

EDITORIAL

THE VOLUNTEER MAGAZINE IS PUBLISHED MONTHLY BY: 134th ARW Public Affairs 134 Briscoe Dr Louisville, TN 37777 (865) 336-3214

CHIEF OF PUBLIC AFFAIRS: Lt. Col. Travers Hurst PUBLIC AFFAIRS OFFICERS: 2nd Lt. Maggie Nave 2nd Lt. Gregory Adamson PUBLIC AFFAIRS SUPERINTENDENT: Senior Master Sgt. Kendra Owenby PUBLIC AFFAIRS SPECIALISTS: Master Sgt. Nancy Goldberger Tech. Sgt. Teri Eicher Staff Sgt. Justin Lillard Staff Sgt. Justin Lillard Staff Sgt. Melissa Dearstone Staff Sgt. Brandon Keys Staff Sgt. Kaylee Patterson Airman 1st Class Ben Cash ADMIN: Senior Airman Christa Pellham

ABOUT THE VOLUNTEER

This magazine is an authorized publication for members of the U.S. military services. The content is edited, prepared, and provided by the McGhee Tyson ANG Base Public Affairs Office. The contents of THE VOLUNTEER are not necessarily the official views of, or endorsed by, the U.S. Government, DOD, or the Department of the Air Force. THE VOLUNTEER welcomes any articles and ideas that will help improve the content. If you have questions or comments, please contact Lt. Col. Travers Hurst, CCE/PAO at extension 336-3205, or

All imagery is produced by 134th ARW Public Affairs, is public domain, or otherwise specified.

Cover:

The 572nd Air National Guard Band of the South on their summer 2023 tour. (U.S. Air National Guard photo by Staff Sgt. Kaylee Patterson)

This page:

Airmen from the 134th Air Refueling Wing refuel F-16's from the 337th Fighter Squadron based on Larissa Air Base on June 27th, 2023. The 134th was supporting Thracian Sentry 2023, a joint operation between the 134th, Hellenic and Bulgaria Air Forces. (U.S. National Guard photo by Airman 1st Class Ben Cash)

Body:

Imagery provided by 134th Public Affairs



134th Air Refueling Wing Volunteers

VISION

"Volunteer Ready"

FEDERAL MISSION

by providing world-class personnel, vital air

STATE MISSION

Provide personnel & equipment to protect

life & property during emergency response

operations as directed by the Governor

Features



On tour with the band

The 572nd Air National Guard Band of the South hits the road



Combat Communications

A new challenge

PERSONAL FINANCIAL C Saturday, August 5, 0

PAULA PALMER WILL BE AVAILABLE FOR FR ISULTING DURING THIS UTA. WHETHER YO ONCERNS OR WOULD JUST LIKE TO START DECISIONS, MS. PALMER O SESSIONS ARE AT MILITARY AND FAM

Financial Counseling

Free appointments Saturday of UTA

PRIORITIES

Mission Focused Lethality AFSC & Readiness Focused Training Developing Multi-Capable Airmen Intentional Use of Airman's Time Wrapped in a Culture of Safety



State partnership

134th firefighters train with Bulgarians





Meet your resiliency team

here to support your needs



Promotions & Retirements June, July, and August



IA and ChatGPT Know the risks



Sexual Assault Info Recognize the Continuum of Harm



Top III & JEAA Meetings E-7's and above welcome! E-6's and below welcome!



Medical schedule

August MDG Schedule



On tour with the band

The 572nd Air National Guard Band of the South took to the road from June 24th to July 4th, 2023. Over the course of two weeks the band performed in multiple locations across North Carolina and Tennessee, including a stop in Maryville, TN, before finishing with a Fourth of July performance at Dollywood. The 572nd band was also joined by the 566th Air National Guard Band of the Midwest for their performance at Biltmore Estate July 1st, 2023.



Photos by Staff Sgt. Kaylee Patterson, 134th Public Affairs

Tennessee Air Guardsmen gain knowledge on combat communications

SAVANNAH, GA — Airmen from the 134th Communications Squadron were given the opportunity to gain insight on how a combat communications squadron operates during their visit with the 224th Joint Communications Support Squadron here on June 26th.

The tour consisted of visiting multiple areas while viewing equipment that is used when setting up communications systems in deployed locations around the world in both peacetime and combat environments.

