



THE VOLUNTEER



We will not tire We will not falter We will not fail

VOL. 12 NO. 6

134TH AIR REFUELING WING

It's a Team Effort - We're in this Together!



Members of the 134 ARW Wing Staff recently shined with that volunteer spirit that they are known for as they teamed up to show their support for Capt Katrina Hunt. Capt. Hunt is the Budget Officer in Financial Management at McGhee Tyson Air National Guard Base. To show their support in Capt Hunt's battle against breast cancer several of her fellow McGhee Tyson guard members decided to shave their heads. Their actions show that Capt Hunt's guard family stands with her in her quest to overcome the odds and beat breast cancer and also serve as a visible reminder that she is not alone in her struggles. That Volunteer spirit shines bright! Pictured from left to right (front row) Staff Sgt. Scott Brock, Capt. Katrina Hunt, Senior Airman Matt Allison. (Middle row) Master Sgt. Hal Weeden, Senior Master Sgt. Mike Smeltzer, Lt. Col. David Cline, and Senior Master Sgt. Duane Bolling. (Back row) Col. Randy Gratz, Maj Todd Pinkard, Master Sgt. Charles Tullock, and Chief Master Sgt. (Ret.) Terry Hickle (National Guard photo by Master Sgt. Kendra Owenby, 134 ARW Public Affairs)



Photo by Master Sgt. Kendra M Owenby, 134 ARW Public Affairs

“The Mission of the 134th Air Refueling Wing is to project Global Reach and Global Power in the interest of our National Defense by providing vital Air Refueling and Airlift for rapid deployment, sustained combat operations and effective training as directed by the Secretary of Defense.”



*134th Air Refueling Wing
Chain of Command*

**Col Tommy Cauthen
Commander**

**Col Randy Gratz
Vice Commander**

**Chief Master Sgt. Steve Payne
Command
Chief Master Sergeant**

**Col Mike Lindeman
(Operations)
Col Burl Lambert
(Maintenance)
Col Cory Strobel
(Medical)
Col Wally Houser
(Support)**

Group Commanders

**Maj Gary L Taft
Wing Executive Officer**

*134th Air Refueling Wing
Editorial Staff*

**Capt Joey Keith
Chief of Public Affairs**

**Master Sgt Kendra Owenby
Public Affairs
Multimedia NCOIC**

**Tech Sgt Jack West
Public Affairs Journalist**

**Staff Sgt Scott Hollis
Still Photographer**

**Airman First Class
Jackie Keeney
Combat Correspondent**

**Senior Airman Jennifer Griffis
Knowledge Ops Manager**

ATTENTION NEW MEMBERS - REPORT TO PUBLIC AFFAIRS MULTIMEDIA DEPT AT 1230 ON SAT DRILL TO HAVE YOUR OFFICIAL PHOTO TAKEN

Customer Service
Hours for
Photo Lab
Sat Drill
1300-1500

Customer Service
Hours for
Security Forces:
Mon/Wed/Fri 0800-1100
Sat 0830-1130
Sun 0830-1130

Customer Service
Hours for
Clothing Issue:
Sat 0830 -1100
1215 -1530
Sun 0830 -1430

Anti-Terrorism Force Protection Threat Levels Defined

IMMINENT

**WARNS OF A CREDIBLE, SPECIFIC, & IMPENDING
TERRORIST THREAT AGAINST THE U.S.**

ELEVATED

**WARNS OF A CREDIBLE TERRORIST THREAT
AGAINST THE U.S.**

CURRENT LEVELS:

FPCON ALPHA INFOCON 3

REPORT SUSPICIOUS ACTIVITY!

