

THE VOLUNTEER

September 2019



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ABOUT THE VOLUNTEER

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THE VOLUNTEER welcomes any articles and ideas that will help improve the content. If you have questions or comments, please contact Lt. Col. Travers Hurst, CCE/PAO at extension 336-3205, or travers.hurst1.mil@ang.af.mil.

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Cover: 134th Crew chiefs apply commemorative University of Tennessee nose art to a KC-135r. (U.S. Air National Guard photo by Tech. Sgt. Teri Eicher)

Above: A B-52 Stratofortress completes refueling from a 134th ARW tanker during exercise Saber Guardian 19. (U.S. Air National Guard photo by Tech. Sgt. Daniel Gagnon)

Opposite: 'Cup' and 'Team' courtesy of Pexels.com.

'Chief's coin on flag', 'PERSCO' and 'Tanker' (U.S. Air National Guard photos by Tech. Sgt. Teri Eicher)

'TAG match' courtesy of the Tennessee National Guard

'Public Safety Exercise' (U.S. Air National Guard photo by Airman 1st Class Kaylee Patterson)



134th Air Refueling Wing Volunteers

VISION

Volunteer Ready

FEDERAL MISSION

Support rapid global mobility and sustainment by providing world-class personnel, vital air refueling and airlift capabilities for contingency response and stustained combat operations.

STATE MISSION

Provide personnel and equipment to protect life & property during emergency response operationsas directed by the Governor of Tennessee & the Adjutant General.

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All dressed up for game day

The 134th Air Refueling Wing prepared for the Neyland Stadium flyover this weekend.

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Combat Dining In next month!

Free tickets, t-shirts, and more!

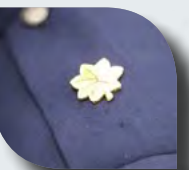
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VOLUNTEER READY

In preparation for the flyover of Neyland Stadium, home of the Volunteers, the 134th prepared fresh nose art for the KC-135r that would be conducting the flight.

The graphics, designed by an artist at University of Tennessee, Knoxville, were applied to both sides of the aircraft for the special event. Members of the Volunteer Athletics team were invited to watch the application of the new nose art, in addition to experiencing the practice flight and taking a tour of the Boom Operator Simulator System, or BOSS.

The 134th ARW will be flying over the home game prior to kickoff this Saturday.



TENNESSEE AIRMEN TRAIN FOR CONTINGENCY OPERATIONS

by Tech. Sgt. Teri Eicher, 134th ARW Public Affairs



Top: Air National Guard members from across the state of Tennessee gathered at McGhee Tyson ANGB to attend contingency training organized by the 134th Force Support Squadron.

Bottom: Tennessee personnel Airmen participate in an exercise designed to highlight the difficulties faced by deploying Air National Guard troops who often need to locate required readiness items with short notice. (U.S. Air National Guard photos by Tech. Sgt. Teri Eicher)

Air National Guard members from across the state of Tennessee recently gathered at McGhee Tyson Air National Guard Base to conduct personnel training.

The PERSCO, or Personnel Support for Contingency Operations, home station readiness training, was coordinated locally by Senior Master Sgt. Justin Small, 134th personnel superintendent.

“I, along with the other superintendents at the 118th Wing, 164th Airlift Wing, and our leadership at Joint Force Headquarters, have wanted to make it happen for a long time,” Small said. “We all have different missions and it was a good way for us to organize, talk about how our missions are different, and how we would execute downrange together, if we deployed together.”

The purpose of the training was to help prepare personnel Airmen from across the state to provide the best service to Airmen in any environment, but in particular those lacking in the comforts of home.

“Our overall goal was to execute personnel operations in a bare-base environment,” said Small. “We’ve gotten really good at deploying somewhere and doing our job in an established environment, but now we’re looking to get equally good at doing the same job in a location that is not established.”

Groups of Airmen from Memphis and Nashville joined the local personnel team for the training, which lasted four days here at McGhee Tyson ANGB.

“The experience here was absolutely phenomenal,” said Senior Master Sgt. Christie Smiley, NCOIC officer action manager from Tennessee Joint Force Headquarters. “We had great instructors with a lot of education on the real-time mission we have,

not only for overseas but also for our state mission. It allowed a lot of team-building and networking across the state, and that is crucial for those of us from Joint Force Headquarters. We are in a non-deployable position, so it allowed my Airmen to get out and be able to participate with the wings and get a better understanding of different aspects of the job.”