Senior Master Sgt. Rusty Messer, 134th CS Operations Superintendent said he wanted his Airmen to have the opportunity to see, touch, and ask questions about mobile, scalable equipment they will encounter in the deployed environment as well as be oriented to similar equipment they will receive in the foreseeable future.

Tennessee Air Guardsmen were able to obtain a better understanding of what they may come across when deployed and how the equipment is utilized.

"The members of the 224th JCSS were very gracious hosts," said Senior Master Sgt. Rusty Messer. "They took the time and effort to have equipment set up to demonstrate the various capabilities they can provide as well as had subject matter experts available to brief the technical details and features of the equipment."

Tech. Sgt. Tyler Renner, 134th CS Airman said visiting the 224th was very beneficial, and with his current knowledge on communications he was able to get a clearer picture on what a deployed combat communications set up would be like.

"The members of the 134th CS are highly skilled and talented individuals," said Senior Master Sgt. Messer. "I wanted them to take the skills they have and build and adapt them to fully operate in the Agile Combat Employment (ACE) mobile environment. With the Air Force moving toward a deployed Hub and Spoke Distribution operation, this is a step toward developing multi-capable Airmen with expeditionary communication skills."

Messer said visits like this introduce new concepts and create understanding of how other components operate. "Readiness is crucial and the Air National Guard must meet the same standards as their active-duty counterparts but with a fraction of the time and equipment available to train."

The 224th JCSS provides deployable tactical communications for Joint and Special Operations Task Force Headquarters. They are capable of operating in environments without reliable terrestrial networks and are often first to deploy to establish communication networks to enhance command and control between units, services, or coalition forces.

By Staff Sgt. Melissa Dearstone, 134th Public Affairs

Get to know YOUR Resiliency Team!

Natalie Pankau, Director of Psychological Health (DPH)

Come talk to me about anything that is on your mind that you would like to talk about in a supportive, non-judgmental, empathic and confidential space. Nothing is too big, too small, too new, too old, too anything to come talk about. I will explain the limits of confidentiality with you before you share anything, as well as answer any questions or concerns you may have, so that way you can feel comfortable and confident while talking with me.

How I may be able to help you I will hear you out and discuss possible resources and supports for going forward. Maybe that is brief, supportive counseling where we meet weekly

or monthly for awhile or maybe that is providing you with counseling options that are in your insurance network or free for military members, if you need treatment or long-term supportive counseling. I can also: complete your MHA with you; provide you with resource information for a family member; provide consultation if you are concerned about a fellow Airman; and/or get you connected with another resource if I don't have the answer you need.

A common misconception about my role/program is that talking with the DPH (or any mental health counselor) will get you "kicked out" of the military. Or that your situation has to be really serious or a major crisis to be able to talk with me.

I am located in currently in Moon Hall, bldg 417, 2nd floor but this fall will move back to the Medical Group bldg 420, 1st floor.

I am available during the 134th work week (M-F 7am-4:30pm, off every other Monday) and during the 134th UTA weekends. I am happy to meet in person or talk over the phone if you are not on base.

You can reach me at 865-201-8129 (work cell) or 865-336-4017 (desk) or natalie.pankau@us.af.mil *For the 24/7/365 Crisis Line, dial 988.



Major Seth Hammond, 134th Wing Chaplain

Come talk to me about your highs and lows in life. As a Chaplain, it is a privilege celebrating with you when good things happen and to be there for you when hard things happen. Please come talk to me about upcoming big events in your life whether it is good or bad. I want to hear!

How I may be able to help you The Chaplain team provides the spiritual support you need. Whether it be counseling, prayer, a devotional study, or getting you connected with local clergy of your faith group, we want to ensure you have a place to work on your spiritual resiliency. We also can help with othe forms of counseling such as marriage and family, dealing with relationships, and life's stressors. We are connected to many resources on and off base to refer you to, if needed, and provide 100% confidentiality.

A common misconception about my role/program is that we don't offer confidential counseling. Whatever is said with the Chaplain, stays with the Chaplain. You can come and share whatever is on your mind, and we can't tell a soul. We may ask if we could refer you to someone or recommend you to a particular person or service, however, we keep

everything confidential.

I am located in Building 134 HQ next to Finance and JAG. Our website is www.134chaplains.wordpress.com. This contains up-to-date information on our upcoming Strong Bonds individual, marriage, and family retreats. If you don't get a hold of us, contact Command Post, and they will reach us ASAP.

I am available for emergencies and day-to-day counseling sessions. Our team is here for you.

