



THE VOLUNTEER



Vol. 09 No. 05

134th Air Refueling Wing

MAY 2009

“Honor Through Actions”

By Capt. Jaime Blanton, 134 Public Affairs

Nineteen members of the 134th Security Forces Squadron competed in the second annual Mountain Man March in Gatlinburg, Tenn. on April 4.

It took the last Security Forces Member 10 hours and over 62,000 steps to complete the grueling 26.2 mile Mountain Man March. Sixteen SFS members completed the march which was no small feat considering only 100 of the 220 participants

finished the tough, mountainous trek through the Smoky Mountains.

Many participants suffered painful blisters, twisted ankles and dehydration. The pain was amplified by the requirement to start and finish carrying a minimum of 35 pounds plus food and water. Tech. Sgt. Joseph Hungate said, “That was physically the most challenging thing that I have ever done.”

The first Mountain Man March was hosted in 2008 by the ROTC detachment at the University of Tennessee. The march was initially held in honor of 1st Lt. Frank Walkup, an UT alumnus killed in Iraq in 2007. The march is also a tribute to all the men and women in uniform and is aimed at demonstrating appreciation for those who have sacrificed and continue sacrificing for the country by walking a mile in their boots.



Senior Master Sgt. Dennis Pack (above) carries the 134th Security Forces Squadron Guide-on as he finishes the Mountain Man March in Gatlinburg, Tenn. (US Air Force photo by Capt. Jaime Blanton) Members of the 134th Security Forces Squadron (right) pose for a group photo before the 26.2 mile march. (Photo by Staff Sgt. Roxanne Pilgrim)



134th Air Refueling Wing

Mission - To provide air operations and support in response to any call of the military command structure.



US Air Force Photo by Tech. Sgt. Kendra Owenby

2009 COMMANDER'S CALL SCHEDULE

June 7 Sept. 20 Dec. 6

Customer Service
Hours for

Clothing Issue:

Saturday

Closed for Family Day

Sunday 0730-1100

Customer Service
Hours for

SECURITY FORCES:

Sat

0800-1000

Sun

0800-1100, 1300-1500

JUNIOR ENLISTED ADVISORY ASSOCIATION

JEAA will not meet May UTA due to participation in Family Day Activities.

The Dining Facility will not be able to accommodate family members/civilians who are attending Family Day.

Vendors are available at the Family Day location. A vendor menu is listed on page 12.

VOLUNTEER

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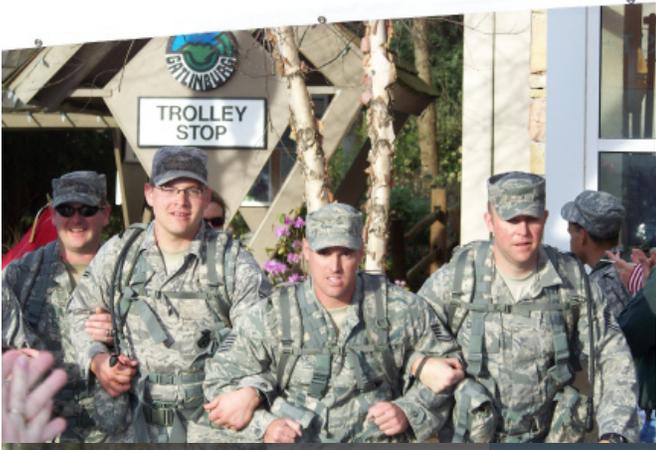
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The VOLUNTEER welcomes articles and ideas that will improve the paper. If you have questions or comments, please contact Capt. Jaime Blanton CCE/PAO at extension 985-3205, fax at 985-3284 or jaime.blanton@ang.af.mil.

**Deadline for
submitting articles
is May 28**



“Mountain Man March”



Photos by Capt. Jaime Blanton



TOP WRENCH 2009

By Capt. Jaime Blanton

The 18th Annual Top Wrench Competition was held at McGhee Tyson Air National Guard Base, April 16.

The Top Wrench competition aims to teach students the importance of safety, problem-solving skills, communication skills, teamwork and staying drug free to succeed.

