

EDITORIAL

THE VOLUNTEER MAGAZINE IS PUBLISHED MONTHLY BY:

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ABOUT THE VOLUNTEER

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Cover: A South Carolina reporter prepares for her stand-up in front of a 134th ARW KC-135 at McEntire ANG Base. (U.S. Air National Guard photo by Tech. Sgt. Dan Gagnon)

Opposite: 'CBD oil' and 'Coffee Cup' photos courtesy of Pixabay.com. Boy Scouts photos courtesy of Tech. Sgt Robert Branson, 119th COS.



134th Air Refueling Wing Volunteers

Vision:

Volunteer Ready

Federal Mission:

Support rapid global mobility and sustainment by providing world-class personnel, vital air refueling and airlift capabilities for contingency response and stustained combat operations.

State Mission:

Provide personnel and equipment to protect life & property during emergency response operationsas directed by the Governor of Tennessee & the Adjutant General.

In this issue:

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CBD oil and the military

CBD oil is easily accessible and proclaimed to be safe, but is it safe for military members?

3



Commander's Priorities

Do you know the 134th Air Refueling Wing Vision and Commander's Priorities?



Volunteers prep for Super Bowl

134th ARW assisted with a media flight to demonstrate in-air refueling for Super Bowl LIII support.



Service Before Self

Tech. Sgt. Robert Branson helps Boy Scouts learn about service and community.