**Call Extension 336-3274 or 911 - Your Call May Save Lives
THREAT LEVELS ARE SUBJECT TO CHANGE AT ANYTIME**

This newspaper is an authorized publication for members of the U.S. military services. The content is edited, prepared, and provided by the Public Affairs Office of McGhee Tyson ANG Base. The contents of the VOLUNTEER are not necessarily the official views of, or endorsed by the U.S. Government, DOD, or the Department of the Air Force. The VOLUNTEER welcomes articles and ideas that will improve the paper. If you have questions or comments, please contact Capt. Joey Keith, CCE/PAO at extension 336-3205, fax at 336-3284 or joseph.keith@ang.af.mil.

JONES MAKES ALL GUARD MARATHON TEAM

Article Contributed by Master Sgt Eric Jones

Runners throughout the Army and Air National Guard took part in the 35th Annual Lincoln National Guard Marathon and Half Marathon in order to earn spots on the 2012-2013 All Guard Marathon Team. A total of 216 Army and Air National Guard runners from 44 states and two territories competed for one of 55 slots on the marathon team (40 males and 15 females). Only 15 Air National Guard members qualified for the 55 member team.

In his first attempt to make the team, MSgt Eric Jones, of the 134th ARW, was one of the 40 males that earned a spot on the All Guard Marathon Team with a time of 3:05:51. He placed 3rd in his All Guard Age group. In addition, his time was fast enough to qualify for the prestigious Boston Marathon for a second straight year.

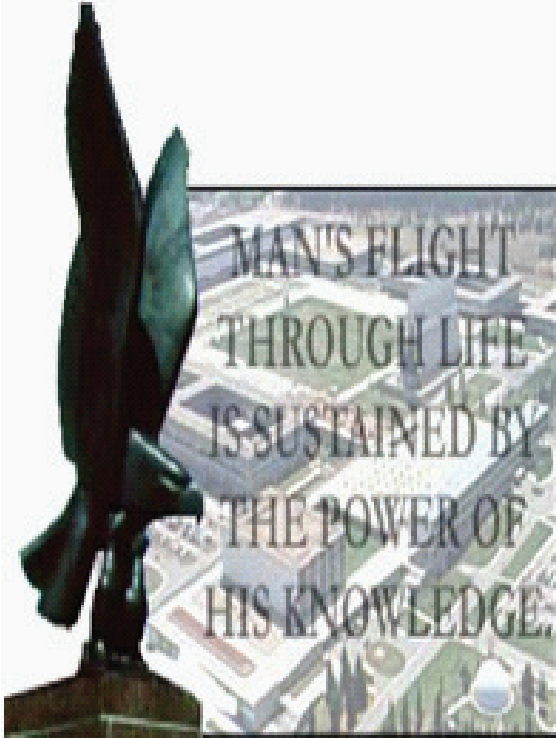
The conditions were tough during the race. The heat and humidity set in for the last 15 miles of the marathon. "When it's (weather) tough like that, all you can do is dig deep and find a way to persevere. Quitting is not an option. There wasn't a single member of the National Guard, or civilian for that matter, that didn't give it their all that day."

Eric will now travel and compete with the All National Guard Marathon Team in various races throughout the year. He will represent the 134th ARW and ANG as the sole representative on the team from the state of Tennessee.



Master Sgt. Eric Jones, 151 ARS, (above) high-fives his son Caden as he passes by during one of the many Air Force Marathons he has completed. Master Sgt. Jones (below) poses with the National Guard members who made the cut for the All Guard Marathon Team (unknown photographer).





UNITED STATES AIR FORCE ACADEMY LEAD Diversity Visitation Program

The Leaders Encouraging Air Development (LEAD) Program is an on-going effort to give our best and brightest Airmen the opportunity to excel by offering them appointments to the US Air Force Academy in Colorado Springs, Colorado. The program, initiated by then Air Force Chief of Staff General Ronald R. Fogleman in 1995, delegate's authority to Unit Commanders to nominate highly qualified airmen to attend the Prep School with the intention of Academy appointment to follow or direct entry into the United States Air Force Academy. Commanders have the opportunity to identify outstanding and deserving

airmen with officer potential for this commissioning program.