McGhee Tyson Air National Guard Base invited 400 students from Knox, Union Anderson, Campbell, Blount, Jefferson, Sevier, Roane and Monroe County high schools to participate in the Top Wrench Competition. Competition categories included: pit crew wheel changing, mechanics trouble shooting and the electronic challenge car.

Static displays for the students included a KC135R, classic/custom automobiles, military vehicles, life support equipment and weapons. A scholarship was awarded to a student to the Tennessee Technology Center for 18 months, full tuition and books. Cash prizes were also awarded to winners of the competitions.

A special thank you to the following 134th members for making Top Wrench possible- retired Tech. Sgt. Joe Marshall, Master Sgt. Randy Patterson, Tech. Sgt. Richard Payne, Tech. Sgt. Danny Mojica, Airman 1st Class Josh Lloyd, Master Sgt. John Gresham, Senior Airman Kelsie Kennedy, Staff Sgt. Tyler Ott, 1st Lt. Willis Parker, Tech. Sgt. Michael O'Neal, 1st Lt. Eric Swanson, Master Sgt. Mark Glenn, Master Sgt. Thomas Ethridge, Master Sgt. Scott Jones, Senior Master Sgt. Bo Sunderland, Master Sgt. Charmone Newell, Senior Master Sgt. Gregory Jennings, Tech. Sgt. Jama Allen, Tech. Sgt. Jon Crawford, Tech. Sgt. Joseph Hungate, Tech. Sgt. Michael Curry, Tech. Sgt. Scott Cavin, Tech. Sgt. Rebecca Nicholson, Staff Sgt. Regina Trivette, and Capt. Hiram Williamson.



US Air Force Photos by Tech. Sgt. Kendra Owenby



134TH ARW SAFETY ZONE

101 Days of Summer - Safety Tips

The 101 days of summer will be upon us soon, Memorial Day through Labor Day, and it would benefit you and your family to take a moment for safety.

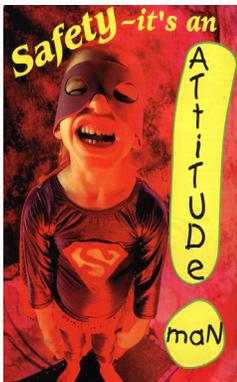
Each week will have a different emphasis including Boating, Motorcycles, Grilling out, Fireworks, Sports Risk, ending with a Back to School spotlight. This month we want to start off with a few facts about sport bikes and water safety. Let's begin with sport bikes.

Last fiscal year, 124 service members were killed while riding that breed of low-slung, high-speed motorcycle known as sport bikes. It got so bad that motorcycle crashes were the leading cause of death among combat veterans after they returned home.

The Air Force, which lost 19 Airmen to motorcycle accidents last year, requires members who ride on base to attend a safety course. In addition, many bases have established their own motorcycle safety programs like the one here at MTAB.

People need to understand what it is that they're buying, and they need to understand that there are alternatives.

Trying to curb sport bike deaths is the right thing to do. The bikes pose an inherent risk, and young folks often



have a risky thirst for speed that outpaces their ability to control these high-performance machines. Unfortunately, we've seen from numerous cases that combining younger, less experienced motorcycle riders with faster, smaller bikes, equals a deadly combination. So just how dangerous are supersport motorcycles?

These bikes make up less than 10 percent of all registered motorcycles, but account for more than 25 percent of rider deaths. Insurance claims and payouts on supersports are also much higher than with the bigger, heavier motorcycles.

In addition, speeding and driver error were bigger factors in fatal crashes of supersport/crotch rocket Speed was cited in 57 percent of supersport deaths; so with the last statistic in mind the bottom line is, no matter what kind of bike you choose, just like Casey Jones ...you better check your speed!!!

As far as water safety, East Tennessee offers ample opportunities to enjoy a variety of water sports ranging from public waterways to your own personal swimming pool. According to the National Safety Council children under four years of age makeup 25% of United States drowning victims.