Airman 1st Class Dominic Cooper from the 118th Wing said he appreciated the training opportunity.

“It was a great experience,” Cooper said, “I got a lot of hands-on knowledge that I can apply in my Air Force career.”

Staff Sgt. Kelesha Hibbler, human resource office remote from the 164th Airlift Wing, agreed that it was a great experience for everyone involved.

“It’s always a good opportunity for all the units in the state to come together,” Hibbler said, “but it was especially beneficial for those of us who have not deployed. In the event we do get tasked I definitely feel better prepared for deployment after this training.”

Sgt. Small said he plans to continue training with the other Tennessee Air National Guard wings to help facilitate greater operations across the state.

“We’re tentatively planning a get-together in January for day-to-day operations,” said Small, “but we’re definitely going to do this training again as well.”

The PERSCO training was conducted in the newly constructed McKinley Hall facility, a part of the Training and Education Center campus here on McGhee Tyson ANGB.



THE 2019 TAG MATCH

Members of the 134th Air Refueling Wing participated in the 2019 Tennessee Adjutant General's pistol marksmanship competition last month. In addition to individual competitors, the 134th Security Forces entered a team that took home the third place trophy.

The TAG match is held twice annually, one event for rifle and one for pistol each year. The competition includes participants from both Army and Air National Guard units across the state.

photos courtesy of Tennessee National Guard



TN public safety leaders train at McGhee Tyson

by Airman 1st Class Kaylee Patterson, 134th ARW Public Affairs



The 2nd Annual Tennessee Public Safety Interoperability Exercise was held at McGhee Tyson Air National Guard Base Aug. 22-25.

The exercise was created to improve effectiveness of emergency communications training and networking in Tennessee. 252 individuals from 82 organizations and 12 states registered for the exercise.

Above: Tennessee Army National Guard Soldiers work alongside civilian personnel to train on radio communications during the 2nd Annual Public Safety Interoperability Exercise at McGhee Tyson Air National Guard Base Aug. 24, 2019. (U.S. Air National Guard photo by Airman 1st Class Kaylee Patterson)

The objectives of the event were to help build relationships between agencies, recertify existing communications leaders, facilitate communication leader and communication technician task book completion, provide communications specific training breakouts for better learning, and to increase awareness of communications assets across the state of Tennessee and the local region.

“The whole focus of this is to get many different disciplines and platforms to communicate together,” said Maj. Val Deutsch, Tennessee 1st Regiment, TN State Guard operations officer.

The exercise was broken down into different blocks, including classroom training, held at the I.G. Brown Training and Education Center’s Spruance Hall and McKinley Hall, along with breakout sessions and field training exercises held at various locations around base.

“It’s interesting to see all of the different people and organizations come together, and that there’s an actual plan in case a natural disaster happens,” said Staff Sgt. James Badgett, 119th Cyber Operations Squadron.

82 federal, state and local agencies participated in TSPSIE, including Tennessee National Guard, Tennessee Emergency Management Agency, Knox Co. Emergency Management Agency, TN Civil Air Patrol, U.S. Coast Guard, U.S. Dept. of Energy, National Park Service, Oak Ridge National Laboratory, Red Cross, and University of Tennessee, Knoxville.

The Chaplain's Cup

by Capt. Seth Hammond, 134th Air Refueling Wing Chaplaincy

Whenever I ask someone how they are doing I usually get the reply, “I’m good, but I’m really busy.” Very rarely do I hear someone say, “I’m not very busy.” Why are we so busy? I believe we are living in times where people are more restless and distracted than ever before.

People are restless.

In his book *Crazy Busy*, Kevin DeYoung, gave a prime example of how busy we are.

“In 1967 there was testimony before a Senate Subcommittee that claimed that by 1985 the average work week in America would be just 22 hours, or that people would only have to work 27 weeks a year. They saw a vast improvement in technology was approaching where computers, satellites, and robotics would remove menial aspects of work and deliver more opportunities for rest and relaxation. Instead, Americans lead the industrialized world in annual work hours. Our annual work hours have increased from 1,716 hours in 1967 to 1,878 hours in 2000. Our world has become far more complex than ever before. Because we can do so much we do so much.”