You can reach me at 865-336-3217 (desk) or seth.hammond@gmail.com



Get to know YOUR Resiliency Team!

Stone Waters, Full time Victim Advocate

Come talk to me about Any and everything! I am a great resource when it comes to some things that may not be so easy to chat about. First and foremost, I want you to know that I am here for you. I'm a confidential resource and can help immensely when it comes to dealing with sexual assault. I am happy to be a listening ear if that is what you need, I can also get you to the right place if you are unsure who to go to for certain services, I am always happy to help!

How I may be able to help you I can assist in reporting sexual assault, it does not need to be related to military service. I can provide military resources, as well as local resources that can assist in healing from the experienced trauma. The sole purpose of my job is to take care of our members, and I take great pride in that, so if you aren't sure where to turn or who to talk to, my door is always open.

A common misconception about my role/program is Members commonly fear that if they come and speak to me that their personal information will be shared with their leadership and chain of command. I want members to know that I have privileged communication with them and will keep their information confidential. Before a

member discloses any information to me, I inform them of how restricted and unrestricted reporting works. I also let them know that they are not obligated to sign anything or even make a report, they are welcome to come and just talk to me.

I am located in Building 134 (HQ), across from the vending machine

I am available 24/7, please call or text anytime!

You can reach me at 24/7 at 865-405-2828 (cell) 865-336-3206 (desk) or stone.waters@us.af.mil

Tech. Sgt. Lauren Lloyd, Volunteer Victim Advocate

Come talk to me about the SAPR program and how the 134th is here to support YOU!

How I may be able to help you I can help provide resources for sexual assault and just lend an ear to listen.

<u>A common misconception about my role/program is</u> you won't be believed or someone will judge you or everyone will find out.

<u>I am located</u> Building 134 (HQ) in the Finance Office

I am available ANYTIME

You can reach me at 865-296-2224 (cell)



Senior Master Sgt. Lydia Circello, Volunteer Victim Advocate

<u>Come talk to me about</u> Absolutely anything! Even though I'm a Victim Advocate for sexual assault my door is always open and I'm here to help in any way possible.

How I may be able to help you I can explain the role of victim advocate and what services are available should you need them.

<u>A common misconception about my role/program is</u> that your information will not be protected. It most definitely will!

<u>I am located in</u> Building 240, upstairs in the Logistics Plans Office

I am available Monday through Friday 0700-1630 except on off Mondays.

You can reach me at 865-335-7082 (cell)

Tech. Sgt. Stephanie Goad, Volunteer Victim Advocate & Resiliency Training Assistant

<u>**Come talk to me about**</u> anything! I have experience in several AFSCs, retraining, Palace Chasing from active duty Air Force and so much more.

How I may be able to help you mentorship, professional development resiliency support, etc.

A common misconception about my role/program is we never work

I am located at the 119th COS/CSS

I am available Monday through Friday 0600-1430

You can reach me at 865-336-4540 (desk)





Get to know YOUR Resiliency Team!

Bill Conner, Military & Family Readiness Program Manager

Come talk to me about situations and stressors you encounter in your personal and professional life. If your situation is out of my lane, we'll visit our DPH, Chaplain, or anyone else who can provide the assistance vou need.

How I may be able to help you Think of me as your "Easy Button." I'll help you develop goals and action steps to solve an issue or refer you to the best possible resource for your particular situation.

A common misconception about my role/program is that I'm the "party planner." While I'm directly involved in nearly all our events at the 134th, the heavy lifting is done by dedicated volunteers who work very hard to make our holiday celebrations so fun!

I am located in Building 92, the tiny office on the other side of the parking lot from the Exchange.

I am available all duty hours, including UTAs.

You can reach me at 865-336-3107 or william.conner.6@us.af.mil



Jodi Carr, Wing Drug Demand Reduction Program Manager (WDDRPM)

Come talk to me about anything and everything- I'm always willing to talk.

How I may be able to help you if you have questions about whether you can use/consume certain products because you are in the Military (even though the product is legal), feel free to ask. I may not always know the answers, but I WILL find them out for you.

A common misconception about my role/program is the one in this position just wants to catch people on drugs and be done until the next month. I celebrate when we have ZERO positives, and to be honest, the parts I like best about my position are outreach, education, and prevention.

I am located in Building 134 HQ, near the Chaplains and Legal

I am available in person Monday through Friday in my office and every UTA weekend in the Chapel during testing hours (usually until noon) or by phone, feel free to call or text anytime.