Your 134 ARW Safety Team - from left to right: Senior Master Sgt. Michael Smeltzer, Lt. Col. Gary Smith, and Master Sgt. Larry Harper (US Air Force photo by Tech. Sgt. David Knable)

The National Safety Council offers the following water safety tips:

- Never leave a child alone near water: on the beach, pool, or in the bathtub. If you must leave, take your child with you.
- Kids don't drown only in pools. Bathtubs, buckets, toilets, and hot tubs present drowning dangers as well.
- Enroll children older than age three in swimming lessons taught by qualified instructors. But keep in mind that lessons don't make your child "drown-proof."
- Don't push or jump on others.
- Don't underestimate the power of water. Even rivers and lakes can have undertows.
- Always swim with a buddy
- Always use approved personal flotation devices (life jackets).
- Never consume alcohol when operating a boat.
- Always follow posted safety precautions when visiting water parks.
- Don't dive into unknown bodies of water. Jump feet first to avoid hitting your head on a shallow bottom.
- If you're visiting a public pool, keep an eye on your kids. Lifeguards aren't babysitters.
- Be prepared for an emergency.
- Always have a first-aid kit and emergency phone contacts handy. Parents should be trained in CPR

Please ensure yours and your family's safety this summer. All of you are a vital part of the organization. Without each member and dependent, we cannot fully carry out the mission.

HAVE A PHENOMENAL SUMMER!!
Your Safety Team!!!

Maintenance Minute

By Master Sgt. Dennis Newroth

“Unserviceable” is a word we don’t like to hear in Maintenance, but who determines whether aircraft and AGE parts are unserviceable?

The 134th NDI Lab uses six different inspection methods to test aircraft/AGE parts to resolve this question.

Master Sgt. Mike Nelms leads the way at the NDI Lab (which stands for Non-Destructive Inspection, not “No Dirt Involved” as some other AFSC’s like to say) along with 3 traditional guardsmen.

Basically, they inspect parts to find defects while they are small before they grow into a major problem. “Crack finders” is the more affectionate name they like to be called.

Anyway, the NDI Lab uses state of the art technology to determine the serviceability of parts.

Some of the techniques the NDI Lab uses are Eddy Current, Penetrant, Magnetic Particle, Radiograph, Ultrasonic, and Oil Analysis.

The Eddy Current Inspection consists of a circulating electrical current induced in a conductor by an alternating magnetic field. When the eddy current encounters a defect, the surrounding currents become distorted; this is detected on a meter.

The Penetrant is used to detect abnormalities open to the surface on parts made of nonporous materials.

The Magnetic Particle is used on ferromagnetic parts. The part is magnetized by using an electrical current that induces a magnetic field in the part. This creates north and south poles on either side of the defect area. When magnetic particles are applied to the part, the poles attract the particles and an indication of the defect is formed.

The Radiograph uses the penetrating abilities of electromagnetic radiation to examine the interior of objects. The Ultrasonic uses ultrasonic vibrations to detect internal defects.

The Oil Analysis is a program to provide standardized fluid analysis and technical support for condition monitoring of oil and other fluid components.

Once defects have been found, maintenance such as machining, welding, etc. is accomplished to correct the problem.

These tasks fall under the 134th Metals Technology Shop better known as the Machine Shop. Master Sgt. Anthony “Mister” Milhorne directs the Machine Shop that includes 2 full-time personnel and 3 traditional guardsmen.

The Machine Shop uses T.O.’s, blueprints and shop drawings to ensure proper tolerance for each manufactured or modified part. Not only do they work on aircraft parts, but the Machine Shop also works on AGE equipment.

Heat treating ovens, mills, lathes, hydraulic presses, drill presses, surface grinder, horizontal and vertical saws are just some of the machinery used to modify or manufacture parts.

Another task assigned to the Machine Shop is measuring aircraft components for wear tolerances using micrometers, dial indicators, and snap gauges.

As you can see, the NDI Lab and the Metals Technology Shop have numerous tasks that require precision tools and the latest technology. T

he folks in each of these shops are well-qualified, team-oriented, and very efficient at what they do. Their expertise is vital to our aircraft’s durability and longevity.



Gym Manned by Services Personnel During Drill Weekends

Get Fit to Fight!!! Services will now open Wilson Hall Multipurpose building for Airmen in need of a UTA workout. The gym and weight room will be open from 10 a.m.-6 p.m. on drill weekends.

