

THE VOLUNTEER

August 2019



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ABOUT THE VOLUNTEER

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Cover: Airmen from the 134th ARW visit a grave at The National Memorial Cemetery of the Pacific. (U.S. Air National Guard photo by Tech. Sgt. Teri Eicher)

Above: A B-52 Stratofortress completes refueling from a 134th ARW tanker during exercise Saber Guardian 19. (U.S. Air National Guard photo by Tech. Sgt. Daniel Gagnon)

Opposite: 'Cup' and 'Red Leaf' courtesy of Pexels.com.

'Vehicle Operations' (U.S. Air National Guard photo by Staff Sgt. Melissa Dearstone)

'Chief's coin on flag', 'Tanker on the ramp' and 'Grave' (U.S. Air National Guard photos by Tech. Sgt. Teri Eicher)



134th Air Refueling Wing Volunteers

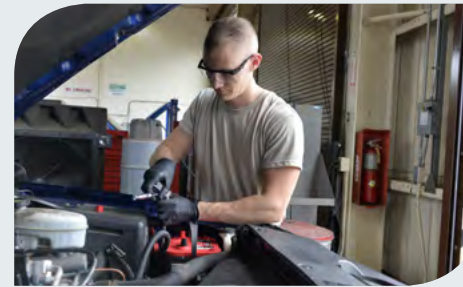
VISION
Volunteer Ready

FEDERAL MISSION
Support rapid global mobility and sustainment by providing world-class personnel, vital air refueling and airlift capabilities for contingency response and sustained combat operations.

STATE MISSION
Provide personnel and equipment to protect life & property during emergency response operations as directed by the Governor of Tennessee & the Adjutant General.

In this issue:

3



Air Force Aloha!

The 134th Air Refueling Wing traveled to Joint Base Pearl Harbor-Hickam for training.

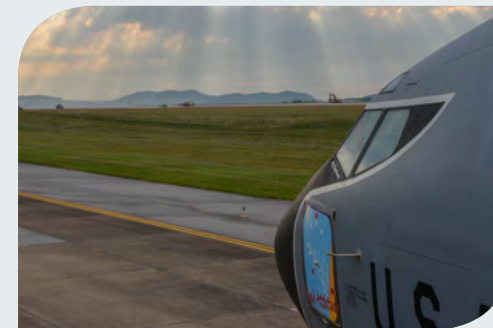
4



Family: Found

A 134th Airman on a deployment for training to Honolulu, Hawaii, visited the grave of a relative who died in World War II.

6



Wing Events

The 134th ARW is hosting several important events this weekend. See the full list here.

7



Opening closed doors

When life presents you closed doors, what can you do to open them?

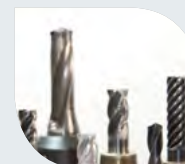
8



2020 UTA Schedule

It's here!

9



Power Tools

Bill Conner discusses Resilience

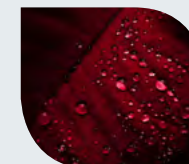
10



The Chief's Corner

Retirement: not just for retirees!

11



Blood Drive

JEAA Blood Drive Results!

12



Medical Group Hours

Medical Group hours and notes

13



Honor Guard

The 134th Honor Guard is seeking a few good Airmen

15



Rank up!

July Promotions by rank

VOLUNTEER AIRMEN CONDUCT TRAINING IN HAWAII

by Staff Sgt. Melissa Dearstone, 134th ARW Public Affairs



Over 80 Volunteer Airmen from the 134th Air Refueling Wing and 241st Engineering Installation Squadron traveled to Hawaii for an annual deployment for training June 24-July 7.

Various units within the wing were able to train on their career field requirements with local active duty and guard units.

“It’s a great opportunity for us as Guardsmen to interact with our active duty counterparts and even some other guard units that we can work with because it allows us the opportunity to network,” said the 134th Air Refueling Wing command chief, Chief Master Sgt. Stan Drozdowski.

Besides networking, the DFT provided Airmen the chance to work and learn new skills within their career field that they can take back to their home station in addition to experiencing a new location.

Staff Sgt. Elisha White, 134th religious affairs Airman, said she enjoyed the opportunity to support the local active duty chaplain’s mission in providing services to the active duty and guard Airmen.

“The Airmen in the local chaplain’s office were great to work with,” said White. “The one thing I noticed was the camaraderie. Our home station already has a lot of it, but the active duty here has camaraderie like I have never seen before.”

After the duty days were over, the Airmen were given the opportunity to explore the recreational activities around the island.

“We work hard, but we also have fun,” said Drozdowski. “I hope the Airmen were able to learn some of the culture and see the scenery here so they are able to share their experiences with their families and other Airmen at home.”

