



THE VOLUNTEER



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134TH AIR REFUELING WING

OCT 2014

MEDAL OF HONOR RECIPIENTS FLY TO EAST TENNESSEE SCHOOLS FOR VISIT

By Master Sgt. Kendra M. Owenby, 134 ARW Public Affairs

What does the price of freedom look like? Many East Tennessee residents got to see firsthand when 50 Medal of Honor recipients came to town for the 2014 Medal of Honor (MOH) Convention in Knoxville, TN Sept 10-13. The days were jam-packed with unforgettable events, stories, concerts, black-tie affairs, and dedication ceremonies to true American heroes.

One such memorable event was flying the MOH recipients to East Tennessee schools to speak to the students. Four Tennessee Army National Guard Blackhawk helicopters and one Knox County Sheriff's Department helicopter flew recipients to area schools on Sept 12.

At Greenville High School, a Blackhawk helicopter carrying MOH recipients 1st Lt Brian Thacker and Command Sgt. Maj. Robert Patterson landed in the grass adjacent to the school entrance. As the two exited the helicopter and made their way toward the auditorium, hundreds of students and faculty carrying American flags, lined the path and cheered loudly. Uniformed Jr. ROTC members stood at attention. An appropriate greeting for those who are held in such high honor.

From the auditorium podium the men spoke



Congressional Medal of Honor recipients 1st Lt. Brian Thacker and Command Sgt. Maj. Robert Patterson take in the view of East Tennessee from an Army National Guard Blackhawk helicopter on their way to speak to area students Sept. 12 during the 2014 Medal of Honor Convention in Knoxville, Tennessee. (U.S. Air National Guard photo by Master Sgt. Kendra M. Owenby, 134 ARW Public Affairs)

about their time in service and how being awarded the Medal of Honor has changed their lives forever. The students were extremely excited for the opportunity to meet and ask them questions about their military service and sacrifices.

A jovial Patterson told of his time in Vietnam as a Specialist Four that led up to the events in which he earned the Medal of Honor. Lightheartedly he described himself as a young soldier who, in his words, "was just an old plow boy from North

(MOH cont. on page 3)



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Mon/Wed/Fri 0800-1100
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Customer Service Hours for

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UTA Weekends
Sat 0830 - 1100 & 1215 - 1530
Sun 0730 - 1100



Air National Guard photos by Master Sgt Kendra Owenby, 134 ARW Public Affairs

"The Mission of the
134th Air Refueling
Wing is to project Global
Reach and Global
Power in the interest of
our National Defense
by providing vital Air
Refueling and Airlift
for rapid deployment,
sustained combat
operations and effective
training as directed by the
Secretary of Defense."



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(MOH cont. from page 1)

Carolina.” Serving as a fire team leader, 3rd Platoon, Troop B, he single-handedly destroyed a series of enemy bunkers during a firefight all while under a hail of enemy gunfire, consequently saving the lives of his comrades.

When asked by one of the students what he did to earn the Medal, Patterson replied “I don’t really recollect five hours of that day. I am one of the lucky ones. Some actually remember every detail but I don’t.”

1st Lt. Brian Thacker also spoke with the students about his service and how they wear the medal not for a display of their deeds but in honor of the fallen as well as for all of their comrades.

“The medal we wear is not a “me” award, it’s an “us” award...and when you read our citations you never read about the “us”...there was the us, and the troops that were with us...behind each one of those troops were families back home in a community just like this one,” said Thacker.

The two men were very humble and emphasized several times to the students that even though the individual is important, it is the team as a whole that is the key to success.

“Yes, be all you can be, but make all those around you all that they can be as well”, said Thacker. They also emphasized to the students that anything is possible if you want to do it; that not having the money for college is not a reason to not go. “There are so many scholarships and

grants out there...you can go to college, you just have to want to”, said Patterson. Their words of encouragement



Congressional Medal of Honor recipients 1st Lt. Brian Thacker and Command Sgt. Maj. Robert Patterson speak to students at Greenville High School Sept. 12 during the 2014 Medal of Honor Convention in Knoxville, Tennessee. (U.S. Air National Guard photo by Master Sgt. Kendra M. Owenby, 134 ARW Public Affairs)

and inspiration were eagerly received by the young faces, many of whom will become tomorrow’s leaders.

The students waved as the rotors picked up and the Blackhawk lifted into the air carrying with it two of this nation’s most highly decorated heroes....faces of the price of freedom.



Army National Guard Blackhawk helicopters land at McGhee Tyson Air National Guard Base, Tennessee after flying Congressional Medal of Honor recipients to East Tennessee schools to speak to students Sept. 12 during the 2014 Medal of Honor Convention in Knoxville, Tennessee (U.S. Air National Guard photo by Master Sgt. Kendra M. Owenby, 134 ARW Public Affairs)



Photos by Master Sgt. Kendra M. Owenby, 134 ARW Public Affairs

Congratulations to Col. Randy Gratz on 39 Years of Honorable Service to the Air Force, Air National Guard, and McGhee Tyson ANG Base!!!!