All Airmen are encouraged to take advantage of this Luxury. Cardio equipment, Nautilus strength testing equipment and free weights are available to you to help you reach your ultimate fitness goal of being Fit to Fight.

So, see you all at the gym!

Tips for Staying Healthy

With the recent U.S. cases of Swine Flu, it is extremely important we remember these simple steps to prevent the spread of disease.

Avoid close contact. - Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.

Stay home when you are sick. - If possible, stay home from work, school, and errands when you are sick. You will help prevent others from catching your illness.

Cover your mouth and nose. - Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.

Clean your hands. - Washing your hands often will help protect you from germs.

Avoid touching your eyes, nose or mouth. - Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.

Practice other good health habits. - Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

Eyeglasses Needed For Humanitarian Mission

By Tech. Sgt. Kristin Boyanton, 134 Public Health

Several members from the 134th Medical Group will provide Optometry services on a Humanitarian Mission in Bulgaria the end of the summer and they need your help. If you have old glasses that you do not need, please drop them off at the clinic by June 30.

The glasses will be matched with each patient to provide the best visual acuity possible. We will have a box in the front lobby for your donations. Please contact Tech. Sgt. Kristin Boyanton at X-4289 if you have any questions.



Medical Group Customer Service Hours

SATURDAY UTA

Due to Family Day we will be **CLOSED** for all services on Saturday UTA with the exception of physical fitness screenings which will be from 0900 to 1000.

SUNDAY UTA

0700-0800 HOURS	ROLL CALL
0815-1130 HOURS	PHAs
0830-0850 HOURS	FITNESS FOR DUTY EVALUATIONS
0830-1130 HOURS	IMMUNIZATIONS/NO YELLOW FEVER SHOTS
0830-1130 HOURS	QNFT TESTING (BEE OFFICE)
1130-1230 HOURS	LUNCH
1230-1400 HOURS	IMMUNIZATIONS
1500-1530 HOURS	ROLL CALL



UNDERGRADUATE PILOT TRAINEES SOUGHT

The 151st Air Refueling Squadron will be convening a selection board in for fiscal year 2011.
The following criteria must be met to be considered for an Undergraduate Pilot Training position:

- Age 29 or younger
- Complete the AFOQT and the TBAS test
- Able to pass a Class I Flying Physical
- Eligible to obtain a Top Secret security clearance
- A Bachelor's degree completed by Dec. 2009
- Able to commit approximately 2 years for training
- Previous flying experience with a minimum private pilot certificate preferred

Prospective candidates are asked contact Master Sgt. Bart Welch at 985-3262 for further application instructions.
Pilot applicant packages are due no later than MAY 31, 2009 at 4:30 p.m.

MAY HRA MINUTE

Submitted by Senior Master Sgt. Mike Lonas, HRA

The Air Force's goal is clear -- develop professional Airmen who will collectively leverage their respective strengths to accomplish the Air Force mission. You make our Air Force the best in the world. We owe it to you to provide the skills and education you need to continue to excel!

Those are former Air Force Chief of Staff Gen. John B. Jumper's words from 2005, and that commitment is still in place today. But here's the deal..... the Air Force is not going to spoon feed us. We must take responsibility to know and understand what is needed for our career progression. Do you??

The tools and resources are available and it is up to you to use them. Do you know where to look for the tools? Obviously, your supervisor is a good place to start, but don't wait on the boss to track you down and hold your hand. Register on the MyEDP site and explore this powerful tool that is designed to be your roadmap. If you need help, call me at 985-3329.

Be engaged. Drill weekends are very busy and it is possible to fall through the cracks if you sit in the background and wait to be told what to do. Lean forward and be hungry to learn. If you don't feel like you are receiving the training and attention that you need, engage your supervisor and make sure that he/she is aware that you aren't getting what you need. If that fails, see your First Sergeant. If that fails, see me. Communication is the key and I have open channels at all levels to facilitate solutions. You are a valuable part of our team and we want you develop to your highest potential!