Think about it. Because of the increase in technology, we can't seem to turn work off. You bring work home with you on your iPhone as you check emails, reply to text messages, and answer phone calls. The expectation from many supervisors is to reply quickly, even during off-duty hours.

A recent ABC report revealed the average American takes less vacation, works longer hours, and retires later than anyone in the industrialized world (compared to the English, French, Germans, & Japanese).

People are distracted.

Not only are we restless, but we are living in a time where there are so many distractions. Recently I spoke with a radio disc jockey who told me in 1968 the average tv sound bite for an interview on the news from a reporter was one minute. This meant that if someone was interviewed about a particular story, you would see them on the news for at least one minute with one camera angle.

Guess what the average sound bite is now? Surprise, it's 7 seconds!

When you watch movies and TV shows, normally within 7-8 seconds, you'll have a different camera angle or a set change. This is because people get bored seeing the same things, and they get easily distracted with other things.

What distracts you? Text messages on your phone, children crying, dogs barking, the email

chiming?

With everyone being restless and easily distracted, I'm concerned we are not taking care of our souls. I'm concerned our spiritual lives are getting the leftovers.

If you're reading this and can relate, please be intentional to make time to do the following:

Rest - There is a reason God rested on the 7th Day, the Sabbath. When you are off from work, take the day to rest.

Solitude - This is so hard for people to do in a distracted world. Carve out one or two days from your calendar a year to get away to spend time to think and reflect on your spiritual life and goals.

Pray - The busier Jesus was, the more He prayed (Mark 1:32-35; Mark 6:45-46). Be sure to take moments throughout the day to pray.

These three things are the cure to our “busy sickness.” If you practice these steps, it will help you concentrate on what really matters. Get away from your distractions and calm your restless spirit, and you may have an answer other than ‘busy’ the next time someone asks.





Where's the maintenance schedule for our people?

by Bill Conner, 13th ARW Airman and Family Readiness Program Manager

If I were to have a conversation with you about many of the material aspects of your life, I would bet it would go something like this:

“How's your car doing?”

“It's got 150,000 miles, it's due for an oil change in about a month, almost ready for a new timing belt, and I'll need tires sometime next year.”

This is just our normal, everyday routine. We have a great deal of our life built around regularly scheduled maintenance and checkups. We do these things to be sure much of our life can be looked after and planned for, without surprises. We do it at work here at the 134th Air Refueling Wing as well. All of our aircraft are under constant monitoring and maintenance. Our buildings, our training, even our grounds are all on a structured schedule of maintenance, compliance and upkeep. Again, we do it so things run the way they're supposed to, without surprises.

If we're so used to regular maintenance for taking care of material things we feel are important, why are we so resistant to taking similar measures to “maintain” our people? Why is it whenever we're approached with directions or opportunities to further our interaction and understanding of the Air Force's “Most Valuable Assets,” we cringe and grumble and look for ways to avoid it at all costs, or at least get it over quickly, so we can “get back to work?”

I don't believe for one second that we don't care about our people. However, I *do* believe the culture of the Air Force and particularly the Air National Guard has shifted. Instead of being a member of a wing, we now have ANG jobs and we work for the wing, in a 9-5 job kind of atmosphere. We're here to work and at the usual time we're headed home and really aren't interested in much beyond that. But it wasn't always this way.

There was a time when being in the military was your life. Every year you went on some great training TDY and for two weeks you worked hard, played harder and bonded with your coworkers for life. During the week it seemed every shop had a grill behind their building, and cookouts were the norm. On Friday afternoon if you weren't at the designated location for some 12-ounce team-building it was noticed, and your chief might even ask you about it on Monday. Every wing had family days on a regular basis, and families really knew each other. Some units even had their own unique ways of bringing their folks together. In

Texas we had a Comm Flight “bivouac” once a year. We came to drill on Saturday as usual but we didn't leave at the end of the day. We fired up the grills, opened the coolers and logged into our annual CBT requirements. By the end of the evening we had our online training completed for the year, and had a great dinner while we visited other shops and caught up with our folks we never got to see. We'd roll out sleeping bags, get a little sleep, grab a shower in the morning and go right into Sunday drill. We loved every minute of it and we were a tighter group because of it.