Military Saves Week

February 25th through March 2nd





Chaplain's Cup

A sip to fill your spiritual cup



Medical Group Hours

Medical Group hours and notes





Chief's Corner

A word from Chief Jana Johnson



Officer Vacancies

The 119th and 134th Public Affairs have openings for DSG officers







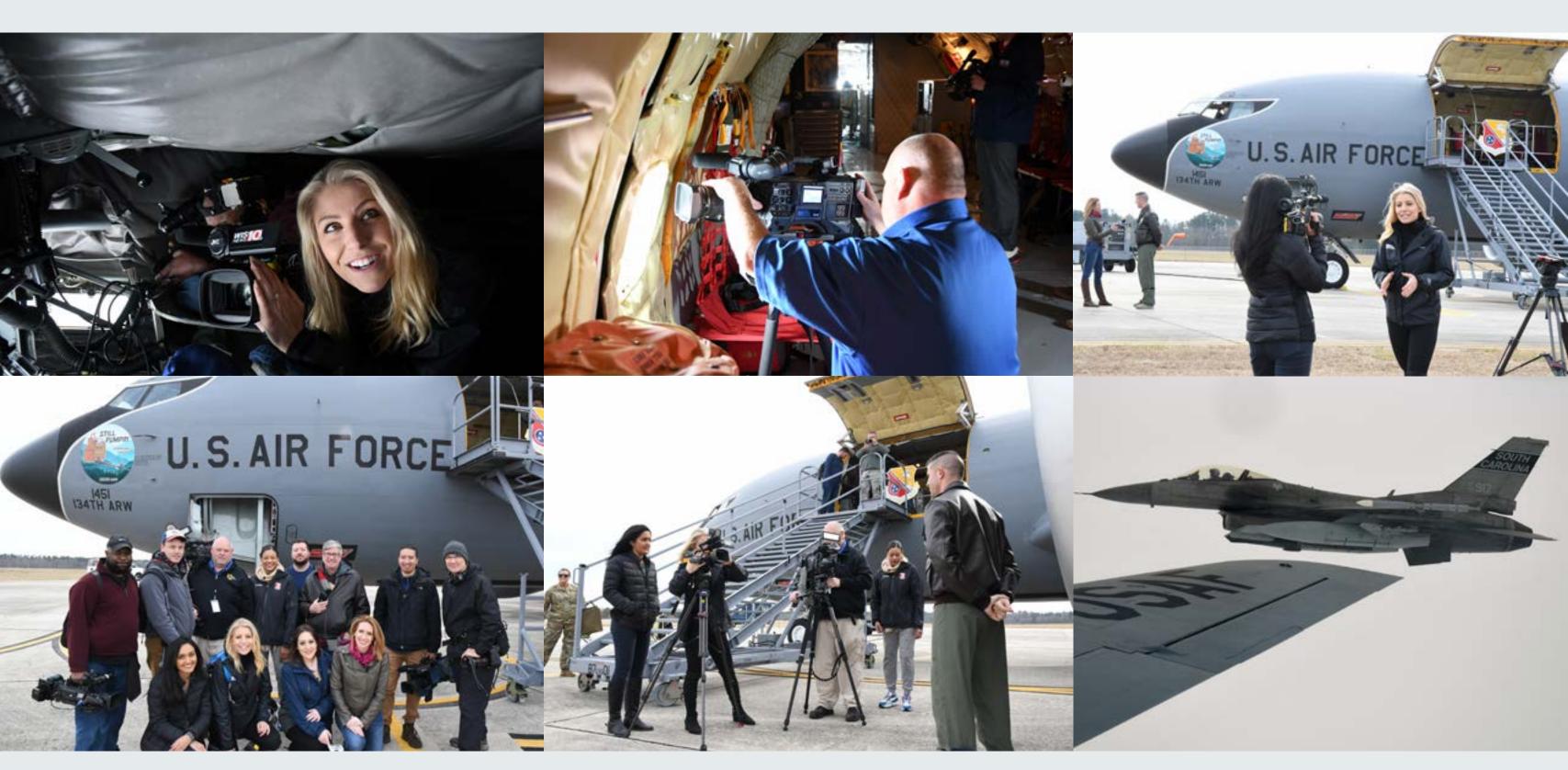
Take Note! Promotions

PA, SFS, LRS, and Mobility hours, Rocky Top Menu, and more January promotions by rank

134th Air Refueling Wing Commander's Priorities



Volunteers prep for Super Bowl LIII



On Tuesday, January 29th, the 134th ARW took part in a media flight to highlight the role of NORAD in securing the skies for Super Bowl LIII in Atlanta. Twelve media members across six different areas and incuding NGAUS magazine got an up close look at aerial refueling as the 134th refueled F-16 Fighting Falcons from the 169th Fighter Wing out of McEntire Joint Guard Base, South Carolina. (U.S. Air National Guard photos by Tech. Sgt. Dan Gagnon)

CBD Oil - A yes or no for military members?

by Maj. Jennifer King 134th Air Refueling Wing Medical Group

CBD Oil, or Cannabidiol Oil, is a substance found in marijuana that has recently become quite popular. It is touted as being natural, safe and beneficial for many disease states and conditions, especially anxiety and chronic pain. The products are now readily available over the counter and many proponents of CBD products state that since they do not contain tetrahydrocannabinol, or THC, they will not cause a positive result on a drug test and thus, are safe for use by military members.

This, however, is not true. Over the counter CBD oils are not a regulated product, and as such, are not guaranteed to be free of THC or other contaminants. The strength is also not regulated, which can lead to a much higher dose than anticipated and the associated side effects. Now, I expect that at this point, many readers are internally exclaiming that there are no negative physical side effects of marijuana use. Yet, having treated quite a few cases over the years in the ER, I can personally state that I have seen this to not be true. I have seen cyclical vomiting that is very hard to control, psychosis type reactions and negative effects on blood pressure. These side effects are all with "clean" marijuana. With "dirty" or contaminated marijuana, I have seen much, much worse.

Even more vital to the military member is the understanding that there is no guarantee that the THC component of marijuana that causes positives on drug screens will not be present in CBD oil. Again, these products are not regulated and both the Active Duty Air Force and the National Guard has seen quite a few positive drug tests from CBD oil. Unfortunately for members, since CBD oil is not supposed to contain THC, it cannot be used as a reason for a positive test. As such, it has not protected military members and they are facing administrative actions and discharge. The other type of CBD currently available is in prescription form capsules and these are also not approved medications for the military. As such, even with a prescription, they cannot be taken by military members and will lead to administrative actions.

In closing, while research appears to be promising regarding the benefits of CBD in a multitude of conditions, its long term effects are not yet known. We are not yet sure of the exact way it works in the body to affect these conditions, and thus, are not sure of how it may affect a members' basic functioning. This is one of the main reasons why it is not an approved substance. The take-away is that you are not authorized as a military member to use marijuana, CBD oil, CBD vape or CBD pills. If you chose to do so, regardless of circumstances, you are risking administrative action and discharge from the military. As always, please feel free to contact myself or any of the other providers or staff at the Medical Group if you have any questions.