The intent of the LEAD Diversity Visitation Program (DVP) is to allow qualified junior enlisted members the opportunity to visit our campus, talk with current cadets who were Airmen and personally witness the many opportunities and challenges the Academy has to offer. During their visit there will be allotted time for them to talk and work with their counselor's on their application. We also have some evening activities planned so that they may see the regular social lives of cadets. USAFA admissions office will be flying out 15 airmen to USAFA from 22-25 September 2012.

HOW TO APPLY

Interested Airmen must have a letter of endorsement along with AF Form 1786 signed by squadron commander and MPS. Official Copy of H.S. transcript and copy of ACT/SAT scores mailed to:

**Office of Admissions
HQ USAFA/RRS
2304 Cadet Drive, Suite 2300
USAF Academy, CO 80840-5025**

For further questions email Lt Stevie Puentes at Stevie.puentes@usafa.edu or Capt Christopher Goshorn at christopher.goshorn@usafa.edu.

WHO

Interested Airmen cannot be past their 23rd birthday by 1 July of the year of direct entry (2013), and not past their 22nd birthday by 1 July of the year of entry into the Prep School (2013). Airmen cannot have dependants, and must be a U.S. citizen upon entry into the USAF Academy (applicant can receive citizenship while attending the Preparatory School).

PROMOTIONS

Jorgensen, Samantha L	134 MXG	MSgt
Clark, Troy H	134 MXG	MSgt
Milliron, Matthew A	119 CACS	MSgt
Wilkinson, Billie K	134 FSS	TSgt
Johnson, Gary L	134 SFS	TSgt
Towns, Bryan K	134 MDG	TSgt
Lewellyn, Kirk A	134 SFS	SSgt
Klar, Benjamin T	134 SFS	SSgt
Kidwell, Jared L	134 SFS	SSgt
Champney, John E	572nd BAND	SrA
Watson, Phillip A., Jr.	572nd BAND	SrA
Pittman, Derrick A	134 CES	SrA
Petersen, Matthew S	134 CES	SrA
Keeney, Jacquelyn L	134 ARW	A1C

SPOUSE ORIENTATION FLIGHT



If your spouse has never experienced an air refueling operation on one of our KC-135 aircraft, they now have the chance. An orientation flight is tentatively scheduled for Saturday, 11 Aug 2012 for spouses of base military personnel. For more information or to sign up, please contact the Airman & Family Readiness Program Office at 336-3107 or 336-3143 or email stephen.latham.1@ang.af.mil.

IMPORTANT PHONE NUMBERS

(To dial from an outside line: (865) 336-EXT)

1. Environmental Manager.....336-4256/4020
2. 134 ARW Commander (CC).....336-4080
3. Ambulance/Police/Fire.....911
4. Installation Fire Dept.....336-3315
5. Security Control.....336-3274

STORM WATER POLLUTION PREVENTION

To meet our Storm Water Pollution Prevention requirements, employees should be able to:

1. Identify and manage potential spills;
2. Recognize toxic and hazardous substances;
3. Properly and safely cleanup spilled material;
4. Properly secure drums and containers;
5. Frequently check for leaks and spills;
6. Properly handle and store hazardous substances;
7. Identify toxic and hazardous substances and wastes stored, handled, used, and produced on-site;
8. Perform preventative maintenance on equipment and storm water controls;
9. Prevent exposure of petroleum-based fuels, oils, and lubricants, hazardous substances, and waste materials to storm water;
10. Prevent spills and how to appropriately respond if a spill does happen;
11. Handle fuel safely; and
12. Prevent, or minimize, to the extent practical, storm water pollution at the Base.