Today, though, our military is not a flexible, fun organization with deep pockets. The military culture is much more subdued, travel for training is almost nonexistent and our lives are largely driven by our family's activities. That part of our military life is not going to change and I'm not suggesting it should. But I think there is a way we can we can reintroduce the bonding aspect of our military lives, and you're already demonstrating that it can work right now.

Not too long ago, physical fitness throughout the Air Force was an afterthought at best, and a joke at worst. Physical fitness was something you were expected to manage on your own time, no one used part of the duty day to work out. As a result, it was never a priority until a few weeks before the annual PT test, then folks nearly killed themselves trying to squeak out a pass for another year. The goal was to check the box, not to maintain overall fitness. Today, it's the opposite. Workouts are an important part of the duty day, and the intent is to maintain a positive level of fitness all year.

Let's take that mindset of year-round maintenance and apply it to the way we look after our people. Instead of waiting for the Air Force to direct us to take a “Tactical Pause Day,” let's take those pauses on our own and bring back some ‘tactical cookouts’ and ‘tactical corn-hole tournaments.’ Let's spend some no-kidding designated time getting to know the people around us. We've proven that investing three hours a week in physical fitness is paying huge dividends to our people and to the Air Force. If the Air Force is willing to shut down for days at time to focus on our people, they must believe that our members' well-being is a good investment as well. We have our Tactical Pause coming up in a few weeks; try to use that time not as a tasking, but as an opportunity to launch a new effort of maintenance, where we work to maintain our people with the same diligence and passion that we maintain our aircraft.

Let me know what Airman and Family Readiness can do to help. Feel free to stop by the office or give me a yell at 336-3107.



THE CHIEF'S CORNER

*by Chief Master Sgt. John B. Gresham, Jr.,
134th Maintenance Group Quality Assurance Superintendent*

As the 134th maintenance group quality assurance superintendent, “quality” is a core component of my duties and responsibilities. But you do not have to have quality in your job title for it to be important. Quality is important in every aspect of our lives: family, spiritual, personal, professional, etc. Unfortunately, all of these are susceptible to “quality escapes.”

What is a quality escape? In this context we are not talking about a lavish vacation to Bora Bora or a Harry Houdini illusion involving chains and locks. Instead, I believe a more fitting definition would be to call it a temporary lapse in required performance, productivity, or expectations. As members of the Air National Guard, we are all held to certain standards. We all know there is no shortage of rules and regulations, which greatly increases our chances of falling prey to quality escapes.

Quality escapes can occur in any career field, or, as mentioned earlier, any aspect of our lives. You don’t have to be a production line worker, mechanic, or engineer to be susceptible to them: they can occur in personnel interactions, communication or presentations. The extent of quality escapes can vary greatly, but even the smallest can have major impacts on mission, equipment, personnel and lives. Being mindful of quality escapes and the impact that they have on our lives and the people

around us can go a long way in helping to minimize or prevent them from occurring. In my opinion, one of the primary defenses against quality escapes is how we approach any given situation, and the attitude with which we approach it. I can’t emphasize enough how important attitude is. A positive attitude in approaching, addressing and resolving any given situation goes a long way toward ensuring success.

We should all take time to reflect on what we do and the impact it has on others. What may seem like a slight departure from a required outcome to ourselves may have greater implications on the receiving side of our services. Take a little extra time to do it right the first time, it will save you time in the long run by not having to re-accomplish the task.

Don’t wait for quality escapes to find you. Be proactive in your approach to doing business and keep a mindset to strive for perfection in everything you do. Treat people as you would want to be treated, and endeavor to leave things better than you found them in all aspects of your life.

Thank you for all you do every day for our great nation and always remain Volunteer Ready!

MEDICAL HOURS

PLEASE REFER TO LISTED HOURS FOR SERVICES AT THE 134TH MEDICAL GROUP

SATURDAY

FITNESS TESTING EVALUATIONS
0800-0900

PHYSICAL HEALTH ASSESSMENTS (PHA)
0815-1130

FITNESS FOR DUTY EVALUATIONS
0830-0900

IMMUNIZATIONS
0830-1130

QNFT TESTING
0830-1130

DEPLOYMENT PROCESSING/ANAM TESTING
0830-1100

NEWCOMER'S BRIEF
0930-1000

LUNCH
1130-1230

WAIVER/MEDCON/LOD APPS W/DOCS & PAS
1300-1500

HEARING EXAMS/ANAM
1300-1500

SUNDAY

FITNESS FOR DUTY EVALUATIONS
0730-0800

MEDICAL IS CLOSED FOR
TRAINING ON SUNDAY WITH
THE EXCEPTION OF THE LISTED
HOURS.