2014 Medal of Honor Convention Knoxville, Tennessee

Photos by Master Sgt. Kendra M. Owenby, Tech. Sgt. Jonathan Young, & Staff Sgt. Ben Mellon, 134 ARW Public Affairs



Air Force Personnel Accountability and Assessment System

What is AFPAAS?

AFPAAS is the Air Force Personnel Accountability and Assessment System. It is a website designed to help Air Force personnel and their families directly affected by natural and man-made disasters.

Step 1: Login to AFPAAS

<https://afpaas.af.mil/>

Step 2. Click the "Airmen/Civilians" Click Here button.

Step 3. Select Login Method

Login with the sponsor's
SSN and DOB

Step 4. Verify and update your information

Step 5. Review the survey introduction

Step 6. Complete the assessment survey

Step 7. Review the confirmation window

Step 8. Print, edit or view your entries

Congratulations! You have completed entering your accountability status.

- Update Current Accounting Status
- Update Contact/Location Information ("My Info" tab)
- Add/Remove Family Members
- Update Family Members Contact/Location Information

How does AFPAAS Work?

AFPAAS allows you and your family members to submit vital accountability information into a secure website using a computer. Simply complete the eight basic steps.

What if I do not have access to the Internet?

If you are displaced from your home or office, or do not have access to a computer, you can contact someone with Internet access and ask them to use AFPAAS on your behalf. You can also access AFPAAS from any computer available to you. Alternatively, you can request assistance from local authorities and relief agencies. If you don't have Internet access, call your command representative or one of the telephone numbers below:

**Air Force Personnel
Readiness Cell**
1-800-435-9941

1 (210) 565-2020/DSN 665-2020

or
**Installation Personnel
Readiness**

Com 865-336-3256/DSN 266-3256



Zombies? - A Good State of Preparedness Will Ensure Survival in All Scenarios

By Senior Airman John Romines, 134 ARW Emergency Management

October is upon us and so are all things associated; with zombies being among the top of the list. But how could zombiism reflect real world preparedness? Well, the word "zombie" originated in the Voudun beliefs of the Caribbean, referring to a body "revived" and enslaved by a sorcerer known as a bokor. They were a monster of a culture born in forced labor, and the horror to these people was not getting eaten by a zombie, but becoming a zombie - a mindless, senseless, unfeeling slave for eternity. Some of the oldest aspects of zombie appearance are actually symptoms of tetrodotoxin poisoning; a neurotoxin used in certain voudun rituals. In this form, it has been known in America since the late 19th century. Zombiism is almost always endemic to humans — animals are not generally affected in great numbers since few viruses can cross species boundaries, though it does avert common tropes about disease. Exceptions, as in Resident Evil, will have one or two demon dogs, or maybe a flock of demon birds. Think a few million zombie humans are bad? It is estimated that in some major cities, rats outnumber humans at least eight to one. And if insects can be zombified, it's time to just lie down and die. Don't worry, it won't stick.... Every year, 911 and other supernatural agencies are swarmed with many alleged zombie invasions. Even if they smell bad, have missing appendages, look dazedly around, or try to bite you, please answer the following

questions: Loud noise that resembles music? Large pit in which they gather? Do "zombies" appear under 30? Strange pills on the ground? Are zombies arriving from all around instead of clawing up from the ground?

If you answered "yes" to any of these questions, then odds are you have a rave on your hands. Not a zombie infestation. Please do not shoot the ravers. Tell them there is no beer and the woofer in the car is busted. They will leave. In the event of actual zombie contact, remember your EM training: Remain Calm- Have a Crisis Kit with rosters, radios, first aid kits, flashlights, water. The worst thing you can do is screech and throw your hands up in the air. That's the zombie equivalent to offering up a turkey leg. If it's dead and lying still, kill it again. One can never be too sure about these things. Zombies are notorious ankle bitters. Shelter In Place- Lock and barricade the doors. Hide under desks and remain silent. Should that fail, evacuate via preplanned escape routes to a predetermined safe area. Go to a nice island and stay. American zombies are hydrophobic. So you're safe so long as no one

washed up on shore. Beware the Italians, they love water sports. While we are on the topic of fleeing: Contamination Avoidance- Discretion is the better part of valor. Avoid areas that are dangerous. Zombies aren't ninjas, you can see them. Also, don't go back for the cat. Odds are it will avoid the zombies better than you.



**Zombie Apocalypse
Training Camp**

Photo courtesy of Air Force Times

Enduring Traditions and Fellowship for Tennessee Air National Guard Volunteers

By 2Lt. Marcie Mascaro, 134 ARW Public Affairs Officer

A crisp East Tennessee breeze and some energetic arm-tosses propelled beanbags toward the University of Tennessee-themed cornhole board here Sept. 26 as part of base's annual cookout.