You can reach me at 815-405-8926 or email Jodi.carr.ctr@us.af.mil

We are YOUR Resiliency Team - here for YOU! There is No Wrong Door you can talk to any of us and we will get you connected with the resource you need.



134th ARW Firefighters train with Bulgarian Air Force By Staff Sgt. Brandon Keys, 134th Public Affairs

Airmen from the 134th Air Refueling Wing out of Knoxville, Tennessee, recently trained with Bulgarian firefighters at Bezmer Air Base, Bulgaria. The training centered on emergency response tactics to various aircraft and the overall flight line.

These Tennessee Airmen are in Bulgaria as part of Thracian Sentry 23, a joint exercise between the American, Bulgarian and Greek armed forces. For Tennessee firefighters and their Bulgarian counterparts, training regularly at the highest level is nothing new, but the lessons learned working together will only make them stronger in the future.

"NATO has a very defined standard when it comes to a response to aircraft emergencies," said Tech Sergeant Adam West. "What we've done is taken a little bit of what they do and a little bit of what they've done and we've bridged that together between one cohesive team."

After testing preventative equipment and discussing fire mitigation strategies, the two





obstacles.

"The opportunity to train with our allies in this environment was really a great experience," said Master Sgt. Ryan Boyd. "Training with them allowed us to face challenges together and that helps so much when you're responding to any emergency.

The Tennessee National Guard is in Bulgaria as part of Thracian Sentry 23, highlighting the 30-year long partnership between the Bulgarian Ministry of Defense and the Tennessee National Guard. This training commemorates many years of military cooperation while also allowing these NATO partners to improve their overall readiness.

partners gathered their gear and quickly delivered water effectively and efficiently to their targets. Collaborating in this fashion was only made possible by both nations dedication to the best practices and procedures to tackle common

Promotions

Chief Master Sergeant

Michael Curry - 134th SFS

Senior Master Sergeant

Alan Rosas - 134th MXS

Master Sergeant

Shannon Vos - 134th MDG Chad Bales - 134th MOF Chelsea Teffeteller - 134th MXG Jarrod Williams - 134th MXG

Technical Sergeant

Zilabamutu Ubuko-Bakamunbe - 241st EIS Christopher Thompson - 134th MXS John Sanchez - 134th MXG Brandon Lively - 119th COS Fredric Scheafnocker - 134th MXS Mikeal Hicks - 134th SFS Matthew Dischner - 119th COS Jessica Good - 134th LRS Steven Mullane- 134th SFS Andrew Headrick - 134th MSG

Michael Spitler - 134th AMXS Molly Gasper - 134th MXS Caroline Pierce - 134th FSS Joseph Bach - 134th MXS Jacob Wilder - 134th CES

Staff Sergeant

Preston Vann - 134th MXG Hayden Venoy - 134th AMXS Nicholas LeBlanc - 134th COMM John Nelson - 119th COS Christian Weaver - 134th CES

Senior Airman

Auceane Black - 134th FSS Brannon Beeson - 134th SFS Jaylen Nickerson - 134th FSS William Isbill - 134th LRS Travis Azure - 134th MXS Ty Yager - 134th MXS

Riley Rose - 134th MXS **Constance Schoffner - 134th FSS** Adam Marine - 134th MXS Anthony Phillips - 134th CES Hannah Heater - 134th MDG Jacob Hardison - 134th AMXS

Airman 1st Class

Tevin Tipps - 134th CES Travis Ferrell - 134th CES Grant VanVickle - 134th CES Phillip Stack - 134th MXS





Retirements

Technical Sgt. Jonathan Dyer 134th SFS

PERSONAL FINANCIAL COUNSELING **SATURDAY, AUGUST 5, 0800-1300** PAULA PALMER WILL BE AVAILABLE FOR FREE, PERSONAL FINANCIAL **CONSULTING DURING THIS UTA. WHETHER YOU HAVE SPECIFIC FINANCIAL CONCERNS OR WOULD JUST LIKE TO START MAKING SMARTER MONEY DECISIONS, MS. PALMER CAN HELP! SESSIONS ARE AT MILITARY AND FAMILY READINESS, BLDG. 92** WALK-INS WELCOME, CALL/EMAIL MILITARY AND FAMILY READINESS AT 336-3107 OR <u>WILLIAM.CONNER.6@US.AF.MIL</u> FOR DETAILS