MEDICAL INFORMATION

* Report all new medications to Medical Group ASAP

*Individuals requiring lipid tests must fast for 14 hours prior to physical examination

* Individuals are not to consume any alcohol for at least 72 hours prior to physical examination

* If you wear glasses you must bring them with you for physical. Please do not wear contact lenses for exam

* If you are deploying, please check with the clinic well in advance of departure date for immunization requirements

* DNA testing will be conducted from 0830-1100 Saturday.

*Mental Health Assessments will be scheduled by appointment only

*Contact 134th Medical Group at 336-4277 to make an appointment outside listed times

Combat Dining In: One month away!

JEAA is sponsoring 40 Wingman Tickets!

What does this mean?

The first 30 individuals E-6 or below who purchase tickets at the dining facility during lunch this UTA will receive a second ticket FREE to bring their Wingman! These tickets include dinner and a whole bunch of fun!

What happens if you're not one of the first 30?

We got you! We'll have a drawing for 10 more Wingman Tickets the day of the event for everyone who purchases an E-6 or below ticket but didn't already receive a Wingman Ticket. Just sign up for the drawing!

But what will I wear?

JEAA will be selling themed t-shirts in sand, coyote brown, black, and military green via GoTeez. The order window will close in September and the shirts will be delivered before the event. Even if you don't go you can still purchase one of these great shirts!



E6 and below
= \$10
E7 and above
= \$15

But I'm an E-7!

Never fear, the Top Three is also sponsoring Wingman Tickets... but you've got to buy yours to get the free one!

I'm in! Where do I get tickets?

Outside the dining facility during lunch both Saturday and Sunday of September UTA. If you can't make it, you can purchase a ticket from your first sergeant.

So what's the big deal?

This event is going to be so much fun, you don't want to miss out. Get together with your wingmen and start planning your team!

You can read all about it in AFPAM 34-1202 if you want more information, or use the mighty "Google" to search Combat Dining In!

For more information, go to the Top Three meeting Sunday at 1215 in the HQ conference room.

photo courtesy of DVIDShub.net

Upcoming Events

September 23: 1200 Ground-breaking for new hangar
October 19: 1400 Force Support Squadron Assumption of Command
October 19: 1530 Security Forces Squadron Change of Command
October 19: 1700 Combat Dining In
October 20: 1300 Maintenance Group Change of Command



TAKE NOTE

PUBLIC AFFAIRS CUSTOMER SERVICE HOURS



The photo studio is open Saturday of UTA from **1230-1330** for official photos and passport photos

ISOPREPs are now handled by the Intelligence Flight at 336-4417

The photo studio also offers photos **by appointment only** on Wednesdays from 0800-1100

SECURITY FORCES CUSTOMER SERVICE HOURS



134th Security Forces Squadron offers customer service hours Monday-Friday from 0800-1100 and 1200-1600

CLOTHING ISSUE CUSTOMER SERVICE HOURS



Clothing issue is open for customer service:
Friday from 0800-1100 and 1300-11530
Saturday of UTA from 0900-1100 and 1300-1600
Sunday of UTA from 0800-1100

MOBILITY CUSTOMER SERVICE HOURS (BLDG 264)



Mobility is open for customer service:
Saturday of UTA from 0900-1100 and 1300-1600
Sunday of UTA 0800-1100

JUNIOR ENLISTED ADVISORY ASSOCIATION



JEAA will be meeting Sunday from 1215-1315 in Room 205 of McKinely Hall. Please join us!



TAKE NOTE

ROCKY TOP MENU

Saturday:	Sunday:
Vera Cruz Fish	Chicken Enchiladas
Szechuan Chicken	Beef Fajitas
Grilled Chicken/Burger/Hotdog	Hawaiian Sandwich
Rice/Baked Sweet Potatoes	Spanish Rice/Refried Beans
Carrots/Squash	Mexican Corn/Peppers
Turnip Greens	Broccoli/Carrots
Chili	Cheese sticks
Tater Tots/French Fries	French Fries/Wedges
Baked Beans	Cole Slaw/Mango



LONG DISTANCE PIN NO LONGER REQUIRED

A long distance pin is no longer required to make long distance calls from a base phone

*Dial 134 and wait for dial tone
*Dial 1, then 10-digit number (including Area Code)

Call Comm. Focal Point at 336-4357 for more information



2019 CALENDAR NOW ON THE APP!

Job Postings on the 134th ARW website!