1st Sergeant Position Available

There is a vacancy for the position of First Sergeant (Master Sgt.) in the Support Group. We are currently accepting applications for retraining and assignment to this duty. If you are interested in applying, and if you meet the minimum listed qualifications, please follow the instructions in the "How To Apply" section below.



Minimum Qualifications

-Must be currently serving in the grade of Master Sgt., Tech. Sgt. may be selected if they are immediately promotable, and they must be promoted on or before the date of assignment to the UMD position of First Sergeant.

Selected candidates must sign the following statement: "I agree to attend the USAF First Sergeant Academy within 12 months of my assignment as First Sergeant. Failure to complete this requirement will result in my removal from the First Sergeant position and immediate demotion (if promoted as a result of

assignment to this position)."

- Must be highly motivated and capable of fulfilling the role of the First Sergeant as prescribed in AFI 36-2113, Chapter 1.
- Must have exceptional leadership and managerial skills.
- Must have ability to speak distinctly.
- Must have a minimum physical profile PULHES 322221
- Must be financially stable.
- Must meet minimum weight and body fat standards and overall image must exceed minimum standards.
- Must have completed the NCO Academy either in residence or by correspondence prior to application.
- Must agree to serve no less than 3 years as a First Sergeant after completion of the First Sergeant Academy.
- Must pass Air Force Physical Fitness test.

How to Apply:

Prepare the following documents:

- AF Form 1206, Nomination for Award. (Use this form to document your individual qualifications)
- Letter of Recommendation from your current unit Commander
- Current RIP

Submit your application to the 134MSF/DPM (Chief Master Sgt. Linda Gibson) **no later than May 29.** Qualified applicants will be scheduled to personally appear before a selection board. Candidates must wear the service dress uniform to meet the selection board.

If you have questions concerning the duties of a First Sergeant, please refer to AFI 36-2113. Questions relating to the selection board should be addressed to Command Chief Master Sgt. Jimmy Long.

MAY PROMOTIONS

CAPTAIN

Jaime O. Blanton, 134 ARW
Anthony M. Hunt, 134 FSS

FIRST LIEUTENANT

Thomas W. Dearing, 119
CACS

MASTER SERGEANT

Kippy T. Hackney, 134 ARW
George J. Julien II, 134 CF
Scott E. Legg, 119 CACS
Billy J. Long, 134 LRS
Patrick N. Riner, 134 CES
Michael R. Tullock, 134 LRS

TECHNICAL SERGEANT

Keith Miller, 134 LRS
Michael P. Strickland II,
134 SFS

SENIOR AIRMAN

Jessica M. Kreis, 134 ARW
Daniel R. Metcalf, 134 CF
Dustin L. Turley, 572 Band

New Kids on the Block



A1C April Hatcher
134 MXS



A1C Christopher White
134 MXS



A1C Cory Vineyard
134 MXS



A1C Daniel Kimmins
134 MXS



A1C Eric Razote
134 SFS



A1C Harrison Powell
134 CES



SrA Jay Holt
134 SFS



SrA Michael Vann
134 LRS



SSgt Jerry Heath
134 SFS



MSgt Troy Long
134 MDS

Recruiter's Corner

By The 134ARW Recruiting Office

Student Flight – Listen Up!

- **Roll Call – Sunday at 1215** you will report to the Headquarters building. Sunday morning you will report to your unit for roll call. You must report to roll call in order to get paid.
- **Pre-BMT class – Sunday** of each drill at **1220**. This is a **mandatory** class (as directed by Col. Dearing) until you ship out to BMT. Any absence must be cleared through the recruiting office supervisor, Master Sgt. Bart Welch, ahead of time.
- **In Processing Checklist - Saturday at 1300** of your first drill weekend you are required to report to the photo lab (in the headquarters building) to have your **portrait** taken. This is **mandatory** in order to complete your in processing checklist.
- **Security Clearance Process** – All new enlistees please ensure you have logged onto www.opm.gov/e-gip, to initiate your clearance. Once you have logged on, you have **60 DAYS** to complete this. This is a **mandatory** item. **Failure to complete on time will result in a counseling session with the Force Support Squadron Commander, Lt. Col. Beth Hill.** Note: answer 'unknown' the first time and only the first time you answer the question 'place of birth.'