Staff Sgt. Ethan Richardson, communications focal point with the 134th Communications Squadron said that there was so much to see and and learn about the culture here.

“This trip was great,” said Richardson. “Some highlights of my trip would have to going to a luau, the Koko Crater Trail hike, and just being able to appreciate the views of Hawaii.”

Drozdowski said that this trip was very successful and the Airmen were able to not only complete training, but also get to know one another.

“Thank you to everyone for working so hard during this DFT,” said Drozdowski. “I’ve heard a lot of great things and stories from the Airmen and I think everyone has bonded very well during their time here.”

The overall mission of this deployment was for the 134th Mission Support Group to obtain on the job training that they may not be able to receive at their home station and to work with the local active duty and guard units.



Top: Members from the 134th Air Refueling Wing participated in a leadership training seminar provided by 134th Chaplains.

*Bottom: Tech. Sgt. John Badgett, 134th fuels journeyman, works on the flight line at Joint Base Pearl Harbor-Hickam, refueling F-22 Raptors.
(U.S. Air National Guard photos by Staff Sgt. Melissa Dearstone)*



Tennessee Airman visits grave of World War II relative in Hawaii

by Tech. Sgt. Teri Eicher, 134th ARW Public Affairs

In the bright morning sunlight, a young Airman carefully trims blades of grass around a slab of polished stone. The stone marks the grave of a United States Marine who died February 22, 1944. Airman Haley Howard, a personnel apprentice with the 134th Air Refueling Wing, has come to honor her great uncle who died in World War Two.

One of ten children, Private 1st Class Henry Durwood Howard volunteered to enlist with three of his siblings at the outbreak of the war. Airman Howard’s grandfather has often told her about his brother, whose grave few in the family have been able to visit.

Private 1st Class Howard was killed during the battle for the Marshall Islands, leaving behind his wife and unborn child. When offered the choice to have his remains shipped home or to allow him to be interred in Hawaii, she chose to let him rest. Since the funding of the National Memorial Cemetery in the Pacific in 1948, Howard’s final resting place has been a place of honor among the fallen.

After scrubbing away a layer of grit and placing an American flag above the stone, Airman Howard called her family via video chat to share the moment. Howard read the inscription aloud and her aunt commented, “Wow, he was only twenty years old when he died. Can you imagine?”

Howard replied, “Yeah, he was the same age as me.”

A quiet moment passed as Howard contemplated that realization. Finally, she said, “It was a different world back then, wasn’t it?”

“Yes,” her aunt agreed, “it was.”

When she was unable to reach her grandfather, Howard recorded a video to share with him instead.

“I feel very proud to be able to honor my great uncle today,” Howard said. “It’s a cool experience for me, but I think it’s even more important that I was able to be here for my family and share this with them. Most of them have never been able to see this, so they were very excited when they heard I would get to visit Uncle Durwood’s grave while I was here.”

Howard was accompanied by several members of the 134th Air Refueling Wing, including Command Chief Master Sergeant Stanley Drozdowski.

“I think this was the highlight of my entire trip,” said Drozdowski. “To be able to take Airman Howard out to the memorial, see her visit the grave site and share that with her family, was amazing. These opportunities are once in a lifetime, and to be able to offer that experience during a trip with the Air Force is a bonus for us all.”

The 134th ARW members visited Hawaii as part of a training deployment to Joint Base Pearl Harbor-Hickam. The Airmen were there to support the local units and complete annual training requirements.

Howard concluded, “It’s been an amazing trip so far, and it was very special to be able to come here for work and share this with my family.”

The National Memorial Cemetery of the Pacific was established in 1948 to provide a permanent burial site to thousands of World War II service members. The memorial now includes members from the Korean and Vietnam wars, and its Hawaiian name, “Puowaina,” means “Hill of Sacrifice.”



*Previous: Airman Haley Howard, 134th personnel apprentice, places a flag above the grave of her great uncle Private 1st Class Henry Durwood Howard.
Top: Airman Howard trims overgrown grass away from the gravestone.
Bottom: Airman Howard poses with the grave of her great uncle Private 1st Class Henry Durwood Howard, who died during World War II.
(U.S. Air National Guard photos by Tech. Sgt. Teri Eicher)*

August UTA Schedule of Events



Saturday

0900 - Brig. Gen. Thomas Cauthen promotion - Building 113 (New Hangar)

1400 - Brig. Gen. Vincent Franklin retirement - Spruance Hall

Sunday

1430 - Lt. Col. Gary Taft retirement - Wingman Hall

1530 - Lt. Col. Todd Bergeson retirement - 134th Operations

The Chaplain's Cup

by Maj. Derick Wakefield, 134th Air Refueling Wing Chaplaincy



I got to a hotel late one night, tired and just wanting to rest.