Current opening: 119th Cyber Warfare Officer

<https://www.134arw.ang.af.mil/Resources/Job-Openings/>



134TH ARW SOCIAL MEDIA

The 134th ARW is on Instagram!
Follow us at 134_ARW



TOP THREE

Top Three will be meeting Sunday at 1230 in the Headquarters conference room.



The winning International Statistic of 2018 is 90.5%

That is the proportion of plastic waste that has never been recycled. Estimated at 6,300 million metric tons, it's thought that around 12% of all plastic waste has been incinerated, with roughly 79% accumulating in either landfill or the natural environment (as sourced from Production, Use, and Fate of all plastics ever made by R Geyer, J R Jambeck and K Lavender Law). (<https://advances.sciencemag.org/content/3/7/e1700782.full>)



Our Plastic Ocean

Plastics have outgrown most man-made materials and have long been under environmental scrutiny. However, robust global information, particularly about their end-of-life fate, is lacking. By identifying and synthesizing dispersed data on production, use, and end-of-life management of

polymer resins, synthetic fibers, and additives, we present the first global analysis of all mass-produced plastics ever manufactured.

We estimate that 8300 million metric tons (Mt) as of virgin plastics have been produced to date. As of 2015, approximately 6300 Mt of plastic waste had been generated, around 9% of which had been recycled, 12% was incinerated, and 79% was accumulated in landfills or the natural environment.

If current production and waste management trends continue, roughly 12,000 Mt of plastic waste will be in landfills or in the natural environment by 2050. Moral of the story, please recycle all your plastic.

McGhee Tyson Recycling Center

For an Airman, the word "Recycle" may have some negative connotations due to its usage during their Basic Military Training and technical school for being washed back.

But in reality, whether it is plastics, aluminum cans, cardboard boxes or scrap metal, recycling is crucial to preserving the environment and it falls on every McGhee Tyson Airman to do their part.

McGhee Tyson provides a convenient single stream recycling service where all your recyclables can go into that little blue bin in your office or next to your desk. Everyone is encouraged to recycle to the greatest extent possible and please bring in your recyclable from home.

The recycling center is located in the parking lot adjacent to Supply, Building 240.

If you have questions regarding recycling on base, please call the EMO at 336-4020.

Household Hazardous Waste

Household Hazardous Waste (HHW) is as any unwanted or spent household product that can catch fire easily (flammable), eat away at or irritate living tissue (corrosive), react violently with water or other chemicals (reactive), or be poisonous to humans and animals (toxic). Typical items disposed of include cleaning fluids, pesticides, mercury thermometers and thermostats, swimming pool chemicals, paint thinner and automotive fluids. Items no longer accepted at the mobile HHW collections are alkaline batteries, paint, and electronics. Often HHW events are hosted at the county convenience center where paint and electronic scrap are regularly managed. Any Tennessee citizen can participate in the Mobile Household Hazardous Waste Collection Service. Collections only occur in the fall and spring to avoid extreme weather. The process is very

simple. Check the collection schedule to determine a convenient event for you.

HW Collection Sched:

<https://www.tn.gov/content/dam/tn/environment/solid-waste/documents/sw-mm-hhw-collection-schedule.pdf>

Local Event:

Anderson Co.

9/14/2019 0900-1400

Oak Ridge Public Works Department, 100 Woodbury Ln., Oak Ridge, TN

Pollution Prevention Week

Pollution Prevention Week begins the third Monday in September. This week is an opportunity for individuals, businesses, and government to emphasize and highlight their pollution prevention and sustainability activities and achievements, expand current pollution prevention efforts, and commit to new actions.

Pollution Prevention week is a time to recognize how our activities at both work and home generate pollution. Annually the US produces million of tons of pollution and spends billions of dollars in controls. The Pollution Prevention Act of 1990 was created to prevent or reduce pollution at the source whenever feasible and that pollution that cannot be prevented, should be recycled. Please take a moment and be mindful of your work processes, what you are throwing in the trash and if it could be recycled instead.