To Contact the Recruiters

Call DSN 266 or (865) 985-3257, 3242, 3262, 3258 or go to: <http://www.tnknox.ang.af.mil/Recruiting.htm>

MAY LUNCH MENU

Saturday

CHICKEN NUGGETS
HAM STEAK
BOSTON BAKED BEANS
CARROTS
ASST FRUITS & BREADS
YOGURT

Lunch is only available for Military
Members

Sunday

BEEF PORCUPINES
BAKED FISH
RICE PILAF
BAKED POTATOES
CORN
GREEN BEANS
ASST FRUITS & BREADS
YOGURT
SOUP
SHORT ORDER

Antiterrorism Force Protection Threat Levels National Threat Levels for MAY 2009

ELEVATED

SIGNIFICANT RISK OF TERRORIST ATTACKS

HIGH

**HIGH RISK OF TERRORIST ATTACKS AGAINST
THE TRANSPORTATION SECTOR**

FPCON ALPHA

GENERAL THREAT OF TERRORIST ACTIVITY

INFOCON 3

NORMAL ACTIVITY

**REPORT SUSPICIOUS ACTIVITY
CALL EXTENSION 3274 OR 911
YOUR CALL MAY SAVE LIVES**

**THREAT LEVELS ARE SUBJECT
TO CHANGE AT ANYTIME**

MCGHEE TYSON BASS ANGLERS

By Master Sgt. Bo Sales & Master Sgt. Tim Byrd

MTAB Anglers go to Ft. Loudoun - On April 20, The McGhee Tyson Air Base Anglers went to Ft. Loudon Lake for their 2nd tournament of the season. The launch went out from Louisville Point Park at first light. 12 teams braved strong winds and passing rain showers with just about all bringing fish to the scales. 1st place went to the team of retired Master Sgt. Michael Stevens and Mr. Ron Brown with 10.05 lbs. This included the lunker of the tournament, a nice 4.50 lb largemouth. Second place went to Col. Tim Dearing and Lt.Col. Howard Parham, with 7.50 lbs. rounding out the top three was Master Sgt. Bobby Halcomb and Mr. Buddy Hutsell with 6.50 lbs. Our next tournament will be May 4, at Douglas Lake.

For more info please see our website at www.mtabanglers.com. Come on out and join us.



Pictured from left to right: Ron Brown, Col. Tim Dearing, and Lt. Col. Howard Parham (Photos by Master Sgt. Bo Sales)

The dining facility WILL NOT be able to serve family members/ civilians who are attending Family Day.

The vendors listed in the flyer below will be located at the base track.

Family Day is Sat. May Drill

1030-1400

Bring the Kids & Come Join the Fun!

Vendors:

USAA

SATO Travel

Veterans of Foreign Wars

Air Force Association

ETMA Credit Union

Marble Slab Ice Cream

For the Kids:

KC135 Static Display

Fire Prevention Display

Police Dog Demo

Drinking & Driving Course

THP Roll Over Vehicle

Football Toss

Free Throw Game

Model Airplane Demo

SFS Weapons Display

Magician Show

Treasure Hunt

Humane Society-Adoptable Pets

Fire Truck Wet-Down Area

Moon Bounce

Sno Cones & Popcorn

& More Assorted Games



Food & Refreshments:

Domino's Pizza

Large/ One Topping Pizza \$10

By the Slice \$2

Dana's Daddy's Ribbon Fries \$3

MTAB Club Hamburger Bar \$4.50

Sodas/Water \$.50

Dave's Dog House Hot Dogs

Hot Dogs \$2

Sausage Dogs \$3

15 Topping Choices

Sodas \$1

Chips \$1

Candy \$1

Trigger's BBQ Sauce & Salsas:

Peach, Pineapple, Garden,

Black Bean & Corn Salsas

and Gourmet BBQ Sauce.

All products are all natural,

medium heat and extra

low in salt & sugar.

We encourage everyone to have lunch with our vendors in order to allow Services personnel to participate & enjoy family day. The dining facility will not be able to accommodate family members for lunch.