SERVICE BEFORE SELF







Tech. Sgt. Robert Branson, a member of the 119th Cyber Operations Squadron, has been Troop Leader for Boy Scout Troop 140, of Farragut, for over two years. He first got involved in the Boy Scouts when his son, Staff Sgt. Kyle Branson of the 134th Command Post, was a member. After a break, Tech. Sgt. Branson was asked to take over the administrative and oversight responsibilities for the troop. The older boys plan excursions and service projects, and the adults help guide and coordinate as necessary.

"I love working with kids," Branson explained. "Getting to watch them grow and progress keeps me young. The satisfaction of watching them finally get what they are doing and why they are doing it is why I volunteer to help."

As Branson described, Boy Scouts is not just about collecting patches and going camping. These are a part of the culture of Boy Scouts, where they acquire leadership and survival skills. However, the troop also provides a valuable experience for the boys in the form of monthly service projects. Through these, the troop is active in the community, doing anything from roadside trash cleanup to serving food in local shelters. They often help out at Knoxville Area Rescue Ministries (KARM) or with Knox County, planting trees or any number of projects that help the community.

Recently members of Troop 140 traveled to Florida to help residents after Hurricane Michael destroyed much of the panhandle. The boys left Friday afternoon and traveled by car, working all day Saturday and Sunday morning before returning Sunday night. Branson said it was an eye-opening experience for them.

"They didn't really know what they were getting into and when we came through and saw the devastation, they couldn't believe we were still in the United States," Branson said. "The next day, when we got out to work, they were eager to make a difference. Before, they didn't really understand what the hurricane could do, but to see it in real life had such an impact on them. Within days of arriving back in Knoxville, they asked when we could go back to help some more."

Branson concluded that the boys receive many important life lessons from their involvement with Troop 14, and he hopes that they walk away as better people from the experiences they have. He said that the lessons he wants them to take away from their service are:

"To put others first and not be so selfish. To understand that life is hard, and that even though they may think they have it hard there is always someone with less than they have. To be humble, and grateful. That there will always be a need for us to help our fellow man."

The Boy Scouts of America has recently made changes to their membership policy, increasing their programs to allow for girls to join and participate.

If you would like more information on how you can get involved with Boy Scouts, please visit https://www.scouting.org.

If you would like your community service activity or organization to be featured in Service Before Self, please contact the 134th ARW Public Affairs office.





Did you miss it?

A few photos from happenings around the Wing during January UTA







Military Saves Week

Mr. Bill Conner - 13th ARW Airman and Family Readiness Program Manager

February is a great time to give a little extra thought to your family finances, especially how you save money. We're in-between the holidays and tax time, there's a great program in place to help you with a savings plan. Military Saves Week is February 25 through March 2, the article below explains how it can help you reach your financial goals.

Why YOU Should Join the Movement That's Motivating the Military to Save Money

By Alecia Blair, M.S., AFC®, Military Saves

Whether you're brand new to Military Saves Week or a long-time partner or saver, here are three reasons why YOU should join the #MSW19 movement that's motivating the military to save money, reduce debt and build wealth.

- 1. It's a designated opportunity to hit the pause button on your crazy busy military life and check in on the fitness of your personal savings. Military Saves Week (MSW) is an annual opportunity for installations and organizations to promote good savings behavior and a chance for service members and their families to assess their own saving status. MSW is a worldwide financial readiness celebration focused on saving.
- 2. It's tried and true. Since 2007, more than 300,000 (and counting) service members and their family members have taken the Military Saves Pledge, a new and improved savings tool to help you create a simple savings plan. Every year, hundreds of installations and organizations from all over the world participate in MSW by hosting events that promote savings and financial readiness.
- 3. Military Saves is your personal savings coach. When you take the Military Saves Pledge, you'll have access to FREE educational resources on MilitarySaves.org, as well as customized communications, including the option to receive savings-specific text message tips and reminders to help you stay on track with your savings goals.

And, yes, it's all completely FREE. And, no, we'll never try to sell you anything, EVER.

So, join the movement that is motivating the military to save money, reduce debt, and build wealth.

Your future self will thank you.