134 ARW MEDICAL

SAT - AUGUST UTA

0830-0900 HOURS FITNESS FOR DUTY EVALUATIONS (Bldg 417)

SUNDAY - AUGUST UTA

0830-0900 HOURS FITNESS FOR DUTY EVALUATIONS (Bldg 417)

0830-1130 HOURS	PHYS HEALTH ASSESSMENTS (PHAs) /IMMUNIZATIONS (Bldg 246)
0830-1100 HOURS	QNFT TESTING (Bldg 246)
0930-1000 HOURS	PRIOR SERVICE IN-PROCESSING BRIEF (Bldg 246)
1000-1100 HOURS	DEPLOYMENT PROCESSING/ANAM TESTING (Bldg (246)
1130-1230 HOURS	LUNCH
1300-1430 HOURS	HEARING EXAMS/ANAM (Bldg 246)

- 1300-1500 HOURS IMMUNIZATIONS (Bldg 246)
- 1300-1500 HOURS WAIVER/MEDCON/LOD APPS w /DOCs & PAs (Bldg 246/ 417)

PLEASE ENSURE MILITARY MEMBERS REPORT ALL PRESCRIPTION MEDICATIONS THEY ARE TAKING TO THE 134MDG IMMEDIATELY!

NOTE 1: INDIVIDUALS REQUIRING LIPID TESTS MUST FAST FOR 14 HOURS PRIOR TO PHYSICAL EXAMINATION. FASTING IS NO FOOD, YOU SHOULD DRINK WATER AND TAKE ANY MEDICATION PRESCRIBED TO YOU.

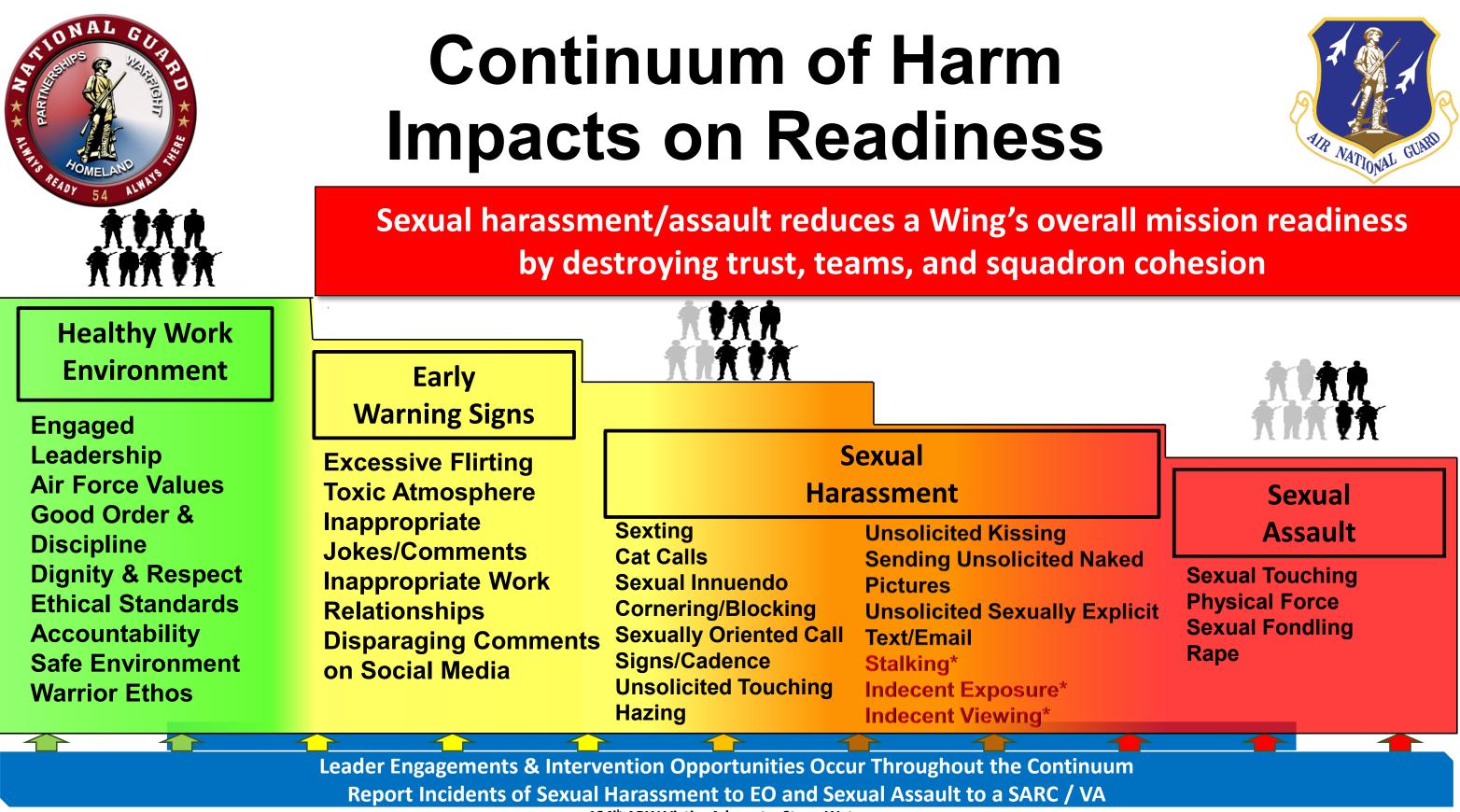
NOTE 2: INDIVIDUALS ARE NOT TO CONSUME ANY ALCOHOL FOR AT LEAST 72 HOURS PRIOR TO PHYSICAL.