However when I got to my room, I couldn't get in. I kept trying to use the key card I had been given but it didn't work. I knew that repeating an action and expecting a different result is often referred to as the definition of insanity.

Even so, I kept trying because I didn't want to face the alternative. Sadly, no matter how I entered the card into the slot or how many times I tried, the door just would not open.

Even though I didn't want to, even though I was tired, frustrated, and wishing that the situation was different, I went back down to the front desk and asked for help.

The attendant sincerely apologized, recoded the card, and finally I was able to get in my room.

Some of us keep trying and trying to get into the right door, but we're using the wrong key. We try it one way and then another, and the door stays closed.

Sometimes, we even just stand and pound on the door in frustration. No matter what we try, it refuses to open. In times like these we have to humble ourselves, despite how little we want to.

We have to go back to God, and ask Him to recode us so we have the right key to finally get through the right door.



2020 UTA Schedule

TENNESSEE AIR NATIONAL GUARD
134TH AIR REFUELING WING (AMC)
134 BRISCOE DRIVE
MCGHEE TYSON ANG BASE TN 37777-6200

SPECIAL ORDER
M-1

17 July 2019

Under the provisions of Sec 502, Title 32, USC, Sec 206, Title 37, USC and ANGI 36-2001, all members of the 134th Air Refueling Wing and 572nd Band are hereby ordered to attend all unit training assemblies shown on this training schedule unless attending a split UTA (SUTA) or Rescheduled UTA (RUTA) January 2020 through December 2020 at McGhee Tyson ANG Base, TN. Organizational Commanders may schedule their personnel for Split Unit Training Assemblies (SUTA's) during the calendar month of the scheduled UTA's as required for their unit mission. Equivalent Training (EQT's) will not exceed four (4) per fiscal year (FY). Both SUTA's and EQT's must be scheduled and approved in advance. Duty hours for each UTA/SUTA/RUTA will be as follows: Saturday: 0800 to 1200 and 1230 to 1630, and Sunday: 0700-1100 and 1130 to 1530. Appropriate military uniform will be worn.

PRIMARY DATE	TIME	NUMBER OF UTAs	MXG ALTERNATE
11 JAN 20	0800-1630	2	NONE
12 JAN 20	0700-1530	2	NONE
15 FEB 20	0800-1630	2	NONE
16 FEB 20	0700-1530	2	NONE
07 MAR 20	0800-1630	2	14 MAR 20
08 MAR 20	0700-1530	2	15 MAR 20
04 APR 20	0800-1630	2	NONE
05 APR 20	0700-1530	2	NONE
16 MAY 20	0800-1630	2	NONE
17 MAY 20	0700-1530	2	NONE
06 JUN 20	0800-1630	2	13 JUN 20
07 JUN 20	0700-1530	2	14 JUN 20
11 JUL 20	0800-1630	2	NONE
12 JUL 20	0700-1530	2	NONE
01 AUG 20	0800-1630	2	NONE
02 AUG 20	0700-1530	2	NONE
12 SEP 20	0800-1630	2	19 SEP 20
13 SEP 20	0700-1530	2	20 SEP 20
03 OCT 20	0800-1630	2	NONE
04 OCT 20	0700-1530	2	NONE
07 NOV 20	0800-1630	2	14 NOV 20
08 NOV 20	0700-1530	2	15 NOV 20
05 DEC 20	0800-1630	2	NONE
06 DEC 20	0700-1530	2	NONE

MARTIN L. HARTLEY, JR. Colonel, TN ANG
Commander





BREAK OUT THE ‘POWER TOOLS’

by Bill Conner, 13th ARW Airman and Family Readiness Program Manager

Last week I attended the Air Force’s Master Resilience Training Course. As you can imagine, we sat in a circle, sang songs and talked about our feelings. I’m kidding, it was actually the exact opposite experience. The Air Force is very committed to seeing Resilience used as a real ‘power tool’ for members to utilize in their personal and professional lives, to improve mental health while increasing job performance and productivity. The lessons I learned are geared toward reaching those objectives.

As I’m reaching out to your unit training managers and first sergeants to look for ways to incorporate these practices into your training, I’d like you to check out this article about an Air Force lieutenant colonel (recently retired) who learned to build Resilience into her life and into the personal and professional lives of her Airmen. She’s living proof of how Resilience practices enhance your overall well-being both on the job and off.

I look forward to sharing this training with you, please contact me at (865) 336-3107 or stop by the office if you have questions!

<https://www.aetc.af.mil/News/Article/1520133/macaulay-talks-about-the-power-of-engaged-presence/>



photo courtesy of pexels.com



THE CHIEF'S CORNER

by Chief Master Sgt. Don Hill, 134th Personnel Superintendent

It's never too early to start thinking about retirement!

The Air Force personnel center is preparing to release a virtual Personnel Center (vPC) dashboard enhancement to the retirement application. The goal of the vPC Retirement Application is to enhance customer experience and increase efficiency in application processing to ultimately ensure timely and accurate retirement pay for service members. The first enhancement will change the look of the online application as it guides members to provide only necessary information to their personal retirement, alleviating confusion. Subsequent enhancements will be phased in adding greater ease of use and accountability. These enhancements will improve the systematic routing flow from the applicant to the retirement technician. With the brand new deployment of the vPC based – Age 60 and Reduced Retired Pay Age (RRPA) retirement application, members will be able to apply for retired pay from a single source.

What's in it for you? No more trying to find the proper documents and mailing them. No more missing or mis-routed information. No more confusion! Some highlights of the new features can be found at:

<https://www.youtube.com/watch?v=JH7pkvw1zqo&t=7s>

For additional information, please call the Total Force Service Center at (800) 525-0102.

*“Retirement is
when you stop
living at work and
start working at
living.”*

Blood Drive

Results:

50 donors

**54 total donations collected
enough to help up to 162 people!**

Contest winner: Wing Staff!

(due to Wing activities, ice cream party will be postponed)

MEDICAL HOURS

PLEASE REFER TO LISTED HOURS FOR SERVICES AT THE 134TH MEDICAL GROUP

SATURDAY

- FITNESS TESTING EVALUATIONS
0800-0900
- PHYSICAL HEALTH ASSESSMENTS (PHA)
0815-1130
- FITNESS FOR DUTY EVALUATIONS
0830-0900
- IMMUNIZATIONS
0830-1130
- QNFT TESTING
0830-1130
- DEPLOYMENT PROCESSING/ANAM TESTING
0830-1100
- COL. CAUTHEN PROMOTION
0900-1100
- NEWCOMER'S BRIEF
0930-1000
- LUNCH
1130-1230
- WAIVER/MEDCON/LOD APPS W/DOCS & PAS
1300-1500
- SECTION SPECIFIC/AFSC-CMRP TRAINING
1300-1530
- HEARING EXAMS/ANAM
1300-1500
- BRIG. GEN. FRANKLIN RETIREMENT
1400-1500

SUNDAY

- FITNESS FOR DUTY EVALUATIONS
0730-0800
- MEDICAL IS CLOSED FOR
TRAINING ON SUNDAY WITH
THE EXCEPTION OF THE LISTED
HOURS.

MEDICAL INFORMATION

- * Report all new medications to Medical Group ASAP
- *Individuals requiring lipid tests must fast for 14 hours prior to physical examination
- * Individuals are not to consume any alcohol for at least 72 hours prior to physical examination
- * If you wear glasses you must bring them with you for physical. Please do not wear contact lenses for exam
- * If you are deploying, please check with the clinic well in advance of departure date for immunization requirements
- * DNA testing will be conducted from 0830-1100 Saturday.
- *Mental Health Assessments will be scheduled by appointment only
- *Contact 134th Medical Group at 336-4277 to make an appointment outside listed times

INTERESTED IN JOINING THE 134TH ARW HONOR GUARD?



CALL SENIOR MASTER SGT. BILL HARNESS AT 336-3438 OR STAFF SGT. CHAD DAVIS AT 336-4961

TAKE NOTE

PUBLIC AFFAIRS CUSTOMER SERVICE HOURS



The photo studio is open Saturday of UTA from **1230-1330** for official photos and passport photos

ISOPREPs are now handled by the Intelligence Flight at 336-4417

The photo studio also offers photos **by appointment only** on Wednesdays from 0800-1100

SECURITY FORCES CUSTOMER SERVICE HOURS



134th Security Forces Squadron offers customer service hours Monday-Friday from 0800-1100 and 1200-1600

CLOTHING ISSUE CUSTOMER SERVICE HOURS



Clothing issue is open for customer service:

Friday from 0800-1100 and 1300-11530

Saturday of UTA from 0900-1100 and 1300-1600

Sunday of UTA from 0800-1100

MOBILITY CUSTOMER SERVICE HOURS (BLDG 264)



Mobility is open for customer service:

Saturday of UTA from 0900-1100 and 1300-1600

Sunday of UTA 0800-1100

JUNIOR ENLISTED ADVISORY ASSOCIATION



JEAA will be meeting from 1200-1230 in the DFAC training room to present the scholarship winners and discuss upcoming events. Please join us!



TAKE NOTE

ROCKY TOP MENU

Saturday:

Polynesian Fish/Pork Loin
Grilled Chicken/Burger/Hotdog
Rice Pilaf/Mashed Potatoes
Mushrooms/Spinach
Fried Apples
Chili
Tater Tots/French Fries
Baked Beans

Sunday:

Pasta Bar/Italian Sausage
Grilled Chicken/Reuben
Spaghetti/Fettucine
Marinara/Alfredo
Broccoli/Carrots
Cheese sticks
French Fries/Onion Rings



LONG DISTANCE PIN NO LONGER REQUIRED

A long distance pin is no longer required to make long distance calls from a base phone

*Dial 134 and wait for dial tone
*Dial 1, then 10-digit number (including Area Code)

Call Comm. Focal Point at 336-4357 for more information



2019 CALENDAR NOW ON THE APP!

The 134th ARW app now has the UTA and Down Monday calendar programmed in!
It's never been easier to plan out your year. Just download the app, navigate to the Wing Calendar and tap each event to add to your phone calendar.



134TH ARW SOCIAL MEDIA

The 134th ARW is on Instagram!
Follow us at 134_ARW



TOP THREE

Check with your Top Three representative for meeting information.



Promotions



Airman First Class

Noah Waters
Haley Howard
Joshua Alley
Isaiah Potter
Christa Pellham

Staff Sergeant

Tara Kidwell
Brandon Lee
Anthony Belgarde

Captain

Christopher Michalek
Samuel Johnson

Major

Carson Carnette

Senior Airman

David Morgan

Technical Sergeant

Richard Wilkes
Joel Brashear
Alicia Hudson

Lieutenant Colonel

Jon Barrett



U.S. Air National Guard photo by Tech. Sgt. Jonathon Young



Password Security- Pt.2:

By: TSgt Adam S. Huskey

* Extend Spring-cleaning to your cyber hygiene by routinely changing passwords/passphrases on all your accounts. However, avoid changing passwords in a serial fashion such as "P@ssWord2015" being replaced with "P@ssWord2016"

* Strong passphrases, which are typically longer than passwords and contain multiple words that create a phrase such as "Coyotealarmblue" have the following features:

1. Are 15-30 characters long in the form of a series of words that create a phrase.
2. Do not contain common phrases that are in literature or music, or found in the dictionary.
3. Do not contain your user name, real name or company name.
4. Are significantly different from previous passphrases used.

* If you save your passwords/passphrases to a file on your computer, mobile device, or in the cloud, always password protect and/or encrypt it! No exceptions.

* Do not write down your passwords and keep them in your wallet/purse or posted in your work area.

* Finally, do not allow your browser to store your passwords/passphrases. Although it IS convenient, it increases your risk since anyone with access to your browser can see them.

Information Assurance Awareness: Staying aware of today's cyber threats!

The Hybrid Benefits of the National Guard

23 Jul 2019

LawFare | By Monica M. Ruiz, David Forscey

On March 1, 2018, the governor of Colorado issued the first-ever state emergency declaration based on a ransomware attack. He did so to deploy cybersecurity specialists in the state's National Guard.

A week earlier, a variant of the SamSam ransomware had infected 150 servers and more than 2,000 workstations owned by the Colorado Department of Transportation (CDOT). With private assistance, state employees successfully contained the attack, only to see the malware reappear. Following the governor's verbal emergency declaration, Guard specialists mobilized within a day, providing "significant support to incident command, threat identification and analysis, and technical expertise." Roughly three weeks later, CDOT had restored 80 percent of lost functionality.

In the aftermath of costly ransomware attacks on Baltimore, Atlanta, and two cities in Florida, the cybersecurity community would be wise to reexamine the March 2018 Colorado declaration. These incidents underscore persistent challenges posed by vulnerability management and incident response in a resource-constrained context—even with private-sector assistance. Yet public reporting does not indicate that city leaders in the affected municipalities have requested assistance from the National Guard. They should consider doing so—for the same reason that many states, including Colorado, are examining how the Guard might play a more prominent role in their cybersecurity strategies.

(Article continues @ link below...)

Entire Story: <https://www.lawfareblog.com/hybrid-benefits-national-guard?fbclid=IwAR1H0Fi8L5JP8O6pFVEbDNsftOTGkNDriTc8YyxSbfMk8Z-i2GIBC7k3XUK>

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TSgt Adam Huskey, ext. 4936

SSgt Tyler Renner, ext. 4925