The base fire department served as the open-air venue for pick-up games, as well as for a barbeque lunch and some celebrating with friends and family.

"I'm just getting warmed up," said Master Sgt. Donald Pierson, a logistics manager assigned to the I.G. Brown Training and Education Center. "After I get a feel for how hard to throw this thing, I'll start getting them in the hole." The 134th Air Refueling Wing's Force

greeted everyone while Airmen waited in line, taking the time to show his appreciation. "I want to say



thank you to all the men and women who make this the best wing in the Air National Guard," said Col. Randall E. Gratz, former Vice Wing Commander. "It's been an honor to serve with you."

The day culminated with Col. Gratz's retirement and roast, marking more than 39 years of service, all with the 134th Air Refueling Wing.

Support Squadron provided hot food, cooked by the 134 ARW Chiefs Association.

The informal event has been a base tradition for more than 20 years.

"I've been coming to these events since I first joined the unit, 26-years ago," said Master Sgt. Mary Myers, Wing Administrative assistant. "I've seen a lot of people come and go in that time, which is why it's so great to have an event where we can just catch up and appreciate each other."

The event's honorary guest



(U.S. Air National Guard photos by Master Sgt. Kendra M. Owenby, 134 ARW Public Affairs)

HORSING AROUND ON GUAM - 134th Logistics Personnel Work With RED HORSE

By Senior Master Sgt. Patrick Ladue, 134 ARW Vehicle Operations

Recently five 134th LRS Vehicle Maintenance personnel completed Annual Field Training with the 554th RED HORSE Squadron on the island of Guam. The RHS mission is vastly different from the 134th Logistics Readiness Squadron's Vehicle Management Mission.



RED HORSE = Rapid Engineer Deployable Heavy Operational Repair Squadron Engineers. Some of the vehicles are similar but are utilized for the most part in raw-unimproved areas making a base out of wilderness or repairing damaged facilities and air strips.

Air National Guard Vehicle Maintenance personnel blended with RED HORSE troops seamlessly getting to work right away repairing some odd looking vehicles with familiar systems. One such "vehicle" was a 7.5 ton Rock Dump Trailer with solid tires and tracks wrapped around dual/tandem wheel bogies. In laymen's terms; this is a heavy trailer with tracks stretched over the wheels, and the capability to dump rocks like a truck. It took a few days of pry bars, hammering, muscle and finesse to disassemble, service and reassemble the parts to return the ailing asset back to service. Other results from the previously mentioned blending were updates of computer analyzer and reprogramming systems being utilized to put vehicles with Anti-Lock Brake Systems (ABS) failures back into service. Once

a source was identified for updating the analyzer/programmer, the way was cleared to finish the work.

Other projects included technical inspections of Low-Boy trailering systems and body damage repair which was handily accomplished by SSgt Michael J. Vann

whose full time specialty in the civilian world lent a great deal of expertise in this area.

Learning to make do with what is available is a skill learned over many years and in many Areas of Responsibility (AORs) for this group. The RHS/Guam experience was another instance where these skills have been sharpened and further utilized. Several trips to the "Bone Yard" (DRMS) area yielded on hand assets needed to repair and return vehicles to service in lieu of dead lining them for parts non-availability or deferring parts installation to be completed at a later date.



Photos courtesy of Senior Master Sgt Patrick Ladue

Off duty time was vigorously utilized to see the sights of the island, take in military historical tours, blend with local populations and enjoy the water sports which included swimming and snorkeling. "Horsing Around On Guam" gave us the opportunity to experience new places, things and people which was a "once in a lifetime" event in this tropical paradise which we hope can be repeated.



INFORMATION ASSURANCE

Information Assurance Awareness: Mitigating risk through knowledge



Submitted by Tech. Sgt. Adam Huskey, 134th Communications Flt

Security Experts Expect 'Shellshock' Software Bug in Bash to be Significant

Long before the commercial success of the Internet, Brian J. Fox invented one of its most widely used tools.

In 1987, Mr. Fox, then a young programmer, wrote Bash, short for Bourne-Again Shell, a free piece of software that is now built into more than 70 percent of the machines that connect to the Internet. That includes servers, computers, routers, some mobile phones and even everyday items like refrigerators and cameras.

On Thursday, security experts warned that Bash contained a particularly alarming software bug that could be used to take control of hundreds of millions of machines around the world, potentially including Macintosh computers and smartphones that use the Android operating system.

The bug, named "Shellshock," drew comparisons to the Heartbleed bug that was discovered in a crucial piece of software last spring.

But Shellshock could be a bigger threat. While Heartbleed could be used to do things like steal passwords from a server, Shellshock can be used to take over the entire machine. And Heartbleed went unnoticed for two years and affected an estimated 500,000 machines, but Shellshock was not discovered for 22 years.

That a flawed piece of code could go unnoticed for more than two decades could be surprising to many. But not to programmers.