NOTE 3: IF YOU WEAR GLASSES YOU MUST BRING THEM WITH YOU FOR PHYSICAL. PLEASE DO NOT WEAR CONTACT LENS FOR EXAM.

NOTE 4: IF YOU ARE DEPLOYING, PLEASE CHECK WITH THE CLINIC WELL IN ADVANCE OF DEPARTURE DATE FOR IMMUNIZATION REQUIREMENTS.

NOTE 5: DNA TESTING WILL BE CONDUCTED FROM 0830-1100 HRS SAT. UTA. PLEASE HAVE YOUR PERSONNEL REPORT AT THE SCHEDULED TIME.

ROUP



134th ARW Victim Advocate: Stone Waters 24/7 Cell: 865-405-2828



Thinking About Retirement?

Come talk to us.



Retirement Briefings are held every UTA Saturday at 1500 in the FSS Breakroom at HQ.

We Cover:

- How to apply
- Tricare
- Survivor Benefits
- Retiree ID's
- Transition Assistance
- Best practices

Contact MSgt Charles for more information

865-336-3255 or email at clint.charles.3@us.af.mil



USID CARDS

CURRENT RENEWAL PROCESS

- **Nust be done in person at a RAPIDS site**
- **O**ften requires an appointment scheduled in advance
- **No** opportunity to renew online

WHAT'S CHANGING?

- Sponsors can request card renewals **online**, **from anywhere**
- Cards will be mailed to the cardholder via US mail
- ✓ No in-person requirement for most renewals

REQUIREMENTS

- Sponsor must be a CAC holder and requesting a renewal of an active USID card
- contacting them
- Cardholder has a photo saved in DEERS taken in the last 12 years
- Cardholder's mailing address is present in DEERS and is in United States • USID cards cannot be shipped to PO Boxes

FOR MORE INFORMATION

See ID Card Office Online (IDCO): https://idco.dmdc.osd.mil/idco/

ONLINE UNIFORMED SERVICES ID CARD (USID) RENEWAL

Issued to retired and reserve uniformed Service members, dependent family members, and other eligible individuals in accordance with DoD policy • Used for access to benefits, privileges, and DoD facilities

• Sponsor and Cardholder must have email addresses listed in DEERS that they have authorized DoD to use for

• Sponsor's personnel status must extend at least 30 days in the future from the renewal request date



THU 14

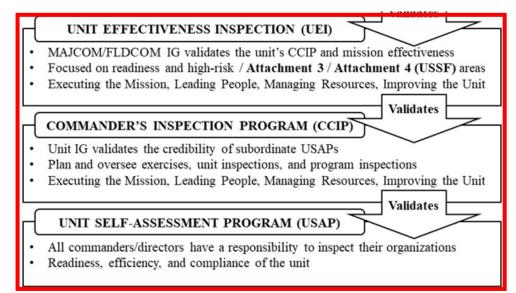
ANYTIME



CCIP Overview from the IG



With the UEI fast approaching (18-25 October 2023), the IG office wanted to remind you that it is time for a validation of the Commander's Inspection Program (CCIP).



What is CCIP?