Learn more about P2 and what you can do at home and work by visiting the EPA website below:

<https://www.epa.gov/p2week>

Let's create a resilient planet!



⇒ **Virtual Environmental Management SharePoint Site (VEMO):**

⇒ <https://intelshare.intelink.gov/sites/vemo/knoxville/layouts/15/start.aspx#/SitePages/Home.aspx>

Promotions

Airman

Karl Griffith
Seth Moore
Spencer Tatham

Senior Airman

Noah Cope
Gregory Brackin
Brandon Tipton
Robert Curtis
Ryan Sharp
Gene Gunter
Aaron Greene
Andrew Jacson
William Heater

Staff Sergeant

Toby Treece
Wesley Taylor
Robert Behan
Ryan Holloway
Gage Seymour

Technical Sergeant

Scott Darowski
Kristopher Holt
Tyler Pritchard

Senior Master Sergeant

Gary Seymour



First Lieutenant

Kelsi Davis

Major

Leonard Ross

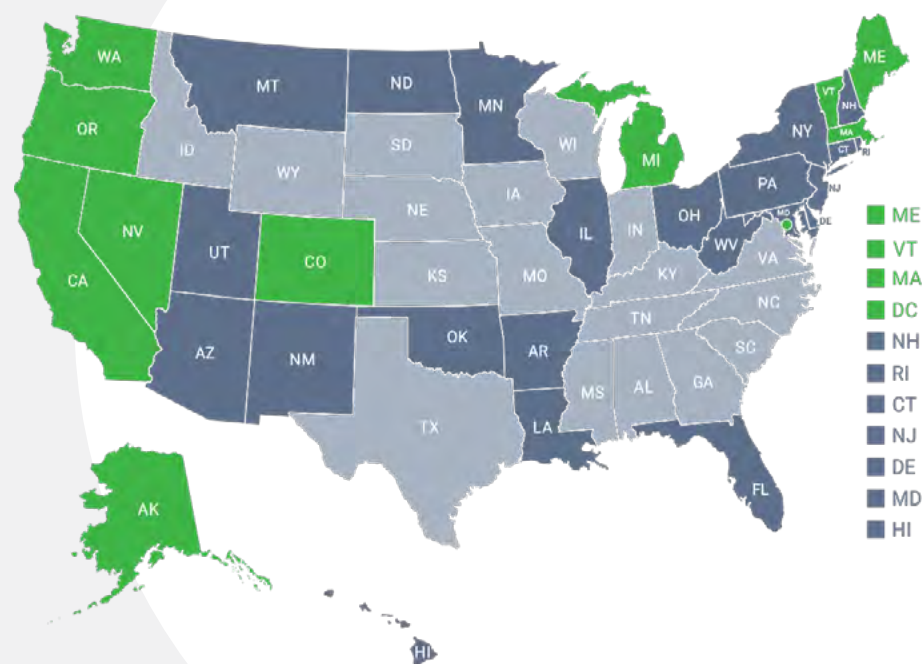


U.S. Air National Guard photo by Tech. Sgt. Jonathon Young

WHAT MARIJUANA LEGALIZATION MEANS FOR YOU

As an **ACTIVE DUTY, RESERVE OR ACTIVATED GUARD SERVICE MEMBER, IT'S ILLEGAL** to possess or use marijuana - even if it's legal in your area.

What states have legalized marijuana?



BE AWARE!

Know what products are sold in your area that might contain marijuana so that you don't accidentally ingest them.



PROTECT YOUR CAREER

No matter where you are stationed, PCS or visit – possessing, distributing, or using marijuana (recreational, medical or otherwise) is prohibited and punishable under the Uniform Code of Military Justice (UCMJ) 912a. Article 112a.



DID YOU KNOW?

If you are a civilian dependent of a Service member, it is illegal to possess marijuana anywhere on the installation, including on-base housing.

Remember that no matter where you are stationed, marijuana is illegal for Service members.



Contact Us: dha.ncr.comm.mbx.prevent-substance-misuse@mail.mil

Information current a/o: July 2019

Loose-talk costs lives

In taxis
On the phone
In clubs and bars
At football matches
At home with friends
Anywhere!

**Whatever you say-
say nothing**



THINK OPSEC