness Manager*





# *The Chaplain's Cup*

## Swimming in the Waters of COVID-19

By Chaplain Seth Hammond

Several years ago, my friend, Kyle, went on a fishing trip with his brothers out in the ocean on their boat near the West Palm Beach Area. After an hour, the weather turned sour, leaving them with massive waves that rammed their boat. Before they knew it, the waves knocked all three of the men out of the boat. They thought the boat had capsized, but it didn't. It was still in gear at half-throttle and left them, 4 miles away from the coast in 600 feet deep water. By the way, they were not wearing life jackets!

After treading water for two hours, a rescue helicopter came by and circled them twice, but the boys were not seen. Two hours after that, another helicopter came. Finally, this time, the young men were spotted and the members of the Coast Guard were able to rescue them.

Kyle told me that he thought he and his brothers were going to die. He tried to maintain his optimism, but it was difficult. He told me later that he thought to himself, "How long, O Lord, will I have to tread through these turbulent waters?"

In the same way, we all find ourselves asking this same question: "How long, O Lord, must we tread through the rough waters of COVID-19?" All of us go through seasons in life, and this year has been one of those difficult seasons.

But I have good news: God is with us through the storms. He promises us He will never leave us or forsake us. God is with us through this season.

Do you know how my friend, Kyle, and his brothers were rescued? The boat that left them ended up going towards the shore and crashed on the shoreline. There was a man who happened to be fishing near where the boat crashed, and he was able to run over to discover that no one was there. He immediately called the Coast Guard, and even though it took a few rounds, they were able to get these young men to safety. When the men saw the helicopter had spotted them and was coming to them, they knew they were going to be okay.

Kyle later told me, "Although there were moments I saw my life flashing before my eyes, I kept my faith that God would get us through it."

May we trust in the Lord during these trying times and have faith that He is with us and will help us get through these times.



# Top III



\*Top III will meet Sunday, 04 Oct.

Time: 1230

Location: Air Park

Open to all E-7's and above!





# The Chief's Corner

## GET TO KNOW YOUR CHIEF:

Featuring Chief Master Sgt. Kevin Trostle

- 1) **Full name:** Kevin L. Trostle
- 2) **Nickname:** KT
- 3) **Years in the military:** 35
- 4) **Favorite food:** Spaghetti Ice Cream from Germany & Moe's Southwest Grill
- 5) **Pets:** two cats
- 6) **Hobby:** Road cycling & splitting wood
- 7) **Originally from:** Not from Tennessee, but wish I had been
- 8) **Favorite vacation spot:** Mountains
- 9) **Best TDY Location I've ever been to:** Spangdahlem, Germany
- 10) **Favorite movie:** The last one I watched!
- 11) **One thing you would go back to tell your AB self:** Don't ever be the last person out of the dorm in the morning!!
- 12) **The person who influenced your military career most, and why:** Lt. Col. (Ret.) Kevin Poster. He was my mentor.





**Come join the fun at the annual base**

# *Children's Halloween Party!!!*

***When: Sat. 24 Oct. @5 pm***

***Where: Base track (Plenty  
of room for social distancing!)***





# 134 ARW MEDICAL GROUP

## SATURDAY OCT 3RD

0800-0900 HOURS	FITNESS TESTING EVALS
0815-1115 HOURS (PHAs)	PHYSICAL HEALTH ASSESSMENTS
0830-0900 HOURS	FITNESS FOR DUTY EVALUATIONS
0830-1115 HOURS	IMMUNIZATIONS
0830-1115 HOURS	QNFT TESTING
0830-1100 HOURS	DEPLOYMENT PROCESSING/ANAM
TESTING (REPORT @ PH)	
0930-1000 HOURS	MDG NEWCOMERS BRIEF
1130-1230 HOURS	LUNCH

## SUNDAY OCT 4TH

0730-0800 HOURS      FITNESS FOR DUTY EVALUATIONS

*PLEASE ENSURE MILITARY MEMBERS REPORT ALL PRESCRIPTION MEDICATIONS THEY ARE TAKING TO THE 134MDG IMMEDIATELY!*

NOTE 1: INDIVIDUALS REQUIRING LIPID TESTS MUST FAST FOR 14 HOURS PRIOR TO PHYSICAL EXAMINATION. FASTING IS NO FOOD, YOU SHOULD DRINK WATER AND TAKE ANY MEDICATION PRESCRIBED TO YOU.

NOTE 2: INDIVIDUALS ARE NOT TO CONSUME ANY ALCOHOL FOR AT LEAST 72 HOURS PRIOR TO PHYSICAL.

NOTE 3: IF YOU WEAR GLASSES YOU MUST BRING THEM WITH YOU FOR PHYSICAL. PLEASE DO NOT WEAR    CONTACT LENS FOR EXAM.

NOTE 4: IF YOU ARE DEPLOYING, PLEASE CHECK WITH THE CLINIC WELL IN ADVANCE OF DEPARTURE DATE FOR IMMUNIZATION REQUIREMENTS.

NOTE 5: DNA TESTING WILL BE CONDUCTED FROM 0830 - 1100 HOURS SAT. UTA. PLEASE HAVE YOUR PERSONNEL REPORT AT THE SCHEDULED TIME.





# JEAA Update!



- \* **Socially distanced meeting this month:** We need to vote in the new council. Plan on a short meeting at 1215 Sunday in the air park again, rain location if needed will be announced.
- \* **JEAA needs a new council for FY 2021-2022!** There are four council positions, open to any Airman E-6 and below. None require an extensive time commitment, but it is better if at least one person is full time or near base and can stop by occasionally. If you'd like more information about the roles, you can speak to the current council: Tech. Sgt. Teri Eicher (PA), Staff Sgt. Laura Reagan (HQ), Staff Sgt. Hannah Short (SFS) or Staff Sgt. Louis Guillibeaux (HQ).
- \* **Scholarships!** Winners will be announced this UTA.
- \* **Need a shirt?** We have a limited number of the 'Combat Ready' shirts left. Contact Tech. Sgt. Eicher, if you'd like one.
- \* **Got an idea you'd like to get in front of command?** Bring it to JEAA!



# JEAA annual



- **When:** 14 SEP- 8 NOV 2020
- **What:** Non-perishable foods and cash. 1 point per item, and 1 point per dollar. The group with the most points wins!
- **Who:** 134th members designate their own collection team – can be by shop, section, building, or group
- **Why:** Support a great cause and win free breakfast January UTA! Cans will be delivered to the Blount County Veteran's Food Shelf after Dec UTA

# Win FREE Breakfast!



# OPERATIONS SECURITY





FOLLOW US ON SOCIAL MEDIA!

Download the 134 ARW App - available on  
the App store & Google Play



Click to visit each app or website

To view the official 134th ARW website  
please go to: <https://www.134arw.af.ang.mil>

To view official DoD imagery/video/graphics  
from the 134th ARW, go to DVIDS:  
<https://www.dvidshub.net/unit/134arw>



**134th AIR REFUELING WING**  
PUBLIC AFFAIRS 865-336-3214