- CCIP is a program that calls for units to be in a constant rotation of inspection evaluating unit compliance, effectiveness, and readiness throughout the four MGAs.
- Its purpose is to provide CC's & Airmen at all levels, the right information, at the right time to assess risk, identify improvement areas, determine root causes, and focus limited resourcing.

What are the components of CCIP?

- CCIP consists of numerous inspections (Horizontals, Verticals, & By-Law Inspections)
- CCIP consists of numerous activities (Unit Self-Assessment & Multiple Readiness Exercises)

How does this tie into the Unit Effectiveness Inspection (UEI)?

• A UEI is a HHQ validation inspection to ensure that the wing is as "Volunteer Ready" as claimed.

What does this mean to you as a member of the 134th family?

- Regardless of if you are a member who is performing the mission, a Wing Inspection Team (WIT) member, a Senior Enlisted Leader or Commander, your actions help the 134th ARW provide the data points that prove our Wing's readiness.
- Your actions are essential to tell OUR story up the chain of command and to our adversaries.

Thanks for all that you do at every level of the wing! You truly are a part of what makes US great.

Don't forget to take the UEI survey by following the QR code or hyperlink on the flyer in the Volunteer or hanging up in your work sections.

Let's Go!

134th ARW/IG Office 865-336-4444/4467/4952

eMail Security: Five tips to remain safe. By: TSgt Tyler S. Renner

All of us use email, right? Its ubiquitous these days and a daily tool to organize and center our lives around, but there are pitfalls to be cognizant of.

1 Be on the lookout for messages that don't seem "right" or are too good to be true. As the age-old adage goes, if it SEEMS too good to be true, it probably is.

2 Financial Institutions, Utility Companies, Internet Service Providers, and other institutions almost always have your account information to include PINs. Passwords, and Security Questions. So, it is extremely rare for requests to be made via email. Always call to confirm if there is a question using the phone numbers on your credit/ATM card, billing statement or official website.

3 Be wary if an e-mail attempts to prove legitimacy by using words such as "official," "mandatory," "urgent," or try to instill a sense of urgency or fear by stating that it's "your last warning!"

4 Before clicking any links, ensure the text in the email matches the associated URL by holding the cursor over the link so the website link is shown. If the link doesn't match, it's very likely a spear-phishing attempt.

5 Always look at the email address itself, does it look official? Do you know this person or are they DoD? NEVER click a link unless you are absolutely sure of it. No matter how many barriers we put in place, some phishing emails still slip through our nets. Keep an eye out!

When OpenAI launched their revolutionary AI language model ChatGPT in November, millions of users were floored by its capabilities. For many, however, curiosity quickly gave way to earnest concern around the tool's potential to advance bad actors' agendas. Specifically, ChatGPT opens up new avenues for hackers to potentially breach advanced cybersecurity software. For a sector already reeling from a <u>38% global increase</u> in data breaches in 2022, it's critical that leaders recognize the growing impact of AI and act accordingly.

Before we can formulate solutions, we must identify the key threats that arise from ChatGPT's widespread use. This article will examine these new risks, explore the needed training and tools for cybersecurity professionals to respond, and call for government oversight to ensure AI usage doesn't become detrimental to cybersecurity efforts.

While more primitive versions of language-based AI have been open sourced (or available to the general public) for years, ChatGPT is far and away the most advanced iteration to date. In particular, ChatGPT's ability to converse so seamlessly with users without spelling, grammatical, and verb tense mistakes makes it seem like there could very well be a real person on the other side of the chat window. From a hacker's perspective, ChatGPT is a game changer.

The FBI's 2021 Internet Crime Report found that phishing is the most common IT threat in America. However, most phishing scams are easily recognizable, as they're often littered with misspellings, poor grammar, and generally awkward phrasing, especially those originating from other countries where the bad actor's first language isn't English. ChatGPT will afford hackers from all over the globe a near fluency in English to bolster their phishing campaigns.

For cybersecurity leaders, an increase in sophisticated phishing attacks requires immediate attention, and actionable solutions. Leaders need to equip their IT teams with tools that can determine what's ChatGPTgenerated vs. what's human-generated, geared specifically toward incoming "cold" emails. Fortunately, "ChatGPT Detector" technology already exists, and is likely to advance alongside ChatGPT itself.

Information Assurance Awareness: Staying aware of today's cyber threats!