**McGhee Tyson ANGB
Environmental Management
System Awareness**

ENVIRONMENTAL MANAGEMENT OFFICE CONTACTS

Capt. Jack M. Carley: (865) 336-4256

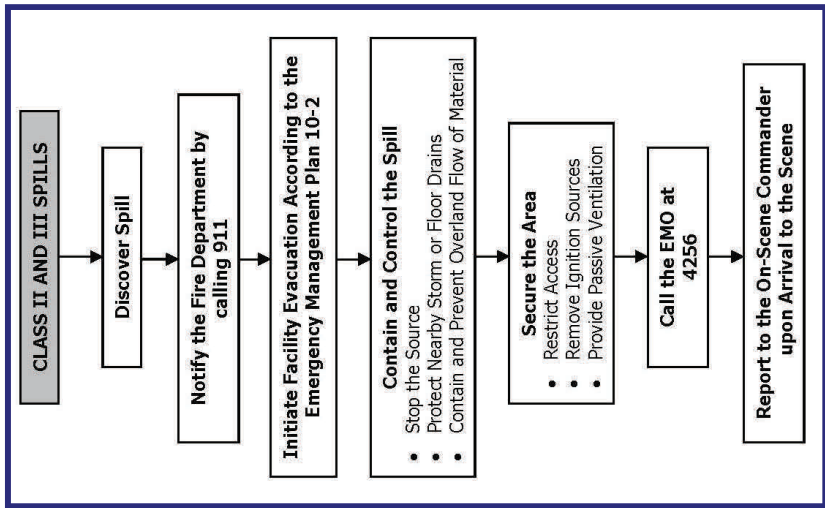
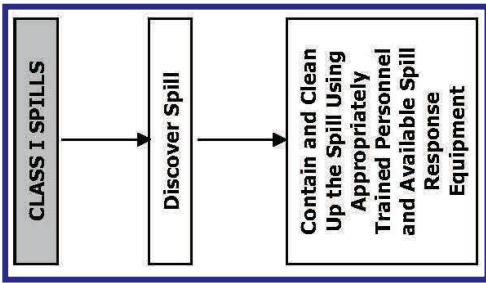
Mr. Keith Grayson, P.E.: (865) 336-4020



Environmentally Safe

Compliant

Aware



Financial Management



Thrift Savings Plan HIGHLIGHTS

April 2012



Scan above or visit the TSP website to view a short video about the TSP Roth feature.

www.tsp.gov/roth/index.shtml

Considering Roth? It's a tax decision.

It is not easy to decide if Roth TSP is right for you. Generally, Roth TSP might be a good fit for those who expect their tax rate to be higher in retirement than it is now. But it is not that simple.

When you make Roth contributions, there is no reduction in your adjusted gross income (as there is when you make traditional pre-tax contributions), and this is an important factor in establishing your tax bracket and the tax deductions and credits that you can take.

You should consider these factors as you decide on making Roth contributions. If you are in doubt, consult a qualified financial or tax advisor to be sure that you consider all the complexities of the tax law as they apply to your own situation.



Your Roth Questions Answered

By now you have probably heard that the TSP is adding a Roth TSP feature in the coming months. When you make Roth contributions, you will pay taxes on them as they go into your TSP account. This is very different from traditional pre-tax TSP contributions, which come out of your pay before your income taxes, but which are taxed (along with their earnings) at withdrawal. Roth contributions, when withdrawn, will be tax-free. The earnings on Roth contributions will also be tax-free, as long as you meet certain IRS requirements.*

On the TSP website, we've created a special Roth section. You'll find it linked from the banner at the top of the home page and from the What's New page, accessed by choosing any link on the home page Bulletin Board. All the information published to date can be found at this location, and more information is on the way to the website to help you decide whether Roth TSP will be to your advantage. The new Roth TSP feature is also being discussed in the press, and participants are starting to ask for clarification.

How will you get Roth money into your account? There are only two ways:

- **From your future pay**—you'll notify your agency or service that you want to **make Roth contributions**, or
- **Transfer Roth money into your account directly from eligible plans** (Roth 401(k)s, Roth 403(b)s, or Roth 457(b)s only).

You will not be able to transfer money into the TSP from Roth IRAs. Also, you will **not** be able to convert money that is already in your TSP account into Roth money. Along the same lines, agency automatic and matching contributions will always be traditional, tax-deferred contributions, even if your own contributions are only Roth. **You will not be able to convert any agency traditional contributions into Roth contributions.**

Who is eligible to take advantage of Roth TSP? Check for your eligibility below:

Participant Group	New Roth Contributions?	Roth Transfers into TSP from eligible plans?
Active employees		
FERS	Yes	Yes
CSRS	Yes	Yes
Uniformed Services	Yes	Yes
Separated employees	No	Yes
Retirees	No	Yes
Beneficiary participants**	No	No

* Roth earnings will be tax-free if 5 years have passed since January 1 of the year you made your first Roth contribution AND you are age 59½, permanently disabled, or deceased.

** Beneficiary participants may not add new Roth contributions to their accounts, but their accounts may contain Roth contributions made by the deceased spouse.

TSP Website:
www.tsp.gov

ThriftLine: 1-TSP-YOU-FRST (1-877-968-3778)
Outside the U.S. and Canada: 404-233-4400

TDD: 1-TSP-THRIFT5
(1-877-847-4385)

First Sergeant Position Open for Security Forces Squadron



There is a vacancy at this time for the position of First Sergeant (Master Sergeant) at the 134 ARW Security Forces Squadron.

We are currently accepting applications for retraining and assignment to this duty. If you are interested in applying for this position and if you meet the minimum listed qualifications, please follow the instructions in the "How To Apply" section below.

Minimum Qualifications - Must be currently serving in the grade of Master Sgt., Tech. Sgt. may be selected if they are immediately promotable, and they must be promoted on or before the date of assignment to the UMD position of First Sergeant.

Selected candidates must sign the following statement: "I agree to attend the USAF First Sergeant Academy within 12 months of my assignment as First Sergeant. Failure to complete this requirement will

result in my removal from the First Sergeant position and immediate demotion (if promoted as a result of assignment to this position.)"

-Must be highly motivated and capable of fulfilling the role of the First Sergeant as prescribed in AFI 36-2113, Chapter 1.

-Must have exceptional leadership and managerial skills.

-Must have ability to speak distinctly.

-Must have a minimum physical profile PULHES 322221

-Must be financially stable.

-Must meet minimum weight and body fat standards and overall image must exceed minimum standards.

-Must have completed the NCO Academy either in residence or by correspondence prior to application.

-Must agree to serve no less than 3 years as a First Sergeant after completion of the First Sergeant Academy.

-Must pass Air Force Physical Fitness Test.

How to Apply:

Prepare the following documents:

-AF Form 1206, Nomination for Award. (Use this form to document your individual qualifications)

-Letter of Recommendation from your current unit Commander

-Current RIP

Submit your application to the 134 FSS/CC (Chief Master Sgt. Linda Gibson) no later than **Wed., Aug. 1, 2012**. Qualified applicants will be scheduled to personally appear before a selection board. Candidates must wear the service dress uniform to meet the selection board. The selection board will be held during Aug. drill (4-5), 2012. Applicants will need to be prepared to perform their fitness test with the First Sergeant Council on Sat., Aug. 4, 2012.

If you have questions concerning the duties of a First Sergeant, please refer to AFI 36-2113. Questions relating to the selection board should be addressed to Chief Master Sgt. Steve Payne, the Wing Command Chief Master Sergeant, steve.payne@ang.af.mil.

DOD VISITOR PROGRAM

Submitted by Master Sgt. Carolyn LaDue, 134 Communications Flt



Lack of universal DoD computer access has occasionally interfered with meeting mission requirements and unfortunately perpetuating poor security and business practices. These poor security practices included personnel resorting to using non-DoD systems for DoD work, sharing user accounts, and bypassing security controls – all common practices done in the spirit of “get the job done”. To correct this problem a process that gives more universal access was needed. DoD Visitor is the first capability produced by Enterprise User. The vision of Enterprise User was to deliver an “I can go anywhere in the DoD, login, and be productive” capability. The DoD Visitor Program has turned the vision into a reality.

Software Management

Nothing can be more frustrating than to obtain a piece of software after completing the steps for purchase, only to discover that it cannot be used. All software utilized at McGhee Tyson must be included in the Information System’s Certification & Accreditation (C&A) package. Approval to purchase software is not equal to approval to install and use. These are two separate processes. To minimize potential setbacks, please coordinate with the unit Information Assurance Officer (IAO) before processing requests to purchase software.

Considering requesting a new piece of hardware? Care must be taken to ensure that the hardware does not contain embedded software. If it does, the software must also meet current requirements.

The Air Force no longer maintains an approved products list. A listing of evaluated products is made available. Approval is now handled at the local level. The process is not conducive to a quick turnaround, so please work with the IAO as soon as possible when considering new products.

DoD Visitor will allow any user with a Common Access Card (CAC) containing valid credentials temporary access to the NIPRNet when they are away from their home domain. Each CAC contains certificates issued from the DoD Public Key Infrastructure (PKI) which are used for strong authentication. The DoD Visitor program pairs the user’s logon “Common Name” with a visitor’s account. Once logged in, DoD Visitors have access to a temporary account based on their own credentials.

DoD Visitor accounts are restricted to using basic Microsoft applications

(Internet Explorer, Word, PowerPoint, and Excel), Adobe Acrobat Reader, and currently installed local printers. Files can be stored temporarily on the desktop and My Documents folder, but these will need to be transferred to a CD prior to logging off. The user’s DoD Visitor account and all of the user’s files on the end-user device will be immediately removed upon logout.

DoD Visitor enables users to perform key tasks such as checking email via Outlook Web Access (OWA) or programs through the Air Force Portal wherever they are traveling due to temporary assignments, while deployed, or while visiting a different organization in the local area. Proof of security clearance and DoD IA training is still required before access to a DoD Visitor account is granted.

For units that deal with a large turnover of transient personnel, the DoD Visitor program will provide a much needed resource. Unit Client Support Administrators (CSAs) will receive training and access to DoD Visitor accounts in the very near future, enabling the units to service the needs of in transit personnel.

**Information Assurance POCs:
MSgt LaDue, 336-4936 or
MSgt Jennings, 336-4924**

Medical Minute

By Capt. Jennifer King, 134 MDG

Happy June! I hope you all had a wonderful Memorial Day. Mine was spent in the ER treating a variety of ailments, quite a few of which could have been prevented. As promised, the article this month will continue to address Preventative Medicine, with a focus on Women's Health. As a refresher, here's an excerpt from the article on Preventative Health for Men... "Preventative Medicine encompasses not only healthy living habits (well rounded diet, exercise, getting enough sleep, tobacco cessation, moderate alcohol consumption, etc), but also exams, labs and diagnostic tests aimed at finding common life and limb threatening illnesses before the patient notices symptoms." You'll notice that the list below includes many of the same recommendations as the men's. However, there are a few differences with additional recommendations for women as well as our being let off the hook for a few of the male specific ones.



20's and 30's – Physical exam performed by your Primary Care Provider every 2-3 years includes...

- a basic physical exam and check of your vital signs (blood pressure, heart rate, weight/height)

- a discussion about risky behaviors (alcoholism, drug use, tobacco use, safe sexual habits, PPE, etc)
- labs to check your blood count and blood chemistry, and every 5 years, a cholesterol panel
- recommendations on healthy habits to avoid future health issues

*an annual OBGYN visit is recommended. These include a breast exam (to assess for physical signs of breast cancer) and a pelvic exam. Your OBGYN will determine, based on your history and risk factors, whether you need a PAP smear every year or every 3 years. A PAP smear is a sample of cervical tissue taken during a pelvic exam and examined under a microscope. While pelvic exams can be unpleasant, the PAP smear is a life-saving test, as if cervical cancer is caught early, it is very treatable.

40's - During your 40's, your physical exams should be annual and include blood work each year.

- a fasting blood glucose, which is more effective at diagnosing diabetes
- an annual mammogram will be added to your preventative health management plan
 - some women may need this prior to their forties based on their individual history and risk factors
- a chest x-ray will likely be added at least every few years

50's – You may recall that this is the point in the men's list where the testing became invasive. One might hope that women would get to skip this one since our tests have been invasive for thirty years. Alas, we too need to start being screened for colorectal cancer at 50, as it affects both men and women and is just as curable in us should it be found early. Thus, another excerpt from the men's article...

“ – a colonoscopy is recommended at age 50. This procedure includes a sedative, often referred to as “happy meds,” to ensure you have no memory of the tube with the camera being inserted...oh, never mind the details. The important part is that if colon cancer is caught early it is completely curable!!!”

65 years old – Once every two years, you need a bone density screening to check on the strength of your bones. The only preparation for this test is to not take calcium supplements prior to the test. It is noninvasive, painless and feels a lot like getting an xray while laying very still on a table.

In the end, the best prevention is taking care of yourself to start with. Get plenty of weight bearing exercise to prevent bone loss and aerobic exercise to aid in cardiovascular health. Eat for nutrition (bring on the veggies)! Break unhealthy habits like excessive alcohol consumption and smoking. Do a breast self-exam every month (see <http://www.webmd.com/breast-cancer/guide/breast-self-exam>). Be sure to discuss your health history with your Primary Care Provider (for women especially, our personal risk factors can greatly affect our Preventative Health maintenance schedule). As always, pay attention to how your body feels, and seek care when you notice something is “not quite right.”



MEDICAL GROUP SCHEDULE



SATURDAY UTA

0815-1130 HOURS
 0830-0850 HOURS
 0830-1130 HOURS
 0830-1130 HOURS
 0900-1100 HOURS
 1300-1430 HOURS
 1300-1400 HOURS
 1300-1330 HOURS

PHAS
 FITNESS FOR DUTY EVALUATIONS
 IMMUNIZATIONS
 QNFT TESTING
 ALL DEPLOYMENT PROCESSING/ANAM TESTING (CAPT KING)
 BALLISTIC EYEWEAR & M-50 GAS MASK INSERTS
 IMMUNIZATIONS
 FITNESS TESTING EVALS (ATKINS/LONG)



SUNDAY UTA

0845-0900 HOURS
 0900-1000 HOURS
 1300-1400 HOURS

FITNESS FOR DUTY EVALUATIONS
 FLIGHT SURGEON VISIT (FUEL SYSTEMS REPAIR)
 IMMUNIZATIONS

July's PHAs will be conducted in June. Please ensure all personnel complete all medical requirements in a timely manner.

NOTE 1: INDIVIDUALS REQUIRING LIPID TESTS MUST FAST FOR 14 HOURS PRIOR TO PHYSICAL EXAMINATION.

NOTE 2: INDIVIDUALS ARE NOT TO CONSUME ANY ALCOHOL FOR AT LEAST 72 HOURS PRIOR TO PHYSICAL EXAMINATION.

NOTE 3: IF YOU WEAR GLASSES YOU MUST BRING THEM WITH YOU FOR PHYSICAL. PLEASE DO NOT WEAR CONTACT LENS FOR EXAM.

NOTE 4: IF YOU ARE DEPLOYING, PLEASE CHECK WITH THE CLINIC WELL IN ADVANCE OF DEPARTURE DATE FOR IMMUNIZATION REQUIREMENTS.

NOTE 5: DNA TESTING IS CONDUCTED FROM 0830 - 1100 HOURS OF SATURDAY UTA. PLEASE HAVE YOUR PERSONNEL REPORT AT SCHEDULED TIME.



Tech. Sgt. Lindsey Watson-Kirwin, 134 MDG, draws blood from Tech. Sgt. John Knouff, 134 MXS, as he smiles for the camera during a pre-deployment brief. (National Guard photo by Staff Sgt. Scott Hollis, 134 ARW Public Affairs)

NEW AIR GUARD MEMBERS



A1C Amy Murphy
119 CACS



A1C Derek Kee
119 CACS



A1C Michael Davis
119 CACS

RECRUITER'S CORNER

Submitted by the 134 ARW Recruiting Office

Student Flight – Listen Up!

*****Pre-BMT class** – You will report to the FSS breakroom in the Headquarters building for roll call on **SATURDAY** of each drill at **1300**. This is a **mandatory** class (**as directed by Col. Cauthen**) until you ship out to BMT. You must report to roll call in order to get paid. Any absence must be cleared through the recruiting office supervisor, Master Sgt. Curtis LaRue, ahead of time.

*****In Processing Checklist - Saturday** at **1230** of your first drill weekend you are required to report to the Public Affairs/Multimedia Photo Studio (in the headquarters building) to have your **portrait** taken. This photo is **mandatory** in order to complete your in processing checklist.

*****Security Clearance Process** - All new enlistees please ensure you have logged onto **www.opm.gov/e-quip**, to initiate your clearance. Once you have logged on, you have **60 DAYS** to complete this. This is a **mandatory** item. **Failure to complete on time will result in a counseling session with the Force Support Squadron Commander, Maj. Dean Thiele.** Note: answer 'unknown' the first time and only the first time you answer the question 'place of birth.'

To Contact the Recruiters: Call DSN 266 or (865) 336-3242, 3257, 3258, or 3262; or go to: **http://www.134arw.ang.af.mil/careers/index.asp**

McGhee Tyson Chili Cook-Off

When: 17 Nov (Sat Drill)

Where: Wilson Hall Time: 1530 'til ?

\$1.00 per Vote/Taste Chili

(all the chili you want to taste)



Retirees are Invited!!!

The cost is \$1.00 to taste chili and vote.

You can buy as many votes as you like.

Buying votes is encouraged!!! If you think your chili is the best then put your money where your mouth is!!!

**Proceeds will go to JEAA,
Chief's Council, and Santa Cops.**

**To enter your award-winning chili contact
TSgt Matt King at 336-3244.**

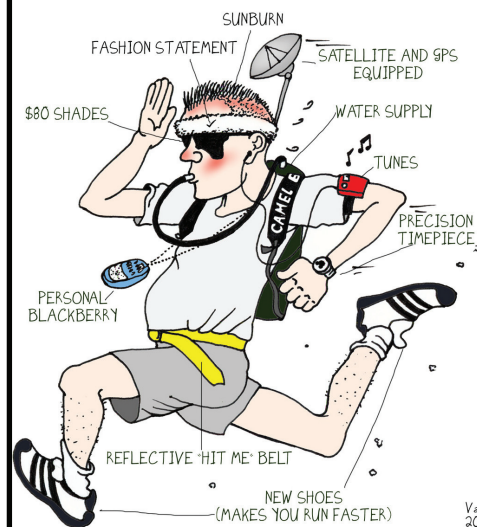
**We will take all entries; No Chili left behind!
Cheating is Encouraged!!!!**

AROUND BASE



The Junior Enlisted Advisory Association will be meeting in Bldg 134 in the FSS classroom on Saturday drill from 14:30 p.m. to 15:30. All E-1's through E-6's are encouraged to attend!

Get Fit Dude



What's For Lunch...?

Saturday:

CHICKEN CORDON BLEU
ROAST BEEF
MASHED POTATOES
PEAS W/MUSHROOMS & ONIONS
BEETS
SOUP
SHORT ORDER



Sunday:

COD FILETS
GRILLED POLISH SAUSAGE
BAKED MAC & CHEESE
RED BEANS & RICE
OKRA AND TOMATO GUMBO
SOUP
SHORT ORDER