Many of the commercial tools that individual users and large corporations depend upon are built on top of programs that are written and maintained by a few unpaid volunteers in what is called the open-source community...

http://www.nytimes.com/2014/09/26/technology/security-experts-expect-shellshock-software-bug-to-be-significant.html?_r=0

**DoD iPhone users be aware:
Do not update your phone...**

On 18 Sep 2014, Apple released the iOS 8 upgrade to their mobile operating system (OS). This is a reminder to each user to NOT upgrade the mobile operating system on the device until notified per the End User License Agreement. Currently the latest supported iOS is 7.1.2. All users are directed to TURN OFF the "auto update" feature, to ensure the upgrade is not made before the AF has approved implementation of iOS 8.

iOS 8 is currently being tested to ensure the changes do not impact the security posture of the AF Information Network. Once evaluation is complete, all registered MDM users will receive direction to upgrade or clarification on why not to upgrade.

Upgrading the device before it has been approved will render the Good App inoperable.

**Information Assurance POCs:
Master Sgt. Jennings (865)336-4924
Tech. Sgt. Huskey (865)336-4936**



Submitted by Lt. Col. James Blanton. 134 ARW

Human Trafficking: An Intelligence Report

It's a thriving international business in our increasingly interconnected global economy, generating some \$9 billion in profits every year. It's called "human trafficking"...and it involves buying, selling, and smuggling people, often women and children, and forcing them into what amounts to modern-day slavery. According to the State Department, up to two million people are trafficked worldwide every year, with an estimated 15,000 to 18,000 in the U.S., causing untold suffering.

How are victims "recruited"? Sometimes by force, but usually by fraud. Victims are lured away from family and friends by the promise of a better life, often in another country. For traffickers, there's no shortage of victims—people eager for higher-paying jobs and other opportunities in distant cities and nations.

What kinds of work are victims forced to do? Both legal and illegal. Everything from prostitution to exotic dancing, street peddling, housekeeping, to child care, construction and landscaping. Some victims are forced to work in restaurants and factories and are drawn into servile marriages and various criminal activities.

How are victims controlled? Many different ways: physically, through beatings, burnings, rapes, and starvation; emotionally, through isolation, psychological abuse, drug dependency, and threats against family members in home countries; and financially, through debt bondage and threat of deportation. Escape is difficult because victims are often "invisible." In the U.S., for example, victims typically don't speak English; they're afraid to approach authorities because they don't want to

be deported; and they have no idea where they are or how to get help.

What about the traffickers? In the U.S., they're often members of the victim's own ethnic or national community. They are here legally and maintain close contact with their home country...may be fluent in English and a native language...and may have greater social or political status in their home country than their victims. Traffickers include: International criminal syndicates with "diversified trafficking portfolios" that smuggle drugs and guns along with people and use the same routes for all three; "Mom-and-pop" operations that often have extended family on both sides of the border and lure victims by striking up romantic relationships; Independently owned businesses with contractors/agents who provide laborers for menial jobs; and individuals, such as diplomats or foreign business executives who arrive with "servants," pimps, and sometimes even neighbors and friends of the victim. (F.B.I. 2006)

If you suspect human trafficking in your area please contact your local law enforcement agency or the Tennessee Bureau of Investigation at 1800-TBI-FIND. If you have further questions about human trafficking or this article please contact Lt Col James Blanton, 134 ARW CTIP Coordinator at 336-4444. Just as reminder, ensure that your HUMAN RELATIONS CBT and those you supervise is current.

F.B.I. Human Trafficking Intelligence Report. 06 12, 2006. http://www.fbi.gov/news/stories/2006/june/humantrafficking_061206 (accessed May 17, 2014).





FRAUD: Any intentional deception designed to unlawfully deprive the United States of something of value or to secure from the United States for an individual a benefit, privilege, allowance, or consideration to which he or she is not entitled. Such practices include, but are not limited to, the offer, payment, or acceptance of bribes or gratuities; making false statements; submitting false claims; using false weights or measures; evading or corrupting inspectors or other officials; deceit either by suppressing the truth or misrepresenting material fact; adulterating or substituting materials; falsifying records and books of accounts; arranging for secret profits, kickbacks, or commissions; and conspiring to use any of these devices.

WASTE: The extravagant, careless, or needless expenditure of government funds, or the consumption of government property that results from deficient practices, systems, controls, or decisions. The term also includes improper practices not involving prosecutable fraud.

ABUSE: The intentional or improper use of government resources that can include the excessive or improper use of one's position, in a manner contrary to its rightful or legally intended use. Examples include misuse of rank, position, or authority or misuse of DoD resources.*

Reporting FWA is accomplished through supervisors, commanders, the IGQ Complaints Resolution Process via the AF IMT FM 102, or DoD/AF/MAJCOM/ base FWA Hotline phone numbers. **The 134 ARW/IG FWA Hotline number is (865) 336-4444 (IGIG)**, USAF FWA Hotline is (202) 404-5354 or (800) 538-8492 or FAX: (202) 404-5429. The DoD hotline is (800) 424-9098. For more information contact Lt Col James Blanton, 134 ARW/IGQ james.blanton@ang.af.mil



RECRUITER'S CORNER

Submitted by the 134 ARW Recruiting Office

Student Flight – Listen Up!

*****Pre-BMT class** – You will report to the FSS breakroom in the Headquarters building for roll call on **SATURDAY** of each drill at **1300**. This is a **mandatory** class (as directed by Col. Cauthen) until you ship out to BMT. You must report to roll call in order to get paid. Any absence must be cleared prior to roll-call through the recruiting office supervisor, Master Sgt. Curtis LaRue.

*****In-processing checklist - Saturday** at **1230** of your first drill weekend you are required to report to the Public Affairs/Multimedia Photo Studio (in the headquarters building) to have your **portrait** taken. This photo is **mandatory** in order to complete your in-processing checklist.

*****Security Clearance Process** - All new enlistees please ensure you have logged onto www.opm.gov/e-quip, to initiate your clearance. Once you have logged on, you have **60 DAYS** to complete this. This is a **mandatory** item. **Failure to complete on time will result in a counseling session with the Force Support Squadron Commander, Lt. Col. Dean Thiele. Note: answer 'unknown' the first time and only the first time you answer the question 'place of birth.'**

To Contact the Recruiters: Call DSN 266 or (865) 336-3242, 3257, 3258, or 3262; or go to: <http://www.134arw.ang.af.mil/careers/index.asp>

RANDOM ANTITERRORISM MEASURES (RAMS)

Random Antiterrorism Measures are those additional security measures that are conducted at random dates, times and locations. RAM's are issued and tracked by the Installation Antiterrorism Officer (ATO). An effective and robust RAM program will make our Installation a harder target and will provide unpredictable security patterns for our aggressors. RAMs are created from FPCON NORMAL through FPCON DELTA measures and any additional security measures the Threat Working Group deems necessary to deter or detect acts of terrorism.

Example of Facility RAM's:

1. Restricting and controlling entrance points into facilities.
2. Random 100% ID checks of persons entering facility access points.
3. Random inspections of bags, packages and briefcases brought through facility access points.
4. Security checks of parking lots.
5. Physical Security checks of locked storage areas and rooms.
6. Security checks around the interior exterior of buildings to include roof and subterranean areas for suspicious activity or packages.
7. Mail Screening.
8. Security checks of food storage areas.
9. Vehicle Standoff Verification.

NOTE: Standoff distances for vehicles are mandated by DA and DoD regulations.

**IF YOU SEE SOMETHING / SAY SOMETHING
CALL 911 or 865-336-3091**

Why Won't CCAF Take My Credits?

By Master Sgt. Bertie Wiggins, 134 ARW Base Education Training Manager

The above question is one we are asked frequently at the Base Education and Training Office. To earn a CCAF degree, 15 credit hours must be completed at a civilian college or university. These courses include oral communication (speech), written communication (English), mathematics, social science, and humanities.

Where these courses are taken, are up to the individual but, there is one very important requirement that you must keep in mind – accreditation. The goal of accreditation is to ensure that education provided by institutions of higher education meets acceptable levels of quality.

The Community College of the Air Force is regionally accredited through the Southern Association of Colleges and Schools (SACS). This means that CCAF is regionally accredited and recognized by the U.S. Department of Education. Therefore, any and all transcripts they receive must meet the standards of SACS and the Department of Education.

What about nationally accredited schools? National accreditation does not fall under the Department of Education's standards and guidelines. Therefore, many schools that are only nationally accredited will not meet the curriculum requirements for CCAF. This doesn't mean that nationally accredited schools are bad. It just means that you may have a harder time having your credits from these institutions accepted by CCAF.

What can you, as a student do? First, check to see if the institution you are interested in or attending is regionally accredited. Most schools are very up-front about this and will have this information directly on their websites. Be wary of those schools that just advertise "we are accredited" without looking specifically at how they are accredited.

What if the school is nationally accredited only? You can try to submit your transcripts to have CCAF review your credits. But, in many cases, you may need to take courses at a regionally accredited school. You can come by our office to discuss options and opportunities for your educational goals. For more information on CCAF degrees and requirements, you can download the CCAF College Catalog at http://www.au.af.mil/au/barnes/ccaf/catalog/2014cat/2014_2016_General_catalog.pdf.

TRICARE Rates for Calendar Year 2015

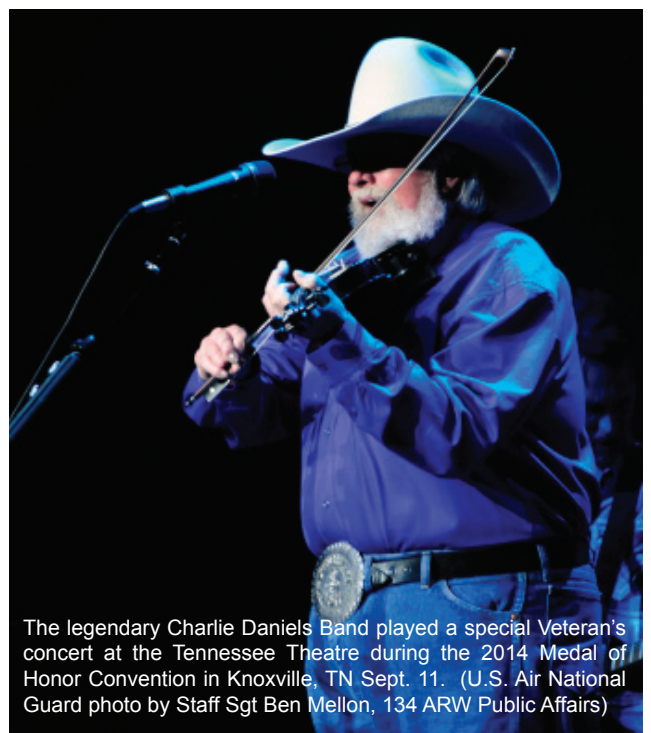
Monthly Premium Rates for TRICARE Reserve Select and TRICARE Retired Reserve

TRICARE Reserve Select (TRS) premium rates are established annually on a calendar year (CY) basis in accordance with Title 10, United States Code (U.S.C.), Section (Sec.) 1076d and Title 32, Code of Federal Regulations (CFR), Part 199.24. The TRS monthly premiums for CY 2015 shall be the rates listed in the table below:

| Type of Coverage | 2014 TRS Monthly Rate | 2015 TRS Monthly Rate | Change |
|---------------------|--------------------------|--------------------------|--------|
| TRS Member-only | \$ 51.68 | \$ 50.75 | - 1.8% |
| TRS Member & family | \$ 204.29 | \$ 205.62 | + 0.7% |

TRICARE Retired Reserve (TRR) premium rates are established annually on a CY basis in accordance with Title 10, U.S.C., Sec. 1076e and Title 32, CFR, Part 199.25. The TRR monthly premiums for CY 2015 shall be the rates listed in the table below:

| Type of Coverage | 2014 TRR Monthly Rate | 2015 TRR Monthly Rate | Change |
|---------------------|--------------------------|--------------------------|---------|
| TRR Member-only | \$ 390.99 | \$ 390.89 | - 0.03% |
| TRR Member & family | \$ 956.65 | \$ 961.35 | + 5.0% |



The legendary Charlie Daniels Band played a special Veteran's concert at the Tennessee Theatre during the 2014 Medal of Honor Convention in Knoxville, TN Sept. 11. (U.S. Air National Guard photo by Staff Sgt Ben Mellon, 134 ARW Public Affairs)



MEDICAL SCHEDULE

SATURDAY UTA

0815-1130 HOURS

0830-0850 HOURS

0830-0930 HOURS

0830-1130 HOURS

0830-1130 HOURS

0900-1000 HOURS

0900-1100 HOURS

1000-1100 HOURS

1130-1230 HOURS

1230-1430 HOURS

1300-1430 HOURS

1300-1400 HOURS

1400-1500 HOURS

PHAS

FITNESS FOR DUTY EVALUATIONS

NEW ACCESSION ORIENTATION (MDG TRAINING ROOM)

IMMUNIZATIONS

QNFT TESTING

WING DTPAM CLASS (MDG TRAINING ROOM)

ALL DEPLOYMENT PROCESSING/ANAM TESTING

FITNESS TESTING EVALS

LUNCH

SCHEDULED WAIVER/MEDCON/LOD APPOINTMENTS

IMMUNIZATIONS

DEPLOYMENT HEALTH ASSESSMENTS

WING DTPAM CLASS (MDG TRAINING ROOM)

SUNDAY UTA

CLOSED FOR TRAINING WITH EXCEPTION OF FOLLOWING TIMES:

0830-0850 HOURS

FITNESS FOR DUTY EVALUATIONS

1230-1330 HOURS

IMMUNIZATIONS



U.S. Air National Guard photo by Staff Sgt. Ben Mellon, 134 ARW Public Affairs

**PLEASE REMEMBER TO REPORT ALL MEDICATIONS
THAT YOU ARE TAKING TO THE MED GROUP IMMEDIATELY!!!**

NOTE 1: INDIVIDUALS REQUIRING LIPID TESTS MUST FAST FOR 14 HOURS PRIOR TO PHYSICAL EXAMINATION.

NOTE 2: INDIVIDUALS ARE NOT TO CONSUME ANY ALCOHOL FOR AT LEAST 72 HOURS PRIOR TO PHYSICAL EXAMINATION.

NOTE 3: IF YOU WEAR GLASSES YOU MUST BRING THEM WITH YOU FOR PHYSICAL. PLEASE DO NOT WEAR CONTACT LENSES FOR EXAM.

NOTE 4: IF YOU ARE DEPLOYING, PLEASE CHECK WITH THE CLINIC WELL IN ADVANCE OF DEPARTURE DATE FOR IMMUNIZATION REQUIREMENTS.

NOTE 5: DNA TESTING IS CONDUCTED FROM 0830 - 1100 HOURS OF SATURDAY UTA. PLEASE HAVE YOUR PERSONNEL REPORT AT SCHEDULED TIME.

Changes to Travel Regulations

Submitted by Staff Sgt. Theodore Pelfrey, 134 ARW Financial Management

JTR & JFTR Merger

The Joint Forces Travel Regulations for uniformed service members and the Joint Travel Regulations for Department of Defense civilian personnel is set to merge 1 October 2014. The new document will be called the Joint Travel Regulations (JTR). There will still be sections within the headings that state "Uniformed Member Only" and "Civilian Personnel" if there are specific guidelines for a certain group. Chapters 5 and 6 will continue to separate military and civilian chapters. Chapters 8, 9, and 10 will be military only. The following expenses will no longer be considered reimbursable after 1 October:

- Authorized Business Call
- Authorized Call Home
- Baggage Tips
- GOVCC ATM Advance Fee
- GOVCC ATM Service Fee
- Laundry/Dry Cleaning
- Non-GOVCC ATM Advance Fee

Changes to Excess Baggage

Shipping (through FEDEX, UPS, USPS, etc.) and other postage expenses for transporting personal clothing, comfort items, uniforms, books, papers, military or professional gear are NOT considered excess baggage and are therefore NOT authorized to be reimbursed on a travel voucher. Excess baggage that accompanies a traveler on a transportation carrier (such as an airplane) that is in excess of the weight, size, or number of pieces allowable by the carrier is NOT the same as Unaccompanied Baggage.

Any shipment of excess baggage through the postal system from a deployed location will not be reimbursed after August 1, 2014. AFAFO has recognized that AFI 65-114 and AFI 24-101 have not been updated to reflect this change; therefore, any mailing expenses that were incurred before August 1 can be reimbursed. After August 1, it will be at the member's expense. Excess accompanied baggage transportation (APP A1 'Baggage' definition) costs may be authorized/approved by the AO (JFTR, par. U3105 and JTR, par. C3105). Excess accompanied baggage applies to any bag accompanying the traveler for which the airline charges a fee.

Members must hand carry all baggage to and from the deployed location. The baggage must be claimed as an airline excess bag fee to be reimbursed. Members should be aware that shipping baggage through the postal service is NOT reimbursable!

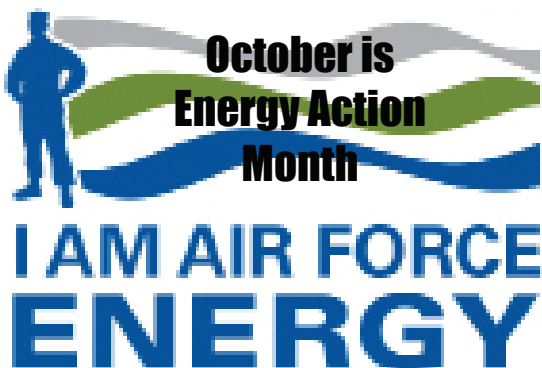
Annual Training Per Diem

SAF/FM and the National Guard Bureau recently reinterpreted annual training per diem entitlements. One change resulting from this interpretation is that members are due the government per diem rate when meals are available for purchase in a government dining facility and the member is lodged on base in a government lodging/billeting facility at a cost.

The 134th Comptroller Flight is reviewing prior travel vouchers for members and will notify those that are entitled to per diem under this clarification.

As always, if you have any questions about travel, please don't hesitate to stop by Finance.

Power the Force. Fuel the Fight.



JEAA

The Junior Enlisted Advisory Association welcomes all junior enlisted members to join the group. All E-1s through E-6s are encouraged to attend. The JEAA meeting will be in the HQ Conference room on Saturday at 1430. Bring the most new members and win a prize! Hope to see you all there!



AROUND BASE

KNOW WHO TO CALL!

Suicide Prevention Program

Lt. Col. James Collins
(865) 336-4277

OPSEC

Capt. Shawn Poche
(865) 336-4151

Combatting Trafficking in Persons & Wing Inspector General

Lt. Col. James Blanton
(865) 336-4444

Sexual Assault Response Coordinator

Capt. Stephanie McKeen
(865) 336-3277

Alt. SARC/TN Join Force Headquarters

MAJ. Scott Villeneuve
(615) 347-9372
DoD Safe Hotline: 1-877-995-5247

Director of Psychological Health

Elizabeth Arnold
(865) 201-8129

Military Equal Opportunity

Capt. Tarren Barrett
(865) 336-3222

Chief Installation Protection

2Lt. Stacy Sells
(865) 336-3007

Anti-Terrorism Officer

Mr. Terry Hickie (Chief ret.)
(865) 336-3206

Transition Assistance Program

Tech. Sgt. Laura Morgan
(865) 336-4236



ROCKY TOP DINING FACILITY

Saturday:

Szechwan Chicken
Yakisoba
Steamed Rice
Paprika Buttered Potatoes
Corn
Brussels Sprouts
Gravy
French Onion Soup

Sunday:

Grilled Bratwurst
Sauerbraten
German Potato Salad
Cottage Fried Potatoes
German Sauerkraut
Asparagus
Gravy
German Tomato Soup

BASE SHRED DAY



MONDAY, 20 OCTOBER 2014

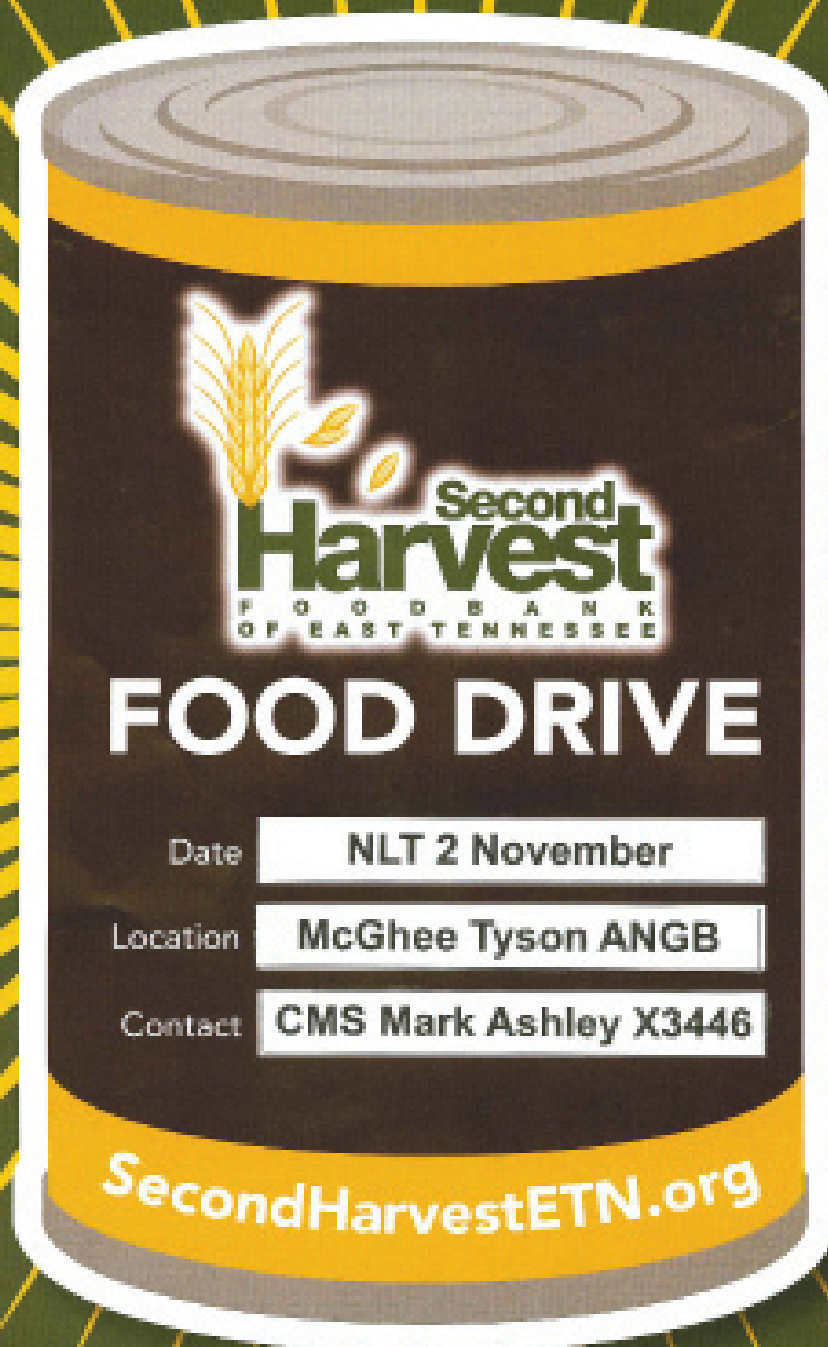
0900-1000 HRS

HEADQUARTERS PARKING LOT

A shredder truck will come out to the base and park at the
HQ PARKING LOT. Paper-only items will be shredded on-site.

UNCLASSIFIED PAPER MATERIALS ONLY

POC: TSgt Regina Trivette, 336-4981
REGINA.TRIVETTE@ANG.AF.MIL



REQUESTED ITEMS:



Tuna,
Salmon,
Chicken



Beans,
Soup,
Stew,
Sauces



Brown Rice
& Pasta



Juice



Peanut
Butter



Fruit,
Vegetables

Donate Online!
SecondHarvestETN.org