The New Risks ChatGPT **Poses to Cybersecurity**

As published in the Harvard Business Review | https://hbr.org/

AI-Generated Phishing Scams

Read entire article here:

https://hbr.org/2023/04/the-new-risks-chatgpt-poses-to-cybersecurity

Sat Sept 9 (UTA) 1600 hours @ the club

helby Cobra' 47





Details: \$480.00 entry fee per team. This includes 1 Mulligan Bag and lunch after the round. Spots will be limited to the first 18 teams. 4-person team best ball (scramble style) tournament. There will be four division winners based on score. Also, prizes for closest to the pin and longest drive. Team registration form and money due NLT 15 Sept. 2023.

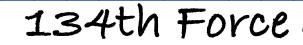
For more info on registration, contact Master Sgts. Gregory Herbst, Rachael Harness or Travis Pruett. Registration/check-in will begin at 0700 with 0800 tee times. There will also be a raffle during the lunch prizes TBD (tickets will be \$1.00 each or 6 for \$5.00.





For more information please call-Gregory Herbst @ (865) 336-3439 Top III Council

Top III meeting -Open to all E-7's & above! Sat. @ 1300 in Operations small briefing room



ID Card & DEERS Office – UTA Hours Saturday - 0900-1100 & 1300-1530

Sunday – 1300- 1500

For new ID Cards bring two forms of state or federal ID (Drivers License, Social Security Card, Birth **Certificate, Handgun Carry Permit, Passport**, etc.)

> To add new dependents please bring **Birth Certificate, Social Security Card,** and Marriage Certificate.

MUST BE THE ORIGINAL COPIES For questions please call 865-336-3255 or 865-336-3256



(Junior Enlisted Advisory Association) Open to all E-6's & below Sunday @ 1300 in CES Conf. Room Guest speaker this weekend!

134th Force Support Squadron

ALL DOCUMENTS





What does your Enlisted Association do for YOU?

It is always important to remember the benefits your Enlisted Association offers. On the state and national level, your Enlisted Association works to make YOUR voice heard before legislators advocating for your benefits, healthcare, and retirement.

Included among the accomplishments your Enlisted Association has worked to achieve:

- TN STRONG Act, allowing all TN Guard Members the opportunity to obtain Bachelor's & Master's degrees, as well as, certifications from TCAT institutions
- National Guard members' protection under the Federal Tort Claims Act
- Unlimited commissary access for Guard and Reserve
- Incapacitations pay for member of National Guard traveling to and from training locations
- Survivor Benefit Program (SBP) improvements
- Technical supplemental annuity for retirement prior to age 62
- SGLI expansion from \$35,000 to \$50,000 to \$100,000 to \$200,000 to \$250,000 to \$400,000
- Elimination of discrimination in hiring because of National Guard and Reserve
- GI Bill for the National Guard and Reserve
- VA Home Loan for Guard and Reserve
- Gray Area Retirement Benefits
- Increases in the Montgomery GI Bill
- Medical care for injured Reservists
- Improved Veterans' Reemployment Rights
- Improvements in the Soldiers and Sailors Civil Relief Act
- Increase in retirement points raised from 60 to 130 per year

In addition to our work towards legislation at the state and national level, the NGATN Foundation Benevolence Fund provides grants to help pay the bills of any Tennessee Guardsman who has fallen on hard times.

Your Enlisted Association also provides scholarship opportunities to its membership and/or their dependents at the State and National level. Continue to check our website and Facebook for announcements on these opportunities.

We do not want our work to stop there, we want to hear how your Association can better serve YOU. Contact Melissa Messina at 615-336-2974, visit us on the web at https://eangtn.org/ and on Facebook and Instagram.

The Enlisted Association of Tennessee is only as strong as our membership. More members from Tennessee equals more votes from our state at the National legislative level. Membership for all enlisted personnel is \$17 for E1-E6 and \$42 for E7-E9; your dues include membership in the National Association. Membership is also available to Associate members (officer personnel & civilian supporters). To become a member contact your unit Association representative or join online at https://eangtn.org/.

Volunteer opportunities are also available, contact Melissa at melissa@eangtn.org for more details.



Meatball Stroganoff Lemon Pepper Fish Rice Pilaf Mashed Potatoes Green Peas Spinach

Sun – Aug UTA

Sweet & Sour Pork BBQ Glazed Chicken Steamed Rice

Roasted Potato Wedges Beets Beets Roasted Brussel Sprouts



Sat – Aug UTA