Military Saves Week is coordinated by Military Saves, an initiative of America Saves. The Week is an annual opportunity for organizations to promote good savings behavior and a chance for service members and their families to assess their savings status.

For more information, check out the program's website at www.militarysaves.org.

Set a goal.

Make a plan.

Save automatically.



43% of military families surveyed report no "rainy day" fund to cover

FINRA Investor Education Foundation's National Financial Capability Study 2012

emergencies.

45% of savers report unexpected expenses as a top savings challenge.

Military Saver Survey 2017

Savers with a plan are 2x as likely to save successfully for goals.

America Saves & Artemis

Join the movement that is motivating the military to save money, reduce debt, and build wealth.

Military Saves is an opportunity for organizations to have a positive impact on the financial readiness of service members, their families, civilian employees, and veterans (the military community) by promoting savings year round and during Military Saves Week.

Military Saves, an initiative of America Saves, is a research-based campaign that uses the principles of social marketing and behavioral economics to motivate, support, and encourage military families to save money and build wealth.

Military Saves encourages individuals to save automatically and to take the Military Saves Pledge, a savings tool, to create their savings plan.

Military Saves collaborates with the Department of Defense, defense credit unions, military banks, government agencies, and non-profit organizations to promote savings and debt reduction.

Military Saves encourages:

- ✓ Setting SMART goals
- ✓ Making a personal savings plan
- ✓ Saving a portion of each paycheck (automatically)
- ✓ Establishing, maintaining good credit
- ✓ Enrolling in programs such as
 - Thrift Savings Plan
 - Savings Deposit Program (when eligible)
 - Service Members Group Life Insurance

Military Saves supports savers across all Services and Components of the U. S. Armed Forces (Army, Air Force, Navy, Marine Corps, Coast Guard, National Guard, & Reserves).

Military Saves is a year-round initiative and provides savings-themed partner resource packets to organizations all year long. Military Saves also provides FREE educational resources & customized communications and text message tips/reminders to savers to help them stay on track with their savings goals.

Military Saves Week (MSW) is an annual opportunity for installations and organizations to promote good savings behavior and a chance for individuals to assess their own saving status. Since the launch of MSW in 2007, more than 300,000 individuals have taken the Military Saves Pledge.

Military Saves Week 2019 is February 25 – March 2, which coincides with America Saves Week. Military/America Saves are sponsored by the Consumer Federation of America.

www.militarysaves.org

Love is a four letter word

by Maj. Derrick Wakefield, 134th Air Refueling Wing Chaplaincy

We love sports. We love music. We love food. We love our parents. We love our spouses. We love a certain city or state. Love is used to articulate our affection for many things in our lives. However, when we express our love for a person, place or thing, are we conveying the same type of affection for them all? In other words, do we love food in the same way we love our spouse? Of course not! At least, I hope not.

February is a month when many focus on love, whether it is by loving or being loved. However, love is a word that is often used loosely in our society. It would be prudent on our part to define what is actually meant when we confess our love for someone or something, but how should we go about this and what does it look like?

Many have defined love in various ways: Some describe it as an intense feeling of deep affection. Others refer to it as 'a feeling that I've never felt before'. It gives us the warm and fuzzy feeling that causes us to be on an emotional high.

There are various degrees of love and in the Greek language, distinctions are made: There is "brotherly love" that is shared between two friends; There is "romantic love" like that which exist between a husband and wife; Then there is "unconditional love," and I am convinced that all of society craves or desires this type of love and acceptance.

The definition that I believe most accurately describes love is one that was shared with me by a friend: A minimum of emotion and a maximum of evaluation of need. The meeting of that need in the spirit of self-sacrifice by doing what needs to be done, even when you don't feel like it.

In other words, LOVE is a four letter word, and that word is WORK!

We are all looking for love. We may be far from it but we never stop hoping the next opportunity is just over the horizon. We are also all looking for TRUE love. As you can tell from the definitions listed above, there is an emphasis placed on the emotional aspect of love. I would say that love is primarily a choice. It is an act of will that may, at times, have an emotional aspect to it; but we are often required to love even when our emotions are not loving.

The Chaplain's Cup



Many, if not all, enjoy the rewards of love. We enjoy the companionship, romance, acceptance and other benefits that being loved provides. Studies have proven that our overall health is improved by loving and being loved. Couples in a healthy relationship have fewer doctor's visits; less depression and substance abuse; lower blood pressure; less anxiety; better stress management; fewer colds; faster healing; and in general, live longer lives. The rewards are spectacular! However, with love, not only are there rewards but there are also responsibilities.

In order to experience the rewarding relationship we desire, we must put in work. Love requires us to serve the object of our affection as well as make sacrifices. Love is selfless and never demands its own way. Love is patient and kind. Love is not jealous, boastful, proud or rude. It is not irritable and keeps no record of being wronged. Neither does it rejoice about injustice but celebrates whenever truth wins out. Love never gives up, never loses faith, is always hopeful and endures through every circumstance regardless of how we may feel.

All of this is achieved by your own volition. Is it difficult? Yes! Is it challenging? Of course! Is it worth it? Absolutely! Someone once said, "I would rather to have loved and lost than never to have loved at all."

This month, make a decision: Be intentional about showing and sharing your love for another. Commit yourself to the process and love will be returned.

MEDICAL HOURS

PLEASE REFER TO LISTED HOURS FOR SERVICES AT THE 134TH MEDICAL GROUP

SATURDAY

PHYSICAL HEALTH ASSESSMENTS (PHA'S) 0815-1130

SELF-ASSESSMENT MEETING

FITNESS FOR DUTY EVALUATIONS

0830-0900

FLU SHOTS/IMMUNIZATIONS

0830-1100

QNFT TESTING

0830-1130

DEPLOYMENT PROCESSING/ANAM TESTING

0830-1100

FITNESS TESTING EVALS

1000-1100

LUNCH

1130-1230

IMMUNIZATIONS

1300-1430

SECTION SPECIFIC/AFSC TRAINING

1300-1530

WAIVER/MEDCON/LOD APPS W/DOCS & PAS

1300-1500

HEARING EXAMS/ANAM

1300-1500

SUNDAY

FITNESS FOR DUTY EVALUATIONS

730-0800

FLU SHOTS/IMMUNIZATIONS

300-1345

Medical Group is closed for training on Sunday with

the exception of the listed times and activities.

MENTAL HEALTH ASSESSMENTS

MHAs will be scheduled by appointment only.

CONTACT MEDICAL GROUP

To make an appointment outside of listed times call 336-4277

REMINDER: REPORT ALL NEW MEDICATIONS TO MED GROUP

- * Individuals requiring lipid tests must fast for 14 hours prior to physical examination.
- * Individuals are not to consume any alcohol for at least 72 hours prior to physical examination.
- * If you wear glasses you must bring them with you for physical. Please do not wear contact lenses for exam.
- * If you are deploying, please check with the clinic well in advance of departure date for immunization requirements.
- * DNA testing will be conducted from 0830-1100 Saturday. Please have your personnel report at the scheduled time.

TAKE NOTE

PUBLIC AFFAIRS CUSTOMER SERVICE HOURS



The photo studio is open Saturday of UTA from 1230-1500 for new member portraits, official photos and passport photos.

ISOPREPs are now handled by Intelligence Flight at 336-4417.

The photo studio also offers photos by appointment

SECURITY FORCES CUSTOMER SERVICE HOURS



134th Security Forces Squadron offers customer service hours Monday-Friday from 0800-1100 and 1200-1600.

CLOTHING ISSUE CUSTOMER SERVICE HOURS



Clothing Issue is open for customer service:

Friday from 0800-1100 and 1300-11530

Saturday of UTA from 0900-1100 and 1300-1600

Sunday of UTA from 0800-1100

MOBILITY CUSTOMER SERVICE HOURS (BLDG 264)



Mobility is open for customer service:

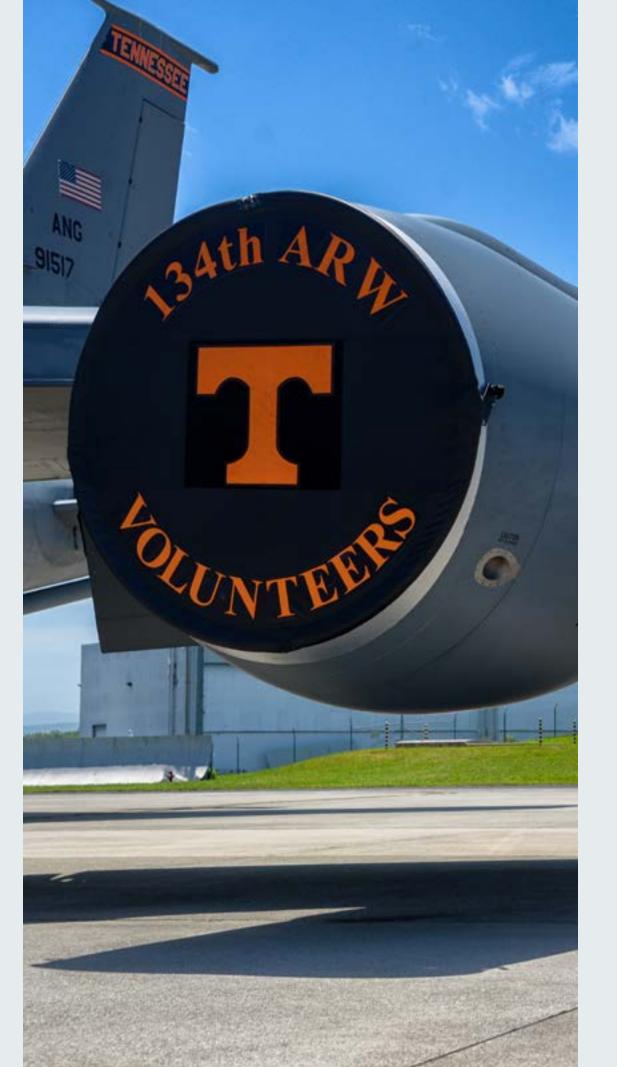
Saturday of UTA from 0900-1100 and 1300-1600

Sunday of UTA 0800-1100

JUNIOR ENLISTED ADVISORY ASSOCIATION



The JEAA meeting will be Sunday 3 February at 1215 in the CE Auditorium.



TAKE NOTE

ROCKY TOP MENU

Saturday: Sunday:

Chili Mac/Oven-Baked Chicken Ribs/Fried Catfish Black & Blue Sandwich Hamburgers/Hot Dogs Rice/Zucchini/Corn/Broccoli Mac & Cheese

Mashed Potatoes Wedges

Onion Rings Green Beans/Cauliflower
Cheese Sticks Tater Tots/French Fries

French Fries Chili

Baked Beans Collard Greens

Corn Nuggets Baked Beans/Cole Slaw

LONG DISTANCE PIN NO LONGER REQUIRED

Long Distance pin no longer required to make long distance calls from a base phone.

*Dial 134 and wait for dial tone

*Dial 1, then 10-digit number (including Area Code)

Call Comm. Focal Point at 336-4357 for more information

2019 CALENDAR NOW ON THE APP!

The 134th ARW app now has the UTA and down Monday calendar programmed in!

It's never been easier to plan out your year. Just download the app, navigate to the Wing Calendar and tap each event to add to your phone calendar.



134TH ARW SOCIAL MEDIA

The 134th ARW is on Facebook! Follow our page for news stories and Wing events.

Search 134 ARW on YouTube for our videos!

The 134th ARW official webpage is: www.134arw.ang.af.mil



TOP THREE

Look for announcements of the Top Three meeting time for February UTA





A busy year ahead

by Chief Master Sgt. Jana Johnson 134th Medical Group

February is the month that kicks off all of the exciting events we have for the rest of this year. To name a few: the Expeditionary Skills Rodeo; the anticipated return of many I34th ARW deployers; continuing preparations for the UEI in April; unit PT tests; and preparation for the state DOMOP, Shaken Fury, in June. In addition, many units will be accomplishing AFT training at different locations around the world.

Just listing all of that makes me tired! As our leadership has been impressing upon us, we need to ensure that we are taking care of ourselves and are ready for all of the upcoming events. Ensuring we are mission-ready and mission-capable is the key to our Wing's successful mission accomplishment.

Preparing for these future events can contribute a lot of stress to our lives. I encourage everyone to continue to reach out and be good wingmen to your coworkers and friends. The government shutdown has affected some of us, and the holiday spending may be catching up to others. Reach out to your fellow wingman to make sure they are okay, even if you think they are fine. We have many programs and personnel in place to assist our wingmen with any issues they may be facing. No issue is too great or small, and no Airman is beyond help.

Cyber Warfare Operations – AFSC: 17S3 POSITION VACANCY ANNOUNCEMENT

Location: 119th COS

MILITARY POSITION VACANCY (DRILL STATUS) OPENING DATE: 25 Jan 19

INTERVIEW BOARD: 3 Mar 2019

CLOSING DATE: 25 Feb 2019

Position Description:

Operates cyberspace weapons systems and commands crews to accomplish cyberspace, training, and other missions. Plans and prepares for mission. Reviews mission tasking and intelligence information. Supervises mission planning, preparation and crew briefing/debriefing. Ensures equipment and crew are mission ready prior to execution/deployment. Operates weapons system(s) and commands crew. Performs, supervises, or directs weapons system employment and associated crew activities. Conducts or supervises training of crewmembers. Ensures operational readiness of crew by conducting or supervising mission specific training. Develops plans and policies, monitors operations, and advises commanders. Assists commanders and performs staff functions related to this specialty. For full details please review the Air Force Classification Directory.

Required Application Documents: (Only send required Docs.)

- 1. AF Form 24
- 2. Resume
- 3. Letter of Intent (why you feel you have the desire and skills to become Cyber Warfare Officer)
- 4. Official College Transcript
- 5. RIP (print one from vMPF)
- 6. Copy of current Physical Fitness Test
- 7. Letters of Recommendation (3 max)
- 8. AFOQT scores

Mandatory Qualification Requirements for 17S:

- Must be able to obtain a Top Secret Security Clearance
- Must be able to pass Commissioning Physical
- Must have a minimum of a Bachelor's Degree
- Must have taken the AFOQT and qualify with a minimum score of Verbal-15 and Quantitative- 10
- Degree must be in Computers, IT, Electronics, Mathematics, Engineering, Physics, Chemistry, etc. Prior

Service 1B4 or 1N4X1A qualify regardless of undergraduate degree

To apply for the position, please scan all required documents into ONE PDF file named 119th Intell Officer and email to MSgt Aaron Sawyer at Aaron.j.sawyer2.mil@mail.mil. You can also hand deliver or mail the application to Atten: MSgt Aaron Sawyer, 134 Briscoe Dr, Louisville, TN 37777.

Intelligence Officer – AFSC: 14N3

POSITION VACANCY ANNOUNCEMENT

Location: 119th COS

MILITARY POSITION VACANCY (DRILL STATUS)

OPENING DATE: 25 Jan 2019 CLOSING DATE: 25 Feb 2019

INTERVIEW BOARD: 3 Mar 2019

Position Description:

Lead and performs intelligence activities across the full range of military operations supporting the Air Force's Service Core Function (SCF) of Global Integrated Intelligence, Surveillance and Reconnaissance (ISR). The Air Force conducts global integrated ISR operations through a five-phase process commonly known by its acronym, PCPAD: planning and direction; collection; processing and exploitation; analysis and production; and dissemination. Additionally, ISR professionals conduct assessment, evaluation, and feedback throughout each phase. Air Force intelligence officers lead Airmen through the PCPAD process across four main areas, also known as functional competencies: Analysis, Collection, Integration, and Targeting. For full details please review the Air Force Classification Directory.

Required Application Documents: (Only send required Docs.)

- 1. AF Form 24
- 2. Resume
- 3. Letter of Intent (why you feel you have the desire and skills to become an Intel Officer)
- 4. Official College Transcript
- 5. RIP (print one from vMPF)
- 6. Copy of current Physical Fitness Test
- 7. Letters of Recommendation (3 max)
- 8. AFOQT scores

Mandatory Requirements:

- Must be able to obtain a Top Secret Security Clearance
- Must be able to pass Commissioning Physical
- Must have a minimum of a Bachelor's Degree
- Must have taken the AFOQT and qualify with a minimum score of Verbal-15 and Quantitative- 10.

To apply for the position, please scan all required documents into ONE PDF file named 119th Intell Officer and email to MSgt Aaron Sawyer at Aaron.j.sawyer2.mil@mail.mil. You can also hand deliver or mail the application to Atten: MSgt Aaron Sawyer, 134th Briscoe Dr, Louisville, TN 37777.

TENNESSEE AIR NATIONAL GUARD *** DRILL-STATUS OFFICER VACANCY ANNOUNCEMENT ***

Opening Date: 1 Dec 2018 CLOSING DATE: 15 Feb 2019
NLT 1600 COB

POSITION: Public Affairs (Traditional, Non-Flying)

TITLE: Public Affairs (DAFSC: 35P)

AUTHORIZED GRADE: Maj/ 0-4(Prior commission not required)

UNIT: 134 ARW Wing Staff

DUTY STATUS: This is a Drill Status Guard (DSG) position, NOT full-time employment. Applicants are expected to meet all Unit Training Assemblies and Annual Training requirements annually.

Specialty Summary: Provides public affairs advice, trusted counsel, and support to commanders, other senior leaders, and unit personnel. Leverages communication capabilities through an integrated approach to advance commanders' mission priorities by researching, planning, resourcing, executing, and evaluating public affairs operations. Communicates timely, truthful, accurate, and credible information about Air Force activities to internal and external military and civilian domestic and international audiences, while maintaining due regard for security, accuracy, privacy, and propriety. Builds, maintains, and strengthens public trust and support for the Air Force. Provides leaders with communication tools to build, maintain, and strengthen Airman morale and readiness. Contributes to U.S. global influence and deterrence through information engagement.

Eligibility Requirements:

Must be a citizen of the United States. To be eligible for an original appointment the applicant must be at least 18 years of age and not reached his/her 40th birthday. Previous military service will be accounted for to adjust the age to over 40, adjusted age must not be over 50 and must be able to complete 10 years commissioned service before retirement.

AFSC - 35P

AFOQT Scores: Verbal: 15 Quantitative: 10

Knowledge: Knowledge is mandatory including electronics theory, information technology, telecommunications and supervisory and control systems including cryptography, vulnerability assessment and exploitation techniques. Additionally knowledge will include operational planning, governing cyberspace operations directives, procedures and tactics.

Experience: Knowledge of the following core competencies is mandatory: Force Development, Career Development, Force Management, Civilian Employee Management, Requirements Determination, Organization Principles, Performance Management, Manpower Resource Allocation, Customer Support, Readiness, Food Operations, Fitness Operations, Lodging Operations, Recreation, Protocol, Resource Management, Mortuary Affairs, Casualty, SAPR, EO, Resiliency and Quality of Service Programs.

Education: Tier 1-Communication, Journalism and Related Programs. Tier 2- International Relations and National Security Studies, Political Science and Government, Marketing. Tier 3-Any degree is permitted.

Physical Requirements: Must be in good physical condition and be medically qualified in accordance with applicable Air Force and Air National Guard regulations. Must meet Air Force and Air National Guard weight and fitness standards.

Security Requirements: Specialty requires routine access to Secret material or similar environment. For award and retention of AFSCs 35P, completion of a current National Agency Check, Local Agency Checks and Credit (NACLC).

Promotions

Airman

Haley Howard Noah Waters

Staff Sergeant

Ryan Smith
Justin Keller
Alfred Rodriguez
Shannon Vos

Technical Sergeant

Yves Steinbruegge Michael Barnhardt Thomas Sexton Frank Dell Richard Couch



Master Sergeant
Jeffrey Melson

Chief Master Sergeant

Douglas Taylor

Lieutenant Colonel

Chad Cheatwood



CHIEF LUNCH & LEARN MENTORSHIP OPPORTUNITY

- Meet During UTA Lunch
- Meet @ DFAC
- One on One
- 1 Hour Session
- Career Review
- Ask Questions
- Hear from Experience



FIND A MENTOR FOR YOUR CAREER REQUEST YOUR SESSION TODAY!

Sessions will be scheduled the UTA after your request is made. Full time personnel can be scheduled outside of the UTA schedule. If a Chief from a particular career field or unit is desired, please specify in your request. Specific time will be provided the Friday before UTA.

E-mail SMSgt Jason Graf at john.j.graf2.mil@mail.mil
To Reserve